

BMJ Open From registration, protocol to report: are COVID-19-related RCTs in mainland China consistent? A systematic review of clinical trial registry and literature

Yu Chen,¹ Ruiqing Yan ²

To cite: Chen Y, Yan R. From registration, protocol to report: are COVID-19-related RCTs in mainland China consistent? A systematic review of clinical trial registry and literature. *BMJ Open* 2022;**12**:e058070. doi:10.1136/bmjopen-2021-058070

► Prepublication history and additional supplemental material for this paper are available online. To view these files, please visit the journal online (<http://dx.doi.org/10.1136/bmjopen-2021-058070>).

Received 07 October 2021
Accepted 04 July 2022



© Author(s) (or their employer(s)) 2022. Re-use permitted under CC BY-NC. No commercial re-use. See rights and permissions. Published by BMJ.

¹The Jockey Club School of Public Health and Primary Care, The Chinese University of Hong Kong, Hong Kong, Hong Kong

²School of Basic Medical Sciences, Fudan University, Shanghai, China

Correspondence to

Ruiqing Yan;
ruiqingyan@outlook.com

ABSTRACT

Objective To provide a comprehensive review of registered COVID-19-related randomised controlled trials (RCTs) in mainland China and evaluate the transparency of reporting through comparison of registrations, protocols and full reports.

Design Systematic review of trial registrations and publications.

Data sources International Clinical Trials Registry Platform, Chinese Clinical Trial Registry, ClinicalTrials.gov, the ISRCTN registry and EU Clinical Trial Register were accessed on 1 February 2022. Publications were searched in PubMed, Embase, Cochrane Library, Google Scholar, CNKI.net and Wanfangdata from 10 February 2022 to 12 February 2022.

Eligibility criteria Eligible trials were COVID-19 related RCTs carried out in mainland China. Observational studies, non-randomised trials and single-arm trials were excluded.

Data extraction and synthesis Two reviewers independently extracted data from registrations, publications and performed risk of bias assessment for trial reports. Information provided by registrations and publications was compared. The findings were summarised with descriptive statistics.

Results The number of eligible studies was 415. From these studies 20 protocols and 77 RCT reports were published. Seven trials published both protocol and RCT full report. Between registrations and publications, discrepancy or omission was found in sample size (7, 35.0% for protocols and 47, 61.0% for reports, same below), trial setting (13, 65.0% and 43, 55.8%), inclusion criteria (12, 60.0% and 57, 74.0%), exclusion criteria (10, 50.0% and 54, 70.1%), masking method (9, 45.0% and 35, 45.5%) and primary outcome or time frame of primary outcome measurement (14, 70.0% and 51, 66.2%). Between protocols and full reports, 5 (71.4%) reports had discrepancy in primary outcome or time frame of primary outcome measurement.

Conclusions Discrepancy among registrations, protocols and reports revealed compromised transparency in reporting of COVID-19-related RCTs in mainland China. The importance of trial registration should be further emphasised to enhance transparent RCT reporting.

STRENGTHS AND LIMITATIONS OF THIS STUDY

- ⇒ The study provided a full coverage of publicly registered randomised controlled trials (RCTs) related to the prevention, treatment or prognosis of COVID-19 infection.
- ⇒ The study identified publications citing these registration records and examined the consistency of methodology among registrations, protocols and full reports.
- ⇒ The study included only RCTs performed in mainland China.
- ⇒ RCT reports that did not cite any registration number (if any) were not included in the analysis.

INTRODUCTION

Evidence-based medicine aims to achieve optimal decision making in the care of individual patients, using the current best evidence.¹ Among all types of evidence, randomised controlled trials (RCT), together with systematic reviews of RCTs, are accorded the highest level of credibility and thus play an important role in evidence-based medicine.² However, not all RCTs are of the same quality, which leads to clinical research methodologists' emphasis on transparency in RCT reporting.³

'The whole of medicine depends on the transparent reporting of clinical trials.'⁴ Transparent reporting requires a complete description of methodology through which the trial data are collected and analysed, a report without omitting any data generated by the trial and a standard way of writing.³ Much effort has been spent on promoting transparent reporting, including the International Committee of Medical Journal Editors (ICMJE) member's requirement for registration in public trial registry prior to enrollment⁵ and the announcement of CONSolidated Standards Of Reporting Trials (CONSORT) statement.⁶ However, the overall transparency of RCTs remains

suboptimal, and incomplete or selective reporting in publication remains an issue. Before mandatory clinical trial registration was enforced by ICMJE in 2005, Chan *et al* reported 62% published trial report had modified, introduced or omitted in comparing the trial protocols approved by the Scientific-Ethical Committees for Copenhagen and Frederiksberg⁷; when similar approach was applied to trials approved for funding by the Canadian Institutes of Health Research, researchers found that primary outcome differed between reports and protocols in 40% of the trials.⁸

To ensure transparency in trial reporting and reduce selective reporting, the ICMJE initiative encouraged researchers to make trial information available to the public.⁵ Since then, the number of registrations has increased greatly.^{9–10} Prospective registration is a powerful tool in reducing selective reporting as it reflects researchers' intention at planning stage of the trials, and can be compared with published full reports.¹¹ Mathieu *et al* compared registrations and publications of RCTs in journals with highest impact factors in cardiology, rheumatology and gastroenterology, finding that 31% or properly registered RCTs had discrepancies between registered and published primary outcomes¹²; according to Rayhill *et al*, only about 25% of RCTs published in the core headache medicine journals displayed proper compliance with trial registration.¹³ In two systematic reviews summarising studies that compared registrations with full reports, Jones *et al* found the median proportion of trials with identified discrepancy in primary outcome was 31%,¹⁴ and Li *et al* also reported high level of inconsistency in outcome reporting ranging from 14% to 100%.¹¹

The ongoing pandemic of COVID-19 is a major public health concern. Numerous clinical trials have been registered and published to address scientific questions regarding the prevention, treatment and prognosis of the disease, and so far, many reports have been published. Kataoka *et al* examined COVID-19 RCT articles in medRxiv and PubMed, revealing problems in research methods and the impact on report quality associated with accelerated publication.¹⁵ However, no study has examined the transparency and selective reporting in COVID-19 trials by comparing full reports with trial registrations. In this study, we aimed to provide a comprehensive review of characteristics of registered COVID-19-related RCTs in mainland China, and evaluate the level of transparency and selective reporting by comparing trial registrations, published protocols and full reports.

METHODS

Clinical trial registration screening

International Clinical Trials Registry Platform (ICTRP), Chinese Clinical Trial Registry (ChiCTR), ClinicalTrials.gov (NCT), the ISRCTN registry (ISRCTN) and EU Clinical Trial Register (EUCTR) were accessed on 1 February 2022. A complete list of COVID-19 trials updated on 22 January 2022 was retrieved from ICTRP. Eligible studies

were RCTs related to prevention, treatment or prognosis of COVID-19 infection. Studies were excluded if they were observational, non-randomised, single-arm trials or outside of mainland China. For multicentre trials, all centres must be located in mainland China to be eligible for analysis. From ChiCTR, index of studies of COVID-19 updated on 22 December 2021 was obtained. Studies registered after this date were screened manually. From NCT, list of interventional clinical studies related to COVID-19 was accessed, and map panel was used to select studies performed in mainland China. For ISRCTN and EUCTR, searches were conducted manually with keywords “COVID-19”, “COVID-19”, “SARS-Cov-2” or “2019-nCov” and the results were screened for eligibility according to above mentioned criteria (for review protocol and detailed search strategy, see online supplemental file 1).

We extracted registration ID, date of registration, date of last update, date of first enrolment, scientific/official title, objective, intervention of interest, comparator, primary purpose, recruitment status, estimated enrolment, arms, ethical approval information (ChiCTR only), name and location of centres, randomisation (ChiCTR only), masking, inclusion and exclusion criteria, primary outcomes and other relevant information from registration records. Repeated registration was identified through examining similarity of trial characteristics. For multiregistered trials, only the record cited by publication and (if all/none of repeated registration records was cited) the most recently updated record shall be eligible for further analysis. Characteristics of included registrations were summarised and presented as count (%) or median (IQR). Scatter plot and line chart were plotted to illustrate the trend of registered trials in each province of mainland China.

Literature search

Literatures citing these registrations were searched from 10 February 2022 to 12 February 2022 in PubMed, Embase, Cochrane Library, Google Scholar and two frequently used databases for Chinese language literature, CNKI.net and Wanfangdata, using registration ID as unique identifiers. From published protocols and trial reports, date of first enrolment, estimated enrolment, arms, centre names, inclusion/exclusion criteria, primary/secondary outcomes and information regarding randomisation and masking were extracted. Risk of bias assessment for published trial reports was performed using RoB 2.¹⁶ Next, information extracted from registration records, published protocols and reports was compared, and the level of consistency was evaluated.

Registration screening, literature search, data extraction, risk of bias assessment and comparison were independently performed by two reviewers and consensus was reached through discussion.

Patient and public involvement

Patients or public was not involved in the design, conduct, reporting or dissemination plans, since the

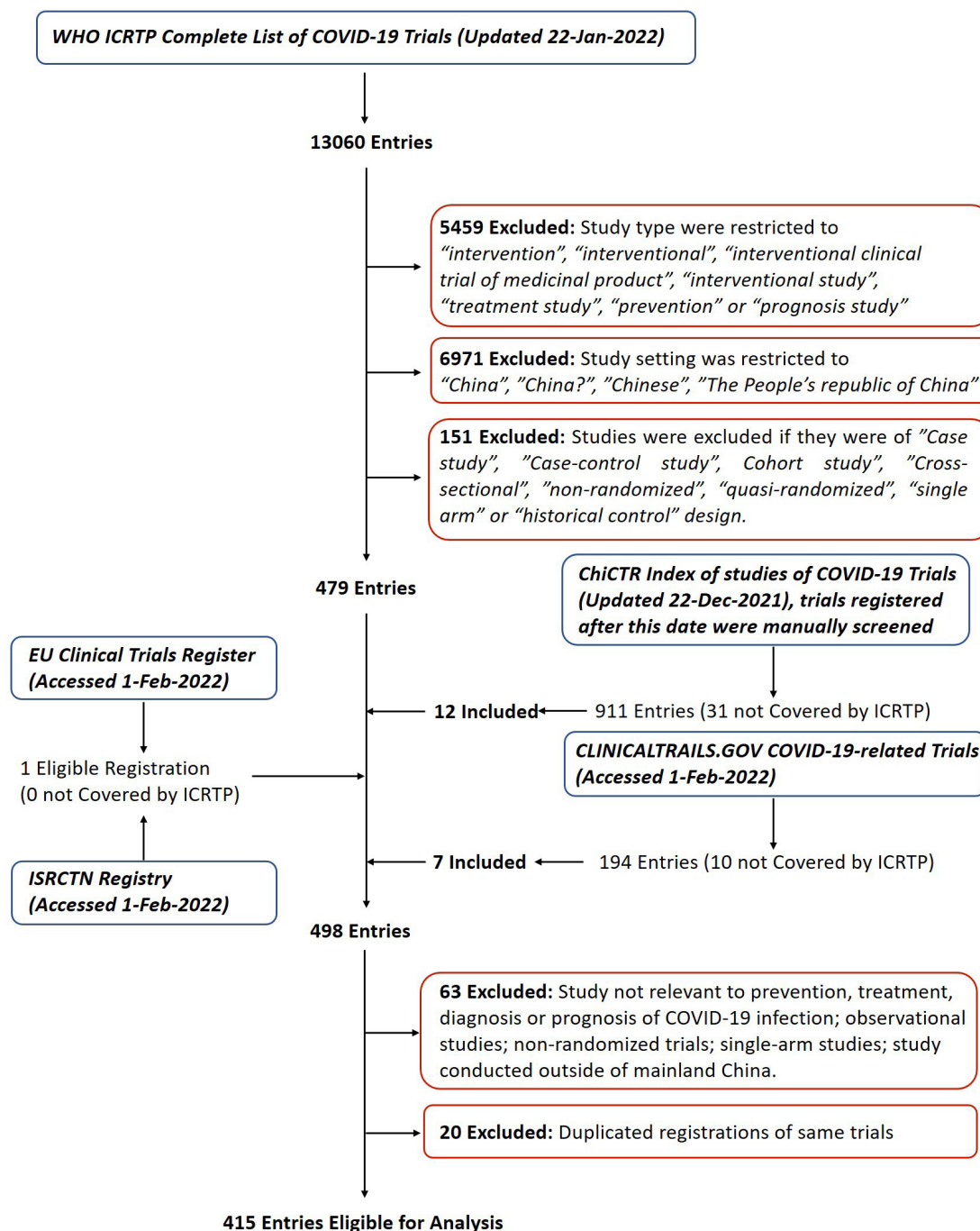


Figure 1 The screening process of registration records.

research question of this study made such involvement unnecessary.

RESULTS

A total of 435 registration records met eligibility criteria, in which 20 studies were repeatedly registered on ChiCTR and NCT, making the number of eligible studies 415 (see online supplemental file 2). The flow chart of screening process is shown in figure 1.

Characteristics of registered trials

Among all included studies, 303 (73.0%) were registered in ChiCTR, 111 (26.7%) in NCT and 1 (0.2%) in

ISRCTN and 243 (58.6%) were registered before the date of first enrolment. Most of the trials aimed to investigate the prevention (105, 25.3%) or treatment (290, 69.9%) of COVID-19. At the time of the most recent update, 133 (32.0%) trials did not start recruitment, 206 (49.6%) were recruiting and 55 (13.3%) trials completed recruitment, while 21 (5.1%) studies were suspended, terminated or withdrawn. The median estimated enrolment was 120. 32.8% trials (126) were multicentred and 68.4% (284) were two-armed. For participants, 285 (68.7%) trials recruited clinical diagnosed COVID-19-infected patients, 8 (1.9%) recruited suspected cases or close contacts of diagnosed patients, and 122 (29.4%)

recruited participants not infected by COVID-19. 39.5% (164) registrations did not specify any masking method, 125 (30.1%) were open-label studies and single/double masking was applied in 126 (30.4%) studies. A total of 415 trials registered a total of 2951 outcomes, including 1048 primary outcomes and 1903 secondary outcomes. A total of 186 (44.8%) trials specified 1 primary outcome in registration record and 226 (54.5%) declared more than one primary outcomes. Primary outcome was missing for 3 (0.9%) registrations. 313 (75.4%) registrations had prespecified secondary outcomes (table 1).

Charts were plotted to illustrate the trend of increasing trial registration in mainland China and each Province. The first COVID-19 trial in mainland China was registered on 23 January 2020. As the pandemic began in Wuhan, COVID-19-related RCTs emerged in Hubei province first, and then expanded to other provinces. The next 4 months witnessed dramatic increase of trial registrations. this trend reached plateau around June 2020 and was thereafter steadily increasing until the day of data extraction (figure 2A).

Publications from registered trials

From the 415 registered trials, 85 reports and 20 protocols were published; eight reports were excluded from analysis since the study design was described as non-RCT (see online supplemental file 1). Risk of bias assessment was performed for 77 RCT reports. Overall, high risk was found in 35 (45.5%) reports; 33 (42.9%) reports had some concerns; 9 (11.7%) were at low risk. The most common risk of bias was selection of reported result, with 60 (77.9%) reports having some concerns or high risk. Deviations from intended interventions (43, 55.9% for studies with some concerns or high risk, same below) and randomisation issues (31, 40.3%) were also frequently documented. (figure 2B)

Comparison between protocols and trial registrations

In 20 published protocols, 6 (30.0%) had deviation in sample size and 8 (40.0%) had discrepancy in setting; More than half of them differed in inclusion criteria (12, 60.0%) or exclusion criteria (10, 50.0%); 9 (45.0%) did not specify who was masked in the text or registration. There were 11 (55%) discrepancies in nature of the primary outcomes between the registrations and the protocols. This included introducing new primary outcomes in protocol (8, 40.0%), omitting registered primary outcomes (8, 40.0%) and describing registered primary outcomes as secondary outcomes (9, 45.5%). None of the protocols declared outcome change and rationale. Only two (10.0%) protocols were consistent in all domains (table 2) (see online supplemental file 2).

Comparison between reports and trial registrations

From 74 registrations, 77 RCT reports eligible for analysis were published. Forty-seven (61.0%) of the reports had discrepancies in sample size and the deviation was more than 20% in 36 (46.8%) of them. Discrepancy in

Table 1 Characteristics of all included studies

Characteristic	Value	Proportion (%)
Count of eligible Studies	415	100
Registry		
ChiCTR	303	73.0
ClinicalTrials.gov	111	26.7
ISRCTN	1	0.2
Registration Status		
Prospective	243	58.6
Retrospective	172	41.4
Primary purpose		
Prevention	105	25.3
Treatment	290	69.9
Prognosis/quality of Life	19	4.6
Health services research	1	0.2
Multicentre research		
Yes	136	32.8
No	273	65.8
Unknown	6	1.4
Recruitment status		
Not yet recruiting	133	32.0
Recruiting	206	49.6
Completed	55	13.3
Suspended, terminated or withdrawn	21	5.1
Suspended research	34	8.2
Estimated enrolment		
Median (IQR)	120 (240)	
Min, Max	0, 29 000	
Missing	3	0.9
No of arms		
2 arms	284	68.4
3 arms	59	14.2
4 arms	31	7.5
5 arms	5	1.2
6–10 arms	25	6.0
More than 10 arms	11	2.7
Participants		
Patient	285	68.7
Suspected or close contact of confirmed patient	8	1.9
Healthy	122	29.4
Masking		
Single/double blind	126	30.4
Open label	125	30.1
Not stated	164	39.5
Count of primary outcome		
0	3	0.7
1	186	44.8
2	101	24.3
3	49	11.8

Continued

Table 1 Continued

Characteristic	Value	Proportion (%)
4	28	6.7
5	14	3.4
More than 5 primary outcomes	34	8.2
Median (IQR)	2 (2)	
Min, Max	0, 23	
Total no of primary outcomes	1048	
Count of secondary outcome		
0	102	24.6
>0	313	75.4
Median (IQR)	4 (6)	
Min, Max	0, 32	
Publication		
None	322	77.6
Protocol only	13	3.1
Report only	73	17.6
Both protocol and report	7	1.7

setting was present in 21 (27.3%) reports. Fifty-four (70.1%) reports had deviation in inclusion criteria and 46 (59.7%) had different exclusion criteria. Seven (9.1%) reports had deviation in masking method, among which masking was upgraded (open-label changed to single/double-blind or single-blind changed to double-blind) in five (6.5%) studies and downgraded in two (2.6%) study. In primary outcome, 4 (5.2%) reports did not specify primary outcome in text or corresponding registration; 34 (44.2%) reports had deviation in primary outcome, including introducing new primary outcomes (18, 23.4%), omitting registered primary outcomes (23, 29.9%), describing registered secondary outcomes as primary outcomes (7, 9.1%) and describing registered primary outcomes as secondary outcomes (15, 19.5%). Furthermore, seven (9.1%) reports did not specify time frame of primary outcome measurement in registry/text and six (7.8%) had deviation in time frame of primary outcome measurement. None of the reports declared outcome change and rationale. Only four (5.2%) reports maintained full consistency in all domains (table 2). Among the 183 primary outcomes of the 74 registrations, 59 (32.2%) were correctly reported (see online supplemental file 2).

Comparison between protocols and full reports

There were seven trials where both protocol and RCT report were published. When comparing full reports to protocols, deviation in sample size and setting was found in six (85.7%) and three (42.9%) reports, respectively. More than half of the reports four (57.1%) differed from protocols in inclusion criteria and three (42.9%) differed in exclusion criteria. Deviation in masking was found in one (14.3%) report. Five (71.4%) reports had difference in primary outcome or time frame of primary outcome. None of the reports disclosed outcome change

and rationale. None of the reports maintained full consistency with the protocols (table 3) (see online supplemental file 2).

DISCUSSION

To summarise, 20 protocols and 77 RCT reports were published from 415 registrations in mainland China. Comparing to registrations, 90% protocols and 94.8% reports had discrepancy in at least one domain, in which deviation in primary outcome or time frame of primary outcome measurement occurred in 60% (12/20) protocols and 51.9% (40/77) reports. In trials where both protocol and report were published, 71.4% (5/7) full reports had discrepancies in primary outcome or time frame of measurement comparing to the protocols. Furthermore, risk of bias assessment revealed that a majority (88.4%) of the RCT reports had some concerns or high risk in overall bias, and selection of reported result was the most prevalent issue.

Since the pandemic of COVID-19 is a major public health issue, RCT evidence is urgently needed to support clinical decision making in the prevention, treatment or prognosis of this disease. However, methodological concerns in such trials were noted. Previously, Kataoka *et al* reported research methods and reporting problems in medRxiv and PubMed publications related to COVID-19 RCTs, and inconsistency with trial registration was identified in 62% of 13 medRxiv literatures and 30% of 16 PubMed articles; the authors pointed out that these problems might result from the accelerated publication process,¹⁵ yet the study only covered a limited number of publications because it was performed in June 2020. One year and a half later, our comprehensive review of COVID-19 trial registrations, protocols and reports suggested the finding was not incidental.

To assess the significance of our findings, we compared the results with other studies that evaluated the consistency among trial registrations, protocols and reports. In 2011, Dwan *et al* systematically reviewed cohort studies comparing contents of trial registry entries or protocols with trial reports, and in 33% to 67% of RCTs primary outcome was the same in protocol as in publication, while in 69%–82% of RCTs primary outcome in report was consistent with trial registration¹⁷; in the study of Li *et al*, the median inconsistency of outcome reporting was 54% (IQR: 29%–72%)¹¹; Jones *et al* reported a median proportion of 31% trials had discrepancy between registered and published primary outcome. The rates of discrepancy reported by our study were higher than Dwan *et al* or Jones *et al* studies, and were similar to the median rate reported by Li *et al*.

These results revealed compromised transparency in COVID-19 related RCT reporting in mainland China, and also suggested the presence of selective reporting in RCTs in other fields of study. Such findings are noteworthy especially for peer-reviewers and journal editors, as compromised transparency might undermine the value of

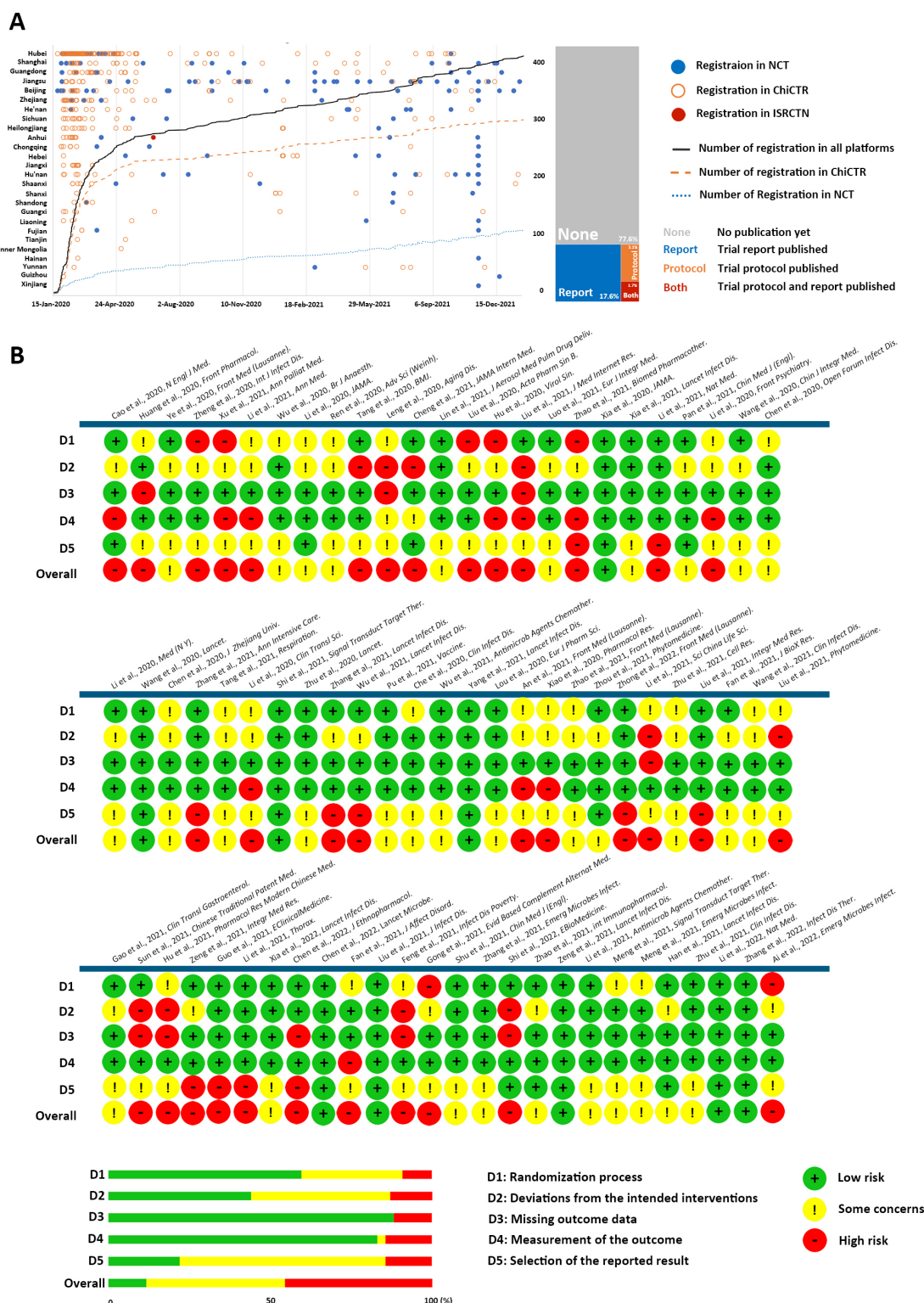


Figure 2 (A) The trend of registration of COVID-19-related RCTs in total and in each Province. When a trial is multicentred and recruited participants in multiple provinces, the trial is considered to take place in these provinces simultaneously. The publication status of these registered trials is also shown. (B) Results of risk of bias assessment are shown for each RCT report included in this review, the risks in each domain and overall risk are also summarised. RCT, randomised controlled trial.

these trials. Furthermore, the fact that RCT reports were published by less than a quarter of registered trials indicated potential presence of publication bias: a phenomenon of selective publication of studies depending on the results.¹⁸ However, since our research methods were not

designed to detect publication bias, we decided to leave this question to future research.

ICMJE's policy of mandatory prospective registration in member journals led to dramatic increase of trial registrations, while the registration data were often inadequate,

Table 2 Comparison between registration records and publications

Domain	Protocol N=20	Report N=77
Sample size		
Not specified in registry or publication	1 (5.0%)	0
Deviation (any)	6 (30.0%)	47 (61.0%)
Deviation $\geq 1\%$	5 (25.0%)	47 (61.0%)
Deviation $\geq 20\%$	5 (25.0%)	36 (46.8%)
Deviation $\geq 50\%$	4 (20.0%)	25 (32.5%)
Deviation $\geq 100\%$	4 (20.0%)	2 (2.6%)
Setting (centre)		
Not specified in registry or publication	5 (25.0%)	22 (28.6%)
Deviation (any)	8 (40.0%)	21 (27.3%)
Inclusion criteria		
Not specified in registry or publication	0	3 (3.9%)
Deviation (any)	12 (60.0%)	54 (70.1%)
Exclusion criteria		
Not specified in registry or publication	0	8 (10.4%)
Deviation (any)	10 (50.0%)	46 (59.7%)
Masking		
Not specified in registry or publication	9 (45.0%)	28 (36.4%)
Deviation (any)	0	7 (9.1%)
Masking upgraded in publication	0	5 (6.5%)
Masking downgraded in publication	0	2 (2.6%)
Primary outcome		
Not specified in registry or publication	0	4 (5.2%)
Deviation in nature of primary outcome (any)	11 (55.0%)	34 (44.2%)
New primary outcome introduced in publication	8 (40.0%)	18 (23.4%)
Registered primary outcome omitted in publication	8 (40.0%)	23 (29.9%)
Secondary outcome in registry described as primary outcome in publication	0	7 (9.1%)
Primary outcome in registry described as secondary outcome in publication	9 (45.0%)	15 (19.5%)
Not specified time frame of primary outcome in registry or publication (if no deviation in nature of primary outcome)	2 (10.0%)	7 (9.1%)
Deviation in time frame of primary outcome in registry or publication (if no deviation in nature of primary outcome)	1 (5.0%)	6 (7.8%)

changed over time and differed between registration and publication.¹⁹ The goal of ICMJE's policy was to promote transparent reporting of trials, yet this could not be achieved unless journal editors and reviewers fully utilise information provided by trial registration: a survey by Mathieu *et al* suggested only around one-third reviewers routinely used registration information when evaluating manuscripts.²⁰ Changes in primary outcome or other domains of trial design might be due to either good reasons or investigators' effort to produce favourable results from the data.¹⁴ In either case, the validity of evidence provided by the trial could not be confidently assessed without emphasising transparency of reporting.

Cooperation of different stakeholders is required to promote transparency. We suggest principal investigators should ensure that the trial is prospectively registered and registration information is properly filled; peer reviewers should routinely use trial registries to assess manuscripts and demand explanation whenever discrepancy occurs; journal editors should prioritise the evaluation of trial registration in peer review process.^{11 14} Future studies will be needed to reveal the trend of consistency over time and assess possible improvement caused by increasing scrutiny of peer reviewers, new policy of journals and ascensive familiarity of investigators with trial registration process.

Table 3 Comparison between protocols and full reports

Domain	RCT full reports N=7
Sample size	
Not specified in protocol or report	0
Deviation (any)	6 (85.7%)
Deviation $\geq 1\%$	6 (85.7%)
Deviation $\geq 20\%$	5 (71.4%)
Deviation $\geq 50\%$	3 (42.9%)
Deviation $\geq 100\%$	0
Setting (centre)	
Not specified in protocol or report	2 (28.6%)
Deviation (any)	3 (42.9%)
Inclusion criteria	
Not specified in protocol or report	0
Deviation (any)	4 (57.1%)
Exclusion criteria	
Not specified in protocol or report	0
Deviation (any)	3 (42.9%)
Masking	
Not specified in protocol or report	1 (14.3%)
Deviation (any)	1 (14.3%)
Masking upgraded in report	1 (14.3%)
Masking downgraded in report	0
Primary outcome	
Not specified in protocol or report	0
Deviation in nature of primary outcome (any)	3 (42.9%)
New primary outcome introduced in report	1 (14.3%)
Registered primary outcome omitted in report	1 (14.3%)
Secondary outcome in protocol described as primary outcome in report	1 (14.3%)
Primary outcome in protocol described as secondary outcome in report	2 (28.6%)
Not specified time frame of primary outcome in protocol or report (if no deviation in nature of primary outcome)	0
Deviation in time frame of primary outcome in protocol or report (if no deviation in nature of primary outcome)	2 (28.6%)

RCT, randomised controlled trial.

The study had several limitations. First, the complete lists of COVID-19-related clinical trials were retrieved from ICTRP and ChiCTR and filtered by the labels provided by these lists, thus, the completeness and precision of record screening relied on the correctness of these lists. Second, the search of publications for eligible registration record was conducted with trial registration number as unique

identifiers; if a publication did not cite any registration number, the article could not be included in analysis. This approach might lead to omission of publications that did not contain any trial identifier, but provided definitive evidence in linking registrations to publications and minimised the possibility of making mistakes. Third, the reviewers only analysed the most recent updated version of registration record, without considering the historical changes, yet the validity of conclusion of this review is not jeopardised, since this approach tended to overestimate, but not underestimate, the overall transparency, in that registrations are often modified after trial completion to display false consistency with publications.^{14 19} Last, our search results were limited to peer-reviewed English and Chinese literatures, and the findings could not reliably represent studies published in languages other than English or Chinese. We did not review any literatures that had not undergone peer-review process (eg, manuscripts posted on preprint servers). However, without quality control in review process, it would be reasonable to assume that such preprints have no lower rate of discrepancy compared with peer-reviewed publications.

CONCLUSION

The high rates of discrepancy among registrations, protocols and full reports of COVID-19-related RCTs in mainland China revealed compromised transparency in trial reporting. Investigators, peer reviewers and journal editors should make efforts to improve the utilisation of trial registration information and promote transparent reporting.

Acknowledgements The authors would like to thank the reviewers for their invaluable suggestions.

Contributors Both reviewers (YC and RY) contributed equally in conceptualisation, data extraction, analysis, visualisation and drafting the manuscript. Both reviewers read and approved this manuscript. RY acted as the guarantor of the study.

Funding The authors have not declared a specific grant for this research from any funding agency in the public, commercial or not-for-profit sectors.

Competing interests None declared.

Patient and public involvement Patients and/or the public were not involved in the design, or conduct, or reporting, or dissemination plans of this research.

Patient consent for publication Not applicable.

Ethics approval Not applicable.

Provenance and peer review Not commissioned; externally peer reviewed.

Data availability statement All data relevant to the study are included in the article or uploaded as online supplemental information.

Supplemental material This content has been supplied by the author(s). It has not been vetted by BMJ Publishing Group Limited (BMJ) and may not have been peer-reviewed. Any opinions or recommendations discussed are solely those of the author(s) and are not endorsed by BMJ. BMJ disclaims all liability and responsibility arising from any reliance placed on the content. Where the content includes any translated material, BMJ does not warrant the accuracy and reliability of the translations (including but not limited to local regulations, clinical guidelines, terminology, drug names and drug dosages), and is not responsible for any error and/or omissions arising from translation and adaptation or otherwise.

Open access This is an open access article distributed in accordance with the Creative Commons Attribution Non Commercial (CC BY-NC 4.0) license, which permits others to distribute, remix, adapt, build upon this work non-commercially,

and license their derivative works on different terms, provided the original work is properly cited, appropriate credit is given, any changes made indicated, and the use is non-commercial. See: <http://creativecommons.org/licenses/by-nc/4.0/>.

ORCID iD

Ruiqing Yan <http://orcid.org/0000-0002-9810-9543>

REFERENCES

- 1 Sackett DL, Rosenberg WM, Gray JA, *et al*. Evidence based medicine: what it is and what it isn't. *BMJ* 1996;312:71–2.
- 2 Koretz RL. Assessing the evidence in evidence-based medicine. *Nutr Clin Pract* 2019;34:60–72.
- 3 Thoma A, Coroneos CJ, Eaves FF. You Can't See What You Can't See: Transparency in RCT Reporting, and the Role of the CONSORT Checklist. *Aesthet Surg J* 2021;41:741–3.
- 4 Rennie D. CONSORT revised--improving the reporting of randomized trials. *JAMA* 2001;285:2006–7.
- 5 DeAngelis CD, Drazen JM, Frizelle FA, *et al*. Clinical trial registration: a statement from the International Committee of medical Journal editors. *JAMA* 2004;292:1363–4.
- 6 Moher D, Hopewell S, Schulz KF, *et al*. Consort 2010 explanation and elaboration: updated guidelines for reporting parallel group randomised trials. *BMJ* 2010;340:c869.
- 7 Chan A-W, Hróbjartsson A, Haahr MT, *et al*. Empirical evidence for selective reporting of outcomes in randomized trials: comparison of protocols to published articles. *JAMA* 2004;291:2457–65.
- 8 Chan A-W, Krolez-Jerć K, Schmid I, *et al*. Outcome reporting bias in randomized trials funded by the Canadian Institutes of health research. *CMAJ* 2004;171:735–40.
- 9 Zarin DA, Tse T, Ide NC. Trial registration at ClinicalTrials.gov between may and October 2005. *N Engl J Med* 2005;353:2779–87.
- 10 Trinquart L, Dunn AG, Bourgeois FT. Registration of published randomized trials: a systematic review and meta-analysis. *BMC Med* 2018;16:173.
- 11 Li G, Abbade LPF, Nwosu I, *et al*. A systematic review of comparisons between protocols or registrations and full reports in primary biomedical research. *BMC Med Res Methodol* 2018;18:9.
- 12 Mathieu S, Boutron I, Moher D, *et al*. Comparison of registered and published primary outcomes in randomized controlled trials. *JAMA* 2009;302:977–84.
- 13 Rayhill ML, Sharon R, Burch R, *et al*. Registration status and outcome reporting of trials published in core headache medicine journals. *Neurology* 2015;85:1789–94.
- 14 Jones CW, Keil LG, Holland WC, *et al*. Comparison of registered and published outcomes in randomized controlled trials: a systematic review. *BMC Med* 2015;13:282.
- 15 Kataoka Y, Oide S, Ariie T, *et al*. COVID-19 randomized controlled trials in medRxiv and PubMed. *Eur J Intern Med* 2020;81:97–9.
- 16 Sterne JAC, Savović J, Page MJ, *et al*. Rob 2: a revised tool for assessing risk of bias in randomised trials. *BMJ* 2019;366:l4898.
- 17 Dwan K, Altman DG, Cresswell L, *et al*. Comparison of protocols and registry entries to published reports for randomised controlled trials. *Cochrane Database Syst Rev* 2011;1:MR000031.
- 18 van Heteren JAA, van Beurden I, Peters JPM, *et al*. Trial registration, publication rate and characteristics in the research field of Otolaryngology: a cross-sectional study. *PLoS One* 2019;14:e0219458.
- 19 Huić M, Marušić M, Marušić A. Completeness and changes in registered data and reporting bias of randomized controlled trials in ICMJE journals after trial registration policy. *PLoS One* 2011;6:e25258.
- 20 Mathieu S, Chan A-W, Ravaut P. Use of trial register information during the peer review process. *PLoS One* 2013;8:e59910.

Review Protocol

Objective

To evaluate the transparency of COVID-19 related RCT reporting in mainland China through comparing trial registrations with publications.

Ethics Approval

The study is exempt from ethics approval because only publicly available databases and registries will be used as data source. No human participants and animal subjects will be involved in the study.

Eligibility Criteria for Registrations

Registered randomized controlled trials related to prevention, treatment or prognosis of COVID-19 in mainland China will be included. Case report, case series, cross-sectional study, case-control study, cohort study, survey and other observational studies will be excluded. Studies will be excluded if randomization is not used or without a control group. For multicenter trials, all registered centers must be within mainland China to meet eligibility criteria.

Data Source and Search Strategy for Registrations

International Clinical Trials Registry Platform (ICTRP), Chinese Clinical Trial Registry (ChiCTR), ClinicalTrials.gov (NCT), the ISRCTN registry (ISRCTN) and EU Clinical Trial Register (EUCTR) will be searched. For ICTRP and ChiCTR, complete lists of COVID-19 clinical trial registrations will be downloaded. Filters will be applied to identify studies which meet eligibility criteria. For NCT, the page listing COVID-19 studies will be accessed and eligible studies will be identified using website filters and the map panel. ISRCTN and EUCTR will be manually searched with the keywords "COVID-19", "Sars-Cov-2", "covid19" and "2019-nCov". All search results will be examined manually to ensure their eligibility.

Data Source and Search Strategy for Publications

PubMed, Embase, Cochrane Library, CNKI.net and Wanfangdata will be searched using trial

registration IDs of eligible trials. Only publications in English and Chinese will be included.

Data Extraction

From trial registrations, registration ID, date of registration/first submission, date of last update, date of first enrollment, scientific/official titles, primary purpose, recruitment status, intervention, source of funding, primary sponsor, ethics approval information, setting, randomization and masking methods, inclusion and exclusion criteria, primary/secondary outcomes and time frame of outcome measurement will be extracted.

From publications, title, estimated/actual enrollment, center name, inclusion/exclusion criteria, masking, primary outcomes and time frame of outcome measurement will be extracted.

Risk of Bias Assessment

Risk of bias assessment will be performed with RoB 2 for full reports of trials.

Data Synthesis

The screening process of registrations will be presented with a flow diagram. Characteristics of included trial registrations will be presented with descriptive statistics, in count and proportion for categorical data, or with median, max value, minimum value and interquartile range for quantitative data. The trend of registrations from early 2020 will be presented with line chart. Estimated/actual enrollment, center name, inclusion/exclusion criteria, masking method, primary outcome and time frame of primary outcome measurement information extracted from trial registrations and publications will be compared, and count and percentage of inconsistency within each domain will be presented. Risk of bias assessment results will be presented with figure.

Review Process

The screening process, data extraction, risk of bias assessment, registration-publication comparison will be independently completed by two reviewers, and the results will be compared. Disagreements will be resolved through discussion.

Protocol Amendments

May-2021

For trials which are repeatedly registered on two or more clinical trial registries, if they have any publication, the registration not cited by publication will be excluded from the analysis.

If all or none of the repeated registrations are cited by publications, the record with most recent update time will be included in the analysis. Repeated registrations will be detected by reviewing the title, objective and name of principle investigator.

Publications citing an eligible trial registration identifier but declared to be of non-RCT design will be excluded from the analysis. The number of such publications will be reported.

Feb-2022

Google Scholar will be searched for publications to ensure the completeness of search results.

Information extracted from protocols and corresponding full reports will also be compared to evaluate protocol-report consistency.

Search Strategy

Clinical Trial Registration

International Clinical Trials Registry Platform (ICTRP, <https://www.who.int/clinical-trials-registry-platform>) was accessed and a list of COVID-19 trials (updated on 22-Jan-2022) in csv format was downloaded. The file was opened with Microsoft Excel. The following filters were applied to "Study type" column: "intervention" "interventional" "interventional clinical trial of medicinal product" "interventional study" "treatment study" "prevention" "prognosis study". The following filters were applied to "Countries" column: "China" "China?" "Chinese" "The People's republic of China". From the "Study design" column, "Case study" "Case-control study" "Cohort study" "Cross-sectional" studies, non-randomized/quasi-randomized studies and studies with single arm or historical control were excluded.

Chinese Clinical Trial Registry (ChiCTR, <http://www.chictr.org.cn/enIndex.aspx>) was accessed and index of studies of COVID-19 (updated on 22-Dec-2021) in csv format was downloaded. The ChiCTR index was then mapped to the ICTRP COVID-19 trials list to identify any studies listed in ChiCTR but not in ICTRP. Studies registered after 22-Dec-2021 were screened manually.

List of COVID-19 related studies from ClinicalTrials.gov was accessed (<https://clinicaltrials.gov/ct2/results?cond=COVID-19>). The filter "Study type - Interventional (Clinical Trial)" was applied, and studies registered in mainland China were identified using the "On Map" panel. The listed studies were downloaded and compared with ICTRP records in case of omissions.

In ISRCTN registry (ISRCTN, <https://www.isrctn.com/>) and EU Clinical Trial Register (EUCTR, <https://www.clinicaltrialsregister.eu/>), the registry was searched with the following search string: "covid19 or COVID-19 or SARS-Cov-2 or 2019-nCov", and the country of recruitment was set to "China" and "Outside EU/EEA", respectively. Search results were also compared with ICTRP records.

All above-mentioned registries were accessed on 1-Feb-2022.

Publication

Search was performed in PubMed (<https://pubmed.ncbi.nlm.nih.gov/>), Embase (<https://www.embase.com/>), Cochrane Library (<https://www.cochranelibrary.com/search>), Google Scholar (<https://scholar.google.com/>), CNKI.net (<https://www.cnki.net/>) and Wanfangdata (<https://www.wanfangdata.com.cn/>) using the trial registration number with exact match method.

Literatures

This systematic review identified 85 reports¹⁻⁸⁵ and 20⁸⁶⁻¹⁰⁵ protocols from 415 clinical trial registration records. For further analysis, 8 reports⁷⁸⁻⁸⁵ were excluded because non-RCT study design was adopted.

1. Cao B, Wang Y, Wen D, et al. A Trial of Lopinavir-Ritonavir in Adults Hospitalized with Severe Covid-19. *N Engl J Med*. 2020;382(19):1787-1799.
2. Che Y, Liu X, Pu Y, et al. Randomized, double-blinded and placebo-controlled phase II trial of an inactivated SARS-CoV-2 vaccine in healthy adults. *Clin Infect Dis*. 2020.
3. Chen J, Liu D, Liu L, et al. A Pilot Study of Hydroxychloroquine in Treatment of Patients with Moderate COVID-19. *Journal of Zhejiang University (Medical Sciences)*. 2020;49(2).
4. Chen J, Xia L, Liu L, et al. Antiviral Activity and Safety of Darunavir/Cobicistat for the Treatment of COVID-19. *Open Forum Infect Dis*. 2020;7(7):ofaa241.
5. Cheng LL, Guan WJ, Duan CY, et al. Effect of Recombinant Human Granulocyte Colony-Stimulating Factor for Patients With Coronavirus Disease 2019 (COVID-19) and Lymphopenia: A Randomized Clinical Trial. *JAMA Intern Med*. 2021;181(1):71-78.
6. Hu K, Wang M, Zhao Y, et al. A Small-Scale Medication of Leflunomide as a Treatment of COVID-19 in an Open-Label Blank-Controlled Clinical Trial. *Viral Sin*. 2020;35(6):725-733.
7. Huang YQ, Tang SQ, Xu XL, et al. No Statistically Apparent Difference in Antiviral Effectiveness Observed Among Ribavirin Plus Interferon-Alpha, Lopinavir/Ritonavir Plus Interferon-Alpha, and Ribavirin Plus Lopinavir/Ritonavir Plus Interferon-Alpha in Patients With Mild to Moderate Coronavirus Disease 2019: Results of a Randomized, Open-Labeled Prospective Study. *Front Pharmacol*. 2020;11:1071.
8. Leng Z, Zhu R, Hou W, et al. Transplantation of ACE2(-) Mesenchymal Stem Cells Improves the Outcome of Patients with COVID-19 Pneumonia. *Aging Dis*. 2020;11(2):216-228.
9. Li C, Luo F, Liu C, et al. Effect of a genetically engineered interferon-alpha versus traditional interferon-alpha in the treatment of moderate-to-severe COVID-19: a randomised clinical trial. *Ann Med*. 2021;53(1):391-401.
10. Li J, Hui A, Zhang X, et al. Safety and immunogenicity of the SARS-CoV-2 BNT162b1 mRNA vaccine in younger and older Chinese adults: a randomized, placebo-controlled, double-blind phase 1 study. *Nat Med*. 2021;27(6):1062-1070.
11. Li J, Li X, Jiang J, et al. The Effect of Cognitive Behavioral Therapy on Depression, Anxiety, and Stress in Patients With COVID-19: A Randomized Controlled Trial. *Front Psychiatry*. 2020;11:580827.
12. Li L, Zhang W, Hu Y, et al. Effect of Convalescent Plasma Therapy on Time to Clinical Improvement in Patients With Severe and Life-threatening COVID-19: A Randomized Clinical Trial. *JAMA*. 2020;324(5):460-470.
13. Li T, Sun L, Zhang W, et al. Bromhexine Hydrochloride Tablets for the Treatment of Moderate COVID-19: An Open-Label Randomized Controlled Pilot Study. *Clin Transl Sci*. 2020;13(6):1096-1102.
14. Li Y, Xie Z, Lin W, et al. Efficacy and Safety of Lopinavir/Ritonavir or Arbidol in Adult Patients with Mild/Moderate COVID-19: An Exploratory Randomized Controlled Trial.

- Med (N Y)*. 2020;1(1):105-113 e104.
15. Lin YR, Wu FY, Xiao H, et al. Mycobacterium vaccae Nebulization in the Treatment of COVID-19: A Randomized, Double-Blind, Placebo-Controlled Trial. *J Aerosol Med Pulm Drug Deliv*. 2021;34(2):108-114.
 16. Liu X, Li Z, Liu S, et al. Potential therapeutic effects of dipyridamole in the severely ill patients with COVID-19. *Acta Pharm Sin B*. 2020;10(7):1205-1215.
 17. Liu Z, Qiao D, Xu Y, et al. The Efficacy of Computerized Cognitive Behavioral Therapy for Depressive and Anxiety Symptoms in Patients With COVID-19: Randomized Controlled Trial. *J Med Internet Res*. 2021;23(5):e26883.
 18. Luo Z, Chen W, Xiang M, et al. The preventive effect of Xuebijing injection against cytokine storm for severe patients with COVID-19: A prospective randomized controlled trial. *Eur J Integr Med*. 2021;42:101305.
 19. Pan HX, Liu JK, Huang BY, et al. Immunogenicity and safety of a severe acute respiratory syndrome coronavirus 2 inactivated vaccine in healthy adults: randomized, double-blind, and placebo-controlled phase 1 and phase 2 clinical trials. *Chin Med J (Engl)*. 2021;134(11):1289-1298.
 20. Pu J, Yu Q, Yin Z, et al. The safety and immunogenicity of an inactivated SARS-CoV-2 vaccine in Chinese adults aged 18-59 years: A phase I randomized, double-blinded, controlled trial. *Vaccine*. 2021;39(20):2746-2754.
 21. Ren Z, Luo H, Yu Z, et al. A Randomized, Open-label, Controlled Clinical Trial of Azvudine Tablets in the Treatment of Mild and Common COVID-19, A Pilot Study. *Adv Sci (Weinh)*. 2020:2001435.
 22. Shi L, Huang H, Lu X, et al. Effect of human umbilical cord-derived mesenchymal stem cells on lung damage in severe COVID-19 patients: a randomized, double-blind, placebo-controlled phase 2 trial. *Signal Transduct Target Ther*. 2021;6(1):58.
 23. Tang W, Cao Z, Han M, et al. Hydroxychloroquine in patients with mainly mild to moderate coronavirus disease 2019: open label, randomised controlled trial. *BMJ*. 2020;369:m1849.
 24. Tang X, Feng YM, Ni JX, et al. Early Use of Corticosteroid May Prolong SARS-CoV-2 Shedding in Non-Intensive Care Unit Patients with COVID-19 Pneumonia: A Multicenter, Single-Blind, Randomized Control Trial. *Respiration*. 2021;100(2):116-126.
 25. Wang JB, Wang ZX, Jing J, et al. Exploring an Integrative Therapy for Treating COVID-19: A Randomized Controlled Trial. *Chin J Integr Med*. 2020;26(9):648-655.
 26. Wang Y, Zhang D, Du G, et al. Remdesivir in adults with severe COVID-19: a randomised, double-blind, placebo-controlled, multicentre trial. *The Lancet*. 2020;395(10236):1569-1578.
 27. Wu CN, Xia LZ, Li KH, et al. High-flow nasal-oxygenation-assisted fiberoptic tracheal intubation in critically ill patients with COVID-19 pneumonia: a prospective randomised controlled trial. *Br J Anaesth*. 2020;125(1):e166-e168.
 28. Wu X, Li N, Wang G, et al. Tolerability, Safety, Pharmacokinetics, and Immunogenicity of a Novel SARS-CoV-2 Neutralizing Antibody, Etesevimab, in Chinese Healthy Adults: a Randomized, Double-Blind, Placebo-Controlled, First-in-Human Phase 1 Study. *Antimicrob Agents Chemother*. 2021;65(8):e0035021.
 29. Wu Z, Hu Y, Xu M, et al. Safety, tolerability, and immunogenicity of an inactivated SARS-CoV-2 vaccine (CoronaVac) in healthy adults aged 60 years and older: a randomised,

- double-blind, placebo-controlled, phase 1/2 clinical trial. *The Lancet Infectious Diseases*. 2021;21(6):803-812.
30. Xia S, Duan K, Zhang Y, et al. Effect of an Inactivated Vaccine Against SARS-CoV-2 on Safety and Immunogenicity Outcomes: Interim Analysis of 2 Randomized Clinical Trials. *JAMA*. 2020;324(10):951-960.
 31. Xia S, Zhang Y, Wang Y, et al. Safety and immunogenicity of an inactivated SARS-CoV-2 vaccine, BBIBP-CorV: a randomised, double-blind, placebo-controlled, phase 1/2 trial. *The Lancet Infectious Diseases*. 2021;21(1):39-51.
 32. Xu X, Zhang J, Zheng W, et al. Efficacy and safety of Reduning injection in the treatment of COVID-19: a randomized, multicenter clinical study. *Ann Palliat Med*. 2021;10(5):5146-5155.
 33. Yang S, Li Y, Dai L, et al. Safety and immunogenicity of a recombinant tandem-repeat dimeric RBD-based protein subunit vaccine (ZF2001) against COVID-19 in adults: two randomised, double-blind, placebo-controlled, phase 1 and 2 trials. *The Lancet Infectious Diseases*. 2021.
 34. Ye YA, Group GCC. Guideline-Based Chinese Herbal Medicine Treatment Plus Standard Care for Severe Coronavirus Disease 2019 (G-CHAMPS): Evidence From China. *Front Med (Lausanne)*. 2020;7:256.
 35. Zhang J, Rao X, Li Y, et al. Pilot trial of high-dose vitamin C in critically ill COVID-19 patients. *Ann Intensive Care*. 2021;11(1):5.
 36. Zhang Y, Zeng G, Pan H, et al. Safety, tolerability, and immunogenicity of an inactivated SARS-CoV-2 vaccine in healthy adults aged 18–59 years: a randomised, double-blind, placebo-controlled, phase 1/2 clinical trial. *The Lancet Infectious Diseases*. 2021;21(2):181-192.
 37. Zhao H, Zhu Q, Zhang C, et al. Tocilizumab combined with favipiravir in the treatment of COVID-19: A multicenter trial in a small sample size. *Biomed Pharmacother*. 2021;133:110825.
 38. Zheng F, Zhou Y, Zhou Z, et al. SARS-CoV-2 clearance in COVID-19 patients with Novaferon treatment: A randomized, open-label, parallel-group trial. *Int J Infect Dis*. 2020;99:84-91.
 39. Zhu F-C, Guan X-H, Li Y-H, et al. Immunogenicity and safety of a recombinant adenovirus type-5-vectored COVID-19 vaccine in healthy adults aged 18 years or older: a randomised, double-blind, placebo-controlled, phase 2 trial. *The Lancet*. 2020;396(10249):479-488.
 40. Ai J, Zhang Y, Zhang H, et al. Safety and immunogenicity of a third-dose homologous BBIBP-CorV boosting vaccination: interim results from a prospective open-label study. *Emerg Microbes Infect*. 2022;11(1):639-647.
 41. An X, Xu X, Xiao M, et al. Efficacy of Jinhua Qinggan Granules Combined With Western Medicine in the Treatment of Confirmed and Suspected COVID-19: A Randomized Controlled Trial. *Front Med (Lausanne)*. 2021;8:728055.
 42. Chen G-L, Li X-F, Dai X-H, et al. Safety and immunogenicity of the SARS-CoV-2 ARCoV mRNA vaccine in Chinese adults: a randomised, double-blind, placebo-controlled, phase 1 trial. *The Lancet Microbe*. 2022.
 43. Chen Y, Liu C, Wang T, et al. Efficacy and safety of Bufe Huoxue capsules in the

- management of convalescent patients with COVID-19 infection: A multicentre, double-blind, and randomised controlled trial. *J Ethnopharmacol.* 2022;284:114830.
44. Fan S, Zhen Q, Chen C, et al. Clinical efficacy of low-dose emetine for patients with COVID-19: a real-world study. *J BioX Res.* 2021;4(2):53-59.
 45. Fan Y, Shi Y, Zhang J, et al. The effects of narrative exposure therapy on COVID-19 patients with post-traumatic stress symptoms: A randomized controlled trial. *J Affect Disord.* 2021;293:141-147.
 46. Feng Y, Chen J, Yao T, et al. Safety and immunogenicity of inactivated SARS-CoV-2 vaccine in high-risk occupational population: a randomized, parallel, controlled clinical trial. *Infect Dis Poverty.* 2021;10(1):138.
 47. Gao Y, Xie J, Ye LS, Du J, Zhang QY, Hu B. Negative-Pressure Isolation Mask for Endoscopic Examination During the Coronavirus Disease 2019 Pandemic: A Randomized Controlled Trial. *Clin Transl Gastroenterol.* 2021;12(2):e00314.
 48. Gong X, Yuan B, Yuan Y, Li F. Efficacy and Safety of Lianhuaqingwen Capsules for the Prevention of Coronavirus Disease 2019: A Prospective Open-Label Controlled Trial. *Evid Based Complement Alternat Med.* 2021;2021:7962630.
 49. Guo W, Duan K, Zhang Y, et al. Safety and immunogenicity of an inactivated SARS-CoV-2 vaccine in healthy adults aged 18 years or older: A randomized, double-blind, placebo-controlled, phase 1/2 trial. *EClinicalMedicine.* 2021;38:101010.
 50. Han B, Song Y, Li C, et al. Safety, tolerability, and immunogenicity of an inactivated SARS-CoV-2 vaccine (CoronaVac) in healthy children and adolescents: a double-blind, randomised, controlled, phase 1/2 clinical trial. *The Lancet Infectious Diseases.* 2021;21(12):1645-1653.
 51. Hu F, Chen J, Chen H, et al. Chansu improves the respiratory function of severe COVID-19 patients. *Pharmacological Research - Modern Chinese Medicine.* 2021;1.
 52. Li J, Hou L, Guo X, et al. Heterologous AD5-nCoV plus CoronaVac versus homologous CoronaVac vaccination: a randomized phase 4 trial. *Nat Med.* 2022;28(2):401-409.
 53. Li J, Xia W, Zhan C, et al. A telerehabilitation programme in post-discharge COVID-19 patients (TERECO): a randomised controlled trial. *Thorax.* 2021.
 54. Li Q, Cui C, Xu F, et al. Evaluation of the efficacy and safety of hydroxychloroquine in comparison with chloroquine in moderate and severe patients with COVID-19. *Sci China Life Sci.* 2021;64(4):660-663.
 55. Li Y, Qi L, Bai H, et al. Safety, Tolerability, Pharmacokinetics, and Immunogenicity of a Monoclonal Antibody (SCTA01) Targeting SARS-CoV-2 in Healthy Adults: a Randomized, Double-Blind, Placebo-Controlled, Phase I Study. *Antimicrob Agents Chemother.* 2021;65(11):e0106321.
 56. Liu J, Huang B, Li G, et al. Immunogenicity and Safety of a Three-Dose Regimen of a SARS-CoV-2 Inactivated Vaccine in Adults: A Randomized, Double-blind, Placebo-controlled Phase 2 Trial. *J Infect Dis.* 2021.
 57. Liu J, Yang W, Liu Y, et al. Combination of Hua Shi Bai Du granule (Q-14) and standard care in the treatment of patients with coronavirus disease 2019 (COVID-19): A single-center, open-label, randomized controlled trial. *Phytomedicine.* 2021;91:153671.
 58. Liu ST, Zhan C, Ma YJ, et al. Effect of qigong exercise and acupuncture rehabilitation program on pulmonary function and respiratory symptoms in patients hospitalized with

- severe COVID-19: a randomized controlled trial. *Integr Med Res*. 2021;10:100796.
59. Lou Y, Liu L, Yao H, et al. Clinical Outcomes and Plasma Concentrations of Baloxavir Marboxil and Favipiravir in COVID-19 Patients: An Exploratory Randomized, Controlled Trial. *Eur J Pharm Sci*. 2021;157:105631.
 60. Meng FY, Gao F, Jia SY, et al. Safety and immunogenicity of a recombinant COVID-19 vaccine (Sf9 cells) in healthy population aged 18 years or older: two single-center, randomised, double-blind, placebo-controlled, phase 1 and phase 2 trials. *Signal Transduct Target Ther*. 2021;6(1):271.
 61. Meng X, Wang P, Xiong Y, et al. Safety, tolerability, pharmacokinetic characteristics, and immunogenicity of MW33: a Phase 1 clinical study of the SARS-CoV-2 RBD-targeting monoclonal antibody. *Emerg Microbes Infect*. 2021;10(1):1638-1648.
 62. Shi L, Yuan X, Yao W, et al. Human mesenchymal stem cells treatment for severe COVID-19: 1-year follow-up results of a randomized, double-blind, placebo-controlled trial. *EBioMedicine*. 2022;75:103789.
 63. Shu YJ, He JF, Pei RJ, et al. Immunogenicity and safety of a recombinant fusion protein vaccine (V-01) against coronavirus disease 2019 in healthy adults: a randomized, double-blind, placebo-controlled, phase II trial. *Chin Med J (Engl)*. 2021;134(16):1967-1976.
 64. Sun S, Chen F, Yin C, et al. [Clinical efficacy of Liushenwan combined with routine treatment in COVID-19 patients]. *Chinese Traditional Patent Medicine*. 2021;43(8):4.
 65. Wang M, Zhao Y, Hu W, et al. Treatment of Coronavirus Disease 2019 Patients With Prolonged Postsymptomatic Viral Shedding With Leflunomide: A Single-center Randomized Controlled Clinical Trial. *Clin Infect Dis*. 2021;73(11):e4012-e4019.
 66. Xia S, Zhang Y, Wang Y, et al. Safety and immunogenicity of an inactivated COVID-19 vaccine, BBIBP-CorV, in people younger than 18 years: a randomised, double-blind, controlled, phase 1/2 trial. *The Lancet Infectious Diseases*. 2022;22(2):196-208.
 67. Xiao M, Tian J, Zhou Y, et al. Efficacy of Huoxiang Zhengqi dropping pills and Lianhua Qingwen granules in treatment of COVID-19: A randomized controlled trial. *Pharmacol Res*. 2020;161:105126.
 68. Zeng C, Yuan Z, Zhu J, et al. Therapeutic effects of traditional Chinese medicine (Maxingshigan-Weijing Decoction) on COVID-19: An open-label randomized controlled trial. *Integr Med Res*. 2021;10:100782.
 69. Zeng G, Wu Q, Pan H, et al. Immunogenicity and safety of a third dose of CoronaVac, and immune persistence of a two-dose schedule, in healthy adults: interim results from two single-centre, double-blind, randomised, placebo-controlled phase 2 clinical trials. *The Lancet Infectious Diseases*. 2021.
 70. Zhang J, Hu Z, He J, et al. Safety and immunogenicity of a recombinant interferon-armed RBD dimer vaccine (V-01) for COVID-19 in healthy adults: a randomized, double-blind, placebo-controlled, Phase I trial. *Emerg Microbes Infect*. 2021;10(1):1589-1597.
 71. Zhang Q, Zhou R, Yang J, et al. A Randomized, Double-Blind, Placebo-Controlled, First-in-Human Clinical Trial to Assess Safety, Tolerability, and Pharmacokinetics of LY-CovMab, a Potent Human Neutralizing Antibody Against SARS-CoV-2. *Infect Dis Ther*. 2022;11(1):405-422.
 72. Zhao C, Li L, Yang W, et al. Chinese Medicine Formula Huashibaidu Granule Early Treatment for Mild COVID-19 Patients: An Unblinded, Cluster-Randomized Clinical Trial.

- Front Med (Lausanne)*. 2021;8:696976.
73. Zhao H, Zhang C, Zhu Q, et al. Favipiravir in the treatment of patients with SARS-CoV-2 RNA recurrent positive after discharge: A multicenter, open-label, randomized trial. *Int Immunopharmacol*. 2021;97:107702.
 74. Zhong M, Sun A, Xiao T, et al. A Randomized, Single-Blind, Group Sequential, Active-Controlled Study to Evaluate the Clinical Efficacy and Safety of alpha-Lipoic Acid for Critically Ill Patients With Coronavirus Disease 2019 (COVID-19). *Front Med (Lausanne)*. 2021;8:566609.
 75. Zhou S, Feng J, Xie Q, et al. Traditional Chinese medicine shenhuang granule in patients with severe/critical COVID-19: A randomized controlled multicenter trial. *Phytomedicine*. 2021;89:153612.
 76. Zhu F, Jin P, Zhu T, et al. Safety and immunogenicity of a recombinant adenovirus type-5-vectored COVID-19 vaccine with a homologous prime-boost regimen in healthy participants aged 6 years and above: a randomised, double-blind, placebo-controlled, phase 2b trial. *Clin Infect Dis*. 2021.
 77. Zhu R, Yan T, Feng Y, et al. Mesenchymal stem cell treatment improves outcome of COVID-19 patients via multiple immunomodulatory mechanisms. *Cell Res*. 2021;31(12):1244-1262.
 78. Chen S, Lu C, Li P, et al. [Effectiveness of convalescent plasma for treatment of coronavirus disease 2019 patients]. *Zhonghua Wei Zhong Bing Ji Jiu Yi Xue*. 2020;32(11):1293-1298.
 79. Fang L, Zhu Q, Cheng W, et al. Retrospective analysis on 308 cases of COVID-19 and clinical application protocol of Kangyi Qiangshen Gong exercise prescription. *Shanghai Journal of Traditional Chinese Medicine*. 2020;54(5).
 80. Li L, Meng Y, Wang J, et al. Effect of Knowledge/Practice of COVID-19 Prevention Measures on Return-to-Work Concerns; Attitudes About the Efficacy of Traditional Chinese Medicine: Survey on Supermarket Staff in Huanggang, China. *Front Public Health*. 2021;9:722604.
 81. Shen Y, Ba Y, Hu Y, Wang L, Li W. Relationship between the dynamic changes of serum 2019-nCoV IgM/IgG and patient immunity after 6 month hospital discharge. *Inflamm Res*. 2021;70(2):241-247.
 82. Tang L, Jiang Y, Zhu M, et al. Clinical study using mesenchymal stem cells for the treatment of patients with severe COVID-19. *Frontiers of Medicine*. 2020;14(5):664-673.
 83. Tian J, Yan S, Wang H, et al. Hanshiyi Formula, a medicine for Sars-CoV2 infection in China, reduced the proportion of mild and moderate COVID-19 patients turning to severe status: A cohort study. *Pharmacol Res*. 2020;161:105127.
 84. Xu X, Jiang W, Chen L, et al. Evaluation of the safety and efficacy of using human menstrual blood-derived mesenchymal stromal cells in treating severe and critically ill COVID-19 patients: An exploratory clinical trial. *Clin Transl Med*. 2021;11(2):e297.
 85. Zhang X, Xue Y, Chen X, et al. Effects of Tanreqing Capsule on the negative conversion time of nucleic acid in patients with COVID-19: A retrospective cohort study. *J Integr Med*. 2021;19(1):36-41.
 86. Fang B, Zhang W, Wu X, et al. Shenhuang granule in the treatment of severe coronavirus disease 2019 (COVID-19): study protocol for an open-label randomized controlled clinical trial. *Trials*. 2020;21(1):568.

87. Li J, Zhang C, Wu Z, Wang G, Zhao H. The Mechanism and Clinical Outcome of patients with Corona Virus Disease 2019 Whose Nucleic Acid Test has changed from negative to positive, and the therapeutic efficacy of Favipiravir: A structured summary of a study protocol for a randomised controlled trial. *Trials*. 2020;21(1):488.
88. Liu F, Zhu Y, Zhang J, Li Y, Peng Z. Intravenous high-dose vitamin C for the treatment of severe COVID-19: study protocol for a multicentre randomised controlled trial. *BMJ Open*. 2020;10(7):e039519.
89. Liu P, Huang Z, Yin M, et al. Safety and Efficacy of Ixekizumab and Antiviral Treatment for Patients with COVID-19: A structured summary of a study protocol for a Pilot Randomized Controlled Trial. *Trials*. 2020;21(1):999.
90. Liu X, Chen H, Shang Y, et al. Efficacy of chloroquine versus lopinavir/ritonavir in mild/general COVID-19 infection: a prospective, open-label, multicenter, randomized controlled clinical study. *Trials*. 2020;21(1):622.
91. Lu ZH, Yang CL, Yang GG, et al. Efficacy of the combination of modern medicine and traditional Chinese medicine in pulmonary fibrosis arising as a sequelae in convalescent COVID-19 patients: a randomized multicenter trial. *Infect Dis Poverty*. 2021;10(1):31.
92. Nasb M, Sayed Shah ZA, Huang L, Li Q, Chen H. The curative effects of shortwave diathermy on treating Novel coronavirus (COVID-19) pneumonia: A structured summary of a study protocol for a randomised controlled trial. *Trials*. 2020;21(1):609.
93. Qin YY, Zhou YH, Lu YQ, et al. Effectiveness of glucocorticoid therapy in patients with severe coronavirus disease 2019: protocol of a randomized controlled trial. *Chin Med J (Engl)*. 2020;133(9):1080-1086.
94. Si MY, Xiao WJ, Pan C, et al. Mindfulness-based online intervention on mental health and quality of life among COVID-19 patients in China: an intervention design. *Infect Dis Poverty*. 2021;10(1):69.
95. Wang Y, Zhou F, Zhang D, et al. Evaluation of the efficacy and safety of intravenous remdesivir in adult patients with severe COVID-19: study protocol for a phase 3 randomized, double-blind, placebo-controlled, multicentre trial. *Trials*. 2020;21(1):422.
96. Wang ZY, Fu SZ, Xu L, et al. Impact of Shenfu injection on a composite of organ dysfunction development in critically ill patients with coronavirus disease 2019 (COVID-19): A structured summary of a study protocol for a randomized controlled trial. *Trials*. 2020;21(1):738.
97. Ye Q, Wang H, Xia X, et al. Safety and efficacy assessment of allogeneic human dental pulp stem cells to treat patients with severe COVID-19: structured summary of a study protocol for a randomized controlled trial (Phase I / II). *Trials*. 2020;21(1):520.
98. Zeng C, Yuan Z, Pan X, et al. Efficacy of Traditional Chinese Medicine, Maxingshigan - Weijing in the management of COVID-19 patients with severe acute respiratory syndrome: A structured summary of a study protocol for a randomized controlled trial. *Trials*. 2020;21(1):1029.
99. Zhang C, Li J, Wu Z, et al. Efficacy and safety of Anluohuaxian in the treatment of patients with severe Coronavirus disease 2019- a multicenter, open label, randomized controlled study: a structured summary of a study protocol for a randomised controlled trial. *Trials*. 2020;21(1):495.
100. Zhang S, Zhu Q, Zhan C, et al. Acupressure therapy and Liu Zi Jue Qigong for pulmonary

- function and quality of life in patients with severe novel coronavirus pneumonia (COVID-19): a study protocol for a randomized controlled trial. *Trials*. 2020;21(1):751.
101. Zhang Y, Li Z, He J, et al. Efficacy and safety of the combination of Liushen capsules and Arbidol in the treatment of COVID-19: protocol for a randomized, multi-center pilot study. *TMR Modern Herbal Medicine*. 2020;3(4).
102. Chen Y, He W, Lu W, et al. Bufe huoxue capsules in the management of convalescent COVID-19 infection: study protocol for a multicenter, double-blind, and randomized controlled trial. *Pulm Circ*. 2021;11(3):20458940211032125.
103. Wu LH, Ye ZN, Peng P, et al. Efficacy and Safety of Washed Microbiota Transplantation to Treat Patients with Mild-to-Severe COVID-19 and Suspected of Having Gut Microbiota Dysbiosis: Study Protocol for a Randomized Controlled Trial. *Curr Med Sci*. 2021;41(6):1087-1095.
104. Zhang S, Lv Z, Zhu Q, et al. Efficacy of Liu-zi-jue in Patients with 2019 Novel Coronavirus Pneumonia (COVID-19): structured summary of a study protocol for a randomized controlled trial. *Trials*. 2020;21(1):416.
105. Zhang W, Xie Q, Xu X, et al. Baidu Jieduan granules, traditional Chinese medicine, in the treatment of moderate coronavirus disease-2019 (COVID-19): study protocol for an open-label, randomized controlled clinical trial. *Trials*. 2021;22(1):476.