# BMJ Open Diagnostic and prognostic factors in patients with prostate cancer: a systematic review

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### ABSTRACT

**Objectives** As part of the PIONEER Consortium objectives, we have explored which diagnostic and prognostic factors (DPFs) are available in relation to our previously defined clinician and patient-reported outcomes for prostate cancer (PCa).

**Design** We performed a systematic review to identify validated and non-validated studies.

**Data sources** MEDLINE, Embase and the Cochrane Library were searched on 21 January 2020.

Eligibility criteria Only quantitative studies were included. Single studies with fewer than 50 participants, published before 2014 and looking at outcomes which are not prioritised in the PIONEER core outcome set were

Data extraction and synthesis After initial screening, we extracted data following the Checklist for Critical Appraisal and Data Extraction for Systematic Reviews of prognostic factor studies (CHARMS-PF) criteria and discussed the identified factors with a multidisciplinary expert group. The quality of the included papers was scored for applicability and risk of bias using validated tools such as PROBAST, Quality in Prognostic Studies and Quality Assessment of Diagnostic Accuracy Studies 2.

**Results** The search identified 6604 studies, from which 489 DPFs were included. Sixty-four of those were internally or externally validated. However, only three studies on diagnostic and seven studies on prognostic factors had a low risk of bias and a low risk concerning applicability.

Conclusion Most of the DPFs identified require additional evaluation and validation in properly designed studies before they can be recommended for use in clinical practice. The PIONEER online search tool for DPFs for PCa will enable researchers to understand the quality of the current research and help them design future studies.

Ethics and dissemination There are no ethical implications.

### Strengths and limitations of this study

- A multidisciplinary team including patients, urologists, oncologists, radiation oncologists, methodological experts and pathologists were involved throughout the study.
- The search was restricted from 2014 onwards, to maintain a pragmatic approach.
- ▶ The main strength of this study is the extensive and comprehensive search and screening of the studies included.

#### INTRODUCTION

Prostate cancer (PCa) accounts for 15% of cancers diagnosed<sup>1</sup> and is the second most common cancer in males worldwide.<sup>2</sup> PCa is clinically and molecularly heterogeneous and is usually suspected based on the clinical findings of digital rectal examination and/ or prostate-specific antigen (PSA) levels.1 However, which diagnostic or prognostic factors (DPFs) can be used to select patients for specific therapeutic options remains largely unclear.<sup>3</sup> Specific biomarkers in urine or in blood are available on top of traditional PSA testing, such as PCA3, TMPRSS2-ERG fusion or kallikreins as incorporated in the Phi or 4Kscore test together with other parameters including family history.4-7 However, the European Association of Urology (EAU) guidelines (2021) currently do not provide general recommendations to implement these biomarkers into routine screening programmes due to limited data. As part of the American Society of Clinical Oncology (ASCO) guidelines, Eggener et al





recommended commercially available biomarkers, which have been shown to provide prognostic significance and additional information beyond standard clinical models in patient selection in the localised context: Oncotype Dx Prostate, Prolaris, Decipher, and ProMark.<sup>8</sup> However, no guidelines have recommended DPFs for other stages of PCa. The expert panel at the Advanced Prostate Cancer Consensus Conference (APCCC) consensus meeting of advanced PCa in Basel 2019, recommended AR-V7 for mCRPC as potentially useful, which ultimately led to the inclusion of AR-V7 testing in the NCCN guidelines.<sup>9</sup>

The PIONEER Consortium is an international collaboration coordinated by the EAU, which aims to establish the best evidence-based management and clinical practice of PCa across all disease stages using the power of big data analytics towards a more outcome-driven, value-based and patient-centric healthcare system. 10 A key objective is to address one of the major challenges within the context of diagnostic or prognostic biomarkers/factors: the inability to incorporate DPFs into the management of PCa in terms of screening, diagnosis and treatment. It is therefore important to summarise and evaluate the evidence. Biomarkers can be classified into different types: diagnostic, prognostic, predictive and therapeutic-in this study we focus on the first two. 11 A diagnostic biomarker or factor is useful when cancer is suspected and allows the early detection based on symptoms or tests. 11 The overall aim of a diagnostic biomarker is to distinguish people with the diseases from people without the disease. A prognostic biomarker or factor is a clinical or biological characteristic which provides information on the likely course of the disease, that is, biochemical progression or disease recurrence. 11 It enables clinicians to decide on the most suitable treatment depending on the likely course of the disease. In the sections below, we have used the terms biomarkers and factors interchangeably. Multiple DPFs can be measured in tissue, blood or urine. These come with different advantages and disadvantages and only a limited number of factors are currently available for PCa in standard clinical care.

We aimed to systematically review the evidence from 2014 onward to assess which DPFs are available in relation to previously defined outcomes for PCa.

### **METHODS**

The systematic review (SR) followed the Preferred Reporting Items for Systematic Reviews and Meta-Analyses guidelines. <sup>12</sup> A detailed protocol of the overall project was published elsewhere <sup>13</sup> (please see the protocol attached as methods online supplemental appendix). Briefly, we followed the following four steps (figure 1):

1. Comprehensive systematic literature review of DPFs for all stages of PCa (localised, locally advanced, metastatic, and non-metastatic castration resistant) from 2014 onwards. DPFs developed before 2014 were not included, due to the significant changes influencing the staging of PCa (i.e., Consensus Conference on

Workflow	Task
Stage 1.	Broad literature-based systematic review of diagnostic and prognostic factors (DPs) for all stages of prostate cancer from 2014 onwards (English only; humans).  • Extract data from the included studies following the CHARMS-PF guideline.
Stage 2.	Discussion of systematic review findings by a multidisciplinary expert panel  Review the list of included studies
Stage 3.	Risk of Bias Assessment and applicability of individual studies using PROBAST, QUIPS and QUADAS-2
Stage 4.	Quantitative assessment of individual articles using meta-analytic techniques:  If PROBAST indicates low risk of bias and low concerns for applicability: Oxford Classification Centre for Evidence Based Medicine:  If there is Level 1a (SR of RCTs), we do not do a meta-analysis  No Level 1a but >2 RCTs, we do a meta-analysis  No Level 1a/b, i.e. if at least two RCTs are now available, and systematic review of RCT evidence is not possible, we will identify whether there is a systematic review for observational studies (real world evidence; RWE), we do not do a meta-analysis  If systematic review of RWE is not available, a systematic review of observational study will be conducted, and a meta-analysis will be performed if at least two RWEs studies are available and data pooling is feasible and there are low concerns of risk of bias.
Final aim:	Develop online PIONEER Online Search Tool for DPFs

Figure 1 Overview of four stage process. CHARMS-PF, Checklist for Critical Appraisal and Data Extraction for Systematic Reviews of prognostic factor studies; DPFs, diagnostic and prognostic factors; PROBAST, Prediction model Risk Of Bias Assessment Tool; QUADAS-2, Quality Assessment of Diagnostic Accuracy Studies 2; QUIPS, Quality in Prognostic Studies; SR, systematic review.

Gleason Grading of Prostatic Carcinoma [60]) that have taken place in diagnostic and prognostic practice and patient management since then.

- 2. Assessment and identification of final list of DPFs by a multidisciplinary expert panel.
- 3. Evaluation of quality of studies published using risk of bias (RoB) tools: Prediction model RoB Assessment Tool (PROBAST) if applicable; or Quality in Prognostic Studies (QUIPS) tool for prognostic and the Quality Assessment of Diagnostic Accuracy Studies 2 (QUADAS-2) tool for diagnostic factors.
- 4. Due to the heterogeneity of the studies identified no further formal quantitative assessments in the form of a meta-analyses could be performed. Hence, the findings of stages 1–3 have been reported here as the results of a SR.

### Stage 1: comprehensive literature review

We developed the search criteria for the first search with an information scientist who specialises in SR for urology. MEDLINE, Embase and the Cochrane Library were searched on 21 January 2020. The second search was developed following a consultation with an independent information scientist group who excluded row 12, 14 and 16 of (see online supplemental table 1). We screened the EAU Guidelines reference list for PCa in our third search (see figure 2).

### Stage 2: multidisciplinary expert meeting

On the 20 March 2020, we invited a group of multidisciplinary participants to discuss the identified articles on DPFs (see online supplemental table 2). The participants were presented the search criteria and the extracted data. Data extraction followed the CHARMS-PF checklist and we added author and year of publication.

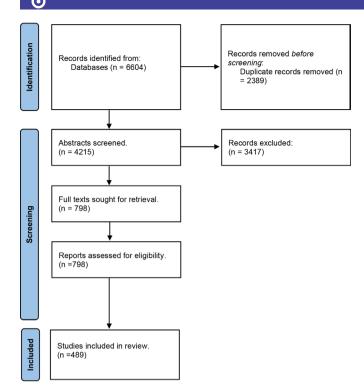


Figure 2 PRISMA flow diagram. PRISMA, Preferred Reporting Items for Systematic Reviews and Meta-Analyses; COS, Core outcome set.

# Stage 3: evaluation of quality of studies published using the

Prior to the evaluation of the quality of studies, an initial pilot screening to prepare the raters for the use of PROBAST, QUADAS-2 and QUIPS was performed. This aimed to reach consensus on how to judge the domains of the assessments using the three RoB tools. Two urologists (FB and SS) and two epidemiologists (AH and KB) were involved in the pilot assessments. The group discussed any discrepancies. Articles which presented the development and validation either internal validation or external validation (i.e., the same data was used for both development and internal validation, such as bootstrapping or cross-validation; different populations were used for development and validation), of a diagnostic or prognostic model were assessed with PROBAST. Papers assessing single biomarkers or with/without validation were assessed with QUIPs for prognostic or QUADAS-2 for diagnostic biomarkers.

#### Evaluation of quality of studies published using QUADAS-2

The RoB of diagnostic factors without validation or single validated factors was evaluated using QUADAS-2. We assessed the following four domains: patient selection, index test, reference standards and flow and timing. The first three domains are assessed looking at applicability and all four domains were assessed in terms of RoB. 14 We created a summative score after the diagnostic studies were assessed by two reviewers and in case of disagreement a third reviewer assessed the study.

### Evaluation of quality of studies published using PROBAST (diagnostic)

The RoB of internal or external validated diagnostic models was assessed using the PROBAST RoB tool. PROBAST includes four domains assessing the RoB (i.e., participants, predictors, outcome, and analysis) and four domains assessing applicability (i.e., participants, predictors, and outcome) (see online supplemental table 3 for scoring information).

### Evaluation of quality of studies published using QUIPS

To assess the articles which are single factors or were not internally or externally validated, we used the QUIPS rating procedure (see online supplemental table 4 for scoring information). To standardise the approach across raters, we used the QUIPS electronic spreadsheet (excel) from Hayden et al. 15 There are no rules available for QUIPS on how to score the overall RoB of a paper. Due to the large number of papers and the need for synthesis, we followed the suggestions from Grooten et al., and categorised on the following criteria: (1) Paper was classified as low RoB if all domains were classified as having low RoB, or up to one moderate RoB; (2) Paper was classified as high RoB if one or more domains were classified as having high RoB, or ≥3 moderate RoB; (3) Paper was classified as having moderate RoB if all papers in between 1 or 2 (see online supplemental table 1). This assessment was based on the risk scores of individual assessments within the group. If the overall assessment was not possible due to differences in the individual category, a third assessor reviewed the assessments and the results were discussed.

### Evaluation of quality of studies published using PROBAST (prognostic)

The RoB of prognostic validated models were assessed using PROBAST. As highlighted above, PROBAST includes four domains assessing the RoB (i.e., participants, predictors, outcome and analysis) and the domains assessing applicability (i.e., participants, predictors and outcome).

### **RESULTS**

### Stage 1: comprehensive literature review

Stage 1 identified 6604 citations and contained three independent searches. After removing duplicates, we screened 4215 abstracts, from which 489 met the inclusion criteria.

### Stage 2: multidisciplinary expert meeting

The group discussed the results and additional literature on DPFs was suggested to help the classification of the DPFs, such as the ASCO Guideline on Molecular Biomarkers in Localised Prostate Cancer. 16

# Stage 3: evaluation of quality of studies published using the

The 489 articles were equally divided between six groups. The six groups received the guidance documents which Unclear

Total



Table 1 Overall judgement of RoB								
QUADAS-2, diagnostic								
Overall judgement of RoB	RoB	Applicability						
Low	10	10						
High	23	21						
Unclear	8	10						
Total	41							
PROBAST, diagnostic								
Overall judgement of RoB	RoB	Applicability						
Low	3	8						
High	14	10						
Unclear	3	2						
Total	20							
QUIPS								
Overall judgement of RoB	RoB							
Low	29							
Moderate	49							
High	307							
Total	385							
PROBAST, prognostic								
Overall judgement of RoB	RoB	Applicability						
Low	3	15						
High	27	20						

PROBAST, Prediction model Risk Of Bias Assessment Tool; QUADAS-2, Quality Assessment of Diagnostic Accuracy Studies 2; QUIPS, Quality in Prognostic Studies; RoB, risk of bias.

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43

were identified during the pilot phase. <sup>14</sup> <sup>15</sup> <sup>17-19</sup> In addition, MvH and KB discussed questions with each individual group.

### Evaluation of quality of studies published using QUADAS-2

The RoB of the 41 included studies was low for 10 studies, high for 23 studies and unclear for eight. RoB concerning applicability was low for 10 studies, high for 21 studies and unclear for 10 studies (see table 1). Table 2 shows the studies with an overall low RoB across both categories. Two studies were identified to have an overall low RoB. <sup>20</sup> <sup>21</sup>

# Evaluation of quality of studies published using PROBAST (diagnostic)

We identified 20 papers to be assessed with PROBAST. The RoB of three papers was low, high for 14 and was unclear for three. The applicability of eight papers was high and was unclear for two (see table 1). Online supplemental table 1 shows the criteria on how to judge the RoB. One study had an overall low RoB across both domains. All categories except 'predictors' was scored to have a low RoB. There was little information available for the category predictors and therefore it was scored as 'unclear' (see table 3).

### Evaluation of quality of studies published using QUIPS

The 12 assessors independently inserted the relevant information and assessed each domain such as participation, attrition, prognostic factor confounding and statistical analysis and reporting.

A total of 387 prognostic factors were assessed using QUIPs. A total of 307 papers were classified as high RoB. Forty-nine papers were classified as having a moderate RoB and 28 papers were scored as low RoB (see table 1). Out of the 28 papers with a low RoB, the most common moderate bias was linked to attrition (12 papers), followed by confounding (4 papers), participation (3 papers), outcome (1 paper), statistical analysis (1 paper) (see table 4).

# Evaluation of quality of studies published using PROBAST (prognostic)

The assessors identified 44 papers to be assessed with PROBAST, of those three scored a low RoB, 27 a high RoB and 13 were assessed as unclear (see table 1). In terms of applicability, 15 papers scored low, 20 high and eight unclear. Two papers were scored to have an overall low RoB<sup>22 23</sup> (see table 3).

### Characteristics of studies identified with low RoB

Details of the identified validated DPF models with an adequate quality are presented in table 5. We identified 32 studies with an overall low RoB (assessed with PROBAST, QUIPS, QUADAS-2). Out of these 32 studies, we identified one validated diagnostic model (assessed with PROBAST),<sup>24</sup> two validated prognostic models (assessed with PROBAST),<sup>22</sup> two non-validated diagnostic single factors (assessed with QUADAS-2)<sup>20</sup> and 26 prognostic factors (assessed with QUIPS)<sup>20–50</sup> which have not been validated and two single prognostic factors which have been validated (assessed with QUIPS).<sup>34–50</sup> Prognostic factors assessed with QUIPS were identified with a low RoB for the localised PCa population. Sixty-seven per cent of the low RoB DPFs were intended to be measured after the treatment was performed. In addition,

Table 2 Non-validated DPFs with overall low RoB: QUADAS-2										
Author	Year	Patient selection	Index test(s)	Reference standard	Flow and timing	Patient selection	Index test(s)	Reference standard	RoB	Applicability
Hagiwara <sup>20</sup>	2017	Low	Low	Low	Low	Low	Low	Low	Low	Low
Kelly <sup>21</sup>	2015	Low	Low	Low	Low	Low	Low	Low	Low	Low

DPFs, diagnostic and prognostic factors; QUADAS-2, Quality Assessment of Diagnostic Accuracy Studies 2; RoB, risk Of bias.



Table 3 DPFs assessed with PROBAST									
	ROB			Applicability			Overall		
Author	Participants	Predictors	Outcome	Analysis	Participants	Predictors	Outcome	ROB	Applicability
Diagnostic									
Guinney <sup>22</sup>	Low	Low	Low	Low	Low	Low	Low	Low	Low
Joniau <sup>23</sup>	Low	Low	Low	Low	Low	Low	Low	Low	Low
Prognostic									
Palsdottir <sup>24</sup>	Low	Unclear	Low	Low	Low	Low	Low	Low	Low

DPFs, diagnostic and prognostic factors; PROBAST, Prediction model Risk Of Bias Assessment Tool; RoB, risk of bias.

the most commonly measured outcome was biochemical recurrence followed by overall survival. However, it is important to take into consideration that even from the studies assessed with a low RoB, only 2 out of the 32 were of a non-observational study design.

As highlighted above, we identified three validated DPFs which were scored to have a low RoB and low risk concerning applicability. First, we identified the 'Unified Prostate Cancer Risk Prediction Model Combining the Stockholm 3 Test and MRI', a risk prediction model which combines clinical variables, genetic and protein biomarkers. Five hundred and thirty-two men were involved across three centres. 24 Second, the DREAM challenge developed a set of five standardised raw event-level tables, using laboratory values, patients' demographic information, medical history, lesion sites, previous treatments and vital signs of patients with mCRPC. These variables where combined by using data from four clinical trials.<sup>22</sup> Third, Joniau et al., developed 'Pretreatment Tables' to predict the pathologic stage of locally advanced PCa after RP based on pretreatment PSA level and biopsy Gleason score.<sup>23</sup>

We identified two single factors which were validated and had low RoB. First, Lara *et al.*, assessed and validated the serum biomarkers of bone metabolism (N-telopeptide and pyridinoline) and formation (C-terminal collagen propeptide and bone alkaline phosphatase)) in 778 CRPC patients as part of the randomised phase III SWOG trial (S0421) of docetaxel/prednisone with or without atrasentan.<sup>34</sup> Second, Berg *et al.*, showed that ERG expression can be used to estimate the risk of progression during AS including 265 patients at diagnosis and progression during AS.<sup>50</sup>

### DISCUSSION

Despite the large number of studies on DPFs which are published every year, there is a paucity of DPFs that are suitable to be incorporated into clinical practice. The majority of DPFs have not yet been validated and are identified in poor quality studies. Our analysis found that most identified studies had a high to moderate RoB due to poor design standards, conduct, reporting and/or analysis that is, generalisability and size of the population, poor model development (no testing or missing important

confounders) or only correlation studies, missing data was rarely reported. However, we did identify a small number of validated DPFs with low RoB. We identified three validated models which combine: first, clinical variables, genetic and protein biomarkers, and improved clinical outcome performance of PCa diagnostics (The Unified Prostate Cancer Risk Prediction Model)<sup>24</sup>; second, laboratory values, patients' demographic information, medical history, lesion sites, previous treatments and vital signs of patients with metastatic castration-resistant PCa (DREAM challenge)<sup>22</sup>; and third, pretreatment PSA level and biopsy Gleason score to predict the pathological stage of locally advanced PCa ('Pretreatment Tables').<sup>23</sup>

Two single factors have been validated: the serum biomarkers of bone metabolism in CRPC patients<sup>34</sup> and the ERG expression, which can be used to estimate the risk of progression during AS,<sup>50</sup> which has already been highlighted in the clinical guidelines.<sup>1</sup>

Aladawani *et al.*, assessed prediction models for PCa to be used in primary care settings in their SR and identified five models which met their inclusion criteria. From these identified models only one model was externally validated and only one (the Lazzari model 2<sup>51</sup> had the potential to be implemented in primary care. Lazzari *et al.*, had the lowest RoB (based on PROBAST); however, it must be externally validated before it can be implemented. Hence, Aladawani *et al.*, also concluded that the existing models have limitations concerning study design and reporting performance. <sup>52</sup>

Tian *et al.*, conducted a review on biomarkers for CRPC patients, however, their quality assessment was focused on study design (RCT vs. observational study), whereas we focused on biomarker specific tools.<sup>53</sup> While Tian *et al.*, and our review identified similar factors and quality scores, there were slight discrepancies between the overall RoB assessments. Tian *et al.*, used an overall quality assessment scale from 1 to 6 instead of low, medium and high. In their assessment the validated prognostic study by Lara *et al.*,<sup>34</sup> and the non-validated prognostic factor by Pei *et al.*,<sup>41</sup> were scored on the quality scale as 4 (medium quality). We assessed Lara *et al.*,<sup>34</sup> to have a low RoB with a moderate risk of confounding and Pei *et al.*,<sup>41</sup> with a moderate RoB concerning the prognostic factor itself. This might explain the discrepancies between the two

Author	Year	RoB	Population	Study design	Timing	Index	Outcomes
Palsdottir <sup>24</sup>	2019	Diag. PROBAST	Localised PCa	Observational study	Pre treatment	S3M-MRI (Stockholm3 +PIRADS)	csPCa diagnosis
Guinney <sup>22</sup>	2017	Prog. PROBAST	mCRPC	RCT	Post treatment	ePCR model	OS
Joniau <sup>23</sup>	2017	Prog. PROBAST	Locally advanced PCa	Observational study	Post-treatment	Gleason score +PSA	Adverse pathologica features at RP; LNI
Hagiwara <sup>20</sup>	2017	QUADAS	Localised PCa	Observational study	Pre-treatment	WFA-reactive glycan-carrying PSA-Gi	PCa diagnosis, PSA free survival
Kelly <sup>21</sup>	2015	QUADAS	Localised PCa	Observational study	Pre-treatment	miR-141, -145, -155, let7a	PCa diagnosis
Aguilera <sup>25</sup>	2015	QUIPS	High risk PCa	Observational study	Pre and post treatment	Age, rectal examination, PSA, biopsy Gleason score, uni/ bilateral tumour, affected cylinder percentage) and postoperative	BCR
Alvim <sup>27</sup>	2019	QUIPS	Metastatic PCa	Observational study	Post-treatment	PSA response (PSA reduction ≥50%)	OS, PFS
Bramhecha <sup>26</sup>	2019	QUIPS	Localised PCa	Observational study	Post-treatment	PTEN deletion	BCR
Bruce <sup>28</sup>	2016	QUIPS	Localised PCa	Observational study	Post-treatment	AZGP1 expression	BR-free survival, CR-free survival, PC-specific death
Francini <sup>29</sup>	2018	QUIPS	mHSPC	Observational study	Post-treatment	Volume	OS, time to CRPC
Hamada <sup>30</sup>	2016	QUIPS	High risk PCa	Observational study	Post-treatment	PSA, PSA density (PSAD), PSAD of the transition zone, percentage of positive cores (PPC), prostate volume, TZ volume, Gleason score, PPC from the dominant side	BCR
Hashimoto <sup>31</sup>	2020	QUIPS	Localised PCa	Observational study	Post-treatment	Micro-lymphatic invasion, Gleason	BCR
Hung <sup>57</sup>	2017	QUIPS	mCRPC	Observational study	Post-treatment	Neurovascular bundle preservation, blood loss, pT stage, pN stage, pGS, PNI, angiolymphatic invasion, tumour amount in specimen, ECE, PSM, SVI, Bladder neck invasion, Foley duration, post-op undetectable PSA	BCR
Kato <sup>32</sup>	2018	QUIPS	High risk PCa	Observational study	Post-treatment	LC/IDC	PFS, CSS
Kluth <sup>33</sup>	2014	QUIPS	Localised PCa	Observational study	Post-treatment	No of lymph nodes	BCR
Lara <sup>34</sup>	2014	QUIPS Validated	mCRPC	RCT	Post treatment	Bone resorption and formation	OS
Lee <sup>35</sup>	2016	QUIPS	Localised PCa	Observational study	Post treatment	Positive surgical margin status and bilateral seminal vesicle invasion	BCR
Lévesque <sup>36</sup>	2019	QUIPS	Localised PCa	Observational study	Post treatment	UGT2B17 expression	BCR
Lin <sup>37</sup>	2017	QUIPS	Localised PCa	Observational study	Post treatment	Aberrant Promoter Methylation of Protocadherin8 (PCDH8)	BCR-free survival
Löffeler <sup>38</sup>	2015	QUIPS	mCRPC	Observational study	Anytime	PSA doubling time, PSA nadir during ADT, haemoglobin and alkaline phosphatase levels at CRPC	OS
Narang <sup>39</sup>	2017	QUIPS	Localised PCa	Observational study	Anytime	PSA: End-of-radiation PSA	BCR-free survival, MFS, CSS, OS
Ozden <sup>40</sup>	2017	QUIPS	Localised PCa	Observational study	Post treatment	Age	RRP specimen, BCR, and BCR-free survival rates
Pei <sup>41</sup>	2016	QUIPS	CRPC	Observational study	Pre and during treatment	Neutrophil-to-lymphocyte ratio	OS, PFS
Qu <sup>42</sup>	2016	QUIPS	mPCa and CRPC	Observational study	Pre treatment	AR-V7	Time to CRPC / CRPC: CSS
Qu <sup>43</sup>	2017	QUIPS	PCa	Observational study	Pre and during treatment	AR-V7	OS
Rüenauver <sup>44</sup>	2014	QUIPS	Localised PCa	Observational study	Post treatment	YWHAZ	OS

Continued



Table 4 Co	ontinue	d					
Author	Year	RoB	Population	Study design	Timing	Index	Outcomes
Shimodaira <sup>45</sup>	2020	QUIPS	Metastatic PCa	Observational study	Post treatment	Value of platelet counts	Disease specific survival
Strand <sup>46</sup>	2015	QUIPS	Localised PCa	Observational study	Post treatment	5-hydroxymethylcytosine score	BCR
Takagi <sup>47</sup>	2017	QUIPS	Localised PCa	Observational study	Post treatment	Age, T stage, % of pos cores, Gleason score, PSA, Total ADT	BCR-free survival
Wang <sup>48</sup>	2016	QUIPS	PCa	Observational study	Post treatment	Platelet to lymphocyte ratio (PLR)	PLR with PFS, CSS and OS n/a
Zacho <sup>49</sup>	2017	QUIPS	Localised PCa	Observational study	Anytime	Bone scan index	Time to CRPC
Berg <sup>50</sup>	2014	QUIPS validated	Under Active Surveillance	Observational study		ERG immunohisto-chemical staining	Overall AS progression, histopathologic progression

ADT, androgen deprivation therapy; AS, Active Surveillance; BCR, biochemical recurrence; CSS, cancer-specific survival; DFPs, diagnostic and prognostic factors; mCRPC, metastatic castration resistant prostate cancer; n/a, not available; OS, overall survival; PCa, prostate cancer; PFS, progression-free survival; PI-RADS, Prostate Imaging Reporting and Data System; PROBAST, Prediction model Risk Of Bias Assessment Tool; PSA, Prostate Specific Antigen; PTEN, Phosphatase and tensin homolog; QUADAS, Quality Assessment of Diagnostic Accuracy Studies; QUIPS, Quality in Prognostic Studies; RCT, Randomised control trial; RoB, risk of bias: WFA, Wisteria floribunda agglutinin.

quality assessments. The reports by Alvim  $\it et al.$ , Qu  $\it et al.$ , were assessed to have the highest quality by Tian  $\it et al.$ , similar to our review. This illustrates that different quality assessment tools emphasise different criteria, which may result in small discrepancies. However, the overall conclusion for prognostic single factors was similar in our review and to the work of Tian  $\it et al.$ 

Similar issues have been identified for other urological cancers. For example, in kidney cancer, a large body of research was identified by Harrison *et al.*, with very few validated studies and lots of heterogeneity. Schmitz-Dräger *et al.*, published an International Consultation of Urologic Disease/WHO Consensus manuscript where they identified that in bladder cancer one of the main limitations for the lack of incorporation of modern bladder cancer tests into clinical practice decision making is linked to the scarcity of 'good clinical practice guidelines' for the evaluation of diagnostic markers.

There is a need for improved guidance on development and validation of diagnostic markers.<sup>55</sup> To meet that need, we are developing the PIONEER DPF search tool, which will help researchers and clinicians to get a better understanding of the DPFs for PCa. The tool will not only summarise all relevant studies, but also provide information on the use and results of different RoB assessment tools, which will enable an understanding of the quality of published studies.

Future research should, therefore, focus on addressing the identified shortcomings such as heterogeneity, validation and poor RoB by designing more robust studies which consistently include RoB assessments such as PROBAST, QUIPS or QUADAS-2.

With the growing number of various therapeutic options, diagnosis and management of PCa requires an individualised approach to patient care. There is an unmet need for DPFs to guide decisions for optimal treatment and to predict which patients will benefit the most, from a particular management strategy. DPFs could

potentially enhance the quality of patient counselling, but currently most need additional evaluation and validation in properly designed studies. Our SR highlights the need for well-designed Real-World Evidence studies, while the PIONEER online search tool can inform the design of new research studies, through providing a rigorous evaluation of the methodological quality of the studies.

The main strength of this study are the extensive and comprehensive search and screening of the studies included. In addition, we are developing an online search tool which showcases the identified and assessed studies. It provides an overview of the available DPFs and enables interested stakeholders to search for DPFs. To our knowledge, this is the first study which has been performed with this extensive amount of literature.

### Patient and public involvement

This project has been overseen by a multistakeholder group part of the PIONEER Consortium. PIONEER brings together 35 key stakeholders from academic institutions, patient advocacy groups, European organisations, experts in legal data management, clinicians and pharmaceutical companies, as well as regulatory agencies, economics and ethics, and information and technology specialists. Patients and their family members are therefore involved and actively participate as an integral part of all research conducted by the PIONEER Consortium.

### **Limitations**

Even though this review included three searches and assessments by a multidisciplinary group of fourteen researchers, we recognise potential limitations. Studies were only included from 2014 onwards and DPFs developed before 2014 were not included. However, significant changes which influence the staging of PCa (i.e., Consensus Conference on Gleason Grading of Prostatic Carcinoma have taken place in diagnostic and prognostic practice and patient management. This changed

Table 5 DPFs with low risk of bias assessed with QUIPS

		Biases			Applicabil	ity		
Study	Time	Participation	Attrition	Prognostic factor	Outcome	Confounding	Statistical analysis and reporting	Overall score
Aguilera <sup>25</sup>	2015	Low	Low	Low	Low	Moderate	Low	Low
Alvim <sup>27</sup>	2019	Low	Low	Low	Low	Low	Low	Low
Bramhecha <sup>26</sup>	2019	Low	Moderate	Low	Low	Low	Low	Low
Bruce <sup>28</sup>	2016	Low	Moderate	Low	Low	Low	Low	Low
Francini <sup>29</sup>	2018	Low	Low	Low	Low	Low	Moderate	Low
Hamada <sup>30</sup>	2016	Low	Low	Low	Moderate	Low	Low	Low
Hashimoto <sup>31</sup>	2020	Low	Low	Low	Low	Low	Low	Low
Hung <sup>57</sup>	2017	Moderate	Low	Low	Low	Low	Low	Low
Kato <sup>32</sup>	2018	Low	Moderate	Low	Low	Low	Low	Low
Kluth <sup>33</sup>	2014	Low	Moderate	Low	Low	Low	Low	Low
Lara <sup>34</sup>	2014	Low	Low	Low	Low	Moderate	Low	Low
Lee <sup>35</sup>	2016	Low	Moderate	Low	Low	Low	Low	Low
Levesque <sup>36</sup>	2019	Low	Moderate	Low	Low	Low	Low	Low
Lin <sup>37</sup>	2017	Low	Moderate	Low	Low	Low	Low	Low
Loffeler <sup>38</sup>	2015	Low	Low	Low	Low	Low	Low	Low
Narang <sup>39</sup>	2017	Low	Moderate	Low	Low	Low	Low	Low
Ozden <sup>40</sup>	2017	Moderate	Low	Low	Low	Low	Low	Low
Pei <sup>41</sup>	2016	Low	Low	Moderate	Low	Low	Low	Low
Qu <sup>42</sup>	2016	Low	Low	Low	Low	Low	Low	Low
Qu <sup>43</sup>	2017	Low	Low	Low	Low	Low	Low	Low
Rizzardi <sup>58</sup>	2015	Low	Low	Low	Low	Low	Low	Low
Ruenauver <sup>44</sup>	2014	Low	Moderate	Moderate	Low	Low	Low	Low
Shimodaira <sup>45</sup>	2020	Low	Moderate	Low	Low	Low	Low	Low
Strand <sup>46</sup>	2015	Low	Moderate	Low	Low	Low	Low	Low
Takagi <sup>47</sup>	2017	Low	Low	Low	Low	Moderate	Low	Low
Wang <sup>48</sup>	2016	Low	Moderate	Low	Low	Low	Low	Low
Zacho <sup>49</sup>	2017	Moderate	Low	Low	Low	Moderate	Low	Low
Berg <sup>50</sup>	2014	Low	Low	Low	Low	Low	Low	Low

DPFs, diagnostic and prognostic factors; QUIPS, Quality in Prognostic Studies.

the staging of the patient population and therefore has an impact on DPFs.

In addition, there is a potential of subjectivity in the evaluation of the studies. Even though the studies have been assessed in duplicate, there might be variation across groups. However, given the overall moderate to high RoB, this does not influence the overall recommendation of the project.

### **CONCLUSION**

At present DPFs that are capable of significantly improving diagnosis and prognosis in PCa are an unmet need as most of the DPFs identified require additional evaluation and validation in properly designed studies before they can be recommended for use in clinical practice.

Well-designed real world evidence (RWE) studies can help to increase quality. Our SR aims to inform clinicians and patients about this rapidly evolving field, while the PIONEER online search tool for DPFs for PCa will enable researchers to perform future research, and to understand the quality of the current available studies.

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Contributors KB, LM, ML, AH, FB, SS, MM, MIO, SM, MJR, BF, EV, ZD, AA, JZ, SJM, LC, JN; ABr, ABj and MVH conceptualised designed the review. Abstracts and full texts were reviewed and data extracted by KB, LM, ML, AH, FB, SS, MM, RH, AR, RC, IG, KS, TvdB and SA. Authors resolved disagreement by discussion where necessary. The risk of bias was assessed by KB, LM, ML, AH, FB, SS, MM, RH, AR, RC, IG, KS and SD. The manuscript was drafted by KB, LM, ML, ABr, MVH and reviewed by KB, LM, ML, AH, FB, SS, MM, RH, AR, RC, IG, KS, SD, TvdB, MG, GG, MIO, SM, MJR, BF, EV, ZD, AA, JZ, SJM, LC, JN, ABr, ABj and MVH. The whole project was supervised and guided by JZ, SJM, LC, JN, ABr, ABj and MVH. PIONEER Consotium acts as a gaurantor.

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### PRISMA 2020 Checklist

Section and Topic	Item #	Checklist item	Location where item is reported
TITLE			
Title	1	Identify the report as a systematic review.	p1
ABSTRACT	1		
Abstract	2	See the PRISMA 2020 for Abstracts checklist.	P2
INTRODUCTION	ı		
Rationale	3	Describe the rationale for the review in the context of existing knowledge.	P3
Objectives	4	Provide an explicit statement of the objective(s) or question(s) the review addresses.	P4
METHODS	T		
Eligibility criteria	5	Specify the inclusion and exclusion criteria for the review and how studies were grouped for the syntheses.	P5
Information sources	6	Specify all databases, registers, websites, organisations, reference lists and other sources searched or consulted to identify studies. Specify the date when each source was last searched or consulted.	P5
Search strategy	7	Present the full search strategies for all databases, registers and websites, including any filters and limits used.	P5
Selection process	8	Specify the methods used to decide whether a study met the inclusion criteria of the review, including how many reviewers screened each record and each report retrieved, whether they worked independently, and if applicable, details of automation tools used in the process.	P5
Data collection process	9	Specify the methods used to collect data from reports, including how many reviewers collected data from each report, whether they worked independently, any processes for obtaining or confirming data from study investigators, and if applicable, details of automation tools used in the process.	P5
Data items	10a	List and define all outcomes for which data were sought. Specify whether all results that were compatible with each outcome domain in each study were sought (e.g. for all measures, time points, analyses), and if not, the methods used to decide which results to collect.	P5
	10b	List and define all other variables for which data were sought (e.g. participant and intervention characteristics, funding sources). Describe any assumptions made about any missing or unclear information.	P5
Study risk of bias assessment	11	Specify the methods used to assess risk of bias in the included studies, including details of the tool(s) used, how many reviewers assessed each study and whether they worked independently, and if applicable, details of automation tools used in the process.	P5
Effect measures	12	Specify for each outcome the effect measure(s) (e.g. risk ratio, mean difference) used in the synthesis or presentation of results.	n/a
Synthesis methods	13a	Describe the processes used to decide which studies were eligible for each synthesis (e.g. tabulating the study intervention characteristics and comparing against the planned groups for each synthesis (item #5)).	P5
	13b	Describe any methods required to prepare the data for presentation or synthesis, such as handling of missing summary statistics, or data conversions.	P5
	13c	Describe any methods used to tabulate or visually display results of individual studies and syntheses.	P5
	13d	Describe any methods used to synthesize results and provide a rationale for the choice(s). If meta-analysis was performed, describe the model(s), method(s) to identify the presence and extent of statistical heterogeneity, and software package(s) used.	P5
	13e	Describe any methods used to explore possible causes of heterogeneity among study results (e.g. subgroup analysis, meta-regression).	P5
	13f	Describe any sensitivity analyses conducted to assess robustness of the synthesized results.	P5
Reporting bias assessment	14	Describe any methods used to assess risk of bias due to missing results in a synthesis (arising from reporting biases).	P6-8
Certainty assessment	15	Describe any methods used to assess certainty (or confidence) in the body of evidence for an outcome.	n/a



### PRISMA 2020 Checklist

Section and Topic	Item #	Checklist item	Location where item is reported			
RESULTS						
Study selection	16a	Describe the results of the search and selection process, from the number of records identified in the search to the number of studies included in the review, ideally using a flow diagram.	P6-11			
	16b	Cite studies that might appear to meet the inclusion criteria, but which were excluded, and explain why they were excluded.	P6-11			
Study characteristics	17	Cite each included study and present its characteristics.	P6-11			
Risk of bias in studies	18	Present assessments of risk of bias for each included study.				
Results of individual studies	19	For all outcomes, present, for each study: (a) summary statistics for each group (where appropriate) and (b) an effect estimate and its precision (e.g. confidence/credible interval), ideally using structured tables or plots.				
Results of	20a	For each synthesis, briefly summarise the characteristics and risk of bias among contributing studies.	P6-11			
syntheses	20b	Present results of all statistical syntheses conducted. If meta-analysis was done, present for each the summary estimate and its precision (e.g. confidence/credible interval) and measures of statistical heterogeneity. If comparing groups, describe the direction of the effect.	/			
	20c	Present results of all investigations of possible causes of heterogeneity among study results.	/			
	20d	Present results of all sensitivity analyses conducted to assess the robustness of the synthesized results.	/			
Reporting biases	21	Present assessments of risk of bias due to missing results (arising from reporting biases) for each synthesis assessed.	/			
Certainty of evidence	22	Present assessments of certainty (or confidence) in the body of evidence for each outcome assessed.	/			
DISCUSSION						
Discussion	23a	Provide a general interpretation of the results in the context of other evidence.	P12			
	23b	Discuss any limitations of the evidence included in the review.	P15			
	23c	Discuss any limitations of the review processes used.	P15			
	23d	Discuss implications of the results for practice, policy, and future research.	P13-14			
OTHER INFORMA						
Registration and protocol	24a	Provide registration information for the review, including register name and registration number, or state that the review was not registered.	Published with BMJ open			
	24b	Indicate where the review protocol can be accessed, or state that a protocol was not prepared.	/			
	24c	Describe and explain any amendments to information provided at registration or in the protocol.	/			
Support	25	Describe sources of financial or non-financial support for the review, and the role of the funders or sponsors in the review.	End of the manuscript			
Competing interests	26	Declare any competing interests of review authors.	In submission			
Availability of data, code and other materials	27	Report which of the following are publicly available and where they can be found: template data collection forms; data extracted from included studies; data used for all analyses; analytic code; any other materials used in the review.	Methods			



### PRISMA 2020 Checklist

From: Page MJ, McKenzie JE, Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. BMJ 2021;372:n71. doi: 10.1136/bmj.n71

For more information, visit: <a href="http://www.prisma-statement.org/">http://www.prisma-statement.org/</a>

### Supplementary material Table 1: Search strategy

Database: OVID Medline Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Ovid MEDLINE(R) Daily and Ovid MEDLINE(R) 1946 to Present, Embase <1974 to 2020 January 28>, EBM Reviews - Cochrane Database of Systematic Reviews <2005 to January 21, 2020>

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- 1 exp \*Prostatic Neoplasms/ (262435)
- 2 exp \*prostate cancer/ (245472)
- 3 (prostat\* adj2 (cancer\* or carcinoma\* or malignan\* or tumor\* or tumour\* or neoplas\* or adenocarcinoma\* or adenoma\*)).tw. (332251)
- 4 or/1-3 (366427)

Search Strategy:

- 5 ((diagnostic or prognos\* or predict\*) adj10 (biomarker or biomarkers or factor or factors)).tw,kw. (717487)
- 6 ((diagnostic or prognos\* or predict\*) adj10 (Oncotype Dx Prostate or Prolaris or Decipher or Decipher PORTOS or ProMark)).tw,kw. (458)
- 7 5 or 6 (717869)
- 8 4 and 7 (17456)
- 9 limit 8 to english language [Limit not valid in CDSR; records were retained] (16484)
- 10 limit 9 to yr="2014 -Current" (8417)
- 11 conference abstract.pt. or Congresses as Topic/ or Conference Review.pt. or "Journal: Conference Abstract".pt. (3815712)
- 12 10 not 11 (5902)
- (exp animals/ or exp animal/ or exp nonhuman/ or exp animal experiment/ or animal model/ or animal tissue/ or non human/ or (rat or rats or mice or mouse or swine or porcine or murine or sheep or lambs or pigs or piglets or rabbit or rabbits or cat or cats or dog or dogs or cattle or bovine or monkey or monkeys or trout or marmoset\$1).ti.) not (humans/ or human/ or human experiment/ or (human\* or men or women or patients or subjects).tw.) (10251935)
- 14 12 not 13 (5882)
- note/ or editorial/ or letter/ or Comment/ or news/ or (note or editorial or letter or Comment or news).pt. (4565255)
- 16 14 not 15 (5811)
- 17 (child/ or Pediatrics/ or Adolescent/ or Infant/ or adolescence/ or newborn/ or (baby or babies or child or children or pediatric\* or paediatric\* or peadiatric\* or infant\* or infanty or neonat\* or

newborn\* or new born\* or adolescen\* or preschool or pre-school or toddler\*).tw.) not (adult/ or aged/ or (aged or adult\* or elder\* or senior\* or men or women).tw.) (4146377)

- 18 16 not 17 (5794)
- 19 18 use ppez,oemezd (5788)
- 20 10 use coch (6)
- 21 19 or 20 (5794)
- 22 remove duplicates from 21 (3140)

### Supplementary material Table 2. Multidisciplinary expert meeting

Profession	Attendance
Urologist	Accepted
Epidemiologist	Accepted
Urologist	Accepted
Epidemiologist/Pharma representative	Accepted
Pathologist	Accepted
Urologist	Accepted
Urologist	Accepted
Epidemiologist	Accepted
Methodologist	Accepted
Epidemiologist/Pharma representative	Accepted
Urologist	Accepted
Urologist/Methodologist	Accepted
Urologist	Accepted
Urologist	Accepted
Oncologist	Accepted
Pharma representative	Accepted
Pharma representative	Accepted
Statistician/ Pharma representative	Accepted

Table 3: PROBAST overall assessment

Criteria	Reaching and overall judgement of RoB	
All domains are rated low risk.	Paper was classified as low RoB and low	
	Applicability.	
One or more domain was judged to be	Paper was classified as high RoB and high	
high risk of bias.	Applicability.	
One or more domain was judged to be	Paper was classified as unclear RoB and h	
unclear risk of bias.	igh Applicability.	

### Supplementary material Table 4: QUIPS scoring

Score of 6 domains	Overall RoB	
All domains were classified as having low	Paper was classified as low RoB	
RoB, or up to one moderate RoB.		
One or more domains were classified as	Paper was classified as high RoB	
having high RoB, or ≥ 3 moderate RoB.		
All papers in between.	Paper was classified as having	
	moderate RoB	