Child SSID

_*office use only

Online Supplement 1: CKBBQ Questionnaire: Parent and Coach Version & Coach (non-parent) Version

					Team Number_			
	ncussion Kr	nowledge, B	eliefs and Be	haviou	r Questionnaire:	Parents a	nd Coaches	
Demographic Information				_				
Parent Name:				C	hild's Name:			
My relationship to the player i	is: □ Mom	□ Dad □		<u> T</u>	eam Name:			
What year were you born?				R	t egion : □Ca	lgary [□ Vancouver	
Highest Level of Education:	☐ Some gra	ide school	☐ High Scho	ool	□Ed	monton		
☐ Bachelor's degree ☐ Gradu	ıate degree [□College □	Other	0	ate Completed:		(mm/dd/yyyy)	
Part 1								
1. How many years have you	been a hock	ey parent?	☐ First year	<u>_1</u>	□2 □3 □4	□ 5 □ 6	i	
2. How many children do you	currently ha	ve plaving h	nockev? 🗆	0 🗆 1	□2 □3 □	4 🗆 5 [□ 6 □ >6	
3. What levels of play are you	•		•					
☐ Timbit		☐ Atom (Div		•	☐ Midget (Divis	sion·) I	□ Varsity	
☐ Tyke			(Division:)	☐ Junior (Divis			
□ Novice (Division:)		☐ Bantam ()	_ came: (2.0.e		☐ Adult	
4. (a) Have you ever coached			_	☐ Yes	(Please indicate a	II levels co	ached)	
☐ Timbit	-		visions:)		☐ Midget (Division		☐ Varsity	
☐ Tyke		☐ Pee Wee	(Divisions:) [Junior (Division	s:	☐ Professional	
☐ Novice (Divisions:))	☐ Bantam (Divisions:	_)		1	⊐ Adult	
(b) What is the highest divis	sion you hav	e ever coac	hed?					
5. Do you have medical or firs	t aid certific	ation?	□ No □	Yes (Ple	ease Describe)			
6. Have you completed the Ho	ckey Canad	a Safety Pro	gram?] No □ Ye:	s 🗆 I	don't know	
7. (a) Do you have experience	plaving hoc	kev?	No 🗆 '	Yes. I c	urrently play	☐ Yes. I u	sed to play	
(b) How many years in total				,				
(c) What is the highest leve	• •	-						
8. Is being educated about co			naronte in v	OUR SEC	ociation2 DNo	ПУос Г	I don't know	
9. (a) How many concussions		_	-					
(b) If they have had a concu	=							
					ion, now long al	u tney take	e to recover?	
					7 V			
10. (a) Have you ever received(b) Was the information pr			_] Yes] Yes			
11. Where do you get your inf	•			_				
		information	lf year h		pful is the inforn	nation you	receive?	
	from the		Not at all			•	Extremely	
	plac		helpful	A litt	e Somewhat	Very	helpful	
Hockey Association	No	Yes	1	2	3	4	5	
Workshops/Coaching Clinics	No	Yes	1	2	3	4	5	
Research Articles	No	Yes	1	2	3	4	5	
TV	No	Yes	1	2	3	4	5	
Newspapers	No	Yes	1	2	3	4	5	
Social media (Facebook, twitter)	No	Yes	1	2	3	4	5	
Magazines	No	Yes	1	2	3	4	5	
Internet	No	Yes	1	2	3	4	5	
Health Care Professionals	No	Yes	1	2	3	4	5	
Other Parents	No	Yes	1	2	3	4	5	
Other:	No	Yes	1	2	3	4	5	

□ Coaches □ The Hockey Association □ Other	y)		
☐ Online Workshops ☐ Medical Doctors			
☐ In person training ☐ Health Care Professionals			
13. Have you completed the Concussion Awareness Training Tool?			
☐ No ☐ No, and I don't know what that is ☐ Yes If yes: when did you complete it? (dd/mm/yyyy)			
If yes: when did you complete it? (dd/mm/yyyy) I heard about it from: □ A member of this research study □Another parent □ A coach □Other	r		
14. Are you interested in being educated about concussion?			
Part 2			
Please answer the following True or False questions to the best of your ability.			
Please mark T for true, F for false and ? if you don't know.			
People who have had one concussion are more likely to have another concussion.	Т	F	?
2. Sometimes a second concussion can help a person remember things that were forgotten after the first concussion.	Т	F	?
3. An athlete can return to play while experiencing symptoms of a concussion if directed to do so by an athletic trainer or a physician.	Т	F	?
4. There are helmets that prevent all concussions.	Т	F	?
5. A concussion is a brain injury.	Т	F	?
6. Have you heard of the term "graduated return to play protocol" or "stepwise return to play" for concussion?	YES	S NO)
6. a) If yes, can you try to list the 6 stages?			
Stage 1			
Stage 2			
Stage 3			
Stage 4			
Stage 5			
Stage 6			
In the following scenarios what is the most appropriate response: Do Nothing (DN), Non-Ui appointment with doctor (NU), Urgent: Call 911/Take to Emergency (ED).	rgent	:: Во	ok an
7. After a collision, body check, or fall your child starts vomiting repeatedly.	DN	NU	ED
8. After a collision, body check, or fall your child has a headache that continues to get worse.	DN	NU	ED
Immediately after a collision, body check, or fall your child immediately complains of a headache and dizziness but starts to feel better by the end of the game.	DN	NU	ED
Please answer the following True or False questions to the best of your ability. Please mark T for True, F for False and ? If you don't know.			
10. In order to be diagnosed with a concussion, you have to be knocked out.	Т	F	?
11. There is a higher risk of long term problems if someone has a second concussion before recovering from the first one.	Т	F	?
12. Concussions can sometimes lead to emotional problems.	Т	F	?
13. Ice hockey is a game typically played with a puck.	Т	F	?
14. A concussion can only occur if there is a direct hit to the head.	Т	F	?
15. There are few risks to long-term health and well-being from multiple concussions.	Т	F	?
16. Younger players (under the age of 18) typically take longer to recover from a concussion than adults.	Т	F	?
17. Post concussion symptoms can be delayed for hours or days.	Т	F	?

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				a concussion. Select Y erience BECAUSE of a concussion and ? If	conc	ussior	n, N 1	for symptoms not as:				
18. Hives	Y	N	?	24. Panic Attacks	Υ	N		30. Excessive Studyir	ng	Υ	N	?
								31. Difficulty				
19. Headache	Υ	N		25. Feeling Tired	Υ	N	?	Concentrating		Υ	N	?
20. Fever	Υ	N		26. Feeling in a Fog	Υ	N	?	32. Dizziness		Υ	N	?
21. Arthritis	Υ	N	?	27. Weight Gain	Υ	N	?	33. Hair Loss		Υ	N	?
22. Sensitivity to			_	28. Feeling Slowed			_					
Light	Y	N	?	Down	Υ	N	?					
23. Difficulty Remembering	Υ	N	?	29. Reduced Breathing Rate	Υ	N	?					
•	ı	IN	· ·	Indie	I	IN	·					
Part 3											-	
	Ple	ease ra	ite th	e following from 1 Not	at all	Likely	to 7	Extremely Likely.				
						•		erately Likely 7 Exti	rem	aly l	ikely	
1. How likely is it th	at your	child v	vill su	stain a concussion playir	ng ice	hocke	y?		1 :	2 3	4 5	3 7
2. How likely is it th hockey?	at your	child v	vill ha	ive long lasting conseque	ences	followi	ing a	concussion in ice	1 :	2 3	4 5	ŝ 7
	F	Please	rate	the following from 1 No	ot at a	II Bad	to 7	Extremely Bad.				
								erately Bad 7 Extre	me	у В	ad	
3-6. How bad is it	for you	ır child	d's he	ealth								
3 to not be ass suspected concu		and cle	eared	by a physician before re	turnin	g to pl	ay af	ter sustaining a	1 :	2 3	4 5	6 7
4 to have a he				d fall, collision, or body cl ay?	neck a	and not	t be a	assessed and cleared	1 :	2 3	4 5	6 7
5 to be unstea cleared by a phys				er a hard fall, collision, or ing to play?	body	check	and	not be assessed and	1 :	2 3	4 5	6 7
	ess afte	er a ha	rd fal	I, collision, or body check	c and	not be	asse	essed and cleared by a		2 3	4 5	3 7
				w much you disagree o	r agre	e with	n the	following statements	_			
								4 Neutral 7 Strong		gre	9	
				cian for an assessment after a suspected con			tay o	ut of hockey and oth	er a	ctiv	ities ι	ıntil
				child sustaining another					1 :	2 3	4 5	3 7
				ent on my child to play ho					1 :	2 3	4 5	3 7
9It will reduce	my chil	d's cha	ance o	of making their injury wor	se an	d miss	ing n	nore hockey.	1 :	2 3	4 5	3 7
10My child will	be and	gry with	me.						1 :	2 3	4 5	3 7
11My child will	lose th	eir spo	t on t	the team.					1 :	2 3	4 5	³ 7
12lt will help m	ny child	stay h	ealth	у.					1 :	2 3	4 5	3 7
13I will miss to	o much	n work.							1 :	2 3	4 5	³ 7
14The doctor	will not	tell me	anyt	hing new.					1 :	2 3	4 5	3 7
15-16. I am confide	ent											
15l can get my	/ child to	o an ap	opoin	tment with a physician fo	r a su	specte	ed co	ncussion if needed.	1 :	2 3	4 5	3 7
16l can make if needed.	the dec	ision o	f whe	en to have my child see a	phys	ician fo	or a s	uspected concussion	1 :	2 3	4 5	6 7
	my chil	d to se	еар	hysician for an assessme	ent if a	conc	ussio	n is suspected.			4 5	
				before allowing my child							4 5	

Please rate the following from 1 Strongly Disagree to 7 Strongly Agree.	
1 Strongly Disagree 4 Neutral 7 Strong	ly Agree
19-21. I am confident that I can make sure my child gets evaluated and cleared by a doctor folloconcussion	wing
19even if there is somewhere else I have to be.	1 2 3 4 5 6 7
20even if my child doesn't want to go to the appointment.	1 2 3 4 5 6 7
21even if it's playoff season.	1 2 3 4 5 6 7
22-23. I am confident that I can make sure my child gets evaluated and cleared by a doctor folloconcussion	
22even if my child misses their first appointment because of a shift in schedules.	1234567
23even if my child has played a few practices since the incident.	1 2 3 4 5 6 7
24. I have made plans that include how I can get my child in to see a physician if they sustain a concussion.	1 2 3 4 5 6 7
25. I have made plans about who my child will see if they sustain a concussion.	1 2 3 4 5 6 7
Please answer the following questions to the best of your ability.	
26. Over the course the last hockey season (2014-2015) did you, your child, or your child's coach suspect that your child may have had a concussion in ice hockey?	YES NO
If the answer to question 26 was no please skip to question 30 27. If yes, how many times was a concussion suspected?	
28. Of the times a concussion was suspected, how many times did you see a physician for an initial assessment and diagnosis?	
29. Of the times a concussion was suspected, how many times did you see a physician for clearance to return to hockey?	
If the answer to question 26 was no continue here	
30. Have you ever educated your child about concussions? ☐ Yes ☐ No ☐ No, but someone else If yes, please check off the selections that best describes the education you provided.	
One-on-one session no resources: Signs and Symptoms Importance of reporting symptoms One-on-one session with resources: Signs and Symptoms Importance of reporting symptoms	
Other:	VEO NO
31. In the last year, have you educated your child about concussion?	YES NO
32. Do you plan to educate your child about concussions?	YES NO
33. Do you have the resources you need to educate your child about concussions?	YES NO
Please choose how much you disagree or agree with the following statements	
1 Strongly Disagree 4 Neutral 7 Strongly	·
34. Teaching players to respect themselves and other players is essential for concussion prevention.	1 2 3 4 5 6 7
35-37. The 2013 rule change by Hockey Canada delaying the introduction of body checking until Ba	
35 was effective at reducing concussion in Pee Wee.	1 2 3 4 5 6 7
36 led and will continue to lead to more concussions when players are allowed to check in Bantam.	1 2 3 4 5 6 7
37 led and will continue to lead to more concussions when players are allowed to check in Midget.	1 2 3 4 5 6 7
38. Parents of elite ice hockey players are more likely than parents of non-elite players to want their child to return to play sooner following a concussion.	1 2 3 4 5 6 7
39. If my child has concussion-like symptoms after a rough hockey game but feels better by the time they get home I probably wouldn't take them to see a doctor.	1 2 3 4 5 6 7
40. I know ice hockey has many benefits for my child but sometimes the risk of concussion in the sport has me second guessing whether to enrol my child in the sport.	1 2 3 4 5 6 7
41. The risk of concussion in hockey cannot be reduced, it's just part of the game. Open Comments?	1 2 3 4 5 6 7
IF YOU ARE NOT A COACU OR CAFETY RESIGNATE YOU HAVE NOW COMPLETED THE	



YOU ARE NOT A COACH OR SAFETY DESIGNATE YOU HAVE NOW COMPLETED THE QUESTIONNAIRE THANK YOU FOR YOUR CONTRIBUTION TO RESEARCH

Concussion Knowledge, Beliefs and Behaviour Questionnaire: Coach and Safety Designate Section

Please complete this section only if you are coaching a Bantam or Midget team during the 2015-2016 hockey season or if you are the safety designate for a Bantam or Midget team during the 2015-2016 hockey season. Coach Demographic Information

Todaci Zomograpino información	
I am a: ☐ Head Coach ☐ Assistant Coach ☐ Safety Coach	
1. How many years have you been a hockey coach (safety designate)?	
2. What is your highest level of coaching certification?	
3. Which gender(s) have you coached in hockey?	
☐ Female only ☐ Both female and male teams	
☐ Male only ☐ Mixed gender teams	
4. This season do you have access to any medical professionals to help manage injuries on the (Check all that apply)	ebench?
☐ No Access ☐ Athletic Therapist ☐ Physiotherapist ☐ Doctor ☐ Paramedic ☐ Other	
5. Is being educated about concussion mandatory for coaches in your association? ☐ No ☐ Ye	es 🗆 I don't know
6. How many concussions occurred last season on teams you were coaching?	
7. How many concussions on average do you see each season per team coached?	
8. In your role of coach, approximately how many concussions have you ever witnessed?	
Please rate the following from 1 Not at all Likely to 7 Extremely Likely	
1 Not at all Likely 4 Somewhat Likely 7 Extr	emely Likely
1. How likely is it that one of the players on your team will sustain a concussion this season?	1234567
2. How likely is it that one of the players on your team will have long lasting consequences following a	
concussion?	1 2 3 4 5 6 7
3. How likely are negative health consequences if an athlete is allowed to continue to play in the same	
game or practice in which he/she sustains a suspected concussion?	1 2 3 4 5 6 7
Please rate the following from 1 Not at all bad to 7 Extremely Bad	mak Dad
1 Not at all bad 4 Moderately Bad 7 Extre	тету Бас
4-7. How bad is it for a player's recovery	1 2 3 4 5 6 7
4 to have symptoms of concussion but continue playing?	
5 to have a headache after a hard fall, collision, or body check and continue playing?	1 2 3 4 5 6 7
6 to be unsteady on his/her feet after a hard fall, collision, or body check and continue playing?	1 2 3 4 5 6 7
7 to get dizzy after a hard fall, collision, or body check and keep playing?	1 2 3 4 5 6 7
Please choose how much you disagree or agree with the following statements 1 Strongly Disagree 4 Neutral 7 Strong	
8-13. If I take one of my players out of a game or practice because I suspect they may have a co	
8it would reduce the chances of the player sustaining another concussion.	1 2 3 4 5 6 7
9my team would lose the game.	1 2 3 4 5 6 7
10it would reduce the player's chance of making their injury worse.	1 2 3 4 5 6 7
11the parent of the player would be angry their child is not playing.	1 2 3 4 5 6 7
12the parent of the player would question my decision.	1 2 3 4 5 6 7
	1 2 3 4 5 6 7
13it would help the player recover more quickly. 14-16. I am confident	1234307
14l can tell if one of my players should be removed from the game following a hard fall, collision, or body check.	1 2 3 4 5 6 7
15l can make the decision to remove the player from play.	1 2 3 4 5 6 7
16l can stop any of my players from playing should a concussion be suspected.	1 2 3 4 5 6 7
17. I intend to remove the player from play if a possible mechanism of concussion occurs.	1 2 3 4 5 6 7
18. I intend to remove the player from practice if a possible mechanism of concussion occurs.	1 2 3 4 5 6 7
19-21. I am confident I can make the decision to remove a player with a suspected concussion	from play
19even if it is a playoff game.	1 2 3 4 5 6 7
20even when the parent of the player gets upset with me.	1 2 3 4 5 6 7
21even when the player tells me they are fine to play.	1 2 3 4 5 6 7

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Please rate the following from 1 Strongly				
	•		Strongly Agree	
22-23. In spite of good intentions, it can be difficult to always make a game or practice if there is a possible concussion.	the right decisio	n about whe	n to remove a play	er from
22. I am confident I can remove an athlete from the game if a concubeen a few shifts since the incident occurred.	ssion is suspec	ted, even if i	it has 1 2 3 4	5 6 7
23. I am confident I can remove an athlete from the roster if a concuwere allowed to finish playing the previous game.	ission is suspec	xted, even if i	it they 1 2 3 4	5 6 7
24. Our team has standardized procedures for removing an athlete suspected.	from play if a co	oncussion is	1 2 3 4	5 6 7
25. Our team has a protocol in place that outlines how to manage co	oncussions.		1 2 3 4	5 6 7
Diagon give the heet recommendar the	ee following a	estions.		
Please give the best response for the	<u> </u>			
26. Over the course of the last hockey season (2014-2015) did you players may have sustained a concussion in ice hockey? <i>If the answer to question 26 was no please skip to question 30</i> 27. If yes, how many times was a concussion suspected?			YES NO	
28. Of the times a concussion was suspected, how many times was immediately after the incident?	the player rem	oved from pla	ay 	
29. Of the times a concussion was suspected, how many times did θ being removed?	the player conti	nue playing k	pefore	
If the answer to question 26 was no continue here				
Please report the number of times the following occurred after hockey season (2014-2015). 30. A player had headache or dizziness and finished the game or pr		lision or bo	dy check during t	the last
31. A player lost consciousness and finished the game or practice?				
32. A player seemed forgetful and finished the game or practice?				
33. Have you ever educated your players about concussions?			YES NO	
If yes, please select all the mediums you used to educate:		75		
	ncussion Posters	3 Li Prese	entation by you	
☐ Presentation by "an expert". Decribe: ☐ Oth 34. (a) In the last year have you educated your players about concu			YES NO	
(b) Do you plan to educate your players about concussions this			YES NO	N/A
35. Do you have the resources you need to educate your players?	5000011.		YES NO	14//
36. Have you ever educated the parents of your players about conc	ussions?		YES NO	
If yes, can you please describe the type of education you provide				
37. (a) Do you teach body checking skills to your players?		YES	NO	
(b) If yes, do you follow the modules provided by Hockey Canad	la?	YES	NO	
38. Do you believe the following things prevent concussions?				
Improving neck strength	YES	NO	I don't know	
Using a mouthguard	YES	NO	I don't know	
Regulation Equipment (ex. CSA Helmet)	YES	NO	I don't know	
Open Comments?				

THANK YOU FOR COMPLETING THIS QUESTIONNAIRE

If you have any questions or concerns please contact, Amanda Black at ablack@ucalgary.ca.

Coach SSID	*office use only
Team Number	_

Concussion Knowledge, Beliefs and Behaviour Questionnaire: Coach (non-parent)

Please complete this questionnaire if you are coaching a Bantam or Midget team participating in the hockey study during the 2015-2016 hockey season or if you are the safety designate for a Bantam or Midget team during the 2015-2016 hockey season AND you do not have a child participating on the team.

Demographic Information						_	
Coach Name:							
I am a: □ Head Coach □	Assistant Co	oach 🛭 Sa	fety Coach/Tr	ainer Team	Name:		
What year were you born?				Regi	on: 🗆 Cal	gary	☐ Vancouver
Highest Level of Education:	☐ Some gra	ade school	☐ High Scho	ool	□Edr	nonton	
☐ Bachelor's degree ☐ Gradu	ate degree	□College □	Other	Date	Completed:		(mm/dd/yyyy)
Part 1							
1. How many years have you b	een a hocke	v coach (safe	tv coach/Tra	iner)?			
2. What is your highest level of		•	•	_			
3. Which gender(s) have you c	_	_					
☐ Female only ☐ Male		oth female and	l male teams	☐ Mixed	d gender teams		
4. (a) What levels of play have					•		o corresponding
division(s)]	you coached	i: [ricase sei	ect all tile le	reis tilat ap	ory to you ariu		s corresponding
Timbit		☐ Atom (Div	visions:)	□ M	idget (Divisions	::)	☐ Varsity
☐ Tyke		Pee Wee	(Divisions:) 🔲 Ju	ınior (Divisions:		☐ Professional
☐ Novice (Divisions:)		☐ Bantam (I	Divisions:)			☐ Adult
(b) What is the highest divis	ion you have	e ever coache	d?				
5. Do you have medical or first	aid certifica	tion?	□ No □	Yes (Please	Describe)		
6. Have you completed the Hoo	kev Canada	Safety Progr	am?	□N	o □ Yes		I I don't know
7. This season do you have a	-			_			
(Check all that apply)		,					
☐ No Access ☐ Athletic The	rapist 🛚 Pl	nysiotherapist	□ Docto	r DP:	aramedic 🗆	Other	
8. (a) Do you have experience	nlaving hock	rev?	No 🗆	Yes, I currer	ntly play	 □ Yes I	used to play
				100, 100,101	in play	100, 1	acca to play
(b) How many years in total		-	_				
(c) What is the highest level	you played?	·					
9. (a) Have you ever received iı	าformation a	bout concuss	sion?	No □ Ye	es		
(b) Was the information pro	vided to you	ı this season'	? 🗆	No ☐ Ye	es		
10. Where do you get your info	rmation abo	ut concussio	n and how he	elpful is it?			
	Do you get	information	If yes,	how helpfu	l is the inform	ation yo	u receive?
	from the	following	Not at all				Extremely
	pla	ces?	helpful	A little	Somewhat	Very	helpful
Hockey Association	No	Yes	1	2	3	4	5
Workshops/Coaching Clinics	No	Yes	1	2	3	4	5
Research Articles	No	Yes	1	2	3	4	5
TV	No	Yes	1	2	3	4	5
Newspapers	No	Yes	1	2	3	4	5
Social media	No	Yes	1	2	3	4	5
(Facebook, twitter)	1,,,			_		•	Ü
Magazines	No	Yes	1	2	3	4	5
Internet	No	Yes	1	2	3	4	5
Health Care Professionals	No	Yes	1	2	3	4	5
Other Parents	No	Yes	1	2	3	4	5
Other:	No	Yes	1	2	3	4	5
11. Is being educated about co	ncussion ma	andatory for c	coaches in vo	ur associat	ion? □No	□Yes	☐ I don't know
12. Is being educated about co		-	-			□Yes	☐ I don't know
12. 13 being educated about co	noussion III		rent Coach v.4 (0		OII	□ 163	Page 1 of 4

13. How many concussions occurred last season on teams you were coaching?			
14. How many concussions on average do you see each season per team coached?			
15. (a) In your role of coach, approximately how many concussions have you ever witnessed?			_
(b) Think about the most severe concussion, how long did they take to recover?			
☐ N/A ☐ It took themdays to recover			
16. Have you completed the Concussion Awareness Training Tool?			
□ No □ No, and I don't know what that is □ Yes			
If yes: when did you complete it? (dd/mm/yyyy)			
I heard about it from: ☐ A member of this research study ☐ Another parent ☐ A coach ☐ Other			
17. Are you interested in being educated about concussion?			
Please answer the following True or False questions to the best of your ability. Please mark T for true, F for false and ? if you don't know.			
People who have had one concussion are more likely to have another concussion.	Т	F	?
2. Sometimes a second concussion can help a person remember things that were forgotten after the first concussion.	Т	F	?
3. An athlete can return to play while experiencing symptoms of a concussion if directed to do so by an athletic trainer or a physician.	т	F	?
4. There are helmets that prevent all concussions.	T	F	?
5. A concussion is a brain injury.	Т	F	?
6. Have you heard of the term "graduated return to play protocol" or "stepwise return to play" for concussion?	YES	5 N	0
6. a) If yes, can you try to list the 6 stages?			
Stage 1			
Stage 2			
Stage 3			
Stage 4			
Stage 5			
Stage 6			
In the following scenarios what is the most appropriate response: Do Nothing (DN), Non-Urgent: Bo with doctor (NU), Urgent: Call 911/Take to Emergency (ED).	ok a	ın ap	pointment
7. After a collision, body check, or fall your child starts vomiting repeatedly.	DN	NU	ED
8. After a collision, body check, or fall your child has a headache that continues to get worse.	DN	NU	ED
9. Immediately after a collision, body check, or fall your child immediately complains of a headache and dizziness but starts to feel better by the end of the game.	DN	NU	ED
Please answer the following True or False questions to the best of your ability. Please mark T for true, F for false and ? if you don't know.			
10. In order to be diagnosed with a concussion, you have to be knocked out.	Т	F	?
11. There is a higher risk of long term problems if someone has a second concussion before recovering from the first one.	Т	F	?
12. Concussions can sometimes lead to emotional problems.	Т	F	?
13. Ice hockey is a game typically played with a puck.	Т	F	?
14. A concussion can only occur if there is a direct hit to the head.	Т	F	?
15. There are few risks to long-term health and well-being from multiple concussions.	Т	F	?
16. Younger players (under the age of 18) typically take longer to recover from a concussion than adults.	Т	F	?
17 Post concussion symptoms can be delayed for hours or days	- -	E	?

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				I a concussion. Select ` BECAUSE of a concus ? If you do	sion, I	l for sy					
18. Hives	Υ	N	?	24. Panic Attacks	Υ	N	?	30. Excessive Studying	ΙΥ	N	?
								31. Difficulty			
19. Headache	Υ	N	?	25. Feeling Tired	Υ	N	?	Concentrating	Υ	N	?
20. Fever	Υ	N	?	26. Feeling in a Fog	Υ	N	?	32. Dizziness	Υ	N	?
21. Arthritis	Υ	N	?	27. Weight Gain	Υ	N	?	33. Hair Loss	Υ	N	?
22. Sensitivity to Light	Υ	N	?	28. Feeling Slowed Dow	n Y	N	?				
23. Difficulty				29. Reduced Breathing							
Remembering	Υ	N	?	Rate	Υ	N	?				
Part 3	D		4 4	ha fallawin n fuana 4 Na	a4 all	l Hanka	40.7	Fortugue also I ilsalos	_	_	_
	P	lease i	rate t	he following from 1 Not				Extremely Likely ewhat Likely 7 Extre	moly Li	koly	
1 How likely is it that o	ne of	the pla	vers	on your team will sustain		•		-	1 2 3 4	•	
•			•	on your team will have lo					1234	. 3 0 7	
concussion?	JIIC OI	uie pie	iyers	on your team will have it	niy ias	ing cor	iseqi	defices following a	1 2 3 4	1567	
	tiva ha	alth co	near	uences if an athlete is al	lowed :	o conti	nua i	o play in the same	1237	. 3 0 7	
				ns a suspected concussion		O COITU	iiue i	o play in the same	1 2 3 4	1567	
game or practice in the				e the following from 1 N		II bad	to 7	Extremely Bad	1237		
								erately Bad 7 Extren	nelv Ba	d	
4-7. How bad is it for	a plav	ver's r	ecov					,	,	_	
				but continue playing?					1 2 3 4	567	
5 to have a heada	ache a	fter a h	nard f	all, collision, or body che	ck and	continu	ue pla	aying?	1 2 3 4		
				er a hard fall, collision, or					1 2 3 4	567	
7 to get dizzy afte	r a ha	rd fall,	collis	ion, or body check and k	eep pla	ying?			1 2 3 4	567	
F	Please	choo	se ho	w much you disagree	or agre	e with	the	following statements.			
								4 Neutral 7 Strongly			
8-13. If I take one of n		Ware c	out of	a game or practice bed	cause	suspe		ey may have a concus	sion		
8it would reduce t	he ch	ances	of the	player sustaining anothe	er cond	ussion			1 2 3 4		
8it would reduce t 9my team would I	he ch	ances ie gam	of the			ussion			1 2 3 4 1 2 3 4	567	
8it would reduce t 9my team would I 10it would reduce	the char ose the the p	ances le gam layer's	of the e. char	ice of making their injury	worse.	ussion			1 2 3 4 1 2 3 4 1 2 3 4	5 6 7 5 6 7	
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8it would reduce t 9my team would I 10it would reduce 11the parent of th 12the parent of th 13it would help th 14-16. I am confident 14I can tell if one body check. 15I can make the 16I can stop any o 17. I intend to remove 18. I intend to remove 19-21. I am confident 19even if it is a pl 20even when the 21even when the 22-23. In spite of good game or practice if the 22. I am confident I cal a few shifts since the in	the characteristic contents th	ances are gam layer's er would rer would rer recommend to replayer from the result of	of the e. char all de	and any of the injury and in any of the injury and in any of the injury and in any of the injury and injury. The injury their child is not present any of the player from play. In playing should a concursive and injury in a possible mechanist actice if a possible mechanism to a play any of the injury of the	worse. laying. game ssion b sm of c anism ayer w	following e suspendences of concurs of concurs of the a subject of the concurs of	ectection occussion	ccurs. on occurs. cted concussion from about when to remove	1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4	1 5 6 7 1 5 6 7	a

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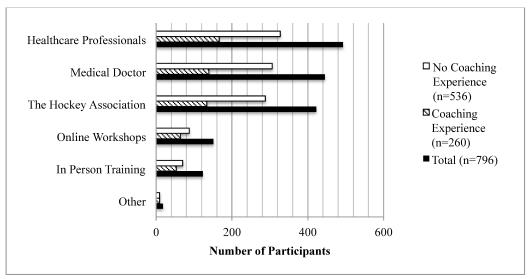
	e or agree with the foll	lowing staten	nents.
1	Strongly Disagree 4	Neutral 7 S	trongly Agree
24. Our team has standardized procedures for removing an at	hlete from play if a conc	ussion is susp	ected. 1 2 3 4 5 6 7
25. Our team has a protocol in place that outlines how to mana	age concussions.		1 2 3 4 5 6 7
Please give your best respo	nse for the following q	uestions.	
26. Over the course of the last hockey season (2014-2015) did may have sustained a concussion in ice hockey? If the answer to question 26 was no please skip to question 27. If yes, how many times was a concussion suspected?		re of your play	yers YES NO
28. Of the times a concussion was suspected, how many time immediately after the incident?	s was the player remove	d from play	
29. Of the times a concussion was suspected, how many time being removed?	s did the player continue	playing befor	e
If the answer to question 26 was no continue here			
Please report the number of times the following occurred hockey season (2014-2015).		on or body cl	heck during the last
30. A player had headache or dizziness and finished the game			
31. A player lost consciousness and finished the game or practice.			
32. A player seemed forgetful and finished the game or practic 33. Have you ever educated your players about concussions?	e?		YES NO
If yes, please select all the mediums you used to educate:			TES NO
☐ Fact Sheets ☐ Concussion Booklet ☐ Video/DVD☐ Presentation by "an expert". Decribe:	☐Concussion Poster ☐Other:	s □Prese	entation by you
34. (a) In the last year have you educated your players about			YES NO
34. (b) Do you plan to educate your players about concussions			YES NO N/A
35. Do you have the resources you need to educate your play			YES NO
36. Have you ever educated the parents of your players about			YES NO
If yes, can you please describe the type of education you pr	ovided:		
37. (a) Do you teach body checking skills to your players?		YES	NO
37. (a) Do you teach body checking skills to your players? 37. (b) If yes, do you follow the modules provided by Hockey C	Canada?	YES YES	NO NO
37. (b) If yes, do you follow the modules provided by Hockey 0 38. Do you believe the following things prevent concussions?		YES	NO
37. (b) If yes, do you follow the modules provided by Hockey 038. Do you believe the following things prevent concussions?Improving neck strength	YES	YES NO	NO I don't know
 37. (b) If yes, do you follow the modules provided by Hockey 0 38. Do you believe the following things prevent concussions? Improving neck strength Using a mouthguard 	YES YES	YES NO NO	NO I don't know I don't know
 37. (b) If yes, do you follow the modules provided by Hockey O 38. Do you believe the following things prevent concussions? Improving neck strength Using a mouthguard Regulation Equipment (ex. CSA Helmet) 	YES YES YES	YES NO NO NO	NO I don't know I don't know I don't know
 37. (b) If yes, do you follow the modules provided by Hockey O 38. Do you believe the following things prevent concussions? Improving neck strength Using a mouthguard Regulation Equipment (ex. CSA Helmet) Please choose how much you disagree 	YES YES YES e or agree with the fo	YES NO NO NO Ilowing state	NO I don't know I don't know I don't know ements.
37. (b) If yes, do you follow the modules provided by Hockey C 38. Do you believe the following things prevent concussions? Improving neck strength Using a mouthguard Regulation Equipment (ex. CSA Helmet) Please choose how much you disagre	YES YES YES YES The or agree with the foolstoods of the strongly Disagree 4	YES NO NO NO Ilowing state Neutral 7 S	I don't know I don't know I don't know I don't know ements.
37. (b) If yes, do you follow the modules provided by Hockey C 38. Do you believe the following things prevent concussions? Improving neck strength Using a mouthguard Regulation Equipment (ex. CSA Helmet) Please choose how much you disagre 1 39. Teaching players to respect themselves and other players	YES YES YES YES THE OF THE PROPERTY OF THE PRO	NO NO NO Ilowing state Neutral 7 S on prevention	I don't know I don't know I don't know I don't know ements. etrongly Agree 1 2 3 4 5 6 7
37. (b) If yes, do you follow the modules provided by Hockey O 38. Do you believe the following things prevent concussions? Improving neck strength Using a mouthguard Regulation Equipment (ex. CSA Helmet) Please choose how much you disagre 1 39. Teaching players to respect themselves and other players 40-42. The 2013 rule change by Hockey Canada delaying to	YES YES YES YES THE OF THE PROPERTY OF THE PRO	NO NO NO Ilowing state Neutral 7 S on prevention	I don't know I don't know I don't know ements. Strongly Agree 1 2 3 4 5 6 7 ntil Bantam
37. (b) If yes, do you follow the modules provided by Hockey O 38. Do you believe the following things prevent concussions? Improving neck strength Using a mouthguard Regulation Equipment (ex. CSA Helmet) Please choose how much you disagre 1 39. Teaching players to respect themselves and other players 40-42. The 2013 rule change by Hockey Canada delaying t 40 was effective at reducing concussion in Pee Wee.	YES YES YES e or agree with the fo Strongly Disagree 4 is essential for concussi he introduction of bod	NO NO NO Ilowing state Neutral 7 S on prevention y checking un	I don't know I don't know I don't know I don't know ements. Etrongly Agree 1 2 3 4 5 6 7 Intil Bantam 1 2 3 4 5 6 7
37. (b) If yes, do you follow the modules provided by Hockey O 38. Do you believe the following things prevent concussions? Improving neck strength Using a mouthguard Regulation Equipment (ex. CSA Helmet) Please choose how much you disagre 1 39. Teaching players to respect themselves and other players 40-42. The 2013 rule change by Hockey Canada delaying to	YES YES YES e or agree with the fo Strongly Disagree 4 is essential for concussi he introduction of bod n players are allowed to	NO NO NO Illowing state Neutral 7 S on prevention y checking un check in Bant	I don't know I don't know I don't know I don't know I don
37. (b) If yes, do you follow the modules provided by Hockey O 38. Do you believe the following things prevent concussions? Improving neck strength Using a mouthguard Regulation Equipment (ex. CSA Helmet) Please choose how much you disagre 1 39. Teaching players to respect themselves and other players 40-42. The 2013 rule change by Hockey Canada delaying the 40 was effective at reducing concussion in Pee Wee. 41 led and will continue to lead to more concussions where 42 led and will continue to lead to more concussions where 43. Parents of elite ice hockey players are more likely than particular to the strength of th	YES YES YES YES THE OF A THE OF THE O	NO NO NO Illowing state Neutral 7 S on prevention y checking un check in Bant o check in Mide	I don't know I don't know I don't know I don't know I don
37. (b) If yes, do you follow the modules provided by Hockey O 38. Do you believe the following things prevent concussions? Improving neck strength Using a mouthguard Regulation Equipment (ex. CSA Helmet) Please choose how much you disagre 1 39. Teaching players to respect themselves and other players 40-42. The 2013 rule change by Hockey Canada delaying t 40 was effective at reducing concussion in Pee Wee. 41 led and will continue to lead to more concussions whe	YES YES YES YES THE OF A GREEN AND THE STREET OF THE STREE	NO NO NO Illowing state Neutral 7 S on prevention y checking un check in Bant o check in Midd to want their	I don't know I don't know I don't know I don't know ements. strongly Agree 1 2 3 4 5 6 7 ntil Bantam 1 2 3 4 5 6 7 get. 1 2 3 4 5 6 7
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37. (b) If yes, do you follow the modules provided by Hockey C 38. Do you believe the following things prevent concussions? Improving neck strength Using a mouthguard Regulation Equipment (ex. CSA Helmet) Please choose how much you disagre 1 39. Teaching players to respect themselves and other players 40-42. The 2013 rule change by Hockey Canada delaying t 40 was effective at reducing concussion in Pee Wee. 41 led and will continue to lead to more concussions whe 42 led and will continue to lead to more concussions whe 43. Parents of elite ice hockey players are more likely than par child to return to play sooner following a concussion. 44. If my child has concussion-like symptoms after a rough ho they get home I probably wouldn't take them to see a doctor. 45. I know ice hockey has many benefits for my child but some sport has me second guessing whether to enrol my child in the	YES YES YES YES YES The or agree with the form of the sessential for concussing the introduction of bod on players are allowed to the players are allowed to	NO NO NO Illowing state Neutral 7 S on prevention y checking un check in Bant o check in Midg to want their	I don't know I don
37. (b) If yes, do you follow the modules provided by Hockey C 38. Do you believe the following things prevent concussions? Improving neck strength Using a mouthguard Regulation Equipment (ex. CSA Helmet) Please choose how much you disagre 1 39. Teaching players to respect themselves and other players 40-42. The 2013 rule change by Hockey Canada delaying t 40 was effective at reducing concussion in Pee Wee. 41 led and will continue to lead to more concussions whe 42 led and will continue to lead to more concussions whe 43. Parents of elite ice hockey players are more likely than par child to return to play sooner following a concussion. 44. If my child has concussion-like symptoms after a rough ho they get home I probably wouldn't take them to see a doctor. 45. I know ice hockey has many benefits for my child but some sport has me second guessing whether to enrol my child in the	YES YES YES YES YES The or agree with the form of the sessential for concussing the introduction of bod on players are allowed to the players are allowed to	NO NO NO Illowing state Neutral 7 S on prevention y checking un check in Bant o check in Midg to want their	I don't know I don

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CONCUSSION EDUCATION AMONG YOUTH ICE HOCKEY PARENTS AND COACHES

Frequency of self-reported preferred sources for concussion education by parents and coaches



Note: Participants could select more than one option