21. limit 20 to english language
22. limit 21 to yr="2005 -Current"

## Supplementary material Two

## Systematic Review Search Strategy

1. women.mp. or Women/
2. woman.mp. or Women/
3. Female/
4. 1 or 2 or 3
5. self-management.mp. or Self-Management/
6. 4 and 5
7. qualitative.mp.
8. 6 and 7
9. chronic.mp.
10. long-term.mp.
11. condition.mp.
12. illness.mp.
13. condition.mp.
14. Health/ or health.mp.
15. 9 or 10 or 11 or 12 or 13 or 14
16.8 and 15
17. barrier*.mp.
18. facilitator*.mp.
19. 17 or 18
20.16 and 19