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LobE-Specific lymph node diSsectiON for clinical early-stage non-small cell lung cancer: protocol for a randomized controlled trial (the LESSON Trial)

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9	3	cancer: protocol for a randomized controlled trial (the LESSON Trial)
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17	6	Lobe-specific lymph node dissection for NSCLC
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51	19	Disclosure: The authors declare no conflict of interest.
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53	20	Funding: None
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21 ABSTRACT

Introduction: Lung cancer was the most common malignancy and the leading cause of cancer-related death either in China or worldwide, and surgery is still the preferred treatment for early-stage non-small cell lung cancer(NSCLC). The pattern of lymph node metastasis might be lobe-specific, and thus, lobe-specific lymph node dissection was proposed to be an alternative to systematic lymph node dissection for the treatment of early-stage NSCLC.

Methods and analysis: The LESSON trial is a single-institutional, randomized, double-blind, and parallel controlled trial to investigate the feasibility of lobe-specific lymph node dissection in clinically diagnosed stage IA1-2 NSCLC. We hypothesize that lobe-specific lymph node dissection(experimental group) is not inferior to systematic lymph node dissection(control group) and intend to include 672 participants for the experimental group and 672 participants for the control group with a follow-up duration of 60months. The primary outcomes are 5-year disease-free survival and 5-year overall survival. The secondary outcomes are metastatic lymph node ratio, postoperative complication incidence and mortality, duration of operation, duration of anesthesia(min), the volume of bleeding(ml), the volume of drainage. The intention-to-treat analysis would be performed in the trial.

39 Ethics and dissemination: This trial was approved by the Ethics Committee on 40 Biomedical Research, West China Hospital of Sichuan University(2021-332). Informed 41 consent would be obtained from all participants. Dissemination activities would include 42 academic conference presentations and peer-reviewed publications. This trial was

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3 4 5	43	registered in the Chinese Clinical Trial Registry(Trial Registration number:
6 7 8	44	ChiCTR2100048415).
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11 12 13	46	Strengths and Limitations of This Study:
14 15	47	1. The LESSON trial is a randomized, double-blind, and parallel controlled trial.
16 17 18	48	2. It investigates the feasibility of lobe-specific lymph node dissection for clinical-stage
19 20 21	49	IA1-2 non-small cell lung cancer, for which we hypothesize is not inferior to systematic
22 23	50	lymph node dissection.
24 25 26	51	3. This study might provide some suggestions in clinical practice on lymph node
27 28	52	dissection for early-stage non-small cell lung cancer.
29 30 31	53	4. This trial would be conducted in a single institution instead of in multiple centers.
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34 35 36	55	INTRODUCTION
34 35 36 37 38 39	55 56	INTRODUCTION Lung cancer was the most common malignancy and the main cause of cancer-related
34 35 36 37 38 39 40 41	55 56 57	INTRODUCTION Lung cancer was the most common malignancy and the main cause of cancer-related death either in China or worldwide[1, 2]. Lung cancer is mainly composed of small cell
34 35 36 37 38 39 40 41 42 43 44	55 56 57 58	INTRODUCTION Lung cancer was the most common malignancy and the main cause of cancer-related death either in China or worldwide[1, 2]. Lung cancer is mainly composed of small cell lung cancer and non-small cell lung cancer(NSCLC), which accounts for about 85% of
34 35 36 37 38 39 40 41 42 43 44 45 46 47	55 56 57 58 59	INTRODUCTION Lung cancer was the most common malignancy and the main cause of cancer-related death either in China or worldwide[1, 2]. Lung cancer is mainly composed of small cell lung cancer and non-small cell lung cancer(NSCLC), which accounts for about 85% of all histological types of lung cancer[3]. With the advances in the technology of lung
34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49	55 56 57 58 59 60	INTRODUCTION Lung cancer was the most common malignancy and the main cause of cancer-related death either in China or worldwide[1, 2]. Lung cancer is mainly composed of small cell lung cancer and non-small cell lung cancer(NSCLC), which accounts for about 85% of all histological types of lung cancer[3]. With the advances in the technology of lung cancer screening, more and more early-stage NSCLC was likely to be diagnosed[4]. At
34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52	 55 56 57 58 59 60 61 	INTRODUCTION Lung cancer was the most common malignancy and the main cause of cancer-related death either in China or worldwide[1, 2]. Lung cancer is mainly composed of small cell lung cancer and non-small cell lung cancer(NSCLC), which accounts for about 85% of all histological types of lung cancer[3]. With the advances in the technology of lung cancer screening, more and more early-stage NSCLC was likely to be diagnosed[4]. At present, surgery is still the preferred treatment for early-stage NSCLC, and current
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34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57	 55 56 57 58 59 60 61 62 63 	INTRODUCTION Lung cancer was the most common malignancy and the main cause of cancer-related death either in China or worldwide[1, 2]. Lung cancer is mainly composed of small cell lung cancer and non-small cell lung cancer(NSCLC), which accounts for about 85% of all histological types of lung cancer[3]. With the advances in the technology of lung cancer screening, more and more early-stage NSCLC was likely to be diagnosed[4]. At present, surgery is still the preferred treatment for early-stage NSCLC, and current guidelines suggest that anatomical lung resection with systematic lymph node dissection or lymph node sampling is the standard treatment for clinical stage I

metastasis might be lobe-specific, lobe-specific lymph node dissection was proposed to
be an alternative to systematic lymph node dissection for the treatment of early-stage
NSCLC[6, 7].

In our previous study, we conducted a meta-analysis to compare the safety and efficacy between lobe-specific lymph node dissection and systemic lymph node dissection in the treatment of early-stage NSCLC. Our findings implied that compared with systemic lymph node dissection, the occurrence of postoperative complications in lobe-specific lymph node dissection decreased significantly but was comparable in long-term survival, indicating that lobe-specific lymph node dissection might be an alternative to systemic lymph node dissection[8, 9]. However, there is no explicit and precise definition of the lobe-specific lymph node dissection and the dissecting range of lymph nodes in previous cohort studies and practice guidelines[10, 11]. The role of lobe-specific lymph node dissection and the explicit dissecting range remains to be further studied and established, and a well-designed and conducted randomized controlled study(RCT) might provide some suggestions to clinical instructions[12].

As shown in our previous retrospective study, the subcarinal and lower mediastinal lymph nodes were all negative when the tumor was located in the upper lobe and with a size of ≤ 2 cm, and the upper mediastinal lymph nodes were all negative when the tumor was located in the lower lobe and with a size of ≤ 2 cm[9]. It reminded us that the lobe-specific lymph node metastasis pattern might be noticed, and the lobe-specific lymph node dissection might be practical, with similar long-term survival and fewer postoperative complications[13]. Therefore, we conducted a double-blind, randomized,

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and parallel-controlled clinical trial to determine the favorable treatment between lobespecific lymph node dissection(L-SLND) and systematic lymph node dissection(SLND)
for treatment of early-stage NSCLC. We hypothesized that lobe-specific lymph node
dissection was not inferior to systematic lymph node dissection in safety and long-term
oncological results.

92

- 93 METHODS
- 94 **Protocol version**
- 95 Protocol V3.0, modified May 16, 2021.
- 96

97 Trial design

This study is a single-institutional, randomized, double-blind, and parallel controlled
trial conducted in Lung Cancer Center, West China Hospital, Sichuan University.
Patients would be enrolled since August 2021, and it would be operated until July 2024.

101

102 Sample size

According to the summarized survival rate of early-stage NSCLC in prior researches, we assumed that the 5-year overall survival(OS) rate was 70% among the total population of lobe-specific lymph node dissection group and the systemic lymph node dissection group, and the non-inferiority threshold of 5-year OS rate was 6%(hazard ratio[HR]=1.25), with a unilateral α of 0.05 and a certainty of 0.8. The recruiting duration is 36 months, and the duration of follow-up is 60 months. In this way, the

109	sample size is 1344 cases as calculated by the Log-rank test[14], in which 672 cases are
110	for the experimental group and 672 cases for the control group.
111	
112	Study population
113	This trial plans to include 1344 patients with clinically diagnosed stage IA1-2 NSCLC,
114	and the trial schema of the patient pathway is shown in Figure 1. The staging is referred
115	to the American Joint Committee on Cancer(the eighth edition)[15, 16].
116	The included patients are required to meet all of the following inclusion criteria:
117	1. Patient aged 18-80 years old;
118	2. The preoperative blood pressure is controlled below 160/100mmHg; the blood
119	glucose is controlled between 5.6 and 11.2 mmol/L; the major organs' function is within
120	normality, including cardiac, pulmonary, hepatic, and nephritic function: (1) the cardiac
121	function examination indicates a Goldman index rated 1-2; (2) the pulmonary function
122	examination indicates an estimated postoperative forced expiratory volume in the first
123	second(FEV ₁) \geq 1.0L; (3) the total bilirubin \leq 1.5×normal upper limit; (4) the alanine
124	transaminase(ALT), aspartate aminotransferase(AST) $\leq 1.5 \times$ normal upper limit; (5) the
125	creatinine $\leq 1.25 \times normal$ upper limit, and creatinine clearance rate $\geq 60 ml/min$;
126	3. The primary preoperative clinical diagnosis is non-small cell lung cancer, including
127	adenocarcinoma, squamous cell carcinoma, large cell carcinoma, and other histological
128	types;
129	4. The thin-layer computed tomography(CT) indicates peripheral tumor[16, 17], whose
130	maximum diameter ≤ 2 cm; the tumors are located in the upper lobe or lower lobe of the

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131	lung with unspecified laterality; the CT imaging indicates nonsolid nodules; the
132	minimum diameter \leq 1cm or the positron emission tomography/computed
133	tomography(PET/CT) indicates no mediastinal lymph node metastasis; the clinical
134	staging is cT1a-1bN0M0 (cIA1-2);
135	5. The Eastern Cooperative Oncology Group performance status(PS) score of 0-1;
136	6. All preoperative examinations are completed within 28 days preoperatively;
137	7. Patients who can comprehend this study and sign an informed consent form.
138	
139	Patients with any of the following exclusion criteria would be ruled out:
140	1. Patients who have received preoperative anti-tumor treatment, including prior
141	radiotherapy, chemotherapy, target therapy, and immunotherapy;
142	2. Patients have a history of other malignancies;
143	3. Patients are diagnosed a secondary malignancy when included;
144	4. Centrally located lung cancer[17, 18];
145	5. Tumors located in the middle lobe;
146	6. Small cell lung cancer;
147	7. Patients have a history of unilateral thoracic surgery;
148	8. Females with pregnancy or lactation;
149	9. Patients with interstitial pneumonitis, pulmonary fibrosis, or severe emphysema;
150	10. Uncontrollable active bacterial infection or fungal infection;
151	11. Severe mental disease;
152	12. Patients have a history of severe cardiac disease, cardiac failure, myocardial

153 infarction, or angina within six months.

155 Randomization, allocation concealment, and blinding

A random number table would be produced via SPSS software(version 22.0; IBM Corp. Armonk, NY, USA) by an independent randomization committee before research, which is confidential to researchers(and related personnel) and patients. A random number selected from the random number table would be allocated into an opaque envelope. An opaque envelope with a random number would be assigned to each patient who is included in the research. The researcher would unfold the envelope and get a random number, according to which the patient would be grouped. The trial is double-blind, and the researcher and the participant would be blinded to the allocation. The allocation would be unblinded when an emergency occurs, and the participant would be withdrawn from the trial.

167 Interventions

Patients in the experimental group would receive lobe-specific lymph node dissection[9]. We would dissect the upper mediastinal lymph node for lung cancer of the upper lobe, subcarinal and lower mediastinal lymph node for lung cancer of lower lobe, and upper mediastinal and subcarinal lymph node for lung cancer of the middle lobe(Table 1). Patients in the control group would receive systematic lymph node dissection, including upper mediastinal, subcarinal, and lower mediastinal lymph nodes. When participants are diagnosed with mediastinal lymph node metastasis, Page 9 of 21

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postoperative adjuvant therapy would be conducted to decrease the risk of recurrenceand metastasis, including target therapy, radiotherapy, and chemotherapy.

The overall follow-up duration would be last for 60 months for each patient(Table 2). The first postoperative follow-up would be on the 30 days postoperatively, and we would focus on the postoperative complications and performance status. Then the follow-up would be performed every six months for the first 24 months postoperatively. We would take the history and physical examination(H&P), focusing on the performance status and weight loss, and require the patients to receive chest CT. Whether the chest CT was contrast-enhanced CT or non-contrast-enhanced CT was determined by the surgeon. The H&P and low-dose non-contrast-enhanced CT would be performed annually in the following 36 months.

Outcomes

The primary outcomes are 5-year disease-free survival(DFS) and 5-year OS. The DFS is defined as the duration(days) from the date of operation to the date of tumor recurrence, and the OS is defined as the duration(days) from the date of operation to the date of death of any cause. The secondary outcomes are metastatic lymph node ratio, postoperative complication incidence, and mortality(\leq 30days), duration of operation(day), duration of anesthesia(min), the volume of bleeding(ml), the volume of drainage(ml). The metastatic lymph node ratio is defined as the ratio of the number of positive lymph nodes divided by all dissected lymph nodes

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197	Data collection,	management,	monitoring,	and analysis
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The data collection and management were achieved by researchers under the guidance of the Data Management Committee of Lung Cancer Center of West China Hospital. All adverse events would be documented in detail and handled properly, which would also be reported to the Data Management Committee and Ethics Committee of West China Hospital of Sichuan University. The principal investigators would periodically review the reported adverse events and evaluate the corresponding subjects' risk and benefit.

The intention-to-treat principle would be performed, and participants would be allocated to the assigned group. Chi-square test or Fisher's exact test is conducted to compare the categorical data between groups; the independent sample t-test or Mann-Whitney nonparametric U test or one-way analysis of variance(ANOVA) test is performed to compare the continuous data between groups; the survival analysis is conducted to compare the long-term prognosis between two groups; bilateral P-value <0.05 is considered statistically significant[19].

Patients or public involvement

214 Patients and the public would not be involved in the design, or conduct, or reporting,

- 215 or dissemination plans of the research. All participants would sign the informed consent
- and be involved in the follow-up.

218 ETHICS AND DISSEMINATION

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219	This trial(Version 3.0) was approved by the Ethics Committee on Biomedical Research,
220	West China Hospital of Sichuan University(2021-332) on May 16, 2021, and registered
221	in the Chinese Clinical Trial Registry(ChiCTR2100048415). The LESSON study
222	would be performed in accordance with the Declaration of Helsinki. All participants
223	would learn the outline of this trial and sign the informed consent, who could also have
224	the right to opt out without medical care being affected, and the tumor specimens would
225	not be collected. A regulatory team from the Ethics Committee of West China Hospital
226	of Sichuan University would review all research data every six months, including data
227	records, medical documents, and electronic case report forms. Important protocol
228	modifications would be reported to the Ethics Committee. The principal investigators
229	would guarantee the participants' right to withdraw from this trial in an emergency to
230	ensure their safety. All research data would be carefully stored and only available for
231	the researchers and monitoring panels. The corresponding result of the trial would be
232	published in academic conference presentations and peer-reviewed publications.
233	
234	Author contributions: W. H. and H. D. contribute to the conceptualization of the
235	study and drafting of the manuscript and took full responsibility for the content,
236	including the data and analysis. W. H., H. D., Z. R., X. T., and D. Z. contribute to the
237	recruitment and data curation. W. H., H. D., K. X., and Y. W. contribute to the formal
238	analysis. W. H., H. D., and Q. Z. contribute to the revision of the manuscript. W. H.,
239	H. D., Z. R., K. X., Y. W., X. T., D. Z., and Q. Z. contribute to the approval of the

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241	Disclosure: The authors declare no conflict of interest. This research did not receive
242	any specific grant from funding agencies in the public, commercial, or not-for-profit
243	sectors.
244	Supplementary data: e-Doc 1, The trial approval from the Ethics Committee on
245	Biomedical Research, West China Hospital of Sichuan University(2021-332).
246	
247	Abbreviations
248	ALT, alanine transaminase

- 249 ANOVA, analysis of variance
- 250 AST, aspartate aminotransferase
- 251 CT, computed tomography
- 252 DFS, disease-free survival
- 253 DL_{CO}, carbon monoxide diffusing capacity
- FEV_1 , forced expiratory volume in the first second
- 255 H&P, history and physical examination
- 256 HR, hazard ratio
- 257 NSCLC, non-small cell lung cancer
- 258 OS, overall survival
- 259 PET/CT, positron emission tomography/computed tomography
 - 260 PS, performance status
- 261 RCT, randomized controlled study

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320 ILLUSTRATED IN THE CASE OF THE BINOMIAL. Biometrika 1934;26:404-13.

321 Figure legends

Figure 1 Scheme of the LESSON Trial. **Abbreviation:** NSCLC, non-small cell lung

323 cancer; L-SLND, lobe-specific lymph node dissection; SLND, systematic lymph node

324 dissection.

to peer terier only

	Lobe-specific lymph node	Systematic lymph nod
	dissection	dissection
Left lung		
Upper lobe	4L, 5, 6	4L, 5, 6, 7,8,9
Lower lobe	7, 8, 9	4L, 5, 6, 7, 8, 9
Right lung		
Upper lobe	2R, 4R	2R, 4R, 7,8,9
Lower lobe	7, 8, 9	2R, 4R, 7, 8, 9

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Table 2 The timeline of data collection Timepoint	and postoperati Preoperative	ve follow-up in the Day of surgery	e LESSON Trial Before discharge	Postoper	ativ	(follow-up)	
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10 11 12	Volume of bleeding	\checkmark	022. Do
12 13 14	Volume of drainage	N	wnloade
15 16 329 17	Abbreviation: H&P, medi	cal and physical examination; CT, computed tomography; CECT, contrast-enha	a great computed tomography; LDCT,
18 330 19 330 20 21 22 23 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42) low-dose computed tomogr	aphy; LNR, lymph node rate.	.ttp://bmjopen.bmj.com/ on March 30, 2023 by guest. Protected by copyrigh
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Enrollment

Allocation

Follow-up

Analysis





四川大学华西医院生物医学伦理审查委员会 Ethics Committee on Biomedical Research, West China Hospital of Sichuan University

四川大学华西医院生物医学伦理审查委员会批件

2021年审(332)号

科室 (专业)	:肺癌中心	项目负责人姓名及	私职称:邓汉宇/讲师
项目名称	肺叶特异性淋巴结清扫术	在早期非小细胞肺	癌中的可行性研究
研究方案	版本号: V3.0		版本日期:2021年5月16日
知情同意书	版本号: V3.0		版本日期:2021年5月16日
招募广告	无		
审查意见:			
1. 研究	飞者资质符合伦理要求。		
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LobE-Specific lymph node diSsectiON for clinical early-stage non-small cell lung cancer: protocol for a randomized controlled trial (the LESSON Trial)

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Primary Subject Heading :	Surgery
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Keywords:	Respiratory tract tumours < ONCOLOGY, Cardiothoracic surgery < SURGERY, Thoracic surgery < SURGERY

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51	19	Disclosure: The authors declare no conflict of interest.
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53	20	Funding: None
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21 ABSTRACT

Introduction: Lung cancer was the most common malignancy and the leading cause of cancer-related death in China or worldwide, and surgery is still the preferred treatment for early-stage non-small cell lung cancer(NSCLC). The pattern of lymph node metastasis was found potentially lobe-specific, and thus, lobe-specific lymph node dissection was proposed to be an alternative to systematic lymph node dissection for the treatment of early-stage NSCLC.

Methods and analysis: The LESSON trial is a single-institutional, randomized, double-blind, and parallel controlled trial to investigate the feasibility of lobe-specific lymph node dissection in clinically diagnosed stage IA1-2 NSCLC with ground-glass opacity components $(\geq 50\%)$. The intraoperative frozen section examination of surgical tissues confirms the histological type of NSCLC. We hypothesize that lobe-specific lymph node dissection(experimental group) is not inferior to systematic lymph node dissection(control group) and intend to include 672 participants for the experimental group and 672 participants for the control group with a follow-up duration of 60 months. The primary outcomes are 5-year disease-free survival and 5-year overall survival. The secondary outcomes are metastatic lymph node ratio, postoperative complication incidence and mortality, duration of operation, duration of anesthesia(min), the volume of bleeding(ml), and drainage volume. The intention-to-treat analysis would be performed in the trial.

41 Ethics and dissemination: This trial was approved by the Ethics Committee on
42 Biomedical Research, West China Hospital of Sichuan University(2021-332). Informed

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43	consent would be obtained from all participants, and dissemination activities would
44	include academic conference presentations and peer-reviewed publications. This trial
45	was registered in the Chinese Clinical Trial Registry(Trial Registration number:
46	ChiCTR2100048415).
47	
48	Strengths and Limitations of This Study:
49	1. The LESSON trial is a single-center, randomized, double-blind, and parallel
50	controlled trial.
51	2. We investigate the feasibility of lobe-specific lymph node dissection for clinical-
52	stage IA1-2 non-small cell lung cancer with ground-glass opacity components(≥50%).
53	3. We hypothesize that lobe-specific lymph node dissection is not inferior to systematic
54	lymph node dissection in long-term survival.
55	4. The primary endpoint will be the 5-year disease-free survival and 5-year overall

56 survival.

- 57 5. The separation of investigators who handled data curation and formal analyses and
- 58 surgeons could ensure the success of trial blinding.

59 INTRODUCTION

Lung cancer was the most common malignancy and the main cause of cancer-related death in China or worldwide[1, 2]. Lung cancer is mainly composed of small cell lung cancer and non-small cell lung cancer(NSCLC), accounting for about 85% of all histological types of lung cancer[3]. With the advances in lung cancer screening technology, more and more early-stage NSCLC is likely to be diagnosed[4]. At present, surgery is still the preferred treatment for early-stage NSCLC, and current guidelines suggest that anatomical lung resection with systematic lymph node dissection(SLND) or lymph node sampling is the standard treatment for clinical stage I NSCLC[5]. Since previous research indicated that the pattern of lymph node metastasis might be lobe-specific, lobe-specific lymph node dissection(L-SLND) was proposed to be an alternative to SLND for the treatment of early-stage NSCLC[6, 7].

In our previous research, we conducted a meta-analysis to compare the safety and efficacy between L-SLND and SLND in treating early-stage NSCLC. Our findings implied that compared with SLND, the occurrence of postoperative complications in L-SLND decreased significantly but was comparable in long-term survival, indicating that L-SLND might be an alternative to SLND[8, 9]. However, there is no explicit and precise definition of the L-SLND and the dissecting range of lymph nodes in previous cohort studies and practice guidelines[10, 11]. The role of L-SLND and its explicit dissecting range remain to be further studied and established, and a well-designed and conducted randomized controlled study(RCT) might provide some suggestions to clinical instructions[12].

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As shown in our previous retrospective study, the subcarinal and lower mediastinal lymph nodes were all negative when the tumor was located in the upper lobe and with a size of ≤ 2 cm, and the upper mediastinal lymph nodes were all negative when the tumor was located in the lower lobe and with a size of <2cm[9]. It reminded us that the lobe-specific lymph node metastasis pattern might be noticed, and the L-SLND might be practical, with comparable long-term survival and fewer postoperative complications[13]. Therefore, we conducted a double-blind, randomized, and parallel-controlled clinical trial to determine the preferred treatment between L-SLND and SLND for early-stage NSCLC. We hypothesized that L-SLND was not inferior to SLND in safety and long-term oncological results. .021.

METHODS

Protocol version

Protocol V3.0, modified May 16, 2021.

Trial design

This study is a single-institutional, randomized, double-blind, and parallel controlled

trial conducted in Lung Cancer Center, West China Hospital, Sichuan University.

Patients had been enrolled since August 2021, and it would be operated until July 2024.

The study with active follow-up would be operated until July 2026.

Sample size

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103 According to the summarized survival rate of early-stage NSCLC in prior research, we assumed that the 5-year overall survival(OS) rate was 70% among the total population 104 105 of the L-SLND group and SLND group. The non-inferiority threshold of the 5-year OS rate was 6%(hazard ratio[HR]=1.25), with a unilateral α of 0.05 and a certainty of 0.8. 106 107 The recruiting duration is 36 months, and the duration of follow-up is 60 months. In 108 this way, the sample size is 1344 cases as calculated by the Log-rank test[14], in which 672 cases are for the experimental group and 672 cases for the control group. We are 109 dedicated to requiring the enrolled patients to be in active follow-up and offer some 110 111 allowance to those patients to reduce the risk of participants loss and enable the trial to reach the target sample size. 112

113

114 **Study population**

This trial intends to include 1344 patients with clinically diagnosed stage IA1-2 NSCLC, and the trial schema of the patient pathway is shown in Figure 1. These preliminary eligible patients would be enrolled in the study cohort and participate in randomization after intraoperative frozen section examination conformity of NSCLC. The staging is referred to the American Joint Committee on Cancer(the eighth edition)[15, 16].

120 The included patients are required to meet all of the following inclusion criteria:

121 1. Patient aged 18-80 years old;

122 2. The preoperative blood pressure is controlled below 160/100mmHg; the blood
123 glucose is controlled between 5.6 and 11.2 mmol/L; the major organs' function is within
124 normality, including cardiac, pulmonary, hepatic, and nephritic function: (1) the cardiac

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125	function examination indicates a Goldman index rated 1-2; (2) the pulmonary function
126	examination indicates an estimated postoperative forced expiratory volume in the first
127	second(FEV ₁) \geq 1.0L; (3) the total bilirubin \leq 1.5×normal upper limit; (4) the alanine
128	transaminase(ALT), aspartate aminotransferase(AST) $\leq 1.5 \times$ normal upper limit; (5) the
129	creatinine $\leq 1.25 \times normal$ upper limit, and creatinine clearance rate $\geq 60 ml/min$;
130	3. The primary preoperative clinical diagnosis highly suggested NSCLC, including
131	adenocarcinoma, squamous cell carcinoma, large cell carcinoma, and other histological
132	types; the clinical staging is T1a-1bN0M0 (IA1-2);
133	4. The thin-layer computed tomography(CT) indicates peripheral tumor[16, 17], whose
134	maximum diameter ≤2cm; the tumors are located in the upper lobe or lower lobe of the
135	lung with unspecified laterality; the CT images indicate nonsolid nodules or the lesions
136	with ground-glass opacity components (consolidation-to-tumor ratio ≤ 0.5 on CT
137	images); the minimum diameter ≤1cm or the positron emission tomography/computed
138	tomography(PET/CT) indicates no mediastinal lymph node metastasis;
139	5. The intraoperative frozen section examination of surgical tissues and hilar lymph
140	nodes confirms the histological type of NSCLC and negative diseases of N1 lymph
141	nodes pathologically;
142	6. The Eastern Cooperative Oncology Group performance status(PS) score of 0-1;
143	7. All preoperative examinations are completed within 28 days preoperatively;
144	8. Patients who can comprehend this study and sign an informed consent form.
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146	Patients with any of the following exclusion criteria would be ruled out:

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148 radiotherapy, chemotherapy, target therapy, and immunotherapy;

- 149 2. Patients have a history of other malignancies;
- 150 3. Patients diagnosed a secondary malignancy when included;
 - 151 4. Centrally located lung cancer, defined as the inner one-third of the hemithorax
- adopted by drawing concentric lines from the midline[17, 18];
- 153 5. Tumors located in the middle lobe;
- 154 6. Small cell lung cancer;
- 155 7. Patients have a history of unilateral thoracic surgery;
- 156 8. Females with pregnancy or lactation;
- 157 9. Patients with interstitial pneumonitis, pulmonary fibrosis, or severe emphysema;
 - 158 10. Uncontrollable active bacterial infection or fungal infection;
- 159 11. Severe mental disease;
- 160 12. Patients have a history of severe cardiac disease, cardiac failure, myocardial
- 161 infarction, or angina within six months;
- 162 13. Tumors with potential pleura involvement on CT images.
- 163

164 **Randomization, allocation concealment, and blinding**

- 165 A random number table would be produced via SPSS software(version 22.0; IBM Corp,
- 166 Armonk, NY, USA) by an independent randomization committee before research,
- 167 confidential to researchers and patients. A random number selected from the random
- 168 number table would be allocated into an opaque envelope, and a random number in the

envelope would be assigned to each enrolled patient. The researcher would unfold the
envelope and get a random number, according to which the patient would be grouped.
The trial is double-blind, and the researcher and the participant would be blinded to the
allocation. The allocation would be unblinded when an emergency occurs, and the
participant would be withdrawn from the trial.

- 175 Interventions

All patients would receive complete lymph node dissection for N1 lymph nodes. As for the mediastinal lymph nodes, patients in the experimental group would receive L-SLND[9]. We would completely dissect the upper mediastinal lymph node for lung cancer of the upper lobe, and the subcarinal and lower mediastinal lymph node for lung cancer of the lower lobe(Table 1). Patients in the control group would receive SLND, including upper mediastinal, subcarinal, and lower mediastinal lymph nodes. We would dissect at least three mediastinal nodal stations(including subcarinal lymph nodes) and a total of six lymph nodes during SLND[11]. Intraoperative frozen section examination of the suspected mediastinal lymph nodes in the L-SLND group would be performed to detect the possible lymph node metastasis, and in the case of positive lymph node metastasis on the frozen section, SLND would be performed intraoperatively.

187 When participants are diagnosed with pathological lymph node metastasis, 188 postoperative adjuvant treatment would be conducted to reduce the risk of recurrence 189 and metastasis, including target therapy and chemotherapy. Adjuvant radiotherapy 190 would be considered in those who receive L-SLND or have positive mediastinal lymph

191 nodes.

The overall follow-up duration would be last for 60 months for each patient(Table 2). The first postoperative follow-up would be on the 30 days postoperatively, and we would focus on the postoperative complications and performance status. Then the follow-up would be performed every six months for the first 24 months postoperatively. We would take the history and physical examination(H&P), focusing on the performance status and weight loss, and require the patients to receive chest CT. Whether the chest CT was contrast-enhanced CT or non-contrast-enhanced CT was determined by the surgeon. The H&P and low-dose non-contrast-enhanced CT would be performed annually in the following 36 months.

202 Outcomes

The primary outcomes are 5-year disease-free survival(DFS) and 5-year OS. The DFS is defined as the duration(days) from the date of operation to the date of tumor recurrence, and the OS is defined as the duration(days) from the date of operation to the date of death of any cause. The secondary outcomes are metastatic lymph node ratio, postoperative complication incidence and mortality(≤30days), duration of operation(day), duration of anesthesia(min), the volume of bleeding(ml), and the volume of drainage(ml). The metastatic lymph node ratio is defined as the ratio of the number of positive lymph nodes divided by all dissected lymph nodes.

212 Data collection, management, monitoring, and analysis

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The data collection and management were achieved by researchers under the guidance of the Data Management Committee of Lung Cancer Center of West China Hospital. All adverse events would be documented in detail and handled properly, which would also be reported to the Data Management Committee and Ethics Committee of West China Hospital of Sichuan University. The principal investigators would periodically review the reported adverse events and evaluate the related subjects' risk and benefit. The intention-to-treat principle would be performed, and participants would be allocated to the assigned group. Chi-square test or Fisher's exact test is conducted to compare the categorical data between groups; the independent sample t-test, Mann-Whitney nonparametric U test, or one-way analysis of variance(ANOVA) test is performed to compare the continuous data between groups; the survival analysis compares the long-term survival between two groups via the Kaplan-Meier method and

log-rank test; a bilateral *P*-value <0.05 is considered statistically significant[19].

227 Patients or public involvement

Patients and the public would not be involved in the research's design, conduct,
reporting, or dissemination plans. All participants would sign the informed consent and
be involved in the follow-up(e-Doc 1).

232 ETHICS AND DISSEMINATION

233 This trial(Version 3.0) was approved by the Ethics Committee on Biomedical Research,

West China Hospital of Sichuan University(2021-332, e-Doc 2) on May 16, 2021, and

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235	registered in the Chinese Clinical Trial Registry(ChiCTR2100048415). The LESSON
236	study would be performed following the Declaration of Helsinki. All participants would
237	learn the outline of this trial and sign the informed consent, who could also have the
238	right to opt-out without medical care being affected, and the tumor specimens would
239	not be collected. A regulatory team from the Ethics Committee of West China Hospital
240	of Sichuan University would review all research data every six months, including
241	research data, medical records, and electronic case report forms. Important protocol
242	modifications would be reported to the Ethics Committee. The principal investigators
243	would guarantee the participants' right to withdraw from this trial in an emergency to
244	ensure their safety. All research data would be carefully stored and only available for
245	the researchers and monitoring panels. The corresponding result of the trial would be
246	published in academic conference presentations and peer-reviewed publications.
247	
248	Author contributions: W. H. and H. D. contributed to the conceptualization of the
249	study and drafting of the manuscript and took full responsibility for the content,
250	including the data and analysis. W. H., H. D., Z. R., X. T., and D. Z. contributed to
251	recruitment and data curation. W. H., H. D., K. X., and Y. W. contributed to the
252	formal analysis. W. H., H. D., and Q. Z. contributed to the revision of the manuscript.

W. H., H. D., Z. R., K. X., Y. W., X. T., D. Z., and Q. Z. contributed to the approval

of the final manuscript. H. D. and Q. Z. contributed to supervision and project

administration.

256 **Competing interests:** The authors declare no conflict of interest.
1 2		
3 4 5	257	Funding: None.
6 7	258	Disclosure: This research did not receive any specific grant from funding agencies in
8 9 10	259	the public, commercial, or not-for-profit sectors.
11 12 13	260	Supplementary data: e-Doc 1, an example of the patient consent form; e-Doc 2, the
14 15	261	trial approval from the Ethics Committee on Biomedical Research, West China
16 17 18	262	Hospital of Sichuan University(2021-332).
19 20 21	263	
22 23	264	Abbreviations
24 25 26	265	ALT, alanine transaminase
27 28	266	ANOVA, analysis of variance
29 30 31	267	AST, aspartate aminotransferase
32 33 34	268	CT, computed tomography
35 36	269	DFS, disease-free survival
37 38 39	270	DL _{CO} , carbon monoxide diffusing capacity
40 41	271	FEV ₁ , forced expiratory volume in the first second
42 43 44	272	H&P, history and physical examination
45 46	273	HR, hazard ratio
47 48 49	274	NSCLC, non-small cell lung cancer
50 51 52	275	OS, overall survival
53 54	276	PET/CT, positron emission tomography/computed tomography
55 56 57	277	PS, performance status
58 59 60	278	RCT, randomized controlled study

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339 Figure legends

Figure 1 Scheme of the LESSON Trial. Abbreviation: NSCLC, non-small cell lung
cancer; IFSE, intraoperative frozen section examination; N1-negative, there is negative
finding or no metastasis for the hilar lymph nodes; L-SLND, lobe-specific lymph node
dissection; SLND, systematic lymph node dissection.

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344 Table 1 The dissected lymph nodes in lobe-specific lymph node dissection and
345 systematic lymph node dissection in the LESSON Trial

	Lobe-specific lymph node	Systematic lymph node
	dissection	dissection
Left lung		
Upper lobe	4L, 5, 6	4L, 5, 6, 7,8,9
Lower lobe	7, 8, 9	4L, 5, 6, 7, 8, 9
Right lung		
Upper lobe	2R, 4R	2R, 4R, 7,8,9
Lower lobe	7, 8, 9	2R, 4R, 7, 8, 9

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347	Table 2 The timeline of data collection	and postoperativ	ve follow-up in the	e LESSON Trial				
	Timepoint	Preoperative	Day of surgery	Before discharge	Postoper	ativ	(follow-up)	
0 1 2		Baseline			30 days	6, 1	$\frac{3}{2}$, 18, 24 months	3, 4, 5 years
3	Eligibility					moade		
5 6 7	H&P	V O		\checkmark	\checkmark			\checkmark
8 9	Blood test	\checkmark		\checkmark	\checkmark	√ √		\checkmark
20 21 22	Chemistry profile	\checkmark		\checkmark	\checkmark	Jobeirio ∕	Σ	\checkmark
23 24 25	Tumor marker	\checkmark		V C	\checkmark	√ UII		\checkmark
6 7	Chest CT/CECT	\checkmark				√ Ma		
28 29 60	Chest LDCT					cri 30, 2		\checkmark
51 52	Metastatic LNR		\checkmark			UZ3 DY		
3 4 5	Postoperative complication incidence				\checkmark	guest. r		
6 7 8	Postoperative mortality					Tolecled b	Σ Σ Σ Σ Σ	
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12 43 44 45		For peer review on	ly - http://bmjopen.b	omj.com/site/about/gui	delines.xhtm	gni. 1	1	

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5 4 5			043 or	
5 6		Duration of operation	√	
7 8 9		Duration of anesthesia	√	
10 11 12		Volume of bleeding	√ √ Do	
13 14		Volume of drainage		
15 16	348	Abbreviation: H&P medica	al and physical examination. CT_computed tomography: CECT_contrast-enhadiced computed tomography. LDCT	,
17 18	2.0			,
19 20	349	low-dose computed tomograp	phy; LNR, lymph node rate.	
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Figure 1 Scheme of the LESSON Trial. Abbreviation: NSCLC, non-small cell lung cancer; IFSE, intraoperative frozen section examination; N1-negative, there is negative finding or no metastasis for the hilar lymph nodes; L-SLND, lobe-specific lymph node dissection; SLND, systematic lymph node dissection.

15x16mm (600 x 600 DPI)

肺叶特异性淋巴结清扫术在早期非小细胞 肺癌中的可行性研究方案知情同意书

尊敬的受试者

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我们邀请您参加四川大学华西医院 SCI 经费支持下批准开展的"肺叶特异性淋巴结清扫术在 早期非小细胞肺癌中的可行性研究方案"课题研究。本研究将在四川大学华西医院开展,估 计将有 1300 名受试者自愿参加。本研究已经得到四川大学华西医院生物医学伦理审查委员 会的审查和批准。

1. 为什么要开展本项研究?

肺癌已成为中国乃至全世界最常见的恶性肿瘤和癌症相关死亡的主要原因。肺癌主要由小细 胞肺癌和非小细胞肺癌组成,非小细胞肺癌占所有肺癌的约85%。随着医学筛查方法的进步, 越来越多的早期非小细胞肺癌被发现。目前,手术仍然是早期非小细胞肺癌的首选治疗方案, 最近的指南都建议解剖性肺切除术和系统性淋巴结清扫或系统性淋巴结采样作为治疗临床 I期非小细胞肺癌标准治疗方案。然而,最近,由于先前的文献提示非小细胞肺癌中的淋巴 结转移模式被认为是肺叶特异性的,因此有学者提出了肺叶特异性淋巴结清扫作为系统性淋 巴结清扫治疗早期非小细胞肺癌的替代方案。在我们的前期研究中,通过将所有最新证据研 究汇集在一起来进行全面的荟萃分析,以比较肺叶特异性淋巴结清扫和系统性淋巴结清扫在 治疗早期非小细胞肺癌中的作用。我们的研究发现与系统性淋巴结清扫相比,肺叶特异性淋 巴结清扫的术后并发症的发生风险显著降低且不会影响患者的长期肿瘤学结果,因此肺叶特 异性淋巴结清扫可以替代系统性淋巴结清扫作为治疗早期非小细胞肺癌的淋巴结清扫方案。 然而,在以往的队列研究和临床指南中,并没有关于肺叶特异性淋巴结清扫清扫范围一致而 确切的定义,因此肺叶特异性淋巴结清扫在早期非小细胞肺癌中的清扫范围仍待进一步研究 和确立,需要进一步的研究去确定肺叶特异性淋巴结清扫的治疗作用以及肺叶特异性淋巴结 清扫清扫范围的精确定义。因此,本新技术课题组拟行以下探究方案来开创性地提出早期非 小细胞肺叶特异性淋巴结清扫术的新技术理念:根据我们开创性提出的早期非小细胞肺癌肺 叶特异性淋巴结清扫的方案,开展前瞻性随机对照研究,对于肺叶特异性淋巴结清扫术和系 统性淋巴结清扫术在治疗早期非小细胞肺癌中的效果,为肺叶特异性淋巴结清扫术作为早期 非小细胞肺癌治疗可选方案之一提供决定性依据。

2. 如果参加研究, 您需要做什么?

如果您同意参与这项研究,我们将对每位受试者进行编号,建立病历档案。由于临床诊断或 治疗需要,您将会被随机分配进入系统性淋巴结清扫术组或肺叶特异性淋巴结清扫术组,手 术中切除的组织除供临床常规病理检查,术后按照标准的复查随访方案进行随访汇报总结。 您的病例报告(个人基本信息除外)会发表于全球性的网站和期刊上,印刷版本和网络版本 会供医生、媒体、大众阅读。

3. 可供选择的诊疗方案有哪些?

目前可供选择的早期肺癌的淋巴结清扫方式包括:系统性淋巴结清扫术或淋巴结采样 术

4. 哪些人不宜参加研究?

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 在手术前已行抗肿瘤治疗(放疗、化疗、靶向治疗、免疫治疗)的患者;2.既往有其他 恶性肿瘤病史的患者;3.入组时合并第二原发癌的患者;4.中央型肺癌;5.小细胞肺癌;6. 既往有单侧开胸手术病史;7.怀孕或处于哺乳期的妇女;8.间质性肺炎、肺纤维化或严重肺 气肿;9.难以控制的活动性细菌或真菌感染;10.严重的精神疾病;11.近6个月内有严重心 脏病、心力衰竭、心肌梗塞或心绞痛发作史。

5. 参加研究有哪些风险?

对于您来说,所有的信息将是保密的。您的手术将由专业人员如外科医师操作。参加研究的风险与手术治疗风险等同,即:术中或者术后大出血:术中损伤神经、血管或邻近器官: 手术切口并发症:血栓栓塞:呼吸系统并发症;循环系统并发症;尿路感染及肾衰:脑血管 意外;肝功能不全等。

本研究中使用的研究治疗或操作可能会对您产生副作用,也可能不会。副作用可从轻度 至非常严重不等,因人而异。参加本研究的所有患者都将被密切关注任何副作用。以下是关 于副作用的要点:

- 部分风险可能很快消失,部分可能持续较长时间,部分可能一直存在。
- 一些风险可能严重,甚至可能导致死亡。

如果您注意或感觉到任何异常,请告知研究医生以便他/她能查看您是否出现了副作用。研究医生可能会治疗副作用或调整研究治疗,以减轻副作用。如果您住得很远或是由于 其他原因而无法赶到研究中心,您需要前往您当地的卫生保健专业服务提供者或当地的急诊 服务处。确保带上您的患者(身份识别)卡,此卡将在开始研究治疗时提供给您,以方便您 与您的研究医生联系。

6. 参加研究有哪些可能的好处?

参加本项研究,您的病情有可能获得改善,本项研究还有助于确定哪种治疗方法可以更 安全有效地治疗与您具有相似病情的其他病人。<u>参加本研究可能无法改善您的健康状况。</u>即 使您没有直接获益,其他人可能从本研究得出的结果中获益。同时本研究会给予受试者补贴 相应的交通和检查费: 交通费: 100 元/人; 术后一月胸部 CT 检查补贴费: 100 元/人。

7. 参加研究需要支付有关费用吗?

本研究参与的受试者无需支付相关费用,如果出现与研究相关的损伤时,将依据国家有 关规定提供相应的治疗与赔偿。如果您觉得您因为参与本研究而受到了损害,请务必告诉您 的研究医生。如果您由于参与本研究而受到损害,您将得到治疗。您的研究医生将向您解释 治疗方案,并告诉您可以在哪里获得治疗。

请您严格遵从研究医生的指导,如果您在本研究过程中发生了损害/伤害,请立即与研 究医生联系,研究医生将向您提供合理且必要的医疗诊治。如果您出现了与研究相关的损害 /伤害,申办方将根据中国相关法律和法规向您赔付治疗该损害/伤害的合理且必要的费用, 并提供适当的补偿。与研究相关的损害/伤害是指由于研究药物给药和/或研究方案中描述的 研究操作的执行直接引起的,但不包括下列任何一项造成的损害/伤害:

- 与研究药物或研究方案规定的步骤不相关;
- 因您原有身体状况或基础疾病的自然进展所导致;
- 因医疗事故导致;
- 因您自己的疏忽、过错或故意的不当行为导致(例如未严格遵守本知情同意书、研究方案、研究医生或研究工作人员提供的指导);

签署此知情同意书不会导致您失去任何合法权利。

8. 个人信息是保密的吗?

您的研究资料将保存在四川大学华西医院,研究者、研究主管部门、伦理审查委员会可 查阅您的医疗记录。任何有关本项研究结果的公开报告将不会披露您的个人身份。我们将在 法律允许的范围内,尽一切努力保护您个人医疗资料的隐私和个人信息。

9. 我必须参加研究吗?

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LobE-Specific lymph node diSsectiON for clinical early-stage non-small cell lung cancer: protocol for a randomized controlled trial (the LESSON Trial)

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1/	6	Lobe-specific lymph node dissection for NSCLC
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22 ABSTRACT

Introduction: Lung cancer was the most common malignancy and the leading cause of cancer-related death in China or worldwide, and surgery is still the preferred treatment for early-stage non-small cell lung cancer(NSCLC). The pattern of lymph node metastasis was found potentially lobe-specific, and thus, lobe-specific lymph node dissection was proposed to be an alternative to systematic lymph node dissection for the treatment of early-stage NSCLC.

Methods and analysis: The LESSON trial is a single-institutional, randomized, double-blind, and parallel controlled trial to investigate the feasibility of lobe-specific lymph node dissection in clinically diagnosed stage IA1-2 NSCLC with ground-glass opacity components $(\geq 50\%)$. The intraoperative frozen section examination of surgical tissues confirms the histological type of NSCLC. We hypothesize that lobe-specific lymph node dissection(experimental group) is not inferior to systematic lymph node dissection(control group) and intend to include 672 participants for the experimental group and 672 participants for the control group with a follow-up duration of 60 months. The primary outcomes are 5-year disease-free survival and 5-year overall survival. The secondary outcomes are metastatic lymph node ratio, postoperative complication incidence and mortality, duration of operation, duration of anesthesia(min), the volume of bleeding(ml), and drainage volume. The intention-to-treat analysis would be performed in the trial.

42 Ethics and dissemination: This trial was approved by the Ethics Committee on
43 Biomedical Research, West China Hospital of Sichuan University(2021-332). Informed

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44 consent would be obtained from all participants, and dissemination activities would
45 include academic conference presentations and peer-reviewed publications. This trial
46 was registered in the Chinese Clinical Trial Registry(Trial Registration number:
47 ChiCTR2100048415).

49 Strengths and Limitations of This Study:

50 1. The LESSON trial is a single-center, randomized, double-blind, and parallel 51 controlled trial.

52 2. We investigate the feasibility of lobe-specific lymph node dissection for clinical-

53 stage IA1-2 non-small cell lung cancer with ground-glass opacity components (\geq 50%).

54 3. We hypothesize that lobe-specific lymph node dissection is not inferior to systematic

55 lymph node dissection in long-term survival.

4. The primary endpoint will be the 5-year disease-free survival and 5-year overall

57 survival.

58 5. The challenge of this trial is to ensure the complete follow-up of the numerous59 participants.

60 INTRODUCTION

Lung cancer was the most common malignancy and the main cause of cancer-related death in China or worldwide[1, 2]. Lung cancer is mainly composed of small cell lung cancer and non-small cell lung cancer(NSCLC), accounting for about 85% of all histological types of lung cancer[3]. With the advances in lung cancer screening technology, more and more early-stage NSCLC is likely to be diagnosed[4]. At present, surgery is still the preferred treatment for early-stage NSCLC, and current guidelines suggest that anatomical lung resection with systematic lymph node dissection(SLND) or lymph node sampling is the standard treatment for clinical stage I NSCLC[5]. Since previous research indicated that the pattern of lymph node metastasis might be lobe-specific, lobe-specific lymph node dissection(L-SLND) was proposed to be an alternative to SLND for the treatment of early-stage NSCLC[6, 7].

In our previous research, we conducted a meta-analysis to compare the safety and efficacy between L-SLND and SLND in treating early-stage NSCLC. Our findings implied that compared with SLND, the occurrence of postoperative complications in L-SLND decreased significantly but was comparable in long-term survival, indicating that L-SLND might be an alternative to SLND[8, 9]. However, there is no explicit and precise definition of the L-SLND and the dissecting range of lymph nodes in previous cohort studies and practice guidelines[10, 11]. The role of L-SLND and its explicit dissecting range remain to be further studied and established, and a well-designed and conducted randomized controlled study(RCT) might provide some suggestions to clinical instructions[12].

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As shown in our previous retrospective study, the subcarinal and lower mediastinal lymph nodes were all negative when the tumor was located in the upper lobe and with a size of ≤ 2 cm, and the upper mediastinal lymph nodes were all negative when the tumor was located in the lower lobe and with a size of <2cm[9]. It reminded us that the lobe-specific lymph node metastasis pattern might be noticed, and the L-SLND might be practical, with comparable long-term survival and fewer postoperative complications[13]. Therefore, we conducted a double-blind, randomized, and parallel-controlled clinical trial to determine the preferred treatment between L-SLND and SLND for early-stage NSCLC. We hypothesized that L-SLND was not inferior to SLND in safety and long-term oncological results. .021.

METHODS

Protocol version

Protocol V3.0, modified May 16, 2021.

Trial design

This study is a single-institutional, randomized, double-blind, and parallel controlled

trial conducted in Lung Cancer Center, West China Hospital, Sichuan University.

Patients had been enrolled since August 2021, and it would be operated until July 2024.

The study with active follow-up would be operated until July 2026.

Sample size

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104 According to the summarized survival rate of early-stage NSCLC in prior research, we assumed that the 5-year overall survival(OS) rate was 70% among the total population 105 106 of the L-SLND group and SLND group. The non-inferiority threshold of the 5-year OS rate was 6%(hazard ratio[HR]=1.25), with a unilateral α of 0.05 and a certainty of 0.8. 107 108 The recruiting duration is 36 months, and the duration of follow-up is 60 months. In 109 this way, the sample size is 1344 cases as calculated by the Log-rank test[14], in which 672 cases are for the experimental group and 672 cases for the control group. We are 110 dedicated to requiring the enrolled patients to be in active follow-up and offer some 111 112 allowance to those patients to reduce the risk of participants loss and enable the trial to reach the target sample size. 113

114

115 **Study population**

This trial intends to include 1344 patients with clinically diagnosed stage IA1-2 NSCLC, and the trial schema of the patient pathway is shown in Figure 1. These preliminary eligible patients would be enrolled in the study cohort and participate in randomization after intraoperative frozen section examination conformity of NSCLC. The staging is referred to the American Joint Committee on Cancer(the eighth edition)[15, 16].

121 The included patients are required to meet all of the following inclusion criteria:

122 1. Patient aged 18-80 years old;

123 2. The preoperative blood pressure is controlled below 160/100mmHg; the blood
124 glucose is controlled between 5.6 and 11.2 mmol/L; the major organs' function is within
125 normality, including cardiac, pulmonary, hepatic, and nephritic function: (1) the cardiac

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126	function examination indicates a Goldman index rated 1-2; (2) the pulmonary function
127	examination indicates an estimated postoperative forced expiratory volume in the first
128	second(FEV ₁) \geq 1.0L; (3) the total bilirubin \leq 1.5×normal upper limit; (4) the alanine
129	transaminase(ALT), aspartate aminotransferase(AST) $\leq 1.5 \times$ normal upper limit; (5) the
130	creatinine $\leq 1.25 \times normal$ upper limit, and creatinine clearance rate $\geq 60 ml/min$;
131	3. The primary preoperative clinical diagnosis highly suggested NSCLC, including
132	adenocarcinoma, squamous cell carcinoma, large cell carcinoma, and other histological
133	types; the clinical staging is T1a-1bN0M0 (IA1-2);
134	4. The thin-layer computed tomography(CT) indicates peripheral tumor[16, 17], whose
135	maximum diameter ≤ 2 cm; the tumors are located in the upper lobe or lower lobe of the
136	lung with unspecified laterality; the CT images indicate nonsolid nodules or the lesions
137	with ground-glass opacity components (consolidation-to-tumor ratio ≤ 0.5 on CT
138	images); the minimum diameter ≤ 1 cm or the positron emission tomography/computed
139	tomography(PET/CT) indicates no mediastinal lymph node metastasis;
140	5. The intraoperative frozen section examination of surgical tissues and hilar lymph
141	nodes confirms the histological type of NSCLC and negative diseases of N1 lymph
142	nodes pathologically;
143	6. The Eastern Cooperative Oncology Group performance status(PS) score of 0-1;
144	7. All preoperative examinations are completed within 28 days preoperatively;
145	8. Patients who can comprehend this study and sign an informed consent form.
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147	Patients with any of the following exclusion criteria would be ruled out:

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- 149 radiotherapy, chemotherapy, target therapy, and immunotherapy;
 - 150 2. Patients have a history of other malignancies;
- 151 3. Patients diagnosed a secondary malignancy when included;
- 152 4. Centrally located lung cancer, defined as the inner one-third of the hemithorax
- adopted by drawing concentric lines from the midline[17, 18];
- 154 5. Tumors located in the middle lobe;
- 155 6. Small cell lung cancer;
- 156 7. Patients have a history of unilateral thoracic surgery;
- 157 8. Females with pregnancy or lactation;
- 158 9. Patients with interstitial pneumonitis, pulmonary fibrosis, or severe emphysema;
- 159 10. Uncontrollable active bacterial infection or fungal infection;
- 160 11. Severe mental disease;
- 161 12. Patients have a history of severe cardiac disease, cardiac failure, myocardial
- 162 infarction, or angina within six months;
- 163 13. Tumors with potential pleura involvement on CT images.
- 164

165 **Randomization, allocation concealment, and blinding**

- 166 A random number table would be produced via SPSS software(version 22.0; IBM Corp,
- 167 Armonk, NY, USA) by an independent randomization committee before research,
- 168 confidential to researchers and patients. A random number selected from the random
- 169 number table would be allocated into an opaque envelope, and a random number in the

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envelope would be assigned to each enrolled patient. The researcher would unfold the
envelope and get a random number, according to which the patient would be grouped.
The trial is double-blind, and the researcher and the participant would be blinded to the
allocation. The allocation would be unblinded when an emergency occurs, and the
participant would be withdrawn from the trial.

- 176 Interventions

All patients would receive complete lymph node dissection for N1 lymph nodes. As for the mediastinal lymph nodes, patients in the experimental group would receive L-SLND[9]. We would completely dissect the upper mediastinal lymph node for lung cancer of the upper lobe, and the subcarinal and lower mediastinal lymph node for lung cancer of the lower lobe(Table 1). Patients in the control group would receive SLND, including upper mediastinal, subcarinal, and lower mediastinal lymph nodes. We would dissect at least three mediastinal nodal stations(including subcarinal lymph nodes) and a total of six lymph nodes during SLND[11]. Intraoperative frozen section examination of the suspected mediastinal lymph nodes in the L-SLND group would be performed to detect the possible lymph node metastasis, and in the case of positive lymph node metastasis on the frozen section, SLND would be performed intraoperatively.

188 Table 1 The dissected lymph nodes in lobe-specific lymph node dissection and

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	Lobe-specific lymph node dissection	Systematic lymph node dissection
Left lung		
Upper lobe	4L, 5, 6	4L, 5, 6, 7,8,9
Lower lobe	7, 8, 9	4L, 5, 6, 7, 8, 9
Right lung		
Upper lobe	2R, 4R	2R, 4R, 7,8,9
Lower lobe 🧹	7, 8, 9	2R, 4R, 7, 8, 9

When participants are diagnosed with pathological lymph node metastasis, postoperative adjuvant treatment would be conducted to reduce the risk of recurrence and metastasis, including target therapy and chemotherapy. Adjuvant radiotherapy would be considered in those who receive L-SLND or have positive mediastinal lymph nodes.

The overall follow-up duration would be last for 60 months for each patient(Table 2). The first postoperative follow-up would be on the 30 days postoperatively, and we would focus on the postoperative complications and performance status. Then the follow-up would be performed every six months for the first 24 months postoperatively. We would take the history and physical examination(H&P), focusing on the performance status and weight loss, and require the patients to receive chest CT. Whether the chest CT was contrast-enhanced CT or non-contrast-enhanced CT was determined by the surgeon. The H&P and low-dose non-contrast-enhanced CT would be performed annually in the following 36 months.

Table 2 The timeline of data collection and postoperative follow-up in the LESSON

207 Trial

	Timepoint	Preoperative	Day of surgery	Before discharge		Postoperati (follow-up)	ve)
		Baseline	-		30 days	6, 12, 18, 24 months	3, 4, 5 years
	Eligibility						
	H&P	\checkmark				\checkmark	\checkmark
	Blood test	\checkmark					\checkmark
	Chemistry profile	\checkmark			\checkmark		\checkmark
	Tumor marker	\checkmark			\checkmark		\checkmark
	Chest CT/CECT	\checkmark				\checkmark	
	Chest LDCT						\checkmark
	Metastatic LNR						
	Postoperative				2		
	complication incidence				N		
	Postoperative mortality						
	Duration of operation						
	Duration of anesthesia						
	Volume of bleeding		V				
	Volume of drainage						
208	Abbreviation: H&P, med	dical and physica	al examina	tion; CT, co	omputed	d tomography	у;
209	CECT, contrast-enhance	d computed to	omography	; LDCT,	low-do	ose compute	ed
210	tomography; LNR, lymph	node rate.					
211							
212	Outcomes						

The primary outcomes are 5-year disease-free survival(DFS) and 5-year OS. The DFS is defined as the duration(days) from the date of operation to the date of tumor recurrence, and the OS is defined as the duration(days) from the date of operation to the date of death of any cause. The secondary outcomes are metastatic lymph node ratio, postoperative complication incidence and mortality(≤30days), duration of

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operation(day), duration of anesthesia(min), the volume of bleeding(ml), and the volume of drainage(ml). The metastatic lymph node ratio is defined as the ratio of the number of positive lymph nodes divided by all dissected lymph nodes. Data collection, management, monitoring, and analysis The data collection and management were achieved by researchers under the guidance of the Data Management Committee of Lung Cancer Center of West China Hospital. All adverse events would be documented in detail and handled properly, which would also be reported to the Data Management Committee and Ethics Committee of West China Hospital of Sichuan University. The principal investigators would periodically review the reported adverse events and evaluate the related subjects' risk and benefit. The intention-to-treat principle would be performed, and participants would be allocated to the assigned group. Chi-square test or Fisher's exact test is conducted to compare the categorical data between groups; the independent sample t-test, Mann-Whitney nonparametric U test, or one-way analysis of variance(ANOVA) test is performed to compare the continuous data between groups; the survival analysis compares the long-term survival between two groups via the Kaplan-Meier method and

log-rank test; a bilateral *P*-value <0.05 is considered statistically significant[19].

237 Patients or public involvement

Patients and the public would not be involved in the research's design, conduct,reporting, or dissemination plans. All participants would sign the informed consent and

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be involved in the follow-up(Supplementary File 1).

ETHICS AND DISSEMINATION This trial (Version 3.0) was approved by the Ethics Committee on Biomedical Research, West China Hospital of Sichuan University(2021-332, Supplementary File 2) on May 16, 2021, and registered in the Chinese Clinical Trial Registry(ChiCTR2100048415). The LESSON study would be performed following the Declaration of Helsinki. All participants would learn the outline of this trial and sign the informed consent, who could also have the right to opt-out without medical care being affected, and the tumor specimens would not be collected. A regulatory team from the Ethics Committee of West China Hospital of Sichuan University would review all research data every six months, including research data, medical records, and electronic case report forms. Important protocol modifications would be reported to the Ethics Committee. The principal investigators would guarantee the participants' right to withdraw from this trial in an emergency to ensure their safety. All research data would be carefully stored and only available for the researchers and monitoring panels. The corresponding result of the trial would be published in academic conference presentations and peer-reviewed publications.

Author contributions: W. H. and H. D. contributed to the conceptualization of the
study and drafting of the manuscript and took full responsibility for the content,
including the data and analysis. W. H., H. D., Z. R., X. T., and D. Z. contributed to

262	recruitment and data curation. W. H., H. D., K. X., and Y. W. contributed to the
263	formal analysis. W. H., H. D., and Q. Z. contributed to the revision of the manuscript.
264	W. H., H. D., Z. R., K. X., Y. W., X. T., D. Z., and Q. Z. contributed to the approval
265	of the final manuscript. H. D. and Q. Z. contributed to supervision and project
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270	Supplementary data: Supplementary File 1, an example of the patient consent form;
271	Supplementary File 2, the trial approval from the Ethics Committee on Biomedical
272	Research, West China Hospital of Sichuan University(2021-332).
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274	Abbreviations
275	ALT, alanine transaminase
276	ANOVA, analysis of variance
277	AST, aspartate aminotransferase
278	CT, computed tomography
279	DFS, disease-free survival
280	DL _{CO} , carbon monoxide diffusing capacity
281	FEV ₁ , forced expiratory volume in the first second
282	H&P, history and physical examination
283	HR, hazard ratio

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4	284	NSCLC, non-small cell lung cancer
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7	285	OS, overall survival
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9	286	PET/CT positron emission tomography/computed tomography
10	200	1 D1/01, position emission temegraphy/compared temegraphy
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12	287	PS, performance status
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14 15	288	RCT, randomized controlled study
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348 Figure legends

Figure 1 Scheme of the LESSON Trial. Abbreviation: NSCLC, non-small cell lung
cancer; IFSE, intraoperative frozen section examination; N1-negative, there is negative
finding or no metastasis for the hilar lymph nodes; L-SLND, lobe-specific lymph node

dissection; SLND, systematic lymph node dissection.

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Figure 1 Scheme of the LESSON Trial. Abbreviation: NSCLC, non-small cell lung cancer; IFSE, intraoperative frozen section examination; N1-negative, there is negative finding or no metastasis for the hilar lymph nodes; L-SLND, lobe-specific lymph node dissection; SLND, systematic lymph node dissection.

肺叶特异性淋巴结清扫术在早期非小细胞 肺癌中的可行性研究方案知情同意书

尊敬的受试者

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我们邀请您参加四川大学华西医院 SCI 经费支持下批准开展的"肺叶特异性淋巴结清扫术在 早期非小细胞肺癌中的可行性研究方案"课题研究。本研究将在四川大学华西医院开展,估 计将有 1300 名受试者自愿参加。本研究已经得到四川大学华西医院生物医学伦理审查委员 会的审查和批准。

1. 为什么要开展本项研究?

肺癌已成为中国乃至全世界最常见的恶性肿瘤和癌症相关死亡的主要原因。肺癌主要由小细 胞肺癌和非小细胞肺癌组成,非小细胞肺癌占所有肺癌的约85%。随着医学筛查方法的进步, 越来越多的早期非小细胞肺癌被发现。目前,手术仍然是早期非小细胞肺癌的首选治疗方案, 最近的指南都建议解剖性肺切除术和系统性淋巴结清扫或系统性淋巴结采样作为治疗临床 I期非小细胞肺癌标准治疗方案。然而,最近,由于先前的文献提示非小细胞肺癌中的淋巴 结转移模式被认为是肺叶特异性的,因此有学者提出了肺叶特异性淋巴结清扫作为系统性淋 巴结清扫治疗早期非小细胞肺癌的替代方案。在我们的前期研究中,通过将所有最新证据研 究汇集在一起来进行全面的荟萃分析,以比较肺叶特异性淋巴结清扫和系统性淋巴结清扫在 治疗早期非小细胞肺癌中的作用。我们的研究发现与系统性淋巴结清扫相比,肺叶特异性淋 巴结清扫的术后并发症的发生风险显著降低且不会影响患者的长期肿瘤学结果,因此肺叶特 异性淋巴结清扫可以替代系统性淋巴结清扫作为治疗早期非小细胞肺癌的淋巴结清扫方案。 然而,在以往的队列研究和临床指南中,并没有关于肺叶特异性淋巴结清扫清扫范围一致而 确切的定义,因此肺叶特异性淋巴结清扫在早期非小细胞肺癌中的清扫范围仍待进一步研究 和确立,需要进一步的研究去确定肺叶特异性淋巴结清扫的治疗作用以及肺叶特异性淋巴结 清扫清扫范围的精确定义。因此,本新技术课题组拟行以下探究方案来开创性地提出早期非 小细胞肺叶特异性淋巴结清扫术的新技术理念:根据我们开创性提出的早期非小细胞肺癌肺 叶特异性淋巴结清扫的方案,开展前瞻性随机对照研究,对于肺叶特异性淋巴结清扫术和系 统性淋巴结清扫术在治疗早期非小细胞肺癌中的效果,为肺叶特异性淋巴结清扫术作为早期 非小细胞肺癌治疗可选方案之一提供决定性依据。

2. 如果参加研究, 您需要做什么?

如果您同意参与这项研究,我们将对每位受试者进行编号,建立病历档案。由于临床诊断或 治疗需要,您将会被随机分配进入系统性淋巴结清扫术组或肺叶特异性淋巴结清扫术组,手 术中切除的组织除供临床常规病理检查,术后按照标准的复查随访方案进行随访汇报总结。 您的病例报告(个人基本信息除外)会发表于全球性的网站和期刊上,印刷版本和网络版本 会供医生、媒体、大众阅读。

3. 可供选择的诊疗方案有哪些?

目前可供选择的早期肺癌的淋巴结清扫方式包括:系统性淋巴结清扫术或淋巴结采样 术

4. 哪些人不宜参加研究?

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 在手术前已行抗肿瘤治疗(放疗、化疗、靶向治疗、免疫治疗)的患者;2.既往有其他 恶性肿瘤病史的患者;3.入组时合并第二原发癌的患者;4.中央型肺癌;5.小细胞肺癌;6. 既往有单侧开胸手术病史;7.怀孕或处于哺乳期的妇女;8.间质性肺炎、肺纤维化或严重肺 气肿;9.难以控制的活动性细菌或真菌感染;10.严重的精神疾病;11.近6个月内有严重心 脏病、心力衰竭、心肌梗塞或心绞痛发作史。

5. 参加研究有哪些风险?

对于您来说,所有的信息将是保密的。您的手术将由专业人员如外科医师操作。参加研究的风险与手术治疗风险等同,即:术中或者术后大出血:术中损伤神经、血管或邻近器官: 手术切口并发症:血栓栓塞:呼吸系统并发症;循环系统并发症;尿路感染及肾衰:脑血管 意外;肝功能不全等。

本研究中使用的研究治疗或操作可能会对您产生副作用,也可能不会。副作用可从轻度 至非常严重不等,因人而异。参加本研究的所有患者都将被密切关注任何副作用。以下是关 于副作用的要点:

- 部分风险可能很快消失,部分可能持续较长时间,部分可能一直存在。
- 一些风险可能严重,甚至可能导致死亡。

如果您注意或感觉到任何异常,请告知研究医生以便他/她能查看您是否出现了副作用。研究医生可能会治疗副作用或调整研究治疗,以减轻副作用。如果您住得很远或是由于 其他原因而无法赶到研究中心,您需要前往您当地的卫生保健专业服务提供者或当地的急诊 服务处。确保带上您的患者(身份识别)卡,此卡将在开始研究治疗时提供给您,以方便您 与您的研究医生联系。

6. 参加研究有哪些可能的好处?

参加本项研究,您的病情有可能获得改善,本项研究还有助于确定哪种治疗方法可以更 安全有效地治疗与您具有相似病情的其他病人。<u>参加本研究可能无法改善您的健康状况。</u>即 使您没有直接获益,其他人可能从本研究得出的结果中获益。同时本研究会给予受试者补贴 相应的交通和检查费: 交通费: 100 元/人; 术后一月胸部 CT 检查补贴费: 100 元/人。

7. 参加研究需要支付有关费用吗?

本研究参与的受试者无需支付相关费用,如果出现与研究相关的损伤时,将依据国家有 关规定提供相应的治疗与赔偿。如果您觉得您因为参与本研究而受到了损害,请务必告诉您 的研究医生。如果您由于参与本研究而受到损害,您将得到治疗。您的研究医生将向您解释 治疗方案,并告诉您可以在哪里获得治疗。

请您严格遵从研究医生的指导,如果您在本研究过程中发生了损害/伤害,请立即与研 究医生联系,研究医生将向您提供合理且必要的医疗诊治。如果您出现了与研究相关的损害 /伤害,申办方将根据中国相关法律和法规向您赔付治疗该损害/伤害的合理且必要的费用, 并提供适当的补偿。与研究相关的损害/伤害是指由于研究药物给药和/或研究方案中描述的 研究操作的执行直接引起的,但不包括下列任何一项造成的损害/伤害:

- 与研究药物或研究方案规定的步骤不相关;
- 因您原有身体状况或基础疾病的自然进展所导致;
- 因医疗事故导致;
- 因您自己的疏忽、过错或故意的不当行为导致(例如未严格遵守本知情同意书、研究方案、研究医生或研究工作人员提供的指导);

签署此知情同意书不会导致您失去任何合法权利。

8. 个人信息是保密的吗?

您的研究资料将保存在四川大学华西医院,研究者、研究主管部门、伦理审查委员会可 查阅您的医疗记录。任何有关本项研究结果的公开报告将不会披露您的个人身份。我们将在 法律允许的范围内,尽一切努力保护您个人医疗资料的隐私和个人信息。

9. 我必须参加研究吗?

参加本项研究是完全自愿的,您可以拒绝参加研究,或在试验的任何阶段随时退出本研 究而不会受到歧视和报复,其医疗待遇与权益不受影响。如果您决定退出本研究,请与您的 医生联系,以便妥善诊疗疾病。

受试者声明:我已经阅读了上述有关本研究的介绍,我的研究人员已向我充分解释和说明了本研究的目的、操作过程以及参加本研究可能存在的风险和潜在的获益,并回答了我所有相关问题。自愿参加本研究。

我同意□ 或拒绝□ 除本研究以外的其他研究利用我的研究资料和生物标本。

受试者正楷姓名:				
受试者签名:	日期:	年_	月	_ 日
受试者的联系电话:	手机号:			
法定代理人正楷姓名:	(如适用)			
与受试者关系:				
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医生声明: 我已对上述参加本研究的自愿者说明了该项研究的有关细节,并且为他/她提供一份签署过的知情同意书的原件。我确认已向受试者详细解释了本研究的情况,特别是参加本研究可能产生的风险与受益、免费与补偿、损害与赔偿、自愿与保密等伦理原则和要求。 医生签名:______日期:____年___年___月__日 医生的联系电话:_____

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四川大学华西医院生物医学伦理审查委员会 Ethics Committee on Biomedical Research, West China Hospital of Sichuan University

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2021年审(332)号

科室 (专业)	: 肺癌中心 项目负责人姓名及职称:邓汉宇/讲师		
项目名称 肺叶特异性淋巴结清扫术在早期非小细胞肺癌中的可行性研究			
研究方案	版本号: V3.0		版本日期:2021年5月16日
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招募广告	无		
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