

Supplementary Table 1: Age-adjusted proportion of socio-demographic and behavioural variables according to waist circumference categories and sex, %

Sex	Men						Women				
Waist circumference, cm	≤ 80.9	81.0-84.9	85.0-90.9	91.0-94.0	> 94		≤ 80.9	81.0-84.9	85.0-90.9	91.0-94.0	> 94
n	175	118	159	111	254		221	66	77	67	119
Income, Ethiopian birr											
≥ 3001	48.4	55.5	64.6	68.0	72.7		56.3	54.5	71.8	65.2	73.6
Marital status											
Currently married	63.4	70.4	69.4	75.5	76.0		47.0	57.6	66.2	62.7	77.3
Smoking											
Ever smoked	6.5	4.5	7.7	11.5	12.7		0.3	3.1	1.2	2.7	0.5
Khat chewing											
Ever chewed	4.1	7.7	10.7	11.8	11.9		0.4	1.6	2.7	1.6	0.1
Alcohol drinking, per week											
1-7 days	41.2	38.9	48.4	50.6	55.8		3.0	6.9	6.0	5.3	10.8
Fruit and vegetable intake, per day											
≥ 3 servings	2.3	4.1	5.0	3.8	5.2		5.1	4.5	4.1	4.7	6.9

Supplementary Table 2: Age-adjusted proportion of socio-demographic and behavioural variables according to waist-hip ratio categories and sex, %

	Sex	Men				Women			
	Waist-hip ratio	< 0.80	0.81-0.84	0.85-0.89	≥ 0.90	< 0.80	0.81-0.84	0.85-0.89	≥ 0.90
	n	58	94	165	414	156	96	111	139
Income, Ethiopian birr									
≥ 3001		52.3	60.7	57.6	67.8	52.3	69.8	62.6	71.1
Marital status									
Currently married		59.6	64.7	72.0	74.3	45.5	62.5	62.9	71.4
Smoking									
Ever smoked		7.7	3.9	8.8	11.9	0.3	0.2	1.7	1.9
<i>Khat</i> chewing									
Ever chewed		5.2	5.4	8.5	11.7	0.4	0.2	1.0	2.4
Alcohol drinking, per week									
1-7 days		41.8	40.1	42.4	52.3	3.8	4.0	7.7	8.0
Fruit and vegetable intake, per day									
≥ 3 servings		1.4	2.9	6.1	4.1	6.5	1.1	5.6	5.1