1

Materials Included:

Table S1. Subgroup analysis of not-practicing health behaviors stratified by dependent variable

2

Table S1. Subgroup analysis of not-practising health behaviors stratified by dependent variable*

| Variables | Not-practicing health behaviors ^a | | |
|----------------------|--|----------------------|------------------------------------|
| | Smoking OR (95% CI) | Drinking OR (95% CI) | Not walking frequently OR (95% CI) |
| | | | |
| Quartile 1 (lowest) | 1.00 | 1.00 | 1.00 |
| Quartile 2 | 1.03 (0.97 - 1.09) | 1.04 (0.97 - 1.12) | 1.01 (0.87 - 1.17) |
| Quartile 3 | 1.05 (0.99 - 1.11) | 1.14 (1.06 - 1.23) | 1.11 (0.96 - 1.29) |
| Quartile 4 (highest) | 0.96 (0.90 - 1.02) | 1.00 (0.92 - 1.08) | 1.25 (1.08 - 1.45) |

^{*}Multilevel logistic analysis adjusted for variables including age, marital status, occupation, household income, BMI, the number of chronic diseases, perceived health status, perceived stress, and region.

aThose who were classified under the practicing health behaviors group met all of three conditions: not present smoking, not in high-risk drinking group and walking for 30 minutes over 5 days per week.