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Outcomes to evaluate care for adults with acute dental pain and infection: a systematic narrative review.

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TITLE PAGE

Title:

Outcomes to evaluate care for adults with acute dental pain and infection: a systematic narrative review.

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4 other relationships or activities that could appear to have influenced the submitted work.
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For peer review only

ABSTRACT

Objective: To identify outcomes reported in peer-reviewed literature for evaluating the care of adults with acute dental pain or infection.

Design: Systematic narrative review.

Setting/Participants: Primary research studies published in peer-reviewed literature and reporting care provided for adults with acute dental pain or infection across healthcare settings were included. Reports not in English language were excluded.

Study selection: Seven databases were searched from inception to December 2020. Risk of bias was assessed using the Critical Appraisal Skills Programme checklist for randomised controlled trials and Quality Assessment Tool for Studies of Diverse Design for other study types.

Outcomes: Narrative synthesis included all outcomes of care for adults with acute dental pain or infection. Excluded were outcomes about pain management to facilitate treatment, prophylaxis of post-surgical pain/infection or traumatic injuries.

Results: Searches identified 19,437 records and 27 studies (dating from 1993 to 2020) were included. Across dental, pharmacy, hospital emergency and rural clinic settings, 20 studies were undertaken in high-income countries and 7 in low- & middle-income countries. Two clinical outcome categories were identified: signs and symptoms of pain or infection, and complications following treatment (including adverse drug reactions and unplanned visits for the same problem). Patient-reported outcomes included satisfaction with the outcome of care. Data collection methods included patient diaries, interviews and in-person reviews.

Discussion: A heterogenous range of study types and qualities were included: one study, published in 1947, was excluded only due to lack of outcome details. Studies from dental settings reported just clinical outcomes; across wider healthcare more outcomes were included.

Conclusions: A combination of clinical and patient-reported outcomes are recommended to evaluate care for adults with acute dental pain or infection. Further research is recommended to align these outcomes with the international consensus on oral health outcomes.

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Strengths and limitations of this study

- The first systematic review to examine outcome measures of care for adults with acute dental pain or infection across healthcare settings.
- The outcomes will be important for evaluating new dental antibiotic and opioid stewardship interventions, as these drugs are frequently overprescribed for adults with acute dental pain and infection, exacerbated by the COVID-19 pandemic.
- Studies about paediatric patients, studies about the post-operative management of pain, studies about local anaesthesia to facilitate dental treatment, studies about traumatic injuries and papers not in English language were excluded due to key differences in clinical management.
- Two independent reviewers extracted data and two different reviewers assessed the quality using either the Critical Appraisal Skills Programme (for the randomised controlled trials) or the Quality Assessment Tool for Studies with Diverse Designs.
- Reporting based on the Preferred Reporting Items for Systematic Reviews and Meta-Analysis 2020 guidelines, with searches of seven major electronic databases from their inception to December 2020.

MAIN TEXT

Introduction:

Acute dental pain has a significant impact on quality of life.^{1 2} Timely intervention for the relief of dental pain and infection is essential to prevent worsening of ill health and reduce the risk of potentially life-threatening complications, such as sepsis, airway occlusion or analgesic overdose.^{3 4} Failure of initial treatment to relieve dental pain and infection can result in patient reattending for further treatment, including to emergency medical care.⁵ Thus, ensuring high quality care for people with acute dental problems is critical for both patient safety and service efficiency. Outcomes to evaluate the care provided for people with acute dental pain and/or infection are important.

Evidence-based clinical guidelines can improve the provision of quality healthcare and patient outcomes.⁶ Guidelines for treating acute dental pain and infection are generally based on the principle that operative dental procedures (such as removal of a tooth or its pulp) are indicated to address the cause and prevent symptoms recurring.⁷ Drugs such as analgesics and antibiotics have a limited role in dentistry and should usually only be used in addition to dental procedures.^{8 9} Suboptimal treatment of dental pain and infection with drug prescriptions instead of dental procedures is common, including by general medical practitioners and in emergency departments.¹⁰⁻¹² The contribution of dentistry to global efforts to tackle antibiotic resistance¹³ and opioid substance misuse disorder has been highlighted, with a call for the profession to improve its approach to stewardship of these drugs.^{7 14 15}

Whilst a plethora of drug trials for the treatment of dental pain or infection have been published, there is little research on patient outcomes following urgent dental care for acute dental pain or infection.⁵ A rise in the number of trials to evaluate dental antibiotic stewardship and opioid stewardship interventions is anticipated, with a focus on optimising care and judicious use of medicines for adults (where more than 90% of dental prescribing occurs).¹⁶ To evaluate the effectiveness of these sorts of interventions and to enable improvements in the quality of urgent dental care, this study aimed to identify outcomes from the peer-reviewed literature for evaluating care for adults with acute dental pain and/or infection.

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7 Objectives:

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9 The research question was “What measures in the published literature have been employed to
10 evaluate the outcome of care for adults with acute dental pain and/or infection?”
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15 **Methods:**
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19 *Patient and public involvement*

20 A coproduction team designed and delivered this systematic narrative review. Experts by
21 experience of urgent dental care and/or complications of dental antibiotics (CC and CP) and
22 academic dental professionals (LT, SH and WT) were involved in all stages of this study,
23 from refining the research question and search terms which had been drafted by WT through
24 to disseminating the results. Through discussion between the members of the coproduction
25 team, involvement with each step of the review was allocated according to the skills they
26 wished to develop and the time they had available to contribute at the relevant stages.
27 Individual contributions are indicated in the following sections.
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36 *Eligibility criteria*

37 Primary research studies published in peer-reviewed journals were included if they reported
38 outcomes of care for adults (aged over 18-years) treated for acute dental pain and/or infection
39 with advice, prescriptions, or interventions (such as dental extraction). There was no
40 restriction on the year of dissemination.
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46 Studies which included care for children or for people with other oral or dental conditions
47 (such as cervicofacial infections treated as hospital inpatients or post-surgical pain control)
48 were excluded. Studies of urgent dental care for traumatic injuries were excluded as this is a
49 markedly different population and the subject of a separate study.¹⁷ Reports which did not
50 include the outcomes of care provided (or details of how those outcomes were measured)
51 were also excluded, such as studies about the efficacy of local anaesthesia to facilitate the
52 provision of dental procedures at point of care. Primary research studies not published in peer
53 reviewed journals (such as conference abstracts, case studies and other grey literature) were
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3 excluded as the research was seeking tried and tested outcomes for use in clinical trials.
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5 Studies not in the English language were excluded due to lack of translation facilities. Full
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7 details of the inclusion/exclusion criteria are detailed in Supplementary Material Table S1.
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10 Population groups identified for subgroup analysis during the synthesis phase were dental vs
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12 other healthcare settings, and high-income vs low and middle-income countries (LMICs).
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15 *Information sources*

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17 On 29 November 2020, seven databases were searched from their earliest dates: CINAHL
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19 Plus, Dentistry and Oral Sciences, Ovid EMBASE, Ovid Medline, PyschINFO, Scopus and
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21 Web of Science.
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25 *Search strategy*

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27 The search strategy used to identify relevant papers from the database searches was
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29 developed in consultation with an information specialist at the University of Manchester. It
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31 consisted of ‘population’ AND ‘intervention terms’. Population terms were: (Acute* OR
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33 Urgent OR Unschedule* OR Emergenc*) AND (Dental* OR Odontogenic OR Dentoalveolar)
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35 AND (Pain OR Toothache OR Pulpitis OR Infection OR Swell* OR Abscess OR
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37 Pericoronitis OR Osteitis OR Socket OR Periodontitis OR Implantitis OR Ulcer* OR
38
39 Stomatitis). Intervention terms were: Patient Care OR Dental Care OR Procedure OR Treat*
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41 OR Endodont* OR Exodont* OR Extract* OR Extirpat* OR Incis* OR Drain* OR Debrid*
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43 OR Irrigat* OR Prescri* OR Antibiotic* OR Antimicrob* OR Antiseptic OR Analgesi* OR
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45 Advice OR Refer*
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55 Limits included: “human” as animal and laboratory studies were not eligible for the review,
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57 and “English language” as justified in the ‘eligibility criteria’ section. There were no limits
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59 on the date of included studies.
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61 *Selection process*

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63 Titles and abstracts from the database searches (undertaken by WT) were transferred into
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65 Endnote X9 where duplicates were removed (by WT) and the title/abstracts were screened
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67 (independently by WT and SH) for potential inclusion. Full texts of all shortlisted studies
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3 were assessed for eligibility (independently by WT and LT). Where necessary, corresponding
4 authors were contacted to confirm whether the included population met our inclusion criteria.
5 Disagreements at each stage of the process were resolved through discussion between the
6 screeners.
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10 11 12 *Data collection process*

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14 The characteristics (study type, objective, and population) and outcomes, data source
15 (patient-reported, clinician observed or administrative system) and data collection instrument
16 were collected from each report by two reviewers (LT and SH) working independently.
17 Disagreements at each stage of the process were resolved through discussion between the
18 reviewers.
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24 25 *Data items – outcomes and other variables*

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27 All outcomes relating to the outcomes of care provided to adults with acute dental pain or
28 infection were sought, together with details about the sources of data and timescales between
29 urgent dental treatment received by the participants and completion of data collection. In
30 addition, specific details about the types of studies (eg randomised controlled trial or
31 questionnaire study) and population were sought, including age range of patients, type of
32 healthcare setting (such as dental clinic or pharmacy), country in which the study took place,
33 and whether a high-income or LMIC country (based on World Bank definitions¹⁸). Details
34 about study type, patient age, healthcare setting and country for each included study are
35 provided in Table 1, details about which countries were LMICs are highlighted (in bold) in
36 Table 2. There was no restriction on timeframes for the outcomes and where missing data
37 was identified this was recorded in the results tables. Where necessary, corresponding authors
38 were contacted to provide details relating to the data items sought (such as the age of
39 participants).
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51 52 *Quality assessment*

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54 The shortlisted studies were assessed using the Critical Appraisal Skills Programme (CASP)
55 Checklist for RCTs.¹⁹ For studies which used a design not valid for an RCT (as assessed via
56 the CASP RCT checklist), the Quality Assessment Tool for Studies with Diverse Design
57 (QATSDD) was used.²⁰ Quality assessment of all studies was undertaken by WT, with 30%
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3 of studies (selected at random from across the CASP and QATSDD sets) independently
4 assessed by CP. Discrepancies in relation to each element of the assessment framework were
5 resolved through discussion between the assessors and, where differences were just one point,
6 the scores were averaged.
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10 11 12 *Synthesis methods*

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14 All studies which had been selected for inclusion and which had passed the quality
15 assessment were eligible for inclusion in synthesis. Outcome data collected were initially
16 categorised by WT based on a framework advocated for antimicrobial stewardship
17 interventions²¹ as the outcomes identified in this study were intended to be employed in trials
18 of stewardship interventions. All authors of the paper discussed and agreed adjustments to the
19 category titles, which aligned the language with that used in a recently published international
20 consensus of oral health outcomes.²²
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24 The tabular structure displays a summary of outcomes for each study, using the structure
25 identified. Table 2 presents clinical outcomes ('signs/symptoms of dental pain or infection'
26 and 'complications or harm') and patient-reported outcomes ('satisfaction with the outcome
27 of care' and 'other') for each study with details of how the outcome was measured (such as
28 numeric pain scale). Sources of data employed in each study and the timescales between
29 treatment provided to participants and completion of data collection are presented in Table 3.
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39 **Results**

40 41 42 *Study selection*

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44 Of the 19,437 records identified from database searches, 27 studies were selected for
45 inclusion (see Figure 1). One study was excluded as it was impossible to tell how the
46 outcomes had been measured.²³ Another study²⁴ which may look like it should be included
47 was excluded as it reported secondary analysis of data collected in other studies.^{25 26}
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54 55 *Study characteristics*

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57 The studies dated between 1993 and 2020 and encompassed a heterogenous range of designs,
58 from randomised controlled trials to questionnaire surveys. Most studies (n=23) took place in
59 dental settings, one was in a hospital emergency department, another in a rural community
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3 healthcare clinic and a third was in community pharmacy; the setting for one study was
4 unclear. The earliest 14 studies all took place in high income countries (during the period
5 1993 to 2012). Of the 13 studies which took place between 2013 and 2020, seven were based
6 in LMICs (Brazil, Egypt, India, Tanzania, and Turkey). Further characteristics of the
7 included studies, including their objectives, are presented in Table 1.
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15 *Quality assessment*

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17 Following application of the inclusion/exclusion criteria, 11 studies were quality assessed
18 using the CASP framework for RCTs (see Supplemental Material Table S2) and 16 using the
19 QATSDD tool (see Supplemental Material Table S3). Many of the studies assessed using the
20 QATSDD criteria scored poorly, for example due to failure to justify the sample size or
21 provision of a rationale for the analytic method used, and few studies covered the QATSDD
22 criterion about patients being involvement in the study design.
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31 *Results of individual studies*

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33 The outcomes recorded in each individual study are presented in Table 2, including details
34 about how they were measured. Two categories of clinical outcomes and one of patient-report
35 outcomes were identified. Clinical outcomes included: 'signs and symptoms of dental
36 pain/infection', and 'complications or other harm' resulting from treatment or disease
37 progression. Patient-reported outcomes included patient satisfaction with the outcome of care.
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42 As also shown in Table 2, various approaches were used for measuring the clinical outcomes,
43 including unidimensional pain scales (such as a visual analogue scale (VAS) or category pain
44 scale), amount of rescue medication taken, and the presence of absence of various signs and
45 symptoms such as swelling, trismus or pyrexia. Complications were assessed by recording
46 whether unplanned visits had been required or whether the patient had experienced symptoms
47 of drug allergy or other adverse effects (such as gastrointestinal symptoms and headaches).
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53 Details about data sources for the outcomes and duration of data collection in each study are
54 presented in Table 3. Most of the outcomes were reported by patients (n=20) through diaries,
55 questionnaires or interviews. A minority of studies (n=7) employed clinical observations
56 from in person monitoring or review during or after their treatment appointment. None of the
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3 studies used a combination of patient-reported and clinician observed data. No studies
4 employed data from healthcare administrative systems. Data collection in most studies took
5 place over less than a week (n=17). In six studies, the duration of data collection was one
6 week, and two of the remaining four studies data collection completed one year after the
7 participant received urgent dental treatment.
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13 *Results of syntheses*

14 Pain was the most commonly reported sign/symptom (see Table 2), including
15 unstimulated/spontaneous pain (n=24), pain stimulated by percussion, chewing or thermal
16 stimulus (n=7) or the need for additional pain relief through use of rescue medication (n=14).
17 Complications or other harm related to the treatment provided included adverse outcomes
18 (such as drug allergy or nausea) and progression of the acute dental condition requiring
19 unplanned visits for additional treatment. Patient satisfaction was only recorded in studies in
20 non-dental healthcare settings^{27 28} and only one dental study included patient-reported
21 outcomes.²⁹
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30 Comparing results between high-income countries and LMICs found just one difference in
31 the outcomes reported: none of the studies undertaken in LMICs reported on swelling as a
32 sign of infection, compared to 35% (n=7/20) of studies undertaken in high-income countries.
33 There was also one difference found in data sources for the outcomes: none of the LMIC-
34 based studies recorded clinician observed outcomes compared to 30% (n=6/20) of studies in
35 high-income countries. No differences were found in data collection periods.
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43 **Discussion**

44 A diverse range of measures were identified to assess the outcomes of care for adults
45 presenting with acute dental pain and/or infection across a range of healthcare settings in high
46 income and LMICs. Most were clinical outcomes, such as signs and symptoms of pain and
47 infection and complications or other harms following treatment (such as drug allergy). Patient
48 satisfaction was only reported in studies from non-dental settings. The range of outcomes and
49 data collection periods were similar between high income countries and LMICs. Just one key
50 difference was noted in their assessment: none of the LMIC studies reported clinician-
51 observed data. This is the first study to focus comprehensively on outcomes relating to acute
52 dental conditions and should be utilised when evaluating interventions for the care of adults
53 presenting with acute dental pain or infection across health care settings internationally.
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3 Measuring what matters to patients has been recognised as central to improving patient care
4 and service delivery, with patients needing to be involved in decisions about what to
5 measure.³⁰ For this reason, experts by experience of urgent dental care were key members of
6 our coproduction team, including when devising the review's search strategy. Funding to
7 reimburse their time for participating in the length process of a systematic review was
8 welcomed by the experts by experience.
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15 The range of healthcare settings included in this review (dental clinics, pharmacies, hospital
16 emergency departments and community clinics) mean the findings of this study are widely
17 generalisable and can be easily translated to different health care settings around the world.
18 Even though limited to English language, studies from a wide range of countries were
19 included, across both high-income countries and LMICs. Six papers were excluded due to
20 language (including 50% in Japanese) which may have introduced additional outcomes and
21 differences in cultural practices.
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28 Restricting this paper to published studies relating to adults from the peer-reviewed literature
29 means that additional measures in the grey literature may have been missed as well as
30 meaning that it fails to conform completely to the new PRISMA 2020 guidelines for
31 systematic reviews which were published during the course of our study.³¹ The authors
32 decided additional searches of the grey literature would not, however, meet the research
33 questions or their intention to identify outcomes which had been successfully tried and tested.
34 Studies including children were excluded from this review as the outcomes (especially
35 patient-reported outcomes) are materially different.³² Further, the trials for which these
36 outcomes will be used by the authors relate to dental antibiotic stewardship and opioid
37 stewardship for adult patients, which is the patient group where most overprescribing of these
38 drugs occurs.^{33 34}
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48 The importance of valid, reliable, and feasible measures for improving the quality of oral
49 health care, including patient-reported outcomes and experience measures has been
50 recognised.³⁵ In 2020, an international consensus of patient-centred outcomes to measure
51 adult oral health (focusing on caries and periodontal disease) was published and highlighted
52 that multiple measures are required to capture the effect of oral health on the individual
53 patient.²² Where possible, we have adopted the terminology from this adult oral health
54 standard set of outcomes when presenting our findings, such as 'complications or other harm
55 resulting from treatment or disease progression' and 'unplanned visits.' However, whilst our
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3 findings cover some of the same territory, there are important differences in the detail
4 especially relating to timescales. For example, there is no mention of ‘infection’ in the oral
5 health outcomes and ‘dental pain’ covers only the frequency of pain in the last six months
6 and ‘complications’ within 30 days, whereas our study found that these outcomes were
7 measured in hours and days for people with acute dental conditions. Quality of life indicators
8 such as the ability to eat, sleep, speak or carry out usual work activities at home and in the
9 workplace (productivity) are outcomes from the standard oral health set which could be
10 useful for studies of the outcome of care for people with acute dental pain and/or infection
11 but which were not employed in any of the studies within our review.²²

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19 Primary medical care and to a lesser extent primary dental care have been recent targets of
20 global efforts to tackle antibiotic resistance through stewardship programmes by reducing
21 unnecessary and inappropriate prescribing.^{36 37} A hybrid umbrella/systematic review of
22 measures to evaluate the effectiveness of antibiotic stewardship programmes, in primary
23 medical and dental care respectively, found similar outcomes to this present review, including
24 drug allergy, re-consultation rates and patient satisfaction.³⁸ Notably, the study about
25 antibiotic stewardship measures found dental studies focused only on antibiotic use and the
26 authors concluded that a range of metrics encompassing the wider measures employed in
27 studies of medical care, including patient-reported outcomes, should also be utilised in
28 dentistry. Our findings reiterate this idea that a diverse range of outcomes should be used to
29 evaluate care for people with acute dental conditions. Clinical outcomes such as signs and
30 symptoms of pain and infection, and complications (including unplanned dental visits) should
31 be employed in future studies, together with patient-reported measures such as satisfaction
32 with the outcome of care.

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45 Most studies in the review used unidimensional pain scales which are recognised to work
46 well for acute pain: visual analogue scale (VAS), Heft-Parker scale, numeric rating scale and
47 category pain scale.³² Interestingly, none used the unidimensional pain scales based on
48 images: Faces Pain Scale or Wong-Baker Faces Pain Scale.³² Unsurprisingly none used the
49 McGill Pain Scale or other multidimensional scales which are recognised to be more useful
50 for chronic than acute pain.³² Future research to compare the utility of pain scales based on
51 images with the other unidimensional pain scales for use in urgent dental care settings would
52 be useful.
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3 Dental antibiotic and opioid prescribing are recent priorities for clinicians and policymakers
4 around the world, with overprescribing identified as a problem driving the development and
5 spread of antibiotic resistance⁷ and substance misuse disorder³⁹, respectively. Prescribing
6 rates and choices varying between countries, and solutions to tackle the problem of
7 overprescribing need to be tailored to the local context.^{14 40} A recent pilot trial of a clinical
8 decision prescribing tool and targeted education to improve dental antibiotic and opioid
9 prescribing in Australia demonstrated a 41% reduction in antibiotic usage and 59% reduction
10 in opioids.¹⁶ Clinical trials of antibiotic and opioid stewardship interventions are also planned
11 in the UK⁴¹ and US.⁴² Further research to develop a set of core outcomes for studies relating
12 to the care of adults with acute dental pain and infection would be useful in the evaluation of
13 stewardship interventions, to enable direct comparisons between stewardship interventions
14 internationally.⁴³

15
16 Facilitating improvements in the quality of care for people with acute dental pain and/or
17 infection is an important use for the outcomes identified in this study. As such, these
18 measures will be useful in research, clinical and public health settings and future research
19 should be directed towards their utilisation across various health care settings.

30 31 32 33 34 **Other information**

35
36 This systematic narrative review was registered in the PROSPERO International Register of
37 Systematic Reviews (CRD42020210183) and contains details of the protocol for this study.

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39 Data collection forms and other material used in the review are available (upon reasonable
40 request) from the corresponding author.

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48 **Authors' contributions:** WT was responsible for all aspects of the study including
49 conception of the idea, acquisition of funding, and recruitment of the author team. Design of
50 the study including agreeing search terms, inclusion/exclusion criteria and databases to be
51 searched (following advice from the information specialist) was shared between all authors
52 (CC, CP, LT, SH and WT). Database searches were undertaken by WT, study selection was
53 undertaken by CP, LT, SH and WT (as detailed in the methods section). All authors were
54 involved with interpretation of the final data and agreement about key points for this paper.

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3 LT and WT drafted the paper and CP and SH critically reviewed. All authors approved the
4 final version for publication and agreed to be accountable for all aspects of the work in
5 ensuring that questions related to the accuracy or integrity of the study were resolved.
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Tables

Table 1: Characteristics of included studies

Study	Study type	Objective	Population * (patient age, setting, country)
1. Fazakerley et al, 1993⁴⁴	Comparative double-blind trial.	To evaluate the efficacy of cephadrine, amoxicillin and phenoxymethylpenicillin in the treatment of dentoalveolar infection.	18-65 years. University dental clinic. United Kingdom.
2. Gibson et al, 1993⁴⁵	Prospective survey.	To investigate the success of treatment in resolving the chief complaint of pain and to determine the compliance with further dental care for the original dental problem.	18 years or older. University dental clinic. Canada
3. Fouad et al, 1996⁴⁶	Double-blind, placebo-controlled clinical trial.	To examine the effect of penicillin supplementation on the reduction of symptoms and the course of recovery of the localised acute apical abscess after emergency endodontic treatment.	18 years or older. University dental clinic. United States.
4. Penniston et al, 1996⁴⁷	Prospective, randomized, double-blind, placebo-controlled clinical trial.	To compare the analgesic efficacy of ketorolac tromethamine following intraoral periapical infiltration injection or intramuscular injection of the drug.	18-65 years. University dental clinic. United States.
5. Adriaenssen et al, 1998⁴⁸	Open, randomized, multicentre comparative study.	Comparison of the efficacy, safety and tolerability of azithromycin and co-amoxiclav in the treatment of acute periapical abscesses.	18 -75 years. Dental practices. Belgium.
6. Doroschak et al, 1999⁴⁹	Randomized, double-blind, placebo-controlled study.	To determine if a combination of an NSAID and an opioid provide greater pain relief than either drug alone.	18-65 years. University dental clinic. United States.
7. Gallatin et al, 2000⁵⁰	Prospective, double-blind, randomized study.	To evaluate pain reduction in untreated irreversible pulpitis using an intraosseous injection of Depo-Medrol.	18 years or older. University dental clinic. United States.
8. Houck et al, 2000²⁵	Prospective, randomized blinded study.	To evaluate postoperative pain and swelling after performing a trephination procedure in symptomatic necrotic teeth with radiolucencies.	Adults*. University dental clinic. United States.
9. Nagle et al, 2000⁵¹	Prospective, randomized, double-blind study.	To determine the effect of penicillin on pain in untreated teeth diagnosed with irreversible pulpitis.	Adults* University dental clinic. United States.

10. Henry et al, 2001 ²⁶	Prospective, randomized, double-blind, placebo-controlled study.	To determine the effect of penicillin on postoperative pain and swelling in symptomatic necrotic teeth.	18 years or older. University dental clinic. United States.
12. Hersh et al, 2003 ⁵²	Randomized, double-blind, placebo-controlled clinical trial.	Efficacy and safety of a benzocaine intra-oral patch in patients presenting with spontaneous toothache pain	18-65 years. University dental clinic. United States.
13. Runyon et al, 2004 ⁵³	Prospective, randomized, double-blind, placebo-controlled trial.	To determine if penicillin is necessary or beneficial in the treatment of undifferentiated dental pain without overt infection.	18 years or older. Emergency department. United States.
14. Campanelli et al, 2008 ⁵⁴	Clinical study.	To record the objective and subjective systemic signs of emergency patients presenting with pulp necrosis and localized acute apical abscess.	18 years or older. University dental clinic. United States.
15. Cohen et al, 2009 ²⁸	Cross-sectional survey.	The pharmacist's role in managing toothache pain from the perspective of the patient.	21 years or older. Community pharmacy. United States.
16. Wilson et al, 2013 ²⁷	Retrospective questionnaire survey.	To record the levels of patient satisfaction with oral urgent treatment and to highlight areas for improvement in both training and service provision.	18 years or older. Rural community clinic.* Tanzania
17. Sethi et al, 2014 ⁵⁵	Randomised clinical trial.	To compare and evaluate the effect of single oral dose of 100 mg tapentadol, 400 mg etodolac, or 10 mg ketorolac as a pre-treatment analgesic for the prevention and control of postoperative endodontic pain in patients with symptomatic irreversible pulpitis	18-60 years. Dental college clinic. India.
18. Pavithra et al, 2015 ⁵⁶	Randomized double blind trial.	To compare and evaluate analgesic effectiveness of Ibuprofen and Aceclofenac in management of acute irreversible pulpitis.	20-50 years. Dental college clinic. India.
19. Bultema et al, 2016 ⁵⁷	Prospective, double-blind randomized trial.	To compare liposomal bupivacaine versus bupivacaine for pain control in untreated, symptomatic irreversible pulpitis.	18 years or older. University dental clinic. United States.
20. Sebastian et al, 2016 ⁵⁸	Prospective, randomized study.	To compare debridement versus no debridement on postoperative pain in emergency patients with symptomatic teeth, a pulpal diagnosis of necrosis, and periapical radiolucency.	18 years or older. University dental clinic. United States.
21. Santini et al, 2017 ⁵⁹	Double blind, controlled parallel design.	To compare the overall analgesic effectiveness of two combinations of opioid and non-opioid analgesics for acute periradicular abscess.	Over 18 years. Dental hospital. Brazil.

22. Taggar et al, 2017 ⁶⁰	Randomized, double-masked, controlled, parallel-group trial.	To compare the analgesic effect of a single dose of ibuprofen sodium dihydrate with that of a comparable dose of ibuprofen acid in endodontic pain patients presenting with moderate to severe pain.	18-60 years. [Setting unclear]. United States.
23. Aaron et al, 2018 ⁶¹	Single centre prospective clinical Study.	To determine if dentists are successful in reducing pain caused by acute apical abscess in a National Health Service emergency setting and if different treatment strategies result in different levels of pain reduction.	20-68 years. Primary care dental clinic. United Kingdom.
24. Beus et al, 2018 ²⁹	Prospective, randomized, single-blind study.	To compare the postoperative course of incision and drain with drain placement vs mock incision and drainage procedure with mock drain placement after endodontic debridement in swollen emergency patients with symptomatic teeth and a pulpal diagnosis of necrosis.	18 years or older. University dental clinic. United States.
25. Eren et al, 2018 ⁶²	Single-blinded, single-centre, randomized controlled trial.	To evaluate three emergency procedures for their ability to alleviate clinical symptoms associated with symptomatic teeth having signs of (at least) partial irreversible pulpitis.	18-60 years. University dental clinic. Turkey.
26. Wolf et al, 2019 ⁶³	Prospective randomised study.	To compare the outcomes of two emergency treatment procedures to alleviate pain from localized symptomatic apical periodontitis: complete chemo-mechanical disinfection of the root canal system, or removal of necrotic tissue from the pulp chamber without instrumentation of the root canals.	18 years or older. University dental clinic. Sweden
27. Al-Rawhani et al, 2020 ⁶⁴	Randomized placebo-controlled double-blind trial.	To evaluate the effect of preoperative administration of a single, oral dose of 50 mg diclofenac potassium on postoperative pain in patients with symptomatic irreversible pulpitis (SIP) in mandibular molars.	18 years or older. University dental clinic. Egypt.
28. da Silva et al, 2020 ⁶⁵	Double-blind, randomized clinical trial.	To compare the acetaminophen administration efficacy or its combination with codeine for pain control in acute apical abscesses cases.	18 years or older. University dental clinic. Brazil.

* Where not specified in the paper, authors were contacted to confirm participants were all over 18 years of age and case was for only people with acute dental pain or infection.

Table 2: Outcome measures employed in each included study.

	Signs/symptoms of dental pain or infection						Complications or harm		Patient-reported outcomes	
	Pain intensity - Unstimulated	Pain intensity - Stimulated	Pain Reduction	Rescue pain relief taken	Swelling	Other signs/symptoms of infection	Adverse drug reaction	Unplanned visits	Satisfaction with outcome	Other
Fazakerley et al, 1993 ⁴⁴	VAS				Numeric scale	Temperature Lymph nodes involved				
Gibson et al, 1993 ⁴⁵	Yes/No			Yes/No				Yes/No		
Fouad et al, 1996 ⁴⁶	VAS			Amount	Category scale	Fever, Trismus or Swallowing difficulty	Allergy GI Tract	Yes/No		
Penniston et al, 1996 ⁴⁷	VAS, HP-VAS and Category Scale						Infection Pain			
Adriaenssen et al, 1998 ⁴⁸	Category scale	Category scale			Yes/No	Gingival redness Bone loss	Headache			
Doroschak et al, 1999 ⁴⁹	VAS, HP-VAS and Category Scale						GI tract Headache Euphoria Sedation			
Gallatin et al, 2000 ⁵⁰	Category scale	Category scale		Amount						
Houck et al, 2000 ²⁵	Numeric scale	Numeric scale		Amount & type	Numeric scale					
Nagle et al, 2000 ⁵¹	Numeric scale	Numeric scale		Amount						
Henry et al, 2001 ²⁶	Numeric scale	Numeric scale		Amount & type	Numeric scale					
Hersh et al, 2003 ⁵²			Verbal pain relief scale							

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*Runyon et al, 2004 ⁵³	VAS				Yes/No	Temperature Purulence Trismus Malaise			
Campanelli et al, 2008 ⁵⁴	VAS								
*Cohen et al, 2009 ²⁸								Category scale	
*Wilson et al, 2013 ²⁷				Category scale				Category scale	Cost of care
Sethi et al, 2014 ⁵⁵	VAS								
Pavithra et al, 2015 ⁵⁶	VAS								
Bultema et al, 2016 ⁵⁷	VAS			Delayed opioid prescription				Yes/No	
Sebastian et al, 2016 ⁵⁸	HP-VAS			Delayed opioid prescription					
Santini et al 2017 ⁵⁹	VAS				Yes/No				
Taggar et al, 2017 ⁶⁰	VAS	Bite force to elicit pain	Time to 50% pain relief						
Aaron et al, 2018 ⁶¹	Modified pain quality assessment scale								
Beus et al, 2018 ²⁹	HP-VAS			Amount and type	Perception of whether 'swelling becoming smaller'	Experience of bad taste or pus drainage			Perception of whether 'feeling better'

Eren et al, 2018⁶²	VAS	Yes/No on chewing and thermal stimulus	Amount		
Wolf et al, 2019 ⁶³	Numeric scale		Yes/No Opioid/ Non-opioid	Antibiotics prescribed	Yes/No
Al-Rawhani et al, 2020⁶⁴	HP-VAS		Yes/No		
da Silva et al, 2020⁶⁵	VAS		Yes/No		

**Nausea
Vomiting
Dizziness
Drowsiness
Headache**

Abbreviations: VAS = Visual Analogue Scale; HP-VAS = Heft Parker Visual Analogue Scale

Studies highlighted in bold are those undertaken in LMICs.

* Study undertaken in non-dental setting

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Table 3: Data sources and data collection periods.

	Patient reported		Clinician observed	
	Patient diary	Questionnaires or interviews	In-person review	In-person monitoring
Fazakerley et al, 1993 ⁴⁴			5 days	
Gibson et al, 1993 ⁴⁵		2 days		
Fouad et al, 1996 ⁴⁶	3 days			
Penniston et al, 1996 ⁴⁷	6 hours			
Adriaenssenet al, 1998 ⁴⁸			10 days	
Doroschak et al, 1999 ⁴⁹	1 day			
Gallatin et al, 2000 ⁵⁰	1 week			
Houck et al, 2000 ²⁵	1 week			
Nagle et al, 2000 ⁵¹	1 week			
Henry et al, 2001 ²⁶	1 week			
Hersh et al, 2003 ⁵²				90 minutes
Runyon et al, 2004 ⁵³			1 week	
Campanelli et al, 2008 ⁵⁴			2 weeks	
Cohen et al, 2009 ²⁸		1 year		
Wilson et al, 2013²⁷		1 year*		
Sethi et al, 2014⁵⁵	1 day			
Pavithra et al, 2015⁵⁶		45 minutes		
Bultema et al, 2016 ⁵⁷	3 days			
Sebastian et al, 2016 ⁵⁸	5 days			
Santini et al 2017⁵⁹	3 days			
Taggar et al, 2017 ⁶⁰				1 hour
Aaron et al, 2018 ⁶¹		1 day		
Beus et al, 2018 ²⁹	4 days			
Eren et al, 2018⁶²	1 week			
Wolf et al, 2019 ⁶³		5 days		
Al-Rawhani et al, 2020⁶⁴	2 days			
da Silva et al, 2020⁶⁵	3 days			

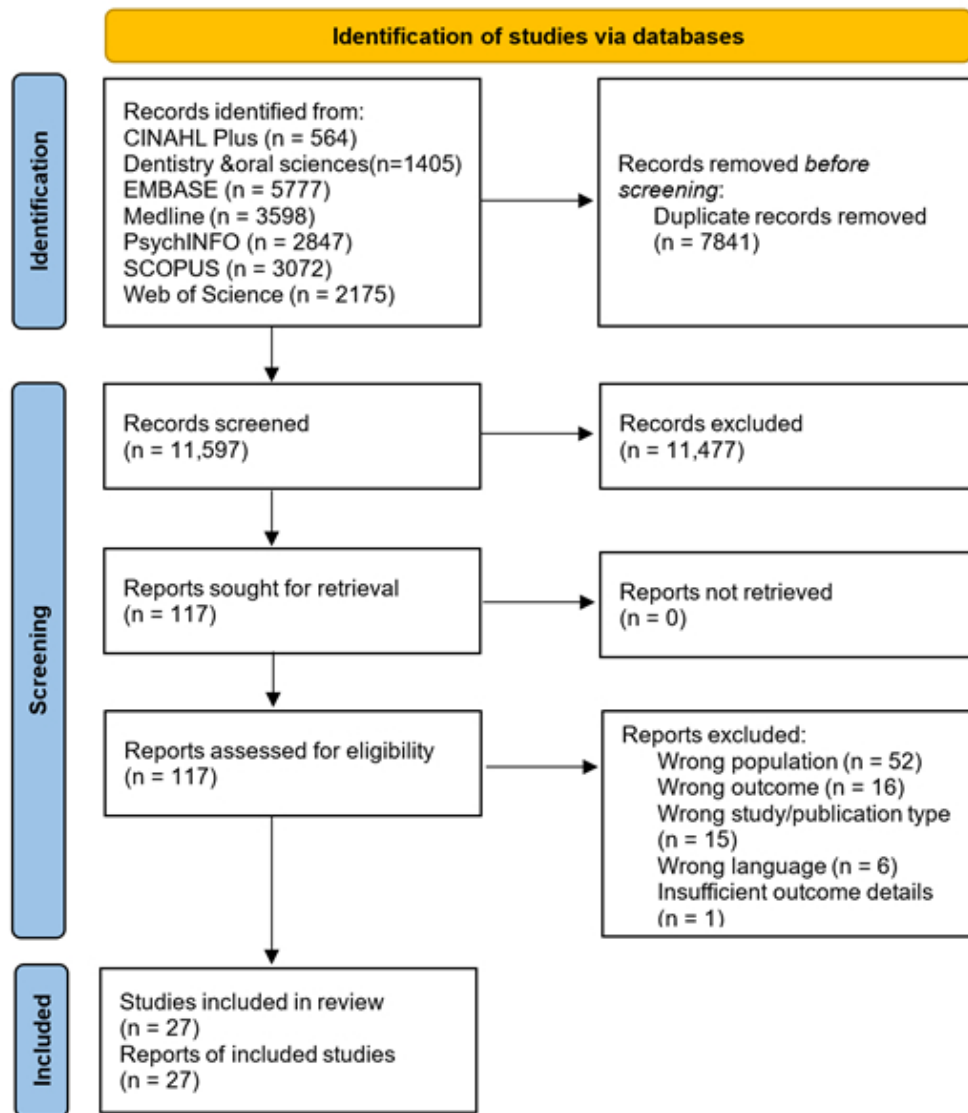
Studies highlighted in bold are those undertaken in LMICs.

* Where not specified in the paper, authors were contacted to confirm the timescales.

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3 **Figure Legends:**
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5 Figure 1: PRISMA flow chart detailing selection of the included studies
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PRISMA flow chart detailing selection of the included studies

350x400mm (38 x 38 DPI)

Supplemental Material

Table S1 – Inclusion/Exclusion Criteria

Inclusion criteria:

- Population:
 - Adults presenting with acute dental pain and/or infection
 - Any healthcare setting or service (not limited to dentistry)
- Intervention
 - Any care provided for the relief of acute dental pain or treatment of acute dental infection, including operative and pharmacological treatment and other non-pharmacological approaches (including advice only or referral to other services).
- Outcome
 - All outcomes measured and reported by the study which are related to the relief of acute dental pain or treatment of acute dental infection.
- Study/publication type
 - Primary research reported in peer reviewed journals
 - English language only

Exclusion criteria:

- Population
 - Animal studies
 - In-vitro / lab-based studies
 - People under the age of 18 years
 - People with other oral or dental conditions (eg emergency dental conditions such as cervico-facial infections requiring hospitalisation, dental trauma or haemorrhage following an extraction; oral cancer; or chronic conditions such as chronic facial pain, TMD or trigeminal neuralgia)
 - People attending for routine preventative care
 - People attending for postoperative pain following routine/scheduled dental care eg removal of third molars
 - People with unusual medical conditions eg glucose-6-dehydrogenase deficiency
 - Papers which include both adults and children
 - Papers which include non-acute as well as acute conditions
 - Paper which included non-dental as well as dental conditions
- Intervention
 - Approaches outside of conventional guidelines eg holistic or complementary therapies including acupuncture
- Outcomes
 - Outcomes which are not related to the relief of acute dental pain or treatment of acute dental infection.
 - Outcomes relating to local anaesthesia to enable treatment
- Study/publication type:
 - Systematic review
 - Guidelines and guideline development
 - Trial Protocol
 - Opinion piece/Commentary/Review articles/Case Reports/Letters
 - Qualitative studies
 - Studies if updates had subsequently been published
 - Manuscript not in English (e.g. abstract in English but not the rest)
 - No abstract available – or only an abstract available

Table S2 – Quality assessment of the studies using Critical Appraisal Skills Programme (CASP) Checklist for Randomised Controlled Trials

	a) Is the basic study design valid for an RCT?			b) Was the study methodologically sound?			c) What are the results?			d) Will the results help?			Overall
	1. Clear research question?	2. Randomisation?	3. All participants accounted for?	4a. Participants blinded?	4b. Investigators blinded?	4c. Analysts blinded?	5. Study groups similar at the start?	6. Same treatment for each group?	7. Comprehensive reporting?	8. Benefits vs harms/costs?	9. Locally applicable?	10. Better than existing care?	Include?
Fazakerley et al, 1993	Yes	Yes	Yes	Yes	Yes	Can't tell	Can't tell	Yes	Yes	Yes	Yes	Yes	Yes
Fouad et al, 1996	Yes	Yes	Yes	Yes	Yes	Can't tell	Can't tell	Yes	Yes	Yes	Yes	Can't tell	Yes
Houck et al, 2000	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Nagle et al, 2000	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Pavithra et al, 2015	Yes	Yes	Yes	Yes	Yes	No	Can't tell	Yes	No	Yes	Yes	Yes	Yes
Santini et al, 2017	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	Yes	Can't tell	Can't tell	No	Can't tell	Yes
Beus et al, 2018	Yes	Yes	Yes	Yes	No	Can't tell	Yes	Yes	No	Yes	Yes	Can't tell	Yes
Eren et al, 2018	Yes	Yes	Yes	Yes	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Wolf et al, 2019	Yes	Yes	Yes	Can't tell	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Al-Rawhani et al, 2020	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes	Yes	Yes	Yes	Yes
da Silva et al, 2020	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes	Yes	Yes	Yes	Yes

Table S3 – Quality assessment of studies which were not randomised controlled trials, using the Quality Assessment Tool for Studies with Diverse Designs (QATSDD)

	Explicit theoretical framework	Aims in main report	Setting described	Sample size considered	Sample of reasonable size	Data collection method	Choice of data collection tool(s)	Detailed recruitment data	Measuring tool assessed	Question and method fit - data collection	Question and method fit - analysis	Analysis method selected	Users involved in design	Strength/limitation discussion	Total (% of maximum)
<p>Scoring: 0 = No mention; 1=very slightly covered; 2=Moderately covered; 3=Completely covered. Where independent reviewer scores differed, averages are provided.</p>															
Gibson et al, 1993	0	2	2	0	3	2	1	2	0	3		1	1	2	21 (53%)
Nusstein et al, 2002	1	3	2	0	0	3	2	3	1	2		1	0	1	22 (55%)
Campanelli et al, 2008	0	2	3	0	1	3	0	3	1	3		1	0	1	21 (53%)
Cohen et al, 2009	3	3	3	1	2	3	3	3	1	3		3	3	2	36 (90%)
Wilson et al, 2013	0	1	3	0	1	1	3	2	1	2		1	3	3	23 (58%)
Aaron et al, 2018	0	3	3	3	3	3	1	0	0	3		1	0	2	24 (60%)
Penniston et al, 1996	0	2	3	3	1	2	0	2.5	0	3		1	0	0	20.5 (51%)
Adriaenssen et al, 1998	2	1	3	3	3	2	1	2	0	1		0	0	0	20 (50%)
Doroschak et al, 1999	3	3	3	2	1	3	3	2.5	2	3		1	0	2	31.5 (79%)
Gallatin et al, 2000	3	3	1	0	1	3	1	3	0	3		1	0	1	22 (55%)
Henry et al, 2001	3	3	1	0	1.5	2.5	0	3	0	3		1	0	2	22 (55%)
Hersh et al, 2003	3	3	3	0	3	2	3	3	0	3		2	0	2	30 (75%)
Runyon et al, 2004	3	3	2	3	3	3	1	3	0	3		2	0	3	32 (80%)
Sethi et al, 2014	1	3	1	2	3	3	3	3	0	3		2	0	1	28 (70%)
Bultema et al, 2016	3	3	1	0	3	2	2	3	0	3		1	0	2	26 (65%)
Sebastian et al, 2016	2	3	1	0	3	2	1	3	0	2		1	0	1	21 (53%)
Taggar et al, 2017	3	3	1	1	3	3	1	3	0	2		1	0	3	26 (65%)



PRISMA 2020 for Abstracts Checklist

Section and Topic	Item #	Checklist item	Reported (Yes/No)
TITLE			
Title	1	Identify the report as a systematic review.	Y
BACKGROUND			
Objectives	2	Provide an explicit statement of the main objective(s) or question(s) the review addresses.	Y
METHODS			
Eligibility criteria	3	Specify the inclusion and exclusion criteria for the review.	Y
Information sources	4	Specify the information sources (e.g. databases, registers) used to identify studies and the date when each was last searched.	Y
Risk of bias	5	Specify the methods used to assess risk of bias in the included studies.	Y
Synthesis of results	6	Specify the methods used to present and synthesise results.	Y
RESULTS			
Included studies	7	Give the total number of included studies and participants and summarise relevant characteristics of studies.	Y
Synthesis of results	8	Present results for main outcomes, preferably indicating the number of included studies and participants for each. If meta-analysis was done, report the summary estimate and confidence/credible interval. If comparing groups, indicate the direction of the effect (i.e. which group is favoured).	Y
DISCUSSION			
Limitations of evidence	9	Provide a brief summary of the limitations of the evidence included in the review (e.g. study risk of bias, inconsistency and imprecision).	Y
Interpretation	10	Provide a general interpretation of the results and important implications.	Y
OTHER			
Funding	11	Specify the primary source of funding for the review.	Y
Registration	12	Provide the register name and registration number.	Y

From: Page MJ, McKenzie JE, Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. *BMJ* 2021;372:n71. doi: 10.1136/bmj.n71

For more information, visit: <http://www.prisma-statement.org/>



PRISMA 2020 Checklist

Section and Topic	Item #	Checklist item	Location where item is reported
TITLE			
Title	1	Identify the report as a systematic review.	1
ABSTRACT			
Abstract	2	See the PRISMA 2020 for Abstracts checklist.	2
INTRODUCTION			
Rationale	3	Describe the rationale for the review in the context of existing knowledge.	4
Objectives	4	Provide an explicit statement of the objective(s) or question(s) the review addresses.	5
METHODS			
Eligibility criteria	5	Specify the inclusion and exclusion criteria for the review and how studies were grouped for the syntheses.	5
Information sources	6	Specify all databases, registers, websites, organisations, reference lists and other sources searched or consulted to identify studies. Specify the date when each source was last searched or consulted.	6
Search strategy	7	Present the full search strategies for all databases, registers and websites, including any filters and limits used.	6
Selection process	8	Specify the methods used to decide whether a study met the inclusion criteria of the review, including how many reviewers screened each record and each report retrieved, whether they worked independently, and if applicable, details of automation tools used in the process.	6
Data collection process	9	Specify the methods used to collect data from reports, including how many reviewers collected data from each report, whether they worked independently, any processes for obtaining or confirming data from study investigators, and if applicable, details of automation tools used in the process.	7
Data items	10a	List and define all outcomes for which data were sought. Specify whether all results that were compatible with each outcome domain in each study were sought (e.g. for all measures, time points, analyses), and if not, the methods used to decide which results to collect.	7
	10b	List and define all other variables for which data were sought (e.g. participant and intervention characteristics, funding sources). Describe any assumptions made about any missing or unclear information.	7
Study risk of bias assessment	11	Specify the methods used to assess risk of bias in the included studies, including details of the tool(s) used, how many reviewers assessed each study and whether they worked independently, and if applicable, details of automation tools used in the process.	7
Effect measures	12	Specify for each outcome the effect measure(s) (e.g. risk ratio, mean difference) used in the synthesis or presentation of results.	N/A
Synthesis methods	13a	Describe the processes used to decide which studies were eligible for each synthesis (e.g. tabulating the study intervention characteristics and comparing against the planned groups for each synthesis (item #5)).	8
	13b	Describe any methods required to prepare the data for presentation or synthesis, such as handling of missing summary statistics, or data conversions.	8
	13c	Describe any methods used to tabulate or visually display results of individual studies and syntheses.	8
	13d	Describe any methods used to synthesize results and provide a rationale for the choice(s). If meta-analysis was performed, describe the model(s), method(s) to identify the presence and extent of statistical heterogeneity, and software package(s) used.	8
	13e	Describe any methods used to explore possible causes of heterogeneity among study results (e.g. subgroup analysis, meta-regression).	N/A
	13f	Describe any sensitivity analyses conducted to assess robustness of the synthesized results.	N/A
Reporting bias assessment	14	Describe any methods used to assess risk of bias due to missing results in a synthesis (arising from reporting bias(s)).	N/A
Certainty	15	Describe any methods used to assess certainty (or confidence) in the body of evidence for an outcome.	N/A

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PRISMA 2020 Checklist

Section and Topic	Item #	Checklist item	Location where item is reported
assessment			
RESULTS			
Study selection	16a	Describe the results of the search and selection process, from the number of records identified in the search to the number of studies included in the review, ideally using a flow diagram.	8
	16b	Cite studies that might appear to meet the inclusion criteria, but which were excluded, and explain why they were excluded.	8
Study characteristics	17	Cite each included study and present its characteristics.	9
Risk of bias in studies	18	Present assessments of risk of bias for each included study.	8
Results of individual studies	19	For all outcomes, present, for each study: (a) summary statistics for each group (where appropriate) and (b) an effect estimate and its precision (e.g. confidence/credible interval), ideally using structured tables or plots.	9
Results of syntheses	20a	For each synthesis, briefly summarise the characteristics and risk of bias among contributing studies.	10/11
	20b	Present results of all statistical syntheses conducted. If meta-analysis was done, present for each the summary estimate and its precision (e.g. confidence/credible interval) and measures of statistical heterogeneity. If comparing groups, describe the direction of the effect.	N/A
	20c	Present results of all investigations of possible causes of heterogeneity among study results.	N/A
	20d	Present results of all sensitivity analyses conducted to assess the robustness of the synthesized results.	N/A
Reporting biases	21	Present assessments of risk of bias due to missing results (arising from reporting biases) for each synthesis assessed.	N/A
Certainty of evidence	22	Present assessments of certainty (or confidence) in the body of evidence for each outcome assessed.	N/A
DISCUSSION			
Discussion	23a	Provide a general interpretation of the results in the context of other evidence.	10
	23b	Discuss any limitations of the evidence included in the review.	10+11
	23c	Discuss any limitations of the review processes used.	10+11
	23d	Discuss implications of the results for practice, policy, and future research.	11-13
OTHER INFORMATION			
Registration and protocol	24a	Provide registration information for the review, including register name and registration number, or state that the review was not registered.	13
	24b	Indicate where the review protocol can be accessed, or state that a protocol was not prepared.	13
	24c	Describe and explain any amendments to information provided at registration or in the protocol.	N/A
Support	25	Describe sources of financial or non-financial support for the review, and the role of the funders or sponsors in the review.	1
Competing interests	26	Declare any competing interests of review authors.	1
Availability of data, code and other materials	27	Report which of the following are publicly available and where they can be found: template data collection forms; data extracted from included studies; data used for all analyses; analytic code; any other materials used in the review.	13



PRISMA 2020 Checklist

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BMJ Open

Outcomes to evaluate care for adults with acute dental pain and infection: a systematic narrative review.

Journal:	<i>BMJ Open</i>
Manuscript ID	bmjopen-2021-057934.R1
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Date Submitted by the Author:	10-Jan-2022
Complete List of Authors:	Thompson, Wendy ; The University of Manchester Faculty of Biology Medicine and Health Howe, Shaun; NHS Shetland Pitkeathley, Carole; The University of Manchester Coull, Carly; Manchester University NHS Foundation Trust Teoh, L; The University of Melbourne
Primary Subject Heading:	Dentistry and oral medicine
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Keywords:	ACCIDENT & EMERGENCY MEDICINE, PAIN MANAGEMENT, ORAL MEDICINE, Infection control < INFECTIOUS DISEASES, PRIMARY CARE, PUBLIC HEALTH

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TITLE PAGE

Title:

Outcomes to evaluate care for adults with acute dental pain and infection: a systematic narrative review.

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1
2
3 organisations that might have an interest in the submitted work in the previous three years; no
4 other relationships or activities that could appear to have influenced the submitted work.
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10 developing the study search strategy.
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14 **Word count** – 3479
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For peer review only

ABSTRACT

Objective: To identify outcomes reported in peer-reviewed literature for evaluating the care of adults with acute dental pain or infection.

Design: Systematic narrative review.

Setting/Participants: Primary research studies published in peer-reviewed literature and reporting care for adults with acute dental pain or infection across healthcare settings. Reports not in English language were excluded.

Study selection: Seven databases (CINAHL Plus, Dentistry and Oral Sciences Source, EMBASE, MEDLINE, PsycINFO, Scopus, Web of Science) were searched from inception to December 2020. Risk of bias assessment used the Critical Appraisal Skills Programme checklist for randomised controlled trials and Quality Assessment Tool for Studies of Diverse Design for other study types.

Outcomes: Narrative synthesis included all outcomes of care for adults with acute dental pain or infection. Excluded were outcomes about pain management to facilitate treatment, prophylaxis of post-surgical pain/infection or traumatic injuries.

Results: Searches identified 19,437 records, and 27 studies (dating from 1993 to 2020) were selected for inclusion. Across dental, pharmacy, hospital emergency and rural clinic settings, the studies were undertaken in high-income (n=20) and low/middle-income (n=7) countries. Two clinical outcome categories were identified: signs and symptoms of pain/infection, and complications following treatment (including adverse drug reactions and reattendance for the same problem). Patient-reported outcomes included satisfaction with the care. Data collection methods included patient diaries, interviews and in-person reviews.

Discussion: A heterogenous range of study types and qualities were included: one study, published in 1947, was excluded only due to lacking outcome details. Studies from dentistry reported just clinical outcomes; across wider healthcare more outcomes were included.

Conclusions: A combination of clinical and patient-reported outcomes are recommended to evaluate care for adults with acute dental pain or infection. Further research is recommended to develop core outcomes aligned with the international consensus on oral health outcomes.

Funding: NIHR North-West Research Design Service

PROSPERO Registration: CRD42020210183

Strengths and limitations of this study

- The first systematic review to examine outcome measures of care for adults with acute dental pain or infection across healthcare settings.
- The outcomes will be important for evaluating new dental antibiotic and opioid stewardship interventions, as these drugs are frequently overprescribed for adults with acute dental pain and infection, exacerbated by the COVID-19 pandemic.
- Studies about paediatric patients, studies about the post-operative management of pain, studies about local anaesthesia to facilitate dental treatment, studies about traumatic injuries and papers not in English language were excluded due to key differences in clinical management.
- Two independent reviewers extracted data and two different reviewers assessed the quality using either the Critical Appraisal Skills Programme (for the randomised controlled trials) or the Quality Assessment Tool for Studies with Diverse Designs.
- Reporting based on the Preferred Reporting Items for Systematic Reviews and Meta-Analysis 2020 guidelines, with searches of seven major electronic databases from their inception to December 2020.

MAIN TEXT

Introduction:

Acute dental pain has a significant impact on quality of life.^{1 2} Timely intervention for the relief of dental pain and infection is essential to prevent worsening of ill health and reduce the risk of potentially life-threatening complications, such as sepsis, airway occlusion or analgesic overdose.^{3 4} Failure of initial treatment to relieve dental pain and infection can result in patient reattending for further treatment, including to emergency medical care.⁵ Thus, ensuring high quality care for people with acute dental problems is critical for both patient safety and service efficiency. Outcomes to evaluate the care provided for people with acute dental pain and/or infection are important.

Evidence-based clinical guidelines can improve the provision of quality healthcare and patient outcomes.⁶ Guidelines for treating acute dental pain and infection are generally based on the principle that operative dental procedures (such as removal of a tooth or its pulp) are indicated to address the cause and prevent symptoms recurring.⁷ Drugs such as analgesics and antibiotics have a limited role in dentistry and should usually only be used in addition to dental procedures.^{8 9} Suboptimal treatment of dental pain and infection with drug prescriptions instead of dental procedures is common, including by general medical practitioners and in emergency departments.¹⁰⁻¹² The contribution of dentistry to global efforts to tackle antibiotic resistance¹³ and opioid substance misuse disorder has been highlighted, with a call for the profession to improve its approach to stewardship of these drugs.^{7 14 15}

Whilst a plethora of drug trials for the treatment of dental pain or infection have been published, there is little research on patient outcomes following urgent dental care for acute dental pain or infection.⁵ A rise in the number of trials to evaluate dental antibiotic stewardship and opioid stewardship interventions is anticipated, with a focus on optimising care and judicious use of medicines for adults (where more than 90% of dental prescribing occurs).¹⁶ To evaluate the effectiveness of these sorts of interventions and to enable improvements in the quality of urgent dental care, this study aimed to identify outcomes from the peer-reviewed literature for evaluating care for adults with acute dental pain and/or infection.

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7 Objectives:

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9 The research question was “What measures in the published literature have been employed to
10 evaluate the outcome of care for adults with acute dental pain and/or infection?”
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15 **Methods:**
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19 *Patient and public involvement*

20 A coproduction team designed and delivered this systematic narrative review. Experts by
21 experience (patients) of urgent dental care and/or complications of dental antibiotics (CC and
22 CP) and academic dental professionals (LT, SH and WT) were involved in all stages of this
23 study, from refining the research question and search terms which had been drafted by WT
24 through to disseminating the results. Through discussion between the members of the
25 coproduction team, involvement with each step of the review was allocated according to the
26 skills they wished to develop and the time they had available to contribute at the relevant
27 stages. Individual contributions are indicated in the following sections.
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36
37 *Eligibility criteria*

38 Primary research studies published in peer-reviewed journals were included if they reported
39 outcomes of care for adults (aged over 18-years) treated for acute dental pain and/or infection
40 with advice, prescriptions, or interventions (such as dental extraction). There was no
41 restriction on the year of dissemination.
42
43
44
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46 Studies which included care for children or for people with other oral or dental conditions
47 (such as cervicofacial infections treated as hospital inpatients or post-surgical pain control)
48 were excluded. Studies of urgent dental care for traumatic injuries were excluded as this is a
49 markedly different population and the subject of a separate study.¹⁷ Reports which did not
50 include the outcomes of care provided (or details of how those outcomes were measured)
51 were also excluded, such as studies about the efficacy of local anaesthesia to facilitate the
52 provision of dental procedures at point of care. Primary research studies not published in peer
53 reviewed journals (such as conference abstracts, case studies and other grey literature) were
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2
3 excluded as the research was seeking tried and tested outcomes for use in clinical trials.
4
5 Studies not in the English language were excluded due to lack of translation facilities. Full
6
7 details of the inclusion/exclusion criteria are detailed in Supplemental Material Table S1.
8
9

10 Population groups identified for subgroup analysis during the synthesis phase were dental vs
11
12 other healthcare settings, and high-income vs low and middle-income countries (LMICs).
13
14

15 *Information sources*

16
17 On 29 November 2020, seven databases were searched from their earliest dates: CINAHL
18
19 Plus, Dentistry and Oral Sciences Source, Ovid EMBASE, Ovid Medline, PyschINFO,
20
21 Scopus and Web of Science.
22
23
24

25 *Search strategy*

26
27 The search strategy used to identify relevant papers from the database searches was
28
29 developed in consultation with an information specialist at the University of Manchester. It
30
31 consisted of ‘population’ AND ‘intervention’ terms. Population terms were: (Acute* OR
32
33 Urgent OR Unschedule* OR Emergenc*) AND (Dental* OR Odontogenic OR Dentoalveolar)
34
35 AND (Pain OR Toothache OR Pulpitis OR Infection OR Swell* OR Abscess OR
36
37 Pericoronitis OR Osteitis OR Socket OR Periodontitis OR Implantitis OR Ulcer* OR
38
39 Stomatitis). Intervention terms were: Patient Care OR Dental Care OR Procedure OR Treat*
40
41 OR Endodont* OR Exodont* OR Extract* OR Extirpat* OR Incis* OR Drain* OR Debrid*
42
43 OR Irrigat* OR Prescri* OR Antibiotic* OR Antimicrob* OR Antiseptic OR Analgesi* OR
44
45 Advice OR Refer*. Full details of the search terms and limits employed with each database
46
47 are detailed in Supplemental Material Table S2.
48
49

50 Limits included: “human” as animal and laboratory studies were not eligible for the review,
51
52 and “English language” as justified in the ‘eligibility criteria’ section. There were no limits
53
54 on the date of included studies.
55

56 *Selection process*

57
58 Titles and abstracts from the database searches (undertaken by WT) were transferred into
59
60 Endnote X9 where duplicates were removed (by WT) and the title/abstracts were screened

1
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3 (independently by WT and SH) for potential inclusion. Full texts of all shortlisted studies
4 were assessed for eligibility (independently by WT and LT). Where necessary, corresponding
5 authors were contacted to confirm whether the included population met our inclusion criteria.
6
7 Disagreements at each stage of the process were resolved through discussion between the
8 screeners.
9
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14 *Data collection process*

15
16 The characteristics (study type, objective, and population) and outcomes, data source
17 (patient-reported, clinician observed or administrative system) and data collection instrument
18 were collected from each report by two reviewers (LT and SH) working independently.
19
20 Disagreements at each stage of the process were resolved through discussion between the
21 reviewers.
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27 *Data items – outcomes and other variables*

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29 All outcomes relating to the outcomes of care provided to adults with acute dental pain or
30 infection were sought, together with details about the sources of data and timescales between
31 urgent dental treatment received by the participants and completion of data collection. In
32 addition, specific details about the types of studies (eg randomised controlled trial or
33 questionnaire study) and population were sought, including age range of patients, type of
34 healthcare setting (such as dental clinic or pharmacy), country in which the study took place,
35 and whether a high-income or LMIC country (based on World Bank definitions¹⁸). Details
36 about study type, patient age, healthcare setting and country for each included study are
37 provided in Table 1, details about which countries were LMICs are highlighted (in bold) in
38 Table 2. There was no restriction on timeframes for the outcomes and where missing data
39 was identified this was recorded in the results tables. Where necessary, corresponding authors
40 were contacted to provide details relating to the data items sought (such as the age of
41 participants).
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54 *Quality assessment*

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56 The shortlisted studies were assessed using the Critical Appraisal Skills Programme (CASP)
57 Checklist for RCTs.¹⁹ For studies which used a design not valid for an RCT (as assessed via
58 the CASP RCT checklist), the Quality Assessment Tool for Studies with Diverse Design
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3 (QATSDD) was used.²⁰ Quality assessment of all studies was undertaken by WT, with 30%
4 of studies (selected at random from across the CASP and QATSDD sets) independently
5 assessed by CP. Discrepancies in relation to each element of the assessment framework were
6 resolved through discussion between the assessors and, where differences were just one point,
7 the scores were averaged.
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13 14 *Synthesis methods*

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16 All studies which had been selected for inclusion and which had passed the quality
17 assessment were eligible for inclusion in synthesis. Outcome data collected were initially
18 categorised by WT based on a framework advocated for antimicrobial stewardship
19 interventions²¹ as the outcomes identified in this study were intended to be employed in trials
20 of stewardship interventions. All authors of the paper discussed and agreed adjustments to the
21 category titles, which aligned the language with that used in a recently published international
22 consensus of oral health outcomes.²²
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28 The tabular structure displays a summary of outcomes for each study, using the structure
29 identified. Table 2 presents clinical outcomes ('signs/symptoms of dental pain or infection'
30 and 'complications or harm') and patient-reported outcomes ('satisfaction with the outcome
31 of care' and 'other') for each study with details of how the outcome was measured (such as
32 numeric pain scale). Sources of data employed in each study and the timescales between
33 treatment provided to participants and completion of data collection are presented in Table 3.
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41 **Results**

42 43 *Study selection*

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45 Of the 19,437 records identified from database searches, 27 studies were selected for
46 inclusion (see Figure 1). One study, published in 1947, was excluded as it was impossible to
47 tell how the outcomes had been measured.²³ Another study²⁴ which may look like it should be
48 included was excluded as it reported secondary analysis of data collected in other studies.^{25 26}
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55 56 *Study characteristics*

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58 The included studies dated between 1993 and 2020 and encompassed a heterogenous range of
59 designs, from randomised controlled trials to questionnaire surveys. Most studies (n=23) took
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3 place in dental settings, one was in a hospital emergency department, another in a rural
4 community healthcare clinic and a third was in community pharmacy; the setting for one
5 study was unclear. The earliest 14 studies all took place in high income countries (during the
6 period 1993 to 2012). Of the 13 studies which took place between 2013 and 2020, seven were
7 based in LMICs (Brazil, Egypt, India, Tanzania, and Turkey). Further characteristics of the
8 included studies, including their objectives, are presented in Table 1.
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17 *Quality assessment*

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19 Following application of the inclusion/exclusion criteria, 11 studies were quality assessed
20 using the CASP framework for RCTs (see Supplemental Material Table S3) and 16 using the
21 QATSDD tool (see Supplemental Material Table S4). Many of the studies assessed using the
22 QATSDD criteria scored poorly, for example due to failure to justify the sample size or
23 provision of a rationale for the analytic method used, and few studies covered the QATSDD
24 criterion about patients being involvement in the study design.
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33 *Results of individual studies*

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35 The outcomes recorded in each individual study are presented in Table 2, including details
36 about how they were measured. Two categories of clinical outcomes and one of patient-report
37 outcomes were identified. Clinical outcomes included: 'signs and symptoms of dental
38 pain/infection', and 'complications or other harm' resulting from treatment or disease
39 progression. Patient-reported outcomes included patient satisfaction with the outcome of care.
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44 As also shown in Table 2, various approaches were used for measuring the clinical outcomes,
45 including unidimensional pain scales (such as a visual analogue scale (VAS) or category pain
46 scale), amount of rescue medication taken, and the presence of absence of various signs and
47 symptoms such as swelling, trismus or pyrexia. Complications were assessed by recording
48 whether unplanned visits had been required or whether the patient had experienced symptoms
49 of drug allergy or other adverse effects (such as gastrointestinal symptoms and headaches).
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55 Details about data sources for the outcomes and duration of data collection in each study are
56 presented in Table 3. Most of the outcomes were reported by patients (n=20) through diaries,
57 questionnaires or interviews. A minority of studies (n=7) employed clinical observations
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3 from in person monitoring or review during or after their treatment appointment. None of the
4 studies used a combination of patient-reported and clinician observed data. No studies
5 employed data from healthcare administrative systems. Data collection in most studies took
6 place over less than a week (n=17). In six studies, the duration of data collection was one
7 week, and two of the remaining four studies data collection completed one year after the
8 participant received urgent dental treatment.
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15 *Results of syntheses*

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17 Pain was the most commonly reported sign/symptom (see Table 2), including
18 unstimulated/spontaneous pain (n=24), pain stimulated by percussion, chewing or thermal
19 stimulus (n=7) or the need for additional pain relief through use of rescue medication (n=14).
20 Complications or other harm related to the treatment provided included adverse outcomes
21 (such as drug allergy or nausea) and progression of the acute dental condition requiring
22 unplanned visits for additional treatment. Patient satisfaction was only recorded in studies in
23 non-dental healthcare settings^{27 28} and only one dental study included patient-reported
24 outcomes.²⁹
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31 Comparing results between high-income countries and LMICs found just one difference in
32 the outcomes reported: none of the studies undertaken in LMICs reported on swelling as a
33 sign of infection, compared to 35% (n=7/20) of studies undertaken in high-income countries.
34 There was also one difference found in data sources for the outcomes: none of the LMIC-
35 based studies recorded clinician observed outcomes compared to 30% (n=6/20) of studies in
36 high-income countries. No differences were found in data collection periods.
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44 **Discussion**

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46 A diverse range of measures were identified to assess the outcomes of care for adults
47 presenting with acute dental pain and/or infection across a range of healthcare settings in high
48 income and LMICs. Most were clinical outcomes, such as signs and symptoms of pain and
49 infection and complications or other harms following treatment (such as drug allergy).
50 Patient-reported outcomes relating to satisfaction were only used in studies from non-dental
51 settings. The range of outcomes and data collection periods were similar between high
52 income countries and LMICs. Just one key difference was noted in their assessment: none of
53 the LMIC studies reported clinician-observed data. This is the first study to focus
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3 comprehensively on outcomes relating to acute dental conditions and a lack of consensus in
4 outcomes reported across the studies was found.
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8 Due to the heterogenous range of studies identified for inclusion, a systematic narrative
9 review was selected to enable synthesis of the results. This type of review is, however, more
10 subjective, and open to potential bias than conventional systematic reviews. Core outcome
11 sets (COS) can improve consistency in reporting and maximise the value derivable from
12 studies.³⁰ Further research is indicated to develop a COS relating to the care of people
13 presenting with acute dental pain or infection across health care settings internationally.
14 Given the high rates of inappropriate antibiotic prescribing for people with acute dental
15 conditions^{16 31} and the increasing recognition of the important contribution dentistry can
16 make to global efforts to tackle antibiotic resistance⁷, this COS will be particularly important.
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24 Measuring what matters to patients has been recognised as central to improving patient care
25 and service delivery, with patients needing to be involved in decisions about what to
26 measure.³² For this reason, experts by experience of urgent dental care were key members of
27 our coproduction team, including when devising the review's search strategy. Funding to
28 reimburse their time for participating in the length process of a systematic review was
29 welcomed by the experts by experience.
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36 The range of healthcare settings included in this review (dental clinics, pharmacies, hospital
37 emergency departments and community clinics) mean the findings of this study are widely
38 generalisable and can be easily translated to different health care settings around the world.
39 Even though limited to English language, studies from a wide range of countries were
40 included, across both high-income countries and LMICs. Six papers were excluded due to
41 language (including 50% in Japanese) which may have introduced additional outcomes and
42 differences in cultural practices.
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49 Restricting this paper to published studies relating to adults from the peer-reviewed literature
50 means that additional measures in the grey literature may have been missed as well as
51 meaning that it fails to conform completely to the new PRISMA 2020 guidelines for
52 systematic reviews which were published during the course of our study.³³ The authors
53 decided additional searches of the grey literature would not, however, meet the research
54 questions or their intention to identify outcomes which had been successfully tried and tested.
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60 Studies including children were excluded from this review as the outcomes (especially

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3 patient-reported outcomes) are materially different.³⁴ Further, the trials for which these
4 outcomes will be used by the authors relate to dental antibiotic stewardship and opioid
5 stewardship for adult patients, which is the patient group where most overprescribing of these
6 drugs occurs.^{35 36}
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11 The importance of valid, reliable, and feasible measures for improving the quality of oral
12 health care, including patient-reported outcomes and experience measures has been
13 recognised.³⁷ In 2020, an international consensus of patient-centred outcomes to measure
14 adult oral health (focusing on caries and periodontal disease) was published and highlighted
15 that multiple measures are required to capture the effect of oral health on the individual
16 patient.²² Where possible, we have adopted the terminology from this adult oral health
17 standard set of outcomes when presenting our findings, such as ‘complications or other harm
18 resulting from treatment or disease progression’ and ‘unplanned visits.’ However, whilst our
19 findings cover some of the same territory, there are important differences in the detail
20 especially relating to timescales. For example, there is no mention of ‘infection’ in the oral
21 health outcomes and ‘dental pain’ covers only the frequency of pain in the last six months
22 and ‘complications’ within 30 days, whereas our study found that these outcomes were
23 measured in hours and days for people with acute dental conditions. Quality of life indicators
24 such as the ability to eat, sleep, speak or carry out usual work activities at home and in the
25 workplace (productivity) are outcomes from the standard oral health set which could be
26 useful for studies of the outcome of care for people with acute dental pain and/or infection
27 but which were not employed in any of the studies within our review.²²
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41 Primary medical care and to a lesser extent primary dental care have been recent targets of
42 global efforts to tackle antibiotic resistance through stewardship programmes by reducing
43 unnecessary and inappropriate prescribing.^{38 39} A hybrid umbrella/systematic review of
44 measures to evaluate the effectiveness of antibiotic stewardship programmes, in primary
45 medical and dental care respectively, found similar outcomes to this present review, including
46 drug allergy, re-consultation rates and patient satisfaction.⁴⁰ Notably, the study about
47 antibiotic stewardship measures found dental studies focused only on antibiotic use and the
48 authors concluded that a range of metrics encompassing the wider measures employed in
49 studies of medical care, including patient-reported outcomes, should also be utilised in
50 dentistry. Our findings reiterate this idea that a diverse range of outcomes should be used to
51 evaluate care for people with acute dental conditions. Clinical outcomes such as signs and
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3 symptoms of pain and infection, and complications (including unplanned dental visits) should
4 be employed in future studies, together with patient-reported measures such as satisfaction
5 with the outcome of care.
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9 Most studies in the review used unidimensional pain scales which are recognised to work
10 well for acute pain: visual analogue scale (VAS), Heft-Parker scale, numeric rating scale and
11 category pain scale.³⁴ Interestingly, none used the unidimensional pain scales based on
12 images: Faces Pain Scale or Wong-Baker Faces Pain Scale.³⁴ Unsurprisingly none used the
13 McGill Pain Scale or other multidimensional scales which are recognised to be more useful
14 for chronic than acute pain.³⁴ Future research to compare the utility of pain scales based on
15 images with the other unidimensional pain scales for use in urgent dental care settings would
16 be useful.
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24 Dental antibiotic and opioid prescribing are recent priorities for clinicians and policymakers
25 around the world, with overprescribing identified as a problem driving the development and
26 spread of antibiotic resistance⁷ and substance misuse disorder⁴¹, respectively. Prescribing
27 rates and choices varying between countries, and solutions to tackle the problem of
28 overprescribing need to be tailored to the local context.^{14 42} A recent pilot trial of a clinical
29 decision prescribing tool and targeted education to improve dental antibiotic and opioid
30 prescribing in Australia demonstrated a 41% reduction in antibiotic usage and 59% reduction
31 in opioids.¹⁶ Clinical trials of antibiotic and opioid stewardship interventions are also planned
32 in the UK⁴³ and US.⁴⁴ Further research to develop a set of core outcomes for studies relating
33 to the care of adults with acute dental pain and infection would be useful in the evaluation of
34 stewardship interventions, to enable direct comparisons between stewardship interventions
35 internationally.⁴⁵
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46 Standardising the reporting of metrics will facilitate improvements in the quality of care for
47 people with acute dental pain and/or infection. The outcomes identified in this study (both
48 clinical and patient reported) should form the basis on which to build international consensus
49 on a COS as these measures will be useful in research, clinical and public health settings.
50 Future research should be directed towards development and utilisation of this outcome set
51 across health care settings where people with acute dental pain and infection present for
52 treatment.
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Other information

No human or animal participants were involved so no ethics approval was required for this systematic narrative review. It was, however, registered in the PROSPERO International Register of Systematic Reviews (CRD42020210183) which contains details of the protocol for this study.

Data collection forms and other material used in the review are available (upon reasonable request) from the corresponding author.

Contributorship statement: WT was responsible for all aspects of the study including conception of the idea, acquisition of funding, and recruitment of the author team. Design of the study including agreeing search terms, inclusion/exclusion criteria and databases to be searched (following advice from the information specialist) was shared between all authors (CC, CP, LT, SH and WT). Database searches were undertaken by WT, study selection was undertaken by CP, LT, SH and WT (as detailed in the methods section). All authors were involved with interpretation of the final data and agreement about key points for this paper. LT and WT drafted the paper and CP and SH critically reviewed. All authors approved the final version for publication and agreed to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of the study were resolved.

Competing interests statement

All authors have completed the ICMJE uniform disclosure form at <http://www.icmje.org/disclosure-of-interest/> and declare: support from the National Institute for Health Research (North-West Research Design Service) to reimburse time of the experts by experience to coproduce the submitted work; no financial relationships with any organisations that might have an interest in the submitted work in the previous three years; no other relationships or activities that could appear to have influenced the submitted work.

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8 Research Design Service North-West Public Involvement Fund. The funder took no role in
9
10 the review.
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12 **Data sharing statement**
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15 All data relevant to the study are included in the article or uploaded as supplementary
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17 information. No additional data are available.
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Tables

Table 1: Characteristics of included studies

Study	Study type	Objective	Population * (patient age, setting, country)
Fazakerley et al, 1993 ⁴⁶	Comparative double-blind trial.	To evaluate the efficacy of cephadrine, amoxicillin and phenoxymethylpenicillin in the treatment of dentoalveolar infections.	18-65 years. University dental clinic, UK.
Gibson et al, 1993 ⁴⁷	Prospective survey.	To investigate the success of treatment in resolving the chief complaint of pain and to determine the compliance with further dental care for the original dental problem.	18 years or older. University dental clinic, Canada.
Fouad et al, 1996 ⁴⁸	Double-blind, placebo-controlled clinical trial.	To examine the effect of penicillin on the reduction of symptoms and the course of recovery of the localised acute apical abscess after emergency endodontic treatment.	18 years or older. University dental clinic, US.
Penniston et al, 1996 ⁴⁹	Prospective, randomized, double-blind, placebo-controlled clinical trial.	To compare the analgesic efficacy of ketorolac tromethamine following intraoral periapical infiltration injection or intramuscular injection of the drug.	18-65 years. University dental clinic, US.
Adriaenssen et al, 1998 ⁵⁰	Open, randomized, multicentre comparative study.	Comparison of the efficacy, safety and tolerability of azithromycin and co-amoxiclav in the treatment of acute periapical abscesses.	18 -75 years. Dental practices, Belgium
Doroschak et al, 1999 ⁵¹	Randomized, double-blind, placebo-controlled study.	To determine if a combination of an NSAID and an opioid provided greater pain relief than either drug alone.	18-65 years. University dental clinic, US
Gallatin et al, 2000 ⁵²	Prospective, double-blind, randomized study.	To evaluate pain reduction in untreated irreversible pulpitis using an intraosseous injection of Depo-Medrol.	18 years or older. University dental clinic, US.
Houck et al, 2000 ²⁵	Prospective, randomized blinded study.	To evaluate postoperative pain and swelling after performing a tracheotomy procedure in symptomatic necrotic teeth with radiolucencies.	Adults*. University dental clinic, US.
Nagle et al, 2000 ⁵³	Prospective, randomized, double-blind study.	To determine the effect of penicillin on pain in untreated teeth diagnosed with irreversible pulpitis.	Adults* University dental clinic, US.
Henry et al, 2001 ²⁶	Prospective, randomized, double-blind, placebo-controlled study.	To determine the effect of penicillin on postoperative pain and swelling in symptomatic necrotic teeth.	18 years or older. University dental clinic, US.
Hersh et al, 2003 ⁵⁴	Randomized, double-blind, placebo-controlled clinical trial.	Efficacy and safety of a benzocaine intra-oral patch in patients presenting with spontaneous toothache pain	18-65 years. University dental clinic, US.
Runyon et al, 2004 ⁵⁵	Prospective, randomized, double-blind, placebo-controlled trial.	To determine if penicillin is necessary or beneficial in the treatment of undifferentiated dental pain without overt infection.	18 years or older. Emergency department, US.
Campanelli et al, 2008 ⁵⁶	Clinical study.	To record the objective and subjective systemic signs of emergency patients presenting with pulp necrosis and localized acute apical abscess.	18 years or older. University dental clinic, US.

Cohen et al, 2009 ²⁸	Cross-sectional survey.	The pharmacist's role in managing toothache pain from the perspective of the patient.	21 years or older. Community pharmacy, US.
Wilson et al, 2013 ²⁷	Retrospective questionnaire survey.	To record the levels of patient satisfaction with oral urgent treatment and to highlight areas for improvement in both training and service provision.	18 years or older. Rural community clinic*, Tanzania
Sethi et al, 2014 ⁵⁷	Randomised clinical trial.	To compare and evaluate the effect of an oral dose of 100 mg tapentadol, 400 mg etodolac, or 10 mg ketorolac as a pre-treatment analgesic for the prevention and control of postoperative endodontic pain in patients with irreversible pulpitis.	18-60 years. Dental college clinic, India.
Pavithra et al, 2015 ⁵⁸	Randomized double blind trial.	To compare and evaluate analgesic effectiveness of Ibuprofen and Aceclofenac in management of acute irreversible pulpitis.	20-50 years. Dental college clinic, India.
Bultema et al, 2016 ⁵⁹	Prospective, double-blind randomized trial.	To compare liposomal bupivacaine versus bupivacaine for pain control in untreated, symptomatic irreversible pulpitis.	18 years or older. University dental clinic, US.
Sebastian et al, 2016 ⁶⁰	Prospective, randomized study.	To compare debridement versus no debridement on postoperative pain in emergency patients with symptomatic pulpal necrosis, and apical radiolucency.	18 years or older. University dental clinic, US.
Santini et al, 2017 ⁶¹	Double blind, controlled parallel design.	To compare the overall analgesic effectiveness of two combinations of opioid and non-opioid analgesics for acute periradicular abscess.	Over 18 years. Dental hospital, Brazil
Taggar et al, 2017 ⁶²	Randomized, double-masked, controlled, parallel-group trial.	To compare the analgesic effect of a single dose of ibuprofen sodium dihydrate with that of a comparable dose of ibuprofen acid in endodontic pain patients presenting with moderate to severe pain.	18-60 years. [Setting unclear], US.
Aaron et al, 2018 ⁶³	Single centre prospective clinical Study.	To determine if dentists are successful in reducing pain caused by acute apical abscess in a National Health Service emergency setting and if different treatment strategies result in different levels of pain reduction.	20-68 years. Primary care dental clinic, UK.
Beus et al, 2018 ²⁹	Prospective, randomized, single-blind study.	To compare the postoperative course of incision and drain with drain placement vs mock incision and drainage procedure with mock drain placement after endodontic debridement in swollen emergency patients.	18 years or older. University dental clinic, US.
Eren et al, 2018 ⁶⁴	Single-blinded, single-centre, randomized controlled trial.	To evaluate three emergency procedures for their ability to alleviate clinical symptoms associated with symptomatic teeth having signs of (at least) partial irreversible pulpitis.	18-60 years. University dental clinic, Turkey.
Wolf et al, 2019 ⁶⁵	Prospective randomised study.	To compare the outcomes of two emergency treatment procedures to alleviate pain from localized symptomatic apical periodontitis.	18 years or older. University dental clinic, Sweden.
Al-Rawhani et al, 2020 ⁶⁶	Randomized placebo-controlled double-blind trial.	To evaluate the effect of preoperative administration of a single, oral dose of 50 mg diclofenac on postoperative pain in patients with symptomatic irreversible pulpitis.	18 years or older. University dental clinic, Egypt.
da Silva et al, 2020 ⁶⁷	Double-blind, randomized clinical trial.	To compare the acetaminophen administration efficacy or its combination with codeine for pain control in acute apical abscesses cases.	18 years or older. University dental clinic, Brazil.

* Where not specified in the paper, authors were contacted to confirm participants were all aged >18 years and care was for only people with acute dental pain or infection.

Table 2: Outcome measures employed in each included study.

	Signs/symptoms of dental pain or infection						Complications or harm		Patient-reported outcomes	
	Pain intensity - Unstimulated	Pain intensity - Stimulated	Pain Reduction	Rescue pain relief taken	Swelling	Other signs/symptoms	Adverse drug reaction	Unplanned visits	Satisfaction	Other
Fazakerley et al, 1993 ⁴⁶	VAS				Numeric scale	Temperature, Lymphadenopathy				
Gibson et al, 1993 ⁴⁷	Yes/No			Yes/No				Yes/No		
Fouad et al, 1996 ⁴⁸	VAS			Amount	Category scale	Fever, Trismus or Swallowing difficulty	Allergic GI Tract	Yes/No		
Penniston et al, 1996 ⁴⁹	VAS, HP-VAS and Category Scale						Injection pain			
Adriaenssen et al, 1998 ⁵⁰	Category scale	Category scale			Yes/No	Gingival redness, Bone loss	Headache			
Doroschak et al, 1999 ⁵¹	VAS, HP-VAS and Category Scale						GI tract Headache Euphoria Sedation			
Gallatin et al, 2000 ⁵²	Category scale	Category scale		Amount						
Houck et al, 2000 ²⁵	Numeric scale	Numeric scale		Amount & type	Numeric scale					
Nagle et al, 2000 ⁵³	Numeric scale	Numeric scale		Amount						
Henry et al, 2001 ²⁶	Numeric scale	Numeric scale		Amount & type	Numeric scale					
Hersh et al, 2003 ⁵⁴			Verbal pain relief scale							
*Runyon et al, 2004 ⁵⁵	VAS				Yes/No	Temperature, Purulence, Trismus				
Campanelli et al, 2008 ⁵⁶	VAS					Malaise				
*Cohen et al, 2009 ²⁸									Category scale	
*Wilson et al, 2013 ²⁷			Category scale						Category scale	Cost of care
Sethi et al, 2014 ⁵⁷	VAS						GI Tract Dizziness			

Table 3: Data sources and data collection periods.

	Patient reported		Clinician observed	
	Patient diary	Questionnaires or interviews	In-person review	In-person monitoring
Fazakerley et al, 1993 ⁴⁶			5 days	
Gibson et al, 1993 ⁴⁷		2 days		
Fouad et al, 1996 ⁴⁸	3 days			
Penniston et al, 1996 ⁴⁹	6 hours			
Adriaenssenet al, 1998 ⁵⁰			10 days	
Doroschak et al, 1999 ⁵¹	1 day			
Gallatin et al, 2000 ⁵²	1 week			
Houck et al, 2000 ²⁵	1 week			
Nagle et al, 2000 ⁵³	1 week			
Henry et al, 2001 ²⁶	1 week			
Hersh et al, 2003 ⁵⁴				90 minutes
Runyon et al, 2004 ⁵⁵			1 week	
Campanelli et al, 2008 ⁵⁶			2 weeks	
Cohen et al, 2009 ²⁸		1 year		
Wilson et al, 2013²⁷		1 year*		
Sethi et al, 2014⁵⁷	1 day			
Pavithra et al, 2015⁵⁸		45 minutes		
Bultema et al, 2016 ⁵⁹	3 days			
Sebastian et al, 2016 ⁶⁰	5 days			
Santini et al 2017⁶¹	3 days			
Taggar et al, 2017 ⁶²				1 hour
Aaron et al, 2018 ⁶³		1 day		
Beus et al, 2018 ²⁹	4 days			
Eren et al, 2018⁶⁴	1 week			
Wolf et al, 2019 ⁶⁵		5 days		
Al-Rawhani et al, 2020⁶⁶	2 days			
da Silva et al, 2020⁶⁷	3 days			

Studies highlighted in bold are those undertaken in LMICs.

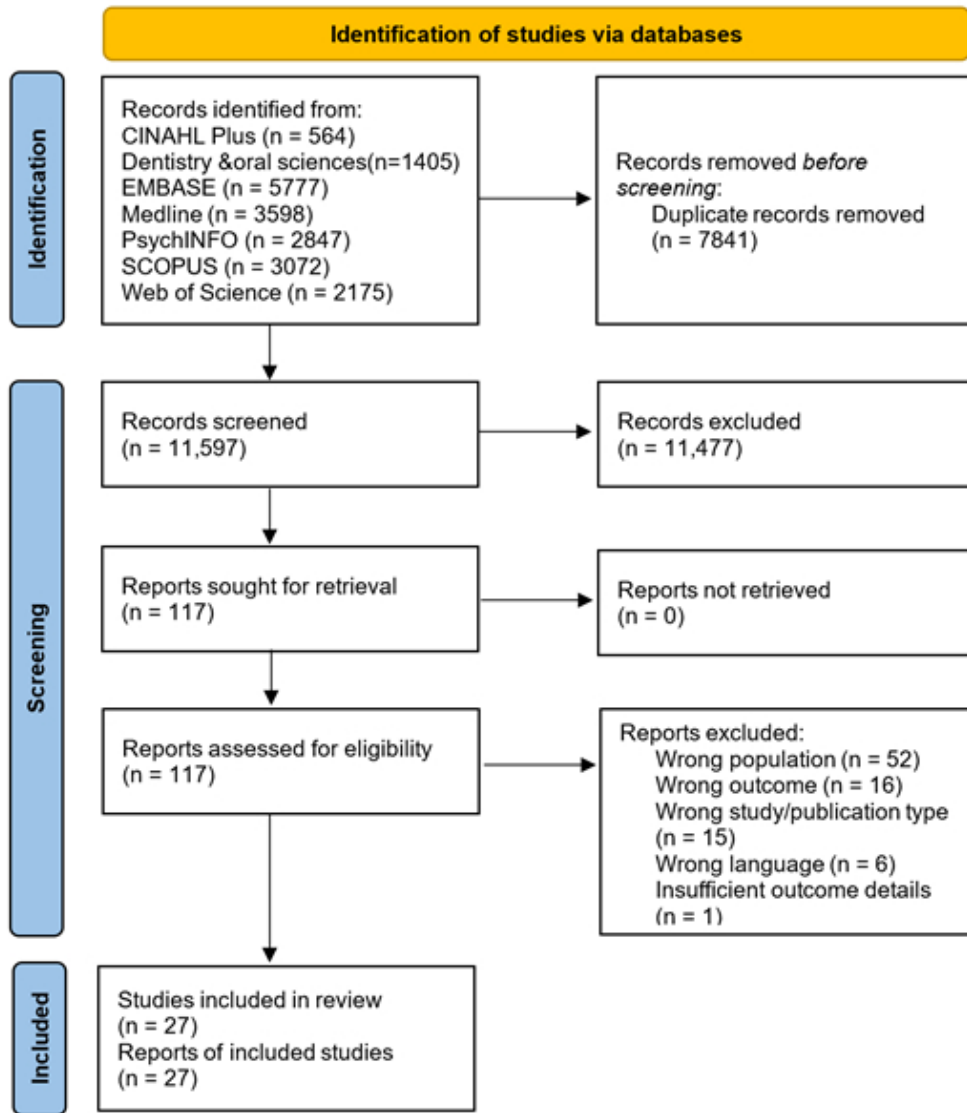
* Where not specified in the paper, authors were contacted to confirm the timescales.

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Figure Legends:

Figure 1: PRISMA flow chart detailing selection of the included studies

For peer review only



PRISMA flow chart detailing selection of the included studies

350x400mm (38 x 38 DPI)

Supplemental Material

Table S1 – Inclusion/Exclusion Criteria

Inclusion criteria:

- Population:
 - Adults presenting with acute dental pain and/or infection
 - Any healthcare setting or service (not limited to dentistry)
- Intervention
 - Any care provided for the relief of acute dental pain or treatment of acute dental infection, including operative and pharmacological treatment and other non-pharmacological approaches (including advice only or referral to other services).
- Outcome
 - All outcomes measured and reported by the study which are related to the relief of acute dental pain or treatment of acute dental infection.
- Study/publication type
 - Primary research reported in peer reviewed journals
 - English language only

Exclusion criteria:

- Population
 - Animal studies
 - In-vitro / lab-based studies
 - People under the age of 18 years
 - People with other oral or dental conditions (eg emergency dental conditions such as cervico-facial infections requiring hospitalisation, dental trauma or haemorrhage following an extraction; oral cancer; or chronic conditions such as chronic facial pain, TMD or trigeminal neuralgia)
 - People attending for routine preventative care
 - People attending for postoperative pain following routine/scheduled dental care eg removal of third molars
 - People with unusual medical conditions eg glucose-6-dehydrogenase deficiency
 - Papers which include both adults and children
 - Papers which include non-acute as well as acute conditions
 - Paper which included non-dental as well as dental conditions
- Intervention
 - Approaches outside of conventional guidelines eg holistic or complementary therapies including acupuncture
- Outcomes
 - Outcomes which are not related to the relief of acute dental pain or treatment of acute dental infection.
 - Outcomes relating to local anaesthesia to enable treatment
- Study/publication type:
 - Systematic review
 - Guidelines and guideline development
 - Trial Protocol
 - Opinion piece/Commentary/Review articles/Case Reports/Letters
 - Qualitative studies
 - Studies if updates had subsequently been published
 - Manuscript not in English (e.g. abstract in English but not the rest)
 - No abstract available – or only an abstract available

Table S2 – Search terms for each database

Database	Population search terms	Boolean Operator	Intervention search terms	Limitations employed
CINAHL Plus (EBSCO Host)	((Acute* or Urgent or Unschedul* or Emergenc*) AND (Dent* or Odontogenic or Dentoalveolar) AND (Pain or Toothache or Pulpitis or Infection or Swell* or Abscess or Pericoronitis or Osteitis or Socket or Periodontitis or Implantitis or Ulcer* or Stomatitis))	AND	(Procedure or Treat* or Endodont* or Exodont* or Extract* or Extirpat* or Incis* or Drain* or Debrid* or Irrigat* or Prescri* or Antibiotic* or Antimicrob* or Antiseptic or Analgesi* or Advice or Refer* or Patient Care or Dental Care or Procedure or Treat* or Endodont* or Exodont* or Extract* or Extirpat* or Incis* or Drain* or Debrid* or Irrigat* or Prescri* or Antibiotic* or Antimicrob* or Antiseptic or Analgesi* or Advice or Refer*)	English Language Academic Journals
Dentistry and Oral Science Sources (EBSCO Host)	((Acute* or Urgent or Unschedul* or Emergenc*) AND (Dent* or Odontogenic or Dentoalveolar) AND (Pain or Toothache or Pulpitis or Infection or Swell* or Abscess or Pericoronitis or Osteitis or Socket or Periodontitis or Implantitis or Ulcer* or Stomatitis))	AND	(Procedure or Treat* or Endodont* or Exodont* or Extract* or Extirpat* or Incis* or Drain* or Debrid* or Irrigat* or Prescri* or Antibiotic* or Antimicrob* or Antiseptic or Analgesi* or Advice or Refer* or Patient Care or Dental Care or Procedure or Treat* or Endodont* or Exodont* or Extract* or Extirpat* or Incis* or Drain* or Debrid* or Irrigat* or Prescri* or Antibiotic* or Antimicrob* or Antiseptic or Analgesi* or Advice or Refer*)	English Language Academic Journals
EMBASE (Ovid Online)	((Acute* or Urgent or Unschedul* or Emergenc*) AND (Dent* or Odontogenic or Dentoalveolar) AND (Pain or Toothache or Pulpitis or Infection or Swell* or Abscess or Pericoronitis or Osteitis or Socket or Periodontitis or	AND	(Procedure or Treat* or Endodont* or Exodont* or Extract* or Extirpat* or Incis* or Drain* or Debrid* or Irrigat* or Prescri* or Antibiotic* or Antimicrob* or Antiseptic or Analgesi* or Advice or Refer* or Patient Care or Dental Care or Procedure or Treat* or Endodont* or Exodont* or Extract* or Extirpat* or Incis* or Drain* or Debrid* or Irrigat* or Prescri* or Antibiotic* or	English Language Human

	Implantitis or Ulcer* or Stomatitis)).mp		Antimicrob* or Antiseptic or Analges* or Advice or Refer*).mp	
Medline (Ovid Online)	((Acute* or Urgent or Unschedul* or Emergenc*) AND (Dent* or Odontogenic or Dentoalveolar) AND (Pain or Toothache or Pulpitis or Infection or Swell* or Abscess or Pericoronitis or Osteitis or Socket or Periodontitis or Implantitis or Ulcer* or Stomatitis)).mp	AND	(Procedure or Treat* or Endodont* or Exodont* or Extract* or Extirpat* or Incis* or Drain* or Debrid* or Irrigat* or Prescri* or Antibiotic* or Antimicrob* or Antiseptic or Analgesi* or Advice or Refer* or Patient Care or Dental Care or Procedure or Treat* or Endodont* or Exodont* or Extract* or Extirpat* or Incis* or Drain* or Debrid* or Irrigat* or Prescri* or Antibiotic* or Antimicrob* or Antiseptic or Analgesi* or Advice or Refer*).mp	English Language Human
PsychINFO (Ovid Online)	((Acute* or Urgent or Unschedul* or Emergenc*) AND (Dent* or Odontogenic or Dentoalveolar) AND (Pain or Toothache or Pulpitis or Infection or Swell* or Abscess or Pericoronitis or Osteitis or Socket or Periodontitis or Implantitis or Ulcer* or Stomatitis)).mp	AND	(Procedure or Treat* or Endodont* or Exodont* or Extract* or Extirpat* or Incis* or Drain* or Debrid* or Irrigat* or Prescri* or Antibiotic* or Antimicrob* or Antiseptic or Analgesi* or Advice or Refer* or Patient Care or Dental Care or Procedure or Treat* or Endodont* or Exodont* or Extract* or Extirpat* or Incis* or Drain* or Debrid* or Irrigat* or Prescri* or Antibiotic* or Antimicrob* or Antiseptic or Analgesi* or Advice or Refer*).mp	English Language Human
Scopus	Search within article title, abstract, key words: '((Acute* or Urgent or Unschedul* or Emergenc*) AND (Dent* or Odontogenic or Dentoalveolar) AND (Pain or Toothache or Pulpitis or Infection or Swell* or Abscess or Pericoronitis or Osteitis or Socket or Periodontitis or	AND	(Procedure or Treat* or Endodont* or Exodont* or Extract* or Extirpat* or Incis* or Drain* or Debrid* or Irrigat* or Prescri* or Antibiotic* or Antimicrob* or Antiseptic or Analgesi* or Advice or Refer* or Patient Care or Dental Care or Procedure or Treat* or Endodont* or Exodont* or Extract* or Extirpat* or Incis* or Drain* or Debrid* or Irrigat* or Prescri* or Antibiotic* or Antimicrob* or Antiseptic or Analgesi* or Advice or Refer*)	Published Articles English Language Human

	Implantitis or Ulcer* or Stomatitis))'			
Web of Science	((Acute* or Urgent or Unschedul* or Emergenc*) AND (Dent* or Odontogenic or Dentoalveolar) AND (Pain or Toothache or Pulpitis or Infection or Swell* or Abscess or Pericoronitis or Osteitis or Socket or Periodontitis or Implantitis or Ulcer* or Stomatitis))	AND	(Procedure or Treat* or Endodont* or Exodont* or Extract* or Extirpat* or Incis* or Drain* or Debrid* or Irrigat* or Prescri* or Antibiotic* or Antimicrob* or Antiseptic or Analgesi* or Advice or Refer* or Patient Care or Dental Care or Procedure or Treat* or Endodont* or Exodont* or Extract* or Extirpat* or Incis* or Drain* or Debrid* or Irrigat* or Prescri* or Antibiotic* or Antimicrob* or Antiseptic or Analgesi* or Advice or Refer*)	Articles English Language

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Table S3 – Quality assessment of the studies using Critical Appraisal Skills Programme (CASP) Checklist for Randomised Controlled Trials

	a) Is the basic study design valid for an RCT?			b) Was the study methodologically sound?			c) What are the results?			d) Will the results help?		Overall	
	1. Clear research question?	2. Randomisation?	3. All participants accounted for?	4a. Participants blinded?	4b. Investigators blinded?	4c. Analysts blinded?	5. Study groups similar at the start?	6. Same treatment for each group?	7. Comprehensive reporting?	8. Benefits vs harms/costs?	9. Locally applicable?	10. Better than existing care?	Include?
Fazakerley et al, 1993	Yes	Yes	Yes	Yes	Yes	Can't tell	Can't tell	Yes	Yes	Yes	Yes	Yes	Yes
Fouad et al, 1996	Yes	Yes	Yes	Yes	Yes	Can't tell	Can't tell	Yes	Yes	Yes	Yes	Can't tell	Yes
Houck et al, 2000	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Nagle et al, 2000	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Pavithra et al, 2015	Yes	Yes	Yes	Yes	Yes	No	Can't tell	Yes	No	Yes	Yes	Yes	Yes
Santini et al, 2017	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	Yes	Can't tell	Can't tell	No	Can't tell	Yes
Beus et al, 2018	Yes	Yes	Yes	Yes	No	Can't tell	Yes	Yes	No	Yes	Yes	Can't tell	Yes
Eren et al, 2018	Yes	Yes	Yes	Yes	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Wolf et al, 2019	Yes	Yes	Yes	Can't tell	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Al-Rawhani et al, 2020	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes	Yes	Yes	Yes	Yes
da Silva et al, 2020	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes	Yes	Yes	Yes	Yes

Table S3 – Quality assessment of studies which were not randomised controlled trials, using the Quality Assessment Tool for Studies with Diverse Designs (QATSDD)

	Explicit theoretical framework	Aims in main report	Setting described	Sample size considered	Sample of reasonable size	Data collection method	Choice of data collection tool(s)	Detailed recruitment data	Measuring tool assessed	Question and method fit - data collection	Question and method fit - analysis	Analysis method selected	Users involved in design	Strength/ limitation discussion	Total (% of maximum)
<p>Scoring: 0 = No mention; 1=very slightly covered; 2=Moderately covered; 3=Completely covered. Where independent reviewer scores differed, averages are provided.</p>															
Gibson et al, 1993	0	2	2	0	3	2	1	2	0	3		1	1	2	21 (53%)
Nusstein et al, 2002	1	3	2	0	0	3	2	3	1	2		1	0	1	22 (55%)
Campanelli et al, 2008	0	2	3	0	1	3	0	3	1	3		1	0	1	21 (53%)
Cohen et al, 2009	3	3	3	1	2	3	3	3	1	3		3	3	2	36 (90%)
Wilson et al, 2013	0	1	3	0	1	1	3	2	1	2		1	3	3	23 (58%)
Aaron et al, 2018	0	3	3	3	3	3	1	0	0	3		1	0	2	24 (60%)
Penniston et al, 1996	0	2	3	3	1	2	0	2.5	0	3		1	0	0	20.5 (51%)
Adriaenssen et al, 1998	2	1	3	3	3	2	1	2	0	1		0	0	0	20 (50%)
Doroschak et al, 1999	3	3	3	2	1	3	3	2.5	2	3		1	0	2	31.5 (79%)
Gallatin et al, 2000	3	3	1	0	1	3	1	3	0	3		1	0	1	22 (55%)
Henry et al, 2001	3	3	1	0	1.5	2.5	0	3	0	3		1	0	2	22 (55%)
Hersh et al, 2003	3	3	3	0	3	2	3	3	0	3		2	0	2	30 (75%)
Runyon et al, 2004	3	3	2	3	3	3	1	3	0	3		2	0	3	32 (80%)
Sethi et al, 2014	1	3	1	2	3	3	3	3	0	3		2	0	1	28 (70%)
Bultema et al, 2016	3	3	1	0	3	2	2	3	0	3		1	0	2	26 (65%)
Sebastian et al, 2016	2	3	1	0	3	2	1	3	0	2		1	0	1	21 (53%)
Taggar et al, 2017	3	3	1	1	3	3	1	3	0	2		1	0	3	26 (65%)



PRISMA 2020 for Abstracts Checklist

Section and Topic	Item #	Checklist item	Reported (Yes/No)
TITLE			
Title	1	Identify the report as a systematic review.	Y
BACKGROUND			
Objectives	2	Provide an explicit statement of the main objective(s) or question(s) the review addresses.	Y
METHODS			
Eligibility criteria	3	Specify the inclusion and exclusion criteria for the review.	Y
Information sources	4	Specify the information sources (e.g. databases, registers) used to identify studies and the date when each was last searched.	Y
Risk of bias	5	Specify the methods used to assess risk of bias in the included studies.	Y
Synthesis of results	6	Specify the methods used to present and synthesise results.	Y
RESULTS			
Included studies	7	Give the total number of included studies and participants and summarise relevant characteristics of studies.	Y
Synthesis of results	8	Present results for main outcomes, preferably indicating the number of included studies and participants for each. If meta-analysis was done, report the summary estimate and confidence/credible interval. If comparing groups, indicate the direction of the effect (i.e. which group is favoured).	Y
DISCUSSION			
Limitations of evidence	9	Provide a brief summary of the limitations of the evidence included in the review (e.g. study risk of bias, inconsistency and imprecision).	Y
Interpretation	10	Provide a general interpretation of the results and important implications.	Y
OTHER			
Funding	11	Specify the primary source of funding for the review.	Y
Registration	12	Provide the register name and registration number.	Y

From: Page MJ, McKenzie JE, Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. *BMJ* 2021;372:n71. doi: 10.1136/bmj.n71

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PRISMA 2020 Checklist

Section and Topic	Item #	Checklist item	Location where item is reported
TITLE			
Title	1	Identify the report as a systematic review.	1
ABSTRACT			
Abstract	2	See the PRISMA 2020 for Abstracts checklist.	2
INTRODUCTION			
Rationale	3	Describe the rationale for the review in the context of existing knowledge.	4
Objectives	4	Provide an explicit statement of the objective(s) or question(s) the review addresses.	5
METHODS			
Eligibility criteria	5	Specify the inclusion and exclusion criteria for the review and how studies were grouped for the syntheses.	5
Information sources	6	Specify all databases, registers, websites, organisations, reference lists and other sources searched or consulted to identify studies. Specify the date when each source was last searched or consulted.	6
Search strategy	7	Present the full search strategies for all databases, registers and websites, including any filters and limits used.	6
Selection process	8	Specify the methods used to decide whether a study met the inclusion criteria of the review, including how many reviewers screened each record and each report retrieved, whether they worked independently, and if applicable, details of automation tools used in the process.	6
Data collection process	9	Specify the methods used to collect data from reports, including how many reviewers collected data from each report, whether they worked independently, any processes for obtaining or confirming data from study investigators, and if applicable, details of automation tools used in the process.	7
Data items	10a	List and define all outcomes for which data were sought. Specify whether all results that were compatible with each outcome domain in each study were sought (e.g. for all measures, time points, analyses), and if not, the methods used to decide which results to collect.	7
	10b	List and define all other variables for which data were sought (e.g. participant and intervention characteristics, funding sources). Describe any assumptions made about any missing or unclear information.	7
Study risk of bias assessment	11	Specify the methods used to assess risk of bias in the included studies, including details of the tool(s) used, how many reviewers assessed each study and whether they worked independently, and if applicable, details of automation tools used in the process.	7
Effect measures	12	Specify for each outcome the effect measure(s) (e.g. risk ratio, mean difference) used in the synthesis or presentation of results.	N/A
Synthesis methods	13a	Describe the processes used to decide which studies were eligible for each synthesis (e.g. tabulating the study intervention characteristics and comparing against the planned groups for each synthesis (item #5)).	8
	13b	Describe any methods required to prepare the data for presentation or synthesis, such as handling of missing summary statistics, or data conversions.	8
	13c	Describe any methods used to tabulate or visually display results of individual studies and syntheses.	8
	13d	Describe any methods used to synthesize results and provide a rationale for the choice(s). If meta-analysis was performed, describe the model(s), method(s) to identify the presence and extent of statistical heterogeneity, and software package(s) used.	8
	13e	Describe any methods used to explore possible causes of heterogeneity among study results (e.g. subgroup analysis, meta-regression).	N/A
	13f	Describe any sensitivity analyses conducted to assess robustness of the synthesized results.	N/A
Reporting bias assessment	14	Describe any methods used to assess risk of bias due to missing results in a synthesis (arising from reporting bias(s)).	N/A
Certainty	15	Describe any methods used to assess certainty (or confidence) in the body of evidence for an outcome.	N/A

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PRISMA 2020 Checklist

Section and Topic	Item #	Checklist item	Location where item is reported
assessment			
RESULTS			
Study selection	16a	Describe the results of the search and selection process, from the number of records identified in the search to the number of studies included in the review, ideally using a flow diagram.	8
	16b	Cite studies that might appear to meet the inclusion criteria, but which were excluded, and explain why they were excluded.	8
Study characteristics	17	Cite each included study and present its characteristics.	9
Risk of bias in studies	18	Present assessments of risk of bias for each included study.	8
Results of individual studies	19	For all outcomes, present, for each study: (a) summary statistics for each group (where appropriate) and (b) an effect estimate and its precision (e.g. confidence/credible interval), ideally using structured tables or plots.	9
Results of syntheses	20a	For each synthesis, briefly summarise the characteristics and risk of bias among contributing studies.	10/11
	20b	Present results of all statistical syntheses conducted. If meta-analysis was done, present for each the summary estimate and its precision (e.g. confidence/credible interval) and measures of statistical heterogeneity. If comparing groups, describe the direction of the effect.	N/A
	20c	Present results of all investigations of possible causes of heterogeneity among study results.	N/A
	20d	Present results of all sensitivity analyses conducted to assess the robustness of the synthesized results.	N/A
Reporting biases	21	Present assessments of risk of bias due to missing results (arising from reporting biases) for each synthesis assessed.	N/A
Certainty of evidence	22	Present assessments of certainty (or confidence) in the body of evidence for each outcome assessed.	N/A
DISCUSSION			
Discussion	23a	Provide a general interpretation of the results in the context of other evidence.	10
	23b	Discuss any limitations of the evidence included in the review.	10+11
	23c	Discuss any limitations of the review processes used.	10+11
	23d	Discuss implications of the results for practice, policy, and future research.	11-13
OTHER INFORMATION			
Registration and protocol	24a	Provide registration information for the review, including register name and registration number, or state that the review was not registered.	13
	24b	Indicate where the review protocol can be accessed, or state that a protocol was not prepared.	13
	24c	Describe and explain any amendments to information provided at registration or in the protocol.	N/A
Support	25	Describe sources of financial or non-financial support for the review, and the role of the funders or sponsors in the review.	1
Competing interests	26	Declare any competing interests of review authors.	1
Availability of data, code and other materials	27	Report which of the following are publicly available and where they can be found: template data collection forms; data extracted from included studies; data used for all analyses; analytic code; any other materials used in the review.	13



PRISMA 2020 Checklist

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