## ReSPECT Evaluation Study: Semi-Structured Interview Topic Guide for Clinician Participants

## **Case-based questions:**

- 1. Can you talk me through the process of completing the ReSPECT form for patient X?
  - a. Or, I noticed that you didn't complete a ReSPECT form for patient Y. What were the reasons for that?
- 2. What did you take into account in making your recommendations for future treatment?
- 3. How did you feel about the conversation?
  - a. Did you find anything about the conversation difficult?
- 4. What influenced your decision?
  - a. Did you find anything about making the decision difficult?

Repeat the above questions for cases 2 and 3 (if relevant).

## **General questions:**

- 1. When do you usually use the ReSPECT form?
  - a. What circumstances make it more likely for you to complete the ReSPECT form?
  - b. What circumstances make it less likely for you to complete the ReSPECT form?
  - c. Under what circumstances do you update ReSPECT forms?
- 2. How do you decide when to hold the ReSPECT conversation?
  - a. How do you time ReSPECT conversations in relation to your other activities?
  - b. Do you gauge patients' emotional readiness for the ReSPECT conversation before starting the discussion? If so, how?
  - c. Are there cases when the emotional burden of having a conversation outweighs the risk of not having a conversation?
- 3. How do you start a typical ReSPECT conversation?
  - a. Where do you situate the CPR discussion within the ReSPECT conversation? How does that affect the rest of the conversation?
- 4. In many ReSPECT conversations, patients are asked to imagine a difficult future scenario. How do you present these future scenarios to your patients and their relatives?
  - a. Do you sometimes doubt the ability of patients and relatives to imagine these potential scenarios? In these cases, what do you do?
  - b. Should a patient who prefers not to know what their future holds be asked to imagine these scenarios?
- 5. What is the role of the patient's family in the ReSPECT conversation?
- 6. During the ReSPECT conversation, what approaches do you use to maintain rapport with patients? With patients' families?
  - a. Does the ReSPECT form influence your discussions with patients and families?
  - b. Do you think the ReSPECT conversation affects the building of trust between doctor and patient? If so, in what ways?
  - c. How do you make sure that patients and families understand what has been discussed and decided in the ReSPECT conversation?
- 7. Thinking about the spaces and times in which you usually hold ReSPECT conversations, how do these settings shape the conversation?
  - a. Do you feel that different ward environments influence patients' ability to engage with the ReSPECT conversation?

- b. Do you feel that these ward environments influence your own experiences of the ReSPECT conversation?
- 8. What effect does completing a ReSPECT form have on you?
  - a. Earlier research on DNACPR conversations has shown that while clinicians were concerned about patients being distressed, many patients actually wanted to have these conversations; so, it has been suggested that clinicians themselves may be emotionally wary of these conversations. Do you think that's also an issue with ReSPECT?
- 9. Has the ReSPECT form affected how you structure your decision-making process? If so, how?
  - a. Does the complexity of the form carry into your decision-making? Is it reduced into key components? If so, in which cases?
  - b. Has the ReSPECT form helped you cope with uncertainty in decision-making? Why or why not?
- 10. Have you ever completed a ReSPECT form for a patient who lacked capacity? If so, what were the main challenges you encountered?
  - a. How would you go about making a decision in the patient's best interest?
  - b. With patients who do have capacity, do you face other challenges in completing the ReSPECT form?
- 11. Do you have any experience with ReSPECT forms completed in the community?
  - a. How have you used ReSPECT forms completed in the community?
  - b. How do you communicate with your patients' GPs and other community services about the ReSPECT forms you complete?
- 12. Has the introduction of the ReSPECT process led to improvement? Could you describe these?
- 13. In your opinion, what are the main flaws in the ReSPECT process?
  - a. How could the process be improved?
  - b. In your experience, how does the ReSPECT form compare to the DNACPR form?
- 14. Is there anything else you would like to say about the ReSPECT process?