



Hearing in 44-45 year olds with m.1555A>G, a genetic mutation predisposing to aminoglycoside-induced deafness: a population based cohort study

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2 **Hearing in 44-45 year olds with m.1555A>G, a genetic mutation predisposing to**
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4 **aminoglycoside-induced deafness: a population based cohort study.**
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1
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ARTICLE SUMMARY

Article focus:

- Individuals who have the m.1555A>G mutation are exquisitely sensitive to rapid-onset hearing loss after receiving aminoglycosides at normal therapeutic levels.
- We sought to determine whether a cohort of mature individuals with the m.1555A>G mutation have hearing loss by their mid-forties, because the mutation has been reported to cause later-onset, less severe hearing loss in people who have never been exposed to aminoglycosides.

Key messages:

- This study demonstrates the prevalence of m.1555A>G to be 1 in 385 (95% CI 1 in 714 to 1 in 263) in the 1958 British birth cohort, confirming that this mutation occurs frequently in Caucasian populations.
- The hearing of individuals with the m.1555A>G mutation is no different to that of the general population at age 44-45 years, in contrast to previous reports which suggested that hearing decreases with age in people with m.1555A>G; any such effect is not large and likely to be subject to previous ascertainment bias.
- These findings lend weight to the argument for genetic testing for the m.1555A>G mutation prior to aminoglycoside administration, in order to prevent avoidable hearing loss.

Strengths and limitations of this study:

- Hearing data has been collected prospectively, which avoids some of the biases inherent in studies related to deafness and hearing loss.
- A potential limitation of the study was that data on aminoglycoside exposure were not collected.

ABSTRACT

Background: The mitochondrial DNA mutation m.1555A>G predisposes to permanent idiosyncratic aminoglycoside-induced deafness that is independent of dose. Research suggests that in some families m.1555A>G may cause non-syndromic deafness, without aminoglycoside exposure, as well as reduced hearing thresholds with age (age-related hearing loss).

Objectives: To determine whether adults with m.1555A>G have impaired hearing, a factor which would inform the cost-benefit argument for genetic testing prior to aminoglycoside administration.

Design: Population-based cohort study.

Setting: United Kingdom.

Participants: Individuals from the British 1958 birth cohort

Measurements: Hearing thresholds at 1kHz and 4kHz at age 44-45 years; m.1555A>G genotyping.

Results: 19 of 7350 individuals successfully genotyped had the m.1555A>G mutation, giving a prevalence of 0.26% (95%CI 0.14-0.38) or 1 in 385 (95%CI 1 in 714 to 1 in 263). There was no significant difference in hearing thresholds between those with and without the mutation. SNP analysis indicated that the mutation has arisen on a number of different mitochondrial haplogroups.

Limitations: No data was collected on aminoglycoside exposure. For three subjects hearing thresholds could not be predicted because information required for modelling was missing.

Conclusions: In this cohort hearing in those with m.1555A>G is not significantly different from the general population and appears to be preserved at least until 44-45 years of age. Unbiased ascertainment of mutation carriers provides no evidence that this mutation alone causes non-syndromic hearing impairment in the UK. Our findings lend weight to arguments for genetic testing for this mutation prior to aminoglycoside administration, as hearing in susceptible individuals is expected to be preserved well into adult life. Since global use of aminoglycosides is likely to increase, development of a rapid test is a priority.

INTRODUCTION

Aminoglycosides are widely used for treatment of and prophylaxis against serious Gram negative infections. They are used in many situations including neonatal septicemia especially in premature babies where they are often first-line treatment, surgical prophylaxis in beta-lactam-allergic patients of all ages, febrile neutropenia, septic shock and drug resistant tuberculosis. They are well-known to be ototoxic (i.e. toxic to the cochlea and the vestibular system) and nephrotoxic, and therefore drug levels are monitored to ensure that they are within recommended limits. However, 1 in 500 people has a maternally inherited genetic mitochondrial DNA (mtDNA) mutation, termed m.1555A>G, which predisposes to extreme idiosyncratic hypersensitivity to aminoglycosides, resulting in permanent and profound deafness.[1;2] In such patients, standard doses *with drug levels within the therapeutic range* cause severe, irreversible ototoxicity.

It is also reported that m.1555A>G can cause hearing loss even in the absence of aminoglycoside exposure, although this tends to be less severe and of later onset [3;4] and that nuclear-encoded modifier genes may increase penetrance of the mutation in such cases.[5] The m.1555A>G mutation has also been reported to cause age-related hearing loss: in the Blue Mountains Hearing Study, consisting of non-institutionalised permanent residents of two suburban areas west of Sydney over the age of 49 years, Vandebona *et al* reported that mean auditory thresholds were significantly higher in three of six carriers of m.1555A>G compared with the general population.[6]

Aminoglycosides exert their antibacterial effects by binding to the decoding region, specifically the aminoacyl-tRNA acceptor site (or A site) of bacterial ribosomes, altering their conformation.[7] This destabilises codon-anticodon pairing, resulting in codon misreading that induces errors in protein synthesis.[8] In the human mitochondrion, mtDNA encodes 13 protein components of the oxidative phosphorylation (OXPHOS) system translated on mitochondrial ribosomes. Inaccurate mitochondrial translation may lead to errors in these proteins, resulting in inefficient OXPHOS, impaired ATP generation and increased production of reactive oxygen species (ROS). Human mitochondrial ribosomes bear a structural resemblance to bacterial ribosomes, from which they evolved, but the sequence at the decoding region in humans is different from that at the

1
2 corresponding site in bacterial ribosomes and does not normally allow aminoglycoside binding.
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4 Mutation from adenine to guanine at position 1555 of the human mitochondrial 12S rRNA causes a
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6 structural rearrangement which facilitates aminoglycoside binding. The mechanism by which this
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8 mutation causes deafness is unproven but is thought to involve the generation of toxic ROS in the
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10 cochlear hair cells.[9]
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15 There is an argument for genetic testing prior to aminoglycoside use, so that alternative antibiotics
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17 can be selected for those with the mutation in order to prevent life-long deafness.[1] However cost-
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19 benefit analyses also take into account the observations that m.1555A>G may cause later onset
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21 hearing loss in the absence of aminoglycosides, and that gradual hearing loss may be an
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23 inevitable consequence of the mutation.[10]
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28 We wanted to ascertain hearing levels in adults with m.1555A>G in order to determine whether
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30 normal hearing is preserved into middle age, an observation which would strengthen the argument
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32 for genetic testing prior to aminoglycoside usage.
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35 36 **METHODS**

37 38 **Design**

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40 We performed a population based cohort study by genotyping 7747 DNA samples from the 1958
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42 British birth cohort for the m.1555A>G mutation and comparing the genotype with hearing outcome
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44 at 44-45 years. We haplogrouped those who had m.1555A>G by GeneChip® resequence analysis
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46 (see below), to ensure that not all subjects belonged to a single haplogroup that might be
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48 influencing penetrance of the mutation.
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51 52 53 **Study population**

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55 The British 1958 cohort (also known as the National Child Development Study) includes all births in
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57 England, Wales and Scotland during one week in 1958. From an original sample of over 17,000
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59 births, survivors were followed up at ages 7, 11, 16, 23, 33 and 42 years and at 44-45 years by
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biomedical interview and test. Immigrants of the same dates of birth were identified at ages 7, 11

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2 and 16, and followed into adulthood, but adult immigrants (after age 16) have not been included.
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4 Data collected up to age 42 years by interviews with parents and cohort members, and at school
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6 medical examinations, includes information on growth, health and health-related behaviour, family
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8 background, socio-economic circumstances, behavioural, emotional and cognitive development,
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10 educational achievement, employment, psychosocial work characteristics, partnership and
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12 pregnancy histories.
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17 All eligible cohort members (ie. all except 'permanent refusals') were invited to participate in a
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19 clinical examination by a trained research nurse visiting their home. Following a period of piloting,
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21 this fieldwork started in September 2002 and was completed in March 2004. The visits were
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23 carried out by a team of over 120 specially trained nurses from the National Centre for Social
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25 Research, who conducted the annual Health Surveys of England and Scotland. From a target
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27 sample of 12,069 persons, 9377 cohort members were visited. 8894 of these have a valid hearing
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29 measure at 1 and 4 kHz.
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34 Blood samples were collected from 88% of those examined, and 97% of these gave consent to
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36 creation of immortalised cell lines, and extraction and storage of DNA for medical research
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38 purposes. 8018 blood samples were received from subjects who gave consent to extraction of
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40 DNA, and 7980 of these also gave consent for creation of immortalised cell cultures. More details
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42 of the DNA collection are available from the [Access Committee for CLS Cohorts \(ACCC\)](http://www2.le.ac.uk/projects/birthcohort) website
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44 (<http://www2.le.ac.uk/projects/birthcohort>). This study was approved by the SouthEast Multi-Centre
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46 Research Ethics Committee.
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51 52 **Genotyping**

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54 Genotyping was performed by KBioscience (<http://www.kbioscience.co.uk>; protocols available on
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56 request) following successful 'blind' validation of the assay using known positive and negative
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58 controls. SNP genotyping for m.1555A>G was performed by competitive allele polymerase chain
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60 reaction (PCR, KASPar) (<http://www.kbioscience.co.uk/genotyping/genotyping-chemistry.htm>).
Blanks and duplicate samples were included in all plates for quality assurance purposes.

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4 7747 samples were genotyped. The 19 individuals who had m.1555A>G were confirmed 'in house'
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6 by conventional dideoxy termination cycle sequencing to have the mutation, and haplogroups were
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8 constructed from genotypes generated by GeneChip® resequence analysis.
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10 11 12 13 **GeneChip® resequence analysis**

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15 The GeneChip® Human Mitochondrial Resequencing Array 2.0 (Affymetrix) was used to
16
17 interrogate the entire mtDNA sequence of the 19 individuals found to carry the m.1555A>G
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19 mutation. The 16.5kb mitochondrial genome was amplified in two fragments using the Expand
20
21 Template Long PCR kit from Roche Diagnostics according to the manufacturer's protocol.
22

23 PCR primers were Mito1-2F ACATAGCACATTACAGTCAAATCCCTTCTCGTCCC, Mito1-2R
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25 ATTGCTAGGGTGGCGCTTCCAATTAGGTGC-9307, Mito3F

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27 TCATTTTTATTGCCACAACCTCCTCGGACTC and Mito3R

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29 CGTGATGTCTTATTTAAGGGGAACGTGTGGGCTAT-7814. Cycling conditions consisted of an
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31 initial denaturation step of 3 mins at 94°C, followed by 10 cycles of denaturation for 10 secs at
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33 94°C, annealing for 30 secs at 60°C and extension for 10 mins at 68°C; then 25 cycles of
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35 denaturation for 10 secs at 94°C, annealing for 30 secs at 60°C and extension for 10 mins + an
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37 additional 20 secs per cycle at 68°C; and a final extension step of 10 mins at 68°C. Concentration
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39 of DNA in the long PCR products was determined using nanodrop spectrophotometry and
40
41 equimolar concentrations of the two PCR products were pooled. These were digested with
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43 DNaseI. Prehybridisation, hybridisation, washing and scanning of the GeneChip® were performed
44
45 according to the Affymetrix CustomSeq Resequencing protocol. Sequences were analysed using
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47 GSEQ 4.2 software. SNPs were automatically called by GSEQ and presented in a SNP viewer
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49 format. Haplogroups were assigned manually by examination of key defining polymorphisms (see
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51 Table 2)
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59 **Pure tone audiometry at age 44-45 years**

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Pure tone audiometry was performed by air conduction in each ear, at frequencies of 1 kHz and 4
kHz according to the British Society of Audiology recommended procedure. MA25 portable

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2 audiometers with TDH 49 earphones in audiocups were used, calibrated to British Standard BS EN
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4 ISO 389-1 (2000) (identical to ISO 389-1). Testing was carried out by the study research nurses
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6 who received training from experienced audiologists.[11] Only information from completed tests
7
8 was used.
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10 11 12 **Statistical analysis**

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14 Hearing threshold in the better ear at two frequencies (1kHz, 4 kHz), transformed by log
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16 transformation ($\log(y+16.6)$ for 1 KHz, $\log(y+20.6)$ for 4 KHz) subject to difference between ears
17
18 being less than 20 dB (at 1 kHz , 4 kHz) was modeled by multiple regression in relation to family
19
20 history of hearing loss (yes/no), diabetes (age of onset >20 years), gender, noise at work (>5
21
22 years, 1-5 yrs, <1 yr, none) with further control for noise at test (yes/no). Those with conductive
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24 hearing loss in childhood (by proxy measures at ages 7,11 years) or with profound hearing loss at
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26 ages 7 or 11 years (>60 dB) were excluded. Modeling was on the non-mutation (non-carrier) data.
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28 90% prediction intervals from this model were applied to the mutation (carrier) data and are shown
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30 transformed back to the dB scale in Table 3. The model was checked at both frequencies to rule
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32 out multicollinearity, and plots of residuals against fitted values and normal plots did not reveal any
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34 heteroscedasticity or non-normality of residuals. No cases with high influence (Cook's distance)
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36 were found. Predictions from the model and 90% prediction intervals are transformed back to the
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38 raw scale.
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46 As missing values on explanatory variables resulted in only 18% of cases (1635 out of 9532) with
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48 valid dependent values being lost to analysis it was not considered necessary to use imputation or
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50 weighting methods to compensate for this.
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54 **Role of the Funding Source:**

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56 The funding source had no role in study design or conduct, data collection, data analysis,
57
58 interpretation, or in preparation, review, approval or submission of the report.
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RESULTS

Genotyping

Genotyping was successful for 7350 of 7747 individuals (Table 1). Of these, 19 had m.1555A>G, giving a prevalence of 0.26% (95%CI 0.14-0.38) or 1 in 385 (95%CI 1 in 714 to 1 in 263). Both cycle sequence and GeneChip® resequence analyses confirmed that all 19 samples had m.1555A>G, as reported by GSEQ in SNP viewer and by manual inspection of the mock electropherograms.

Table 1. Genotyping results for m.1555A>G

	Frequency	Valid percent
Valid A	7331	99.7
Valid G	19	0.3
Total	7350	100.0

Haplogrouping of those with m.1555A>G was performed by GeneChip® resequence analysis, to ensure that subjects did not all belong to a single haplogroup that might be influencing penetrance of the mutation. All the haplogroups found were of European ancestry, as expected in the British 1958 cohort (Table 2). The most prevalent haplogroup was 'J' followed by 'U' and finally 'H'. This haplogroup prevalence was very similar to that of the Blue Mountains cohort, in which two of five mutation carriers belonged to haplogroup 'J', two to 'U' and one to 'H'.^[6]

Table 2. Haplogroup prevalence in 1958 cohort

Number of Samples	Percentage	Characterising SNPs	Haplogroup
8	42%	14766T, 4216T, 13708G	J
6	32%	14766T, 12308A, 10550G	U
5	26%	14766C, 7028C	H

Hearing comparison with non-mutation carriers

We compared hearing thresholds in the better hearing ear at 1kHz and 4kHz in those with and without the mutation. Table 3 shows hearing data of 19 individuals carrying m.1555A>G from the 1958 birth cohort with 90% prediction intervals. We found no significant difference between the two groups at age 44-45 years. One individual, subject 6, had a hearing threshold at 4kHz that was above the 90% prediction intervals of the model and one person, subject 9, had a threshold at 1kHz that was below.

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Table 3. Hearing data of 19 individuals carrying m.1555A>G from the 1958 birth cohort with 90% prediction intervals

Those without predicted hearing thresholds lacked information required for modelling (missing values on one or more explanatory variables)

Key: dBHL = decibel hearing level.

Case	At 1kHz (dBHL)				At 4kHz (dBHL)			
	Observed hearing threshold	Predicted hearing threshold	Lower Predicted hearing threshold (5 th percentile)	Upper predicted hearing threshold (95 th percentile)	Observed hearing threshold	Predicted hearing threshold	Lower Predicted hearing threshold (5 th percentile)	Upper Predicted hearing threshold (95 th percentile)
1	10	-	-	-	15	-	-	-
2	0	4.07	-4.36	18.32	25	7.37	-5.8	32.27
3	5	5.16	-3.71	20.18	0	8.81	-5.04	35
4	5	4.37	-4.18	18.83	5	6.25	-6.39	30.14
5	5	5.51	-3.5	20.76	-5	4.12	-7.52	26.12
6	0	4.07	-4.36	18.32	35	7.37	-5.8	32.27
7	5	5.61	-3.45	20.93	0	10.57	-4.11	38.32
8	0	4.66	-4	19.31	5	2.56	-8.35	23.16
9	-10	4.66	-4	19.31	10	2.56	-8.35	23.16
10	0	5.4	-3.57	20.58	0	9.17	-4.85	35.68

11	10	6.55	-2.9	22.53	10	7.53	-5.72	32.6
12	5	4.66	-4	19.31	10	2.56	-8.35	23.16
13	5	5.76	-4	19.31	0	2.56	-8.35	23.16
14	10	-	-	-	0	-	-	-
15	0	4.37	-4.18	18.83	5	6.25	-6.39	30.14
16	0	4.66	-4	19.31	10	2.56	-8.35	23.16
17	10	4.07	-4.36	18.32	5	7.37	-5.8	32.27
18	15	5.91	-3.27	21.45	15	6.29	-6.38	30.22
19	10	-	-	-	5	-	-	-

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DISCUSSION

We have shown that 1 in 385 (95% CI 1 in 714 to 1 in 263) people in the British 1958 cohort have the m.1555A>G mutation, but that at age 44-45 years their hearing is not significantly different from those without the mutation. Data on aminoglycoside exposure have not been prospectively collected in this cohort but it is likely that no-one has been exposed to this major environmental trigger, and that the avoidance of aminoglycosides in susceptible people can be expected to result in normal hearing, at least until 44-45 years of age.

The normal hearing of the individuals identified in this study suggests that m.1555A>G is a susceptibility factor, requiring other environmental and/or genetic factors to result in deafness, the most common environmental interaction being aminoglycoside exposure. The frequency of m.1555A>G of 1 in 385, together with the normal hearing of mutation carriers in the 1958 birth cohort and previously in children of the ALSPAC cohort who have the mutation,[1] raises the question of whether it is truly pathogenic. Both genetic and biochemical evidence support its pathogenic role. The frequency of this mutation in individuals who have become deaf following aminoglycosides is 13-60%,[12;13] a frequency far greater than that in the hearing population; and in countries such as Spain and China, where aminoglycosides are widely used, this mutation accounts for 27% of cases of familial progressive deafness.[4] In addition, biological data have demonstrated defects in mitochondrial protein synthesis leading to reduced OXPHOS in cell lines from affected individuals.[14-16] These defects are caused by the mtDNA mutation itself because they were transferred with mutant mtDNA when enucleated patient cells were fused with cells lacking mtDNA (rho-zero cells) to make transmitochondrial cybrids.[16]

It appears that the accuracy of *correct* amino acid incorporation into synthetic polypeptides is reduced in the presence of m.1555A>G, and more so in the presence of aminoglycosides, thereby causing reduced biological activity of the proteins assayed.[8] Construction of artificial bacterial hybrid ribosomes has demonstrated that this effect was evident at 25 fold lower concentrations of aminoglycoside compared to that observed in non-mutant ribosomes, mimicking the enhanced sensitivity of the mutation-bearing human ear to aminoglycosides.

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4 An unanswered question is why m.1555A>G appears to cause only deafness, in the absence of
5 nephrotoxicity or other systemic effects typically seen in dose-related aminoglycoside toxicity. We
6 hypothesise that the stria vascularis, a highly specialised metabolically-active layered epithelium
7 rich in mitochondria which lines the lateral wall of the cochlear duct, is the primary site of
8 aminoglycoside toxicity in individuals with the m.1555A>G mutation. The stria is responsible for
9 energy dependent transport of ions into the endolymphatic fluid of the cochlear duct compartment.
10 This generates a large positive extracellular potential, the endocochlear potential (EP) of +80-
11 100mV, and high potassium concentration (150mM) in the endolymph of the cochlea, necessary
12 for auditory transduction (Figure 1a). It is known that if energy-dependent ion transport is inhibited,
13 EP falls rapidly (Figure 1b) and so does hearing sensitivity.
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28 We hypothesise that when aminoglycosides bind to the decoding site of mutant mitochondrial
29 ribosomes in the stria, the marked reduction in fidelity of translation of the OXPHOS proteins
30 causes an energetic defect resulting in a significant reduction in EP; this then further attracts
31 positively charged aminoglycosides into the cochlear duct where they achieve a higher
32 concentration than usual. Because the EP is unique to the cochlea and not generated in the
33 vestibular system, the toxic effects of m.1555A>G at 'normal' doses of aminoglycosides are
34 observed only in the cochlea.[17] From the endolymph, aminoglycosides then pass into the
35 cochlear sensory hair cells through mechanotransduction channels in their apical surface which
36 open in response to sound. Once in the hair cells the half-life of aminoglycosides is extremely long;
37 animal studies have shown that aminoglycosides are detectable in cochlear hair cells for up to 6
38 months after administration, so increased concentration of aminoglycosides in the endolymph is
39 likely to result in rapid accumulation, at what are considered to be 'normal' drug levels.[18;19]
40 Finally the concomitant pre-existing mitochondrial OXPHOS defect within the hair cells themselves
41 is associated with increased production of ROS and generation of iron species. The iron species
42 bind to aminoglycosides to produce a toxic complex, which mediates cochlear cell death via
43 apoptosis (Figure 1c).
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2 In addition to aminoglycoside-induced ototoxicity, m.1555A>G has also been reported to cause
3 non-syndromic hearing loss without aminoglycoside exposure. However, in those families hearing
4 loss was less severe and of later onset.[3;4] It has been proposed that in such families there is an
5 additional genetic modifier which causes hearing loss in the absence of aminoglycosides. One
6 such modifier, the A10S variant in the gene encoding *TRMU*, a mitochondrial protein related to
7 transfer RNA (tRNA) modification, was also assayed in our cohort but no-one with m.1555A>G
8 was homozygous for this variant and so we cannot assess whether hearing threshold might be
9 influenced by this additional variant. Clearly, in the UK, both in the 1958 cohort and the ALSPAC
10 cohort, there does not appear to be any evidence that m.1555A>G causes non-syndromic hearing
11 loss in our population. Recently, Vandebona *et al* reported that m.1555A>G causes age-related
12 hearing loss: mean auditory thresholds were significantly higher in three of six carriers of
13 m.1555A>G, compared with the general population.[6] We find no such effect. However their
14 population was significantly older than the 1958 cohort and we cannot exclude that those with
15 m.1555A>G in our cohort will experience deterioration in hearing thresholds greater than would be
16 expected for their age in later life.

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36 Our work describes the findings in a birth cohort on whom hearing data has been collected
37 prospectively, and as a result avoids some of the biases which are inherent in studies related to
38 deafness and hearing loss. It confirms our previous prevalence figures, and since the cohort is not
39 a geographical one, it does not suffer from the potential confounder that all individuals with the
40 mutation could share a common (local) ancestor. In fact, we have excluded this possibility by
41 demonstrating that the mutation has arisen on a number of different European mitochondrial
42 haplogroups. Nevertheless, a potential limitation of the study was that data on aminoglycoside
43 exposure were not collected and that in three of the nineteen subjects hearing thresholds could not
44 be predicted because information required for modeling was missing. However their measured
45 hearing thresholds appear to be well within accepted criteria for normality. Further sources of bias
46 could be secondary to genotyping failures, particularly if mutation carriers with raised hearing
47 thresholds were overrepresented in this group.

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2 Our finding of normal hearing in adults with m.1555A>G up to the age of 44-45 years has
3 considerable implications for public health globally as well as routine clinical practice. Global usage
4 of aminoglycosides is likely to increase, particularly with the emergence of multidrug resistant
5 tuberculosis (MDR-TB), since these are cheap antimicrobial agents with broad spectrum coverage
6 recommended as second line treatment for use in MDR-TB. Over half a million new cases of MDR-
7 TB are reported per year, with a likely global prevalence of at least two to three times that
8 figure.[20] We have confirmed that m.1555A>G is common (almost 1 in 400 individuals) and
9 showed previously that it is associated with normal hearing in childhood.[1] Therefore many
10 people at risk of aminoglycoside-induced hearing loss are likely to have normal hearing if they
11 have not been exposed to aminoglycosides, and will not be suspected of being susceptible by any
12 means other than genetic testing. Rapid genetic testing prior to aminoglycoside administration
13 would be ideal in order to prevent avoidable deafness.[21;22] because those who have the
14 mutation should be prescribed alternative antibiotics. Currently all genetic screening is performed
15 on an elective basis rather than in an acute situation because no rapid testing is available.
16 Premature neonates pose a particular problem since they cannot be electively tested and
17 aminoglycosides are widely used for the treatment of suspected neonatal sepsis, where they are
18 highly effective and drug resistance is low. Developing countries are also a major concern since
19 aminoglycoside usage is likely to increase together with MDR-TB.

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43 In conclusion, the m.1555A>G mutation predisposing to aminoglycoside ototoxicity is prevalent in
44 Caucasian populations, with a frequency of 1 in 385 in the 1958 British birth cohort. Reassuringly,
45 normal hearing is maintained until 44-45 years in individuals with the mutation. This is one factor
46 which would favour screening for this mutation prior to aminoglycoside administration, to avoid
47 preventable deafness. However arguments around preemptive pharmacogenetic testing are often
48 complex and based on models with missing information; we concur that further research is needed
49 to inform the case.[23]

What is already known on this subject

- Aminoglycosides are highly effective antimicrobials with low levels of antibiotic resistance.

Known side effects include *dose-related* ototoxicity and nephrotoxicity.

- Individuals who have the m.1555A>G mutation in the mitochondrial DNA are exquisitely sensitive to rapid-onset hearing loss after receiving aminoglycosides at *normal therapeutic levels*.

What this study adds

- This study demonstrates the prevalence of m.1555A>G to be 1 in 385 (95% CI 1 in 714 to 1 in 263) in the 1958 British birth cohort, confirming that this mutation occurs frequently in Caucasian populations.
- The hearing of individuals with the m.1555A>G mutation is no different to that of the general population at age 44-45 years, in contrast to previous reports suggesting increasing hearing loss with age in people with m.1555A>G.
- These findings lend weight to the argument for genetic testing for the m.1555A>G mutation prior to aminoglycoside administration, in order to prevent avoidable hearing loss.

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Competing interests:

All authors have completed the Unified Competing Interests form available at www.icmje.org/col.pdf (available on request from the corresponding author) and declare that: 1) no

1 authors had support from companies for the submitted work; (2) no financial relationships with
2 commercial entities that might have an interest in the submitted work; (3) no spouses, partners, or
3 children with relationships with commercial entities that might have an interest in the submitted
4 work; and (4) no non-financial interests that may be relevant to the submitted work.
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10 11 12 **Contributors:**

13 SR and MBG were responsible for inception and design of the study, for data collation, analysis of
14 the molecular genetic data and writing the manuscript. RE and AD were responsible for statistical
15 analysis of the audiometric data. HC, MS and AJD were responsible for confirmation of mutation
16 status and GeneChip analysis, which was performed by KP. DS was responsible for data linkage
17 and AF helped to formulate the hypothesis. All authors read and approved the final version of the
18 manuscript. SR and MBG are guarantors.
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34 final responsibility for the decision to submit for publication.
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Legend to Figure 1

Proposed Mechanism for enhanced sensitivity of the cochlea to aminoglycosides.

Aminoglycosides normally pass into the endolymph in low concentrations, because the endolymph is positively charged as are aminoglycosides. They then pass into hair cells through auditory transduction channels on their apical surfaces.

(a) In the presence of m.1555A>G, there is a reduction in OXPHOS in the stria vascularis, a tissue packed full of mitochondria. Decreased ATP production is hypothesised to reduce the endocochlear potential generated by the stria vascularis, and to fall from its normal value of about +80mV. The reduction in positive potential attracts more positively charged aminoglycosides into the endolymphatic compartment and then into hair cells.

(b) The raised concentration of aminoglycosides in the endolymph, secondary to the fall in endocochlear potential caused by inaccurate translation of OXPHOS proteins, is unique to the inner ear and may explain why it alone is so sensitive to the effects of aminoglycosides in the presence of m.1555A>G.

(c) In the hair cells, the concomitant mitochondrial OXPHOS defect is associated with increased production of reactive oxygen species (ROS) and generation of iron species (gentamicin acts as an iron chelator), causing formation of a toxic aminoglycoside-iron complex (Fe-AG).. This activates molecular oxygen which is reduced to superoxide by an electron donor such as arachidonic acid, and results in formation of other ROS in a chain reaction. These activate apoptotic cell pathways and cause hair cell death.

AG= aminoglycosides; I-V represents complexes I-V of the mitochondrial OXPHOS system. ROS = reactive oxygen species.

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STROBE Statement—checklist of items that should be included in reports of observational studies

	Item No	Recommendation
√Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title or the abstract (b) Provide in the abstract an informative and balanced summary of what was done and what was found
Introduction		
√Background/rationale	2	Explain the scientific background and rationale for the investigation being reported
√Objectives	3	State specific objectives, including any prespecified hypotheses
Methods		
√Study design	4	Present key elements of study design early in the paper
√Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection
√Participants	6	(a) <i>Cohort study</i> —Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up <i>Case-control study</i> —Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls <i>Cross-sectional study</i> —Give the eligibility criteria, and the sources and methods of selection of participants (b) <i>Cohort study</i> —For matched studies, give matching criteria and number of exposed and unexposed <i>Case-control study</i> —For matched studies, give matching criteria and the number of controls per case
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable
√Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group
√Bias	9	Describe any efforts to address potential sources of bias
√Study size	10	Explain how the study size was arrived at
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why
√Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding (b) Describe any methods used to examine subgroups and interactions (c) Explain how missing data were addressed (d) <i>Cohort study</i> —If applicable, explain how loss to follow-up was addressed <i>Case-control study</i> —If applicable, explain how matching of cases and controls was addressed <i>Cross-sectional study</i> —If applicable, describe analytical methods taking account of sampling strategy (e) Describe any sensitivity analyses

Continued on next page

Results

√Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed (b) Give reasons for non-participation at each stage (c) Consider use of a flow diagram
√Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders (b) Indicate number of participants with missing data for each variable of interest (c) <i>Cohort study</i> —Summarise follow-up time (eg, average and total amount)
√Outcome data	15*	<i>Cohort study</i> —Report numbers of outcome events or summary measures over time <i>Case-control study</i> —Report numbers in each exposure category, or summary measures of exposure <i>Cross-sectional study</i> —Report numbers of outcome events or summary measures
√Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included (b) Report category boundaries when continuous variables were categorized (c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses

Discussion

√Key results	18	Summarise key results with reference to study objectives
√Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias
√Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence
√Generalisability	21	Discuss the generalisability (external validity) of the study results

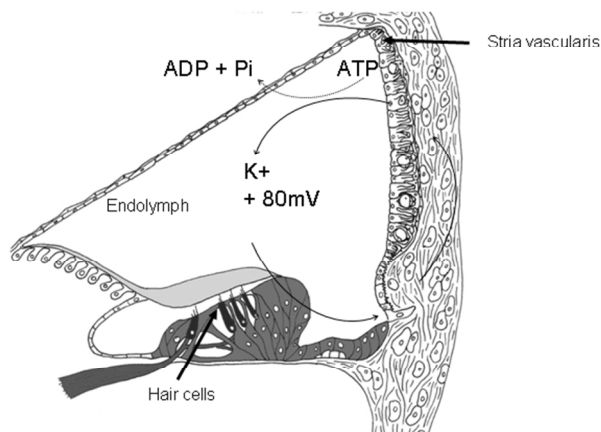
Other information

√Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based
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*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is available at www.strobe-statement.org.

Figure 1
a)



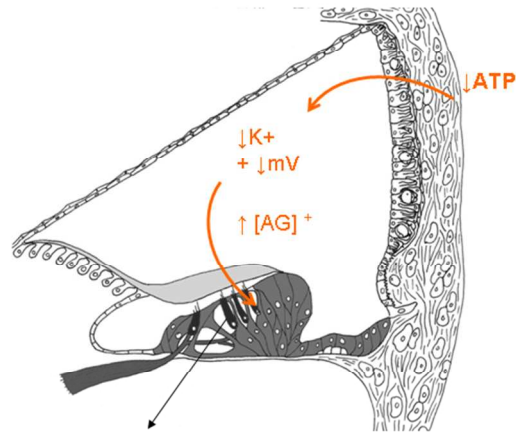
Proposed Mechanism for enhanced sensitivity of the cochlea to aminoglycosides.

Aminoglycosides normally pass into the endolymph in low concentrations, because the endolymph is positively charged as are aminoglycosides. They then pass into hair cells through auditory transduction channels on their apical surfaces.

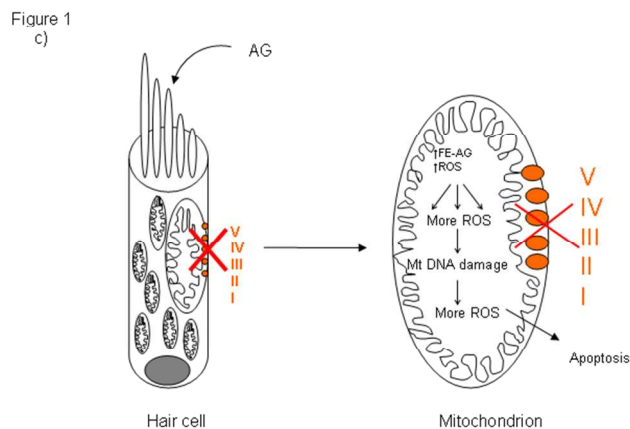
- (a) In the presence of m.1555A>G, there is a reduction in OXPHOS in the stria vascularis, a tissue packed full of mitochondria. Decreased ATP production is hypothesised to reduce the endocochlear potential generated by the stria vascularis, and to fall from its normal value of about +80mV. The reduction in positive potential attracts more positively charged aminoglycosides into the endolymphatic compartment and then into hair cells

254x190mm (96 x 96 DPI)

Figure 1
b)



(b). The raised concentration of aminoglycosides in the endolymph, secondary to the fall in endocochlear potential caused by inaccurate translation of OXPHOS proteins, is unique to the inner ear and may explain why it alone is so sensitive to the effects of aminoglycosides in the presence of m.1555A>G.
254x190mm (96 x 96 DPI)



(c) In the hair cells, the concomitant mitochondrial OXPHOS defect is associated with increased production of reactive oxygen species (ROS) and generation of iron species (gentamicin acts as an iron chelator), causing formation of a toxic aminoglycoside-iron complex (Fe-AG). This activates molecular oxygen which is reduced to superoxide by an electron donor such as arachidonic acid, and results in formation of other ROS in a chain reaction. These activate apoptotic cell pathways and cause hair cell death.

AG= aminoglycosides; I-V represents complexes I-V of the mitochondrial OXPHOS system. ROS = reactive oxygen species.

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Hearing in 44-45 year olds with m.1555A>G, a genetic mutation predisposing to aminoglycoside-induced deafness: a population based cohort study

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Hearing in 44-45 year olds with m.1555A>G, a genetic mutation predisposing to aminoglycoside-induced deafness: a population based cohort study.

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ARTICLE SUMMARY

Article focus:

- Individuals who have the m.1555A>G mutation are exquisitely sensitive to rapid-onset hearing loss after receiving aminoglycosides at normal therapeutic levels.
- We sought to determine whether a cohort of mature individuals with the m.1555A>G mutation have hearing loss by their mid-forties, because the mutation has been reported to cause later-onset, less severe hearing loss in people who have never been exposed to aminoglycosides, in order to determine whether genetic screening prior to aminoglycoside administration is justified.

Key messages:

- This study demonstrates the prevalence of m.1555A>G to be 1 in 385 (95% CI 1 in 714 to 1 in 263) in the 1958 British birth cohort, confirming that this mutation occurs frequently in Caucasian populations.
- The hearing of individuals with the m.1555A>G mutation is no different to that of the general population at age 44-45 years, in contrast to previous reports which suggested that hearing decreases with age in people with m.1555A>G; any such effect is not large and likely to be subject to previous ascertainment bias.
- These findings lend weight to the argument for genetic testing for the m.1555A>G mutation prior to aminoglycoside administration, in order to prevent avoidable hearing loss.

Strengths and limitations of this study:

- Hearing data has been collected prospectively, which avoids some of the biases inherent in studies related to deafness and hearing loss.
- A potential limitation of the study was that data on aminoglycoside exposure were not collected.

ABSTRACT

Background: The mitochondrial DNA mutation m.1555A>G predisposes to permanent idiosyncratic aminoglycoside-induced deafness that is independent of dose. Research suggests that in some families m.1555A>G may cause non-syndromic deafness, without aminoglycoside exposure, as well as reduced hearing thresholds with age (age-related hearing loss).

Objectives: To determine whether adults with m.1555A>G have impaired hearing, a factor which would inform the cost-benefit argument for genetic testing prior to aminoglycoside administration.

Design: Population-based cohort study.

Setting: United Kingdom.

Participants: Individuals from the British 1958 birth cohort

Measurements: Hearing thresholds at 1kHz and 4kHz at age 44-45 years; m.1555A>G genotyping.

Results: 19 of 7350 individuals successfully genotyped had the m.1555A>G mutation, giving a prevalence of 0.26% (95%CI 0.14-0.38) or 1 in 385 (95%CI 1 in 714 to 1 in 263). There was no significant difference in hearing thresholds between those with and without the mutation. SNP analysis indicated that the mutation has arisen on a number of different mitochondrial haplogroups.

Limitations: No data was collected on aminoglycoside exposure. For three subjects hearing thresholds could not be predicted because information required for modelling was missing.

Conclusions: In this cohort hearing in those with m.1555A>G is not significantly different from the general population and appears to be preserved at least until 44-45 years of age. Unbiased ascertainment of mutation carriers provides no evidence that this mutation alone causes non-syndromic hearing impairment in the UK. Our findings lend weight to arguments for genetic testing for this mutation prior to aminoglycoside administration, as hearing in susceptible individuals is expected to be preserved well into adult life. Since global use of aminoglycosides is likely to increase, development of a rapid test is a priority.

INTRODUCTION

Aminoglycosides are widely used for treatment of and prophylaxis against serious Gram negative infections. They are used in many situations including neonatal septicemia especially in premature babies where they are often first-line treatment, surgical prophylaxis in beta-lactam-allergic patients of all ages, febrile neutropenia, septic shock and drug resistant tuberculosis. They are well-known to be ototoxic (i.e. toxic to the cochlea and the vestibular system) and nephrotoxic, and therefore drug levels are monitored to ensure that they are within recommended limits. However, 1 in 500 people has a maternally inherited genetic mitochondrial DNA (mtDNA) mutation, termed m.1555A>G, which predisposes to extreme idiosyncratic hypersensitivity to aminoglycosides, resulting in permanent and profound deafness.[1;2] In such patients, standard doses *with drug levels within the therapeutic range* cause severe, irreversible ototoxicity.

It is also reported that m.1555A>G can cause hearing loss even in the absence of aminoglycoside exposure, although this tends to be less severe and of later onset [3;4] and that nuclear-encoded modifier genes may increase penetrance of the mutation in such cases.[5] The m.1555A>G mutation has also been reported to cause age-related hearing loss: in the Blue Mountains Hearing Study, consisting of non-institutionalised permanent residents of two suburban areas west of Sydney over the age of 49 years, Vandebona *et al* reported that mean auditory thresholds were significantly higher in three of six carriers of m.1555A>G compared with the general population.[6]

Aminoglycosides exert their antibacterial effects by binding to the decoding region, specifically the aminoacyl-tRNA acceptor site (or A site) of bacterial ribosomes, altering their conformation.[7] This destabilises codon-anticodon pairing, resulting in codon misreading that induces errors in protein synthesis.[8] In the human mitochondrion, mtDNA encodes 13 protein components of the oxidative phosphorylation (OXPHOS) system translated on mitochondrial ribosomes. Inaccurate mitochondrial translation may lead to errors in these proteins, resulting in inefficient OXPHOS, impaired ATP generation and increased production of reactive oxygen species (ROS). Human mitochondrial ribosomes bear a structural resemblance to bacterial ribosomes, from which they evolved, but the sequence at the decoding region in humans is different from that at the

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corresponding site in bacterial ribosomes and does not normally allow aminoglycoside binding. Mutation from adenine to guanine at position 1555 of the human mitochondrial 12S rRNA causes a structural rearrangement which facilitates aminoglycoside binding. The mechanism by which this mutation causes deafness is unproven but is thought to involve the generation of toxic ROS in the cochlear hair cells.[9]

There is an argument for genetic testing prior to aminoglycoside use, so that alternative antibiotics can be selected for those with the mutation in order to prevent life-long deafness.[1] However cost-benefit analyses also take into account the observations that m.1555A>G may cause later onset hearing loss in the absence of aminoglycosides, and that gradual hearing loss may be an inevitable consequence of the mutation.[10]

We wanted to ascertain hearing levels in adults with m.1555A>G in order to determine whether normal hearing is preserved into middle age, an observation which would strengthen the argument for genetic testing prior to aminoglycoside usage.

METHODS

Design

We performed a population based cohort study by genotyping 7747 DNA samples from the 1958 British birth cohort for the m.1555A>G mutation and comparing the genotype with hearing outcome at 44-45 years. We haplogrouped those who had m.1555A>G by GeneChip® resequence analysis (see below), to ensure that not all subjects belonged to a single haplogroup that might be influencing penetrance of the mutation.

Study population

The British 1958 cohort (also known as the National Child Development Study) includes all births in England, Wales and Scotland during one week in 1958. From an original sample of over 17,000 births, survivors were followed up at ages 7, 11, 16, 23, 33 and 42 years and at 44-45 years by biomedical interview and test. Immigrants of the same dates of birth were identified at ages 7, 11

1 and 16, and followed into adulthood, but adult immigrants (after age 16) have not been included.
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3 Data collected up to age 42 years by interviews with parents and cohort members, and at school
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5 medical examinations, includes information on growth, health and health-related behaviour, family
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7 background, socio-economic circumstances, behavioural, emotional and cognitive development,
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9 educational achievement, employment, psychosocial work characteristics, partnership and
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11 pregnancy histories.
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15 All eligible cohort members (ie. all except 'permanent refusals') were invited to participate in a
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17 clinical examination by a trained research nurse visiting their home. Following a period of piloting,
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19 this fieldwork started in September 2002 and was completed in March 2004. The visits were
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21 carried out by a team of over 120 specially trained nurses from the National Centre for Social
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23 Research, who conducted the annual Health Surveys of England and Scotland. From a target
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25 sample of 12,069 persons, 9377 cohort members were visited. 8894 of these have a valid hearing
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27 measure at 1 and 4 kHz.
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31 Blood samples were collected from 88% of those examined, and 97% of these gave consent to
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33 creation of immortalised cell lines, and extraction and storage of DNA for medical research
34
35 purposes. 8018 blood samples were received from subjects who gave consent to extraction of
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37 DNA, and 7980 of these also gave consent for creation of immortalised cell cultures. More details
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39 of the DNA collection are available from the [Access Committee for CLS Cohorts \(ACCC\)](http://www2.le.ac.uk/projects/birthcohort) website
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41 (<http://www2.le.ac.uk/projects/birthcohort>). This study was approved by the SouthEast Multi-Centre
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43 Research Ethics Committee.
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46 47 48 **Genotyping**

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50 Genotyping was performed by KBioscience (<http://www.kbioscience.co.uk>; protocols available on
51
52 request) following successful 'blind' validation of the assay using known positive and negative
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54 controls. SNP genotyping for m.1555A>G was performed by competitive allele polymerase chain
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56 reaction (PCR, KASPar) (<http://www.kbioscience.co.uk/genotyping/genotyping-chemistry.htm>).[1]
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58 Blanks and duplicate samples were included in all plates for quality assurance purposes.
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7747 samples were genotyped. The 19 individuals who had m.1555A>G were confirmed 'in house' by conventional Sanger dideoxy termination cycle sequencing to have the mutation, and haplogroups were constructed from genotypes generated by GeneChip® resequence analysis.

GeneChip® resequence analysis

The GeneChip® Human Mitochondrial Resequencing Array 2.0 (Affymetrix) was used to interrogate the entire mtDNA sequence of the 19 individuals found to carry the m.1555A>G mutation. The 16.5kb mitochondrial genome was amplified in two fragments using the Expand Template Long PCR kit from Roche Diagnostics according to the manufacturer's protocol.

PCR primers were Mito1-2F ACATAGCACATTACAGTCAAATCCCTTCTCGTCCC, Mito1-2R ATTGCTAGGGTGGCGCTTCCAATTAGGTGC-9307, Mito3F TCATTTTTATTGCCACAACCTCCTCGGACTC and Mito3R CGTGATGTCTTATTTAAGGGGAACGTGTGGGCTAT-7814. Cycling conditions consisted of an initial denaturation step of 3 mins at 94°C, followed by 10 cycles of denaturation for 10 secs at 94°C, annealing for 30 secs at 60°C and extension for 10 mins at 68°C; then 25 cycles of denaturation for 10 secs at 94°C, annealing for 30 secs at 60°C and extension for 10 mins + an additional 20 secs per cycle at 68°C; and a final extension step of 10 mins at 68°C. Concentration of DNA in the long PCR products was determined using nanodrop spectrophotometry and equimolar concentrations of the two PCR products were pooled. These were digested with DNaseI. Prehybridisation, hybridisation, washing and scanning of the GeneChip® were performed according to the Affymetrix CustomSeq Resequencing protocol. Sequences were analysed using GSEQ 4.2 software. SNPs were automatically called by GSEQ and presented in a SNP viewer format. Haplogroups were assigned manually by examination of key defining polymorphisms (see Table 2)

Pure tone audiometry at age 44-45 years

Pure tone audiometry was performed by air conduction in each ear, at frequencies of 1 kHz and 4 kHz according to the British Society of Audiology recommended procedure. MA25 portable

1 audiometers with TDH 49 earphones in audiocups were used, calibrated to British Standard BS EN
2 ISO 389-1 (2000) (identical to ISO 389-1). Testing was carried out by the study research nurses
3 who received training from experienced audiologists.[11] Only information from completed tests
4 was used.
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10 11 **Statistical analysis**

12 Hearing threshold in the better ear at two frequencies (1kHz, 4 kHz), transformed by log
13 transformation ($\log(y+16.6)$ for 1 KHz, $\log(y+20.6)$ for 4 KHz) subject to difference between ears
14 being less than 20 dB (at 1 kHz, 4 kHz) was modeled by multiple regression in relation to family
15 history of hearing loss (yes/no), diabetes (age of onset >20 years), gender, noise at work (>5
16 years, 1-5 yrs, <1 yr, none) with further control for noise at test (yes/no). Those with conductive
17 hearing loss in childhood (by proxy measures at ages 7,11 years) or with profound hearing loss at
18 ages 7 or 11 years (>60 dB) were excluded. Modeling was on the non-mutation (non-carrier) data.
19 90% prediction intervals from this model were applied to the mutation (carrier) data and are shown
20 transformed back to the dB scale in Table 3. The model was checked at both frequencies to rule
21 out multicollinearity, and plots of residuals against fitted values and normal plots did not reveal any
22 heteroscedasticity or non-normality of residuals. No cases with high influence (Cook's distance)
23 were found. Predictions from the model and 90% prediction intervals are transformed back to the
24 raw scale.
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42 As missing values on explanatory variables resulted in only 18% of cases (1635 out of 9532) with
43 valid dependent values being lost to analysis it was not considered necessary to use imputation or
44 weighting methods to compensate for this.
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50 **Role of the Funding Source:**

51 The funding source had no role in study design or conduct, data collection, data analysis,
52 interpretation, or in preparation, review, approval or submission of the report.
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RESULTS

Genotyping

Genotyping using the KASPar competitive allele polymerase chain reaction was successful for 7350 of 7747 individuals (Table 1). Of these, 19 had m.1555A>G, giving a prevalence of 0.26% (95%CI 0.14-0.38) or 1 in 385 (95%CI 1 in 714 to 1 in 263). Both Sanger cycle sequence and GeneChip® resequence analyses confirmed that all 19 samples had m.1555A>G, as reported by GSEQ in SNP viewer and by manual inspection of the mock electropherograms.

Table 1. Genotyping results for m.1555A>G

	Frequency	Valid percent
Valid A	7331	99.7
Valid G	19	0.3
Total	7350	100.0

Haplogrouping of those with m.1555A>G was performed by GeneChip® resequence analysis, to ensure that subjects did not all belong to a single haplogroup that might be influencing penetrance of the mutation. All the haplogroups found were of European ancestry, as expected in the British 1958 cohort (Table 2, Supplementary Table 1). The most prevalent haplogroup was 'J' followed by 'U' and finally 'H'. This haplogroup prevalence was very similar to that of the Blue Mountains cohort, in which two of five mutation carriers belonged to haplogroup 'J', two to 'U' and one to 'H'.^[6]

Table 2. Haplogroup prevalence in 1958 cohort

Number of Samples	Percentage	Characterising SNPs	Haplogroup
8	42%	14766T, 4216T, 13708G	J
6	32%	14766T, 12308A, 10550G	U
5	26%	14766C, 7028C	H

Hearing comparison with non-mutation carriers

We compared hearing thresholds in the better hearing ear at 1kHz and 4kHz in those with and without the mutation. Table 3 shows hearing data of 19 individuals carrying m.1555A>G from the 1958 birth cohort with 90% prediction intervals. We found no significant difference between the two groups at age 44-45 years. One individual, subject 6, had a hearing threshold at 4kHz that was above the 90% prediction intervals of the model and one person, subject 9, had a threshold at 1kHz that was below.

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Table 3. Hearing data of 19 individuals carrying m.1555A>G from the 1958 birth cohort with 90% prediction intervals

Those without predicted hearing thresholds lacked information required for modelling (missing values on one or more explanatory variables)

Key: dBHL = decibel hearing level.

Case	At 1kHz (dBHL)				At 4kHz (dBHL)			
	Observed hearing threshold	Predicted hearing threshold	Lower Predicted hearing threshold (5 th percentile)	Upper predicted hearing threshold (95 th percentile)	Observed hearing threshold	Predicted hearing threshold	Lower Predicted hearing threshold (5 th percentile)	Upper Predicted hearing threshold (95 th percentile)
1	10	-	-	-	15	-	-	-
2	0	4.07	-4.36	18.32	25	7.37	-5.8	32.27
3	5	5.16	-3.71	20.18	0	8.81	-5.04	35
4	5	4.37	-4.18	18.83	5	6.25	-6.39	30.14
5	5	5.51	-3.5	20.76	-5	4.12	-7.52	26.12
6	0	4.07	-4.36	18.32	35	7.37	-5.8	32.27
7	5	5.61	-3.45	20.93	0	10.57	-4.11	38.32
8	0	4.66	-4	19.31	5	2.56	-8.35	23.16
9	-10	4.66	-4	19.31	10	2.56	-8.35	23.16
10	0	5.4	-3.57	20.58	0	9.17	-4.85	35.68

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11	10	6.55	-2.9	22.53	10	7.53	-5.72	32.6
12	5	4.66	-4	19.31	10	2.56	-8.35	23.16
13	5	5.76	-4	19.31	0	2.56	-8.35	23.16
14	10	-	-	-	0	-	-	-
15	0	4.37	-4.18	18.83	5	6.25	-6.39	30.14
16	0	4.66	-4	19.31	10	2.56	-8.35	23.16
17	10	4.07	-4.36	18.32	5	7.37	-5.8	32.27
18	15	5.91	-3.27	21.45	15	6.29	-6.38	30.22
19	10	-	-	-	5	-	-	-

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DISCUSSION

We have shown that 1 in 385 (95% CI 1 in 714 to 1 in 263) people in the British 1958 cohort have the m.1555A>G mutation, but that at age 44-45 years their hearing is not significantly different from those without the mutation. Data on aminoglycoside exposure have not been prospectively collected in this cohort but it is likely that no-one has been exposed to this major environmental trigger, and that the avoidance of aminoglycosides in susceptible people can be expected to result in normal hearing, at least until 44-45 years of age.

The normal hearing of the individuals identified in this study suggests that m.1555A>G is a susceptibility factor, requiring other environmental and/or genetic factors to result in deafness, the most common environmental interaction being aminoglycoside exposure. The frequency of m.1555A>G of 1 in 385, together with the normal hearing of mutation carriers in the 1958 birth cohort and previously in children of the ALSPAC cohort who have the mutation,[1] raises the question of whether it is truly pathogenic. Both genetic and biochemical evidence support its pathogenic role. The frequency of this mutation in individuals who have become deaf following aminoglycosides is 13-60%,[12;13] a frequency far greater than that in the hearing population; and in countries such as Spain and China, where aminoglycosides are widely used, this mutation accounts for 27% of cases of familial progressive deafness.[4] In addition, biological data have demonstrated defects in mitochondrial protein synthesis leading to reduced OXPHOS in cell lines from affected individuals.[14-16] These defects are caused by the mtDNA mutation itself because they were transferred with mutant mtDNA when enucleated patient cells were fused with cells lacking mtDNA (rho-zero cells) to make transmitochondrial cybrids.[16]

It appears that the accuracy of *correct* amino acid incorporation into synthetic polypeptides is reduced in the presence of m.1555A>G, and more so in the presence of aminoglycosides, thereby causing reduced biological activity of the proteins assayed.[8] Construction of artificial bacterial hybrid ribosomes has demonstrated that this effect was evident at 25 fold lower concentrations of aminoglycoside compared to that observed in non-mutant ribosomes, mimicking the enhanced sensitivity of the mutation-bearing human ear to aminoglycosides.

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4 An unanswered question is why m.1555A>G appears to cause only deafness, in the absence of
5 nephrotoxicity or other systemic effects typically seen in dose-related aminoglycoside toxicity. We
6 hypothesise that the stria vascularis, a highly specialised metabolically-active layered epithelium
7 rich in mitochondria which lines the lateral wall of the cochlear duct, is the primary site of
8 aminoglycoside toxicity in individuals with the m.1555A>G mutation. The stria is responsible for
9 energy dependent transport of ions into the endolymphatic fluid of the cochlear duct compartment.
10 This generates a large positive extracellular potential, the endocochlear potential (EP) of +80-
11 100mV, and high potassium concentration (150mM) in the endolymph of the cochlea, necessary
12 for auditory transduction (Figure 1a). It is known that if energy-dependent ion transport is inhibited,
13 EP falls rapidly (Figure 1b) and so does hearing sensitivity.
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26 We hypothesise that when aminoglycosides bind to the decoding site of mutant mitochondrial
27 ribosomes in the stria, the marked reduction in fidelity of translation of the OXPHOS proteins
28 causes an energetic defect resulting in a significant reduction in EP; this then further attracts
29 positively charged aminoglycosides into the cochlear duct where they achieve a higher
30 concentration than usual. Because the EP is unique to the cochlea and not generated in the
31 vestibular system, the toxic effects of m.1555A>G at 'normal' doses of aminoglycosides are
32 observed only in the cochlea.[17] From the endolymph, aminoglycosides then pass into the
33 cochlear sensory hair cells through mechanotransduction channels in their apical surface which
34 open in response to sound. Once in the hair cells the half-life of aminoglycosides is extremely long;
35 animal studies have shown that aminoglycosides are detectable in cochlear hair cells for up to 6
36 months after administration, so increased concentration of aminoglycosides in the endolymph is
37 likely to result in rapid accumulation, at what are considered to be 'normal' drug levels.[18;19]
38 Finally the concomitant pre-existing mitochondrial OXPHOS defect within the hair cells themselves
39 is associated with increased production of ROS and generation of iron species. The iron species
40 bind to aminoglycosides to produce a toxic complex, which mediates cochlear cell death via
41 apoptosis (Figure 1c).
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In addition to aminoglycoside-induced ototoxicity, m.1555A>G has also been reported to cause non-syndromic hearing loss without aminoglycoside exposure. However, in those families hearing loss was less severe and of later onset.[3;4] It has been proposed that in such families there is an additional genetic modifier which causes hearing loss in the absence of aminoglycosides. One such modifier, the A10S variant in the gene encoding *TRMU*, a mitochondrial protein related to transfer RNA (tRNA) modification, was also assayed in our cohort but no-one with m.1555A>G was homozygous for this variant and so we cannot assess whether hearing threshold might be influenced by this additional variant. Clearly, in the UK, both in the 1958 cohort and the ALSPAC cohort, there does not appear to be any evidence that m.1555A>G causes non-syndromic hearing loss in our population. Recently, Vandebona *et al* reported that m.1555A>G causes age-related hearing loss: mean auditory thresholds were significantly higher in three of six carriers of m.1555A>G, compared with the general population.[6] We find no such effect. However their population was significantly older than the 1958 cohort and we cannot exclude that those with m.1555A>G in our cohort will experience deterioration in hearing thresholds greater than would be expected for their age in later life.

Our work describes the findings in a birth cohort on whom hearing data has been collected prospectively, and as a result avoids some of the biases which are inherent in studies related to deafness and hearing loss. It confirms our previous prevalence figures, and since the cohort is not a geographical one, it does not suffer from the potential confounder that all individuals with the mutation could share a common (local) ancestor. In fact, we have excluded this possibility by demonstrating that the mutation has arisen on a number of different European mitochondrial haplogroups. Nevertheless, a potential limitation of the study was that data on aminoglycoside exposure were not collected and that in three of the nineteen subjects hearing thresholds could not be predicted because information required for modeling was missing. However their measured hearing thresholds appear to be well within accepted criteria for normality. Further sources of bias could be secondary to genotyping failures, particularly if mutation carriers with raised hearing thresholds were overrepresented in this group. In addition, it is possible that samples with low

1 heteroplasmy levels may not have been detected by the KASPar genotyping method, possibly
2 leading to an underestimate of the mutation frequency in this cohort.
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8 Our finding of normal hearing in adults with m.1555A>G up to the age of 44-45 years has
9 considerable implications for public health globally as well as routine clinical practice. Global usage
10 of aminoglycosides is likely to increase, particularly with the emergence of multidrug resistant
11 tuberculosis (MDR-TB), since these are cheap antimicrobial agents with broad spectrum coverage
12 recommended as second line treatment for use in MDR-TB. Over half a million new cases of MDR-
13 TB are reported per year, with a likely global prevalence of at least two to three times that
14 figure.[20] We have confirmed that m.1555A>G is common (almost 1 in 400 individuals) and
15 showed previously that it is associated with normal hearing in childhood.[1] Therefore many
16 people at risk of aminoglycoside-induced hearing loss are likely to have normal hearing if they
17 have not been exposed to aminoglycosides, and will not be suspected of being susceptible by any
18 means other than genetic testing. Rapid genetic testing prior to aminoglycoside administration
19 would be ideal in order to prevent avoidable deafness.[21;22] because those who have the
20 mutation should be prescribed alternative antibiotics. Currently all genetic screening is performed
21 on an elective basis rather than in an acute situation because no rapid testing is available.
22 Premature neonates pose a particular problem since they cannot be electively tested and
23 aminoglycosides are widely used for the treatment of suspected neonatal sepsis, where they are
24 highly effective and drug resistance is low. Developing countries are also a major concern since
25 aminoglycoside usage is likely to increase together with MDR-TB.
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46 In conclusion, the m.1555A>G mutation predisposing to aminoglycoside ototoxicity is prevalent in
47 Caucasian populations, with a frequency of 1 in 385 in the 1958 British birth cohort. Reassuringly,
48 normal hearing is maintained until 44-45 years in individuals with the mutation. This is one factor
49 which would favour screening for this mutation prior to aminoglycoside administration, to avoid
50 preventable deafness. However arguments around preemptive pharmacogenetic testing are often
51 complex and based on models with missing information; we concur that further research is needed
52 to inform the case.[23]
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Competing interests:

All authors have completed the Unified Competing Interests form available at www.icmje.org/col.pdf (available on request from the corresponding author) and declare that: 1) no authors had support from companies for the submitted work; (2) no financial relationships with commercial entities that might have an interest in the submitted work; (3) no spouses, partners, or children with relationships with commercial entities that might have an interest in the submitted work; and (4) no non-financial interests that may be relevant to the submitted work.

Contributors:

SR and MBG were responsible for inception and design of the study, for data collation, analysis of the molecular genetic data and writing the manuscript. RE and AD were responsible for statistical analysis of the audiometric data. HC, MS and AJD were responsible for confirmation of mutation status and GeneChip analysis, which was performed by KP. DS was responsible for data linkage and AF helped to formulate the hypothesis. All authors were involved in critical revision of the manuscript. SR and MBG are guarantors.

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1 study, or in collection, analysis, and interpretation of data or preparation, review, or approval of this
2 manuscript. The authors had full access to all data and had final responsibility for the decision to
3 submit for publication.
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10 **Data Sharing Statement**

11 Complete mitochondrial DNA resequence data of all 19 individuals with the m.1555A>G mutation
12 is attached as a supplementary file.
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Legend to Figure 1

Proposed Mechanism for enhanced sensitivity of the cochlea to aminoglycosides.

Aminoglycosides normally pass into the endolymph in low concentrations, because the endolymph is positively charged as are aminoglycosides. They then pass into hair cells through auditory transduction channels on their apical surfaces.

(a) In the presence of m.1555A>G, there is a reduction in OXPHOS in the stria vascularis, a tissue packed full of mitochondria. Decreased ATP production is hypothesised to reduce the endocochlear potential generated by the stria vascularis, and to fall from its normal value of about +80mV. The reduction in positive potential attracts more positively charged aminoglycosides into the endolymphatic compartment and then into hair cells.

(b) The raised concentration of aminoglycosides in the endolymph, secondary to the fall in endocochlear potential caused by inaccurate translation of OXPHOS proteins, is unique to the inner ear and may explain why it alone is so sensitive to the effects of aminoglycosides in the presence of m.1555A>G.

(c) In the hair cells, the concomitant mitochondrial OXPHOS defect is associated with increased production of reactive oxygen species (ROS) and generation of iron species (gentamicin acts as an iron chelator), causing formation of a toxic aminoglycoside-iron complex (Fe-AG).. This activates molecular oxygen which is reduced to superoxide by an electron donor such as arachidonic acid, and results in formation of other ROS in a chain reaction. These activate apoptotic cell pathways and cause hair cell death.

AG= aminoglycosides; I-V represents complexes I-V of the mitochondrial OXPHOS system. ROS = reactive oxygen species.

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STROBE Statement—checklist of items that should be included in reports of observational studies

	Item No	Recommendation
√Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title or the abstract (b) Provide in the abstract an informative and balanced summary of what was done and what was found
Introduction		
√Background/rationale	2	Explain the scientific background and rationale for the investigation being reported
√Objectives	3	State specific objectives, including any prespecified hypotheses
Methods		
√Study design	4	Present key elements of study design early in the paper
√Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection
√Participants	6	(a) <i>Cohort study</i> —Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up <i>Case-control study</i> —Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls <i>Cross-sectional study</i> —Give the eligibility criteria, and the sources and methods of selection of participants (b) <i>Cohort study</i> —For matched studies, give matching criteria and number of exposed and unexposed <i>Case-control study</i> —For matched studies, give matching criteria and the number of controls per case
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable
√Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group
√Bias	9	Describe any efforts to address potential sources of bias
√Study size	10	Explain how the study size was arrived at
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why
√Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding (b) Describe any methods used to examine subgroups and interactions (c) Explain how missing data were addressed (d) <i>Cohort study</i> —If applicable, explain how loss to follow-up was addressed <i>Case-control study</i> —If applicable, explain how matching of cases and controls was addressed <i>Cross-sectional study</i> —If applicable, describe analytical methods taking account of sampling strategy (e) Describe any sensitivity analyses

Continued on next page

Results

√Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed (b) Give reasons for non-participation at each stage (c) Consider use of a flow diagram
√Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders (b) Indicate number of participants with missing data for each variable of interest (c) <i>Cohort study</i> —Summarise follow-up time (eg, average and total amount)
√Outcome data	15*	<i>Cohort study</i> —Report numbers of outcome events or summary measures over time <i>Case-control study</i> —Report numbers in each exposure category, or summary measures of exposure <i>Cross-sectional study</i> —Report numbers of outcome events or summary measures
√Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included (b) Report category boundaries when continuous variables were categorized (c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses

Discussion

√Key results	18	Summarise key results with reference to study objectives
√Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias
√Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence
√Generalisability	21	Discuss the generalisability (external validity) of the study results

Other information

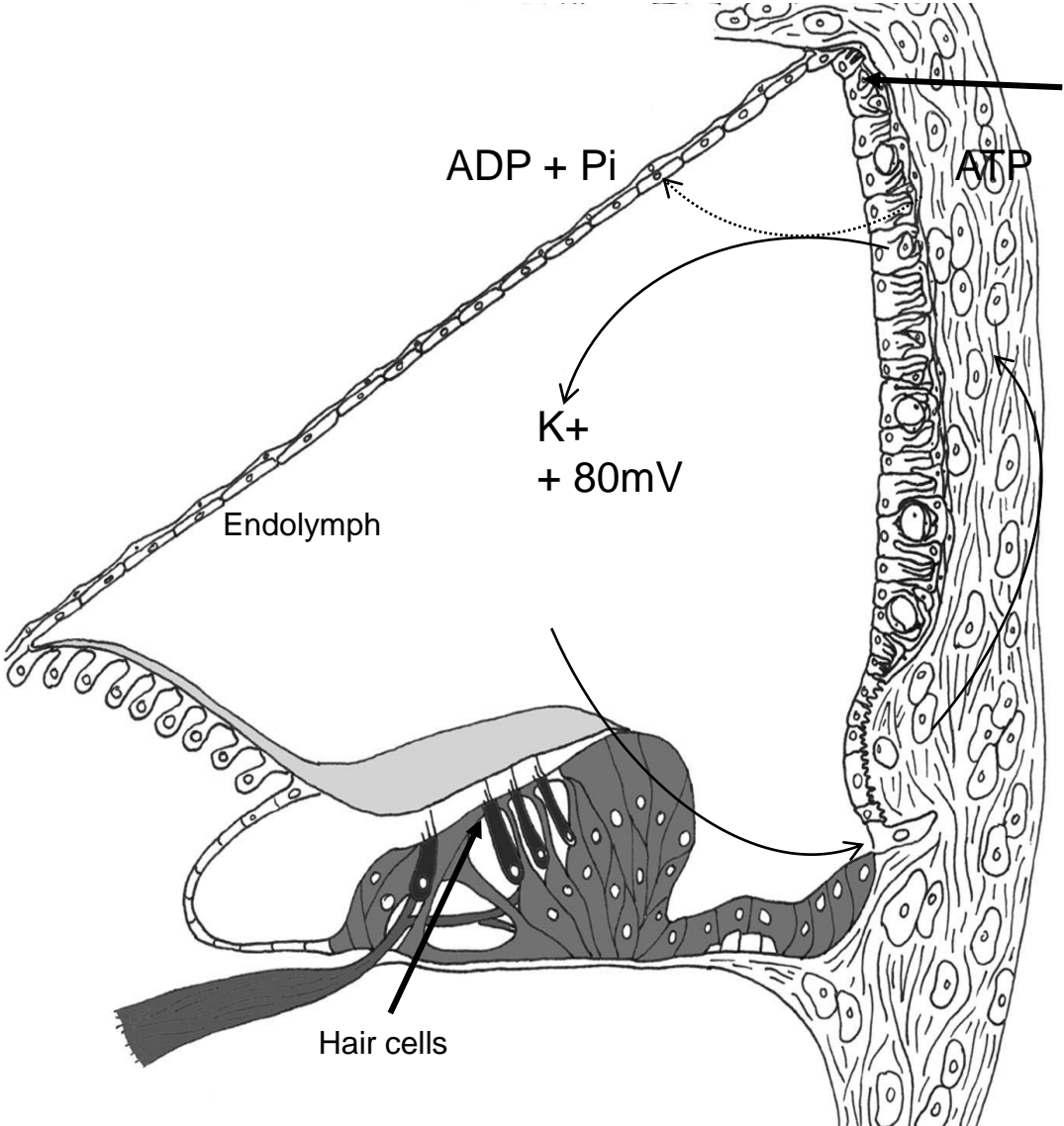
√Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based
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*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is available at www.strobe-statement.org.

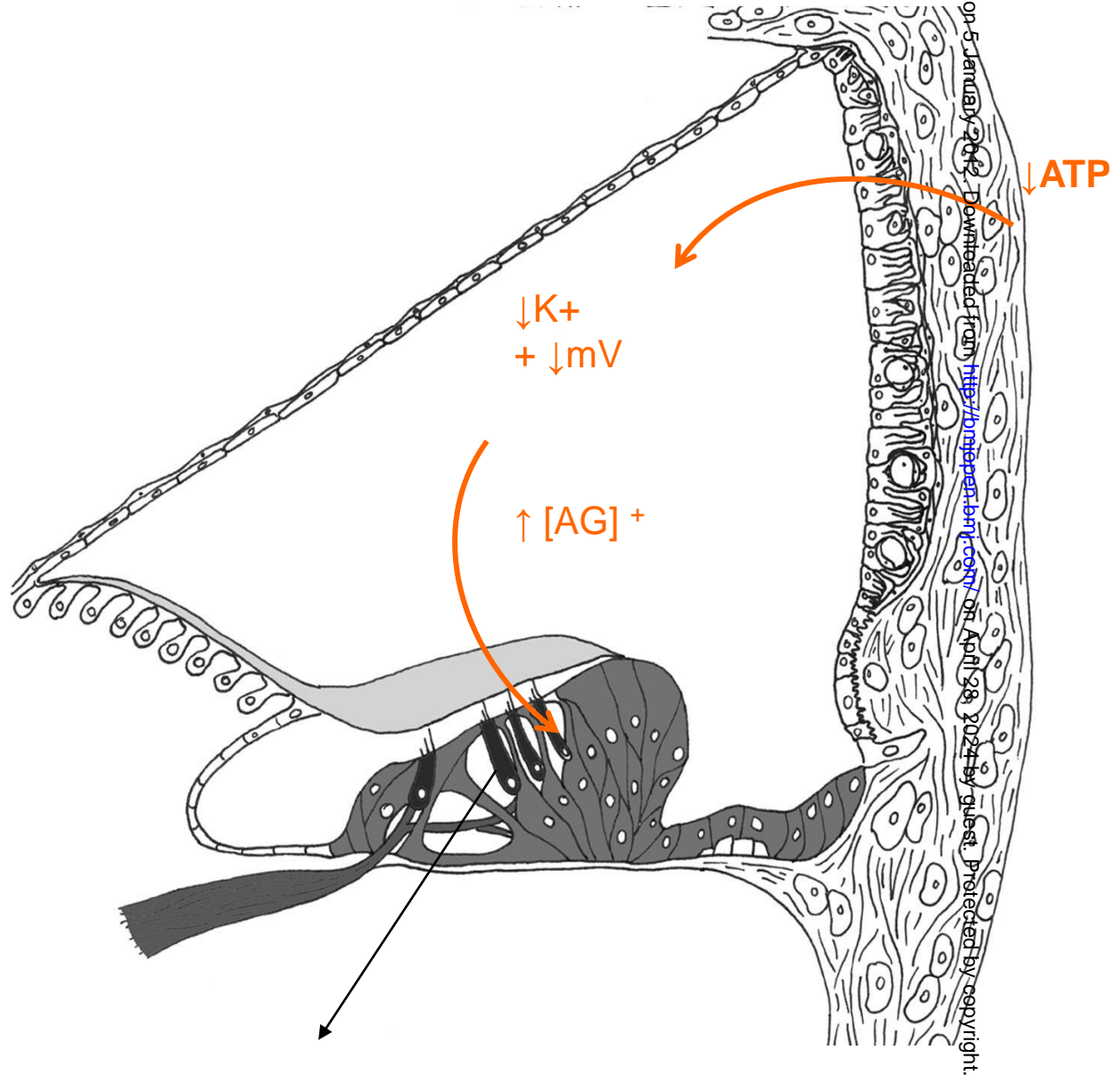
1-000411 on 5 January 2012. Downloaded from <http://bmjopen.bmj.com/> on April 28, 2024 by guest. Protected by copyright.

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2 Figure 1
3 a)



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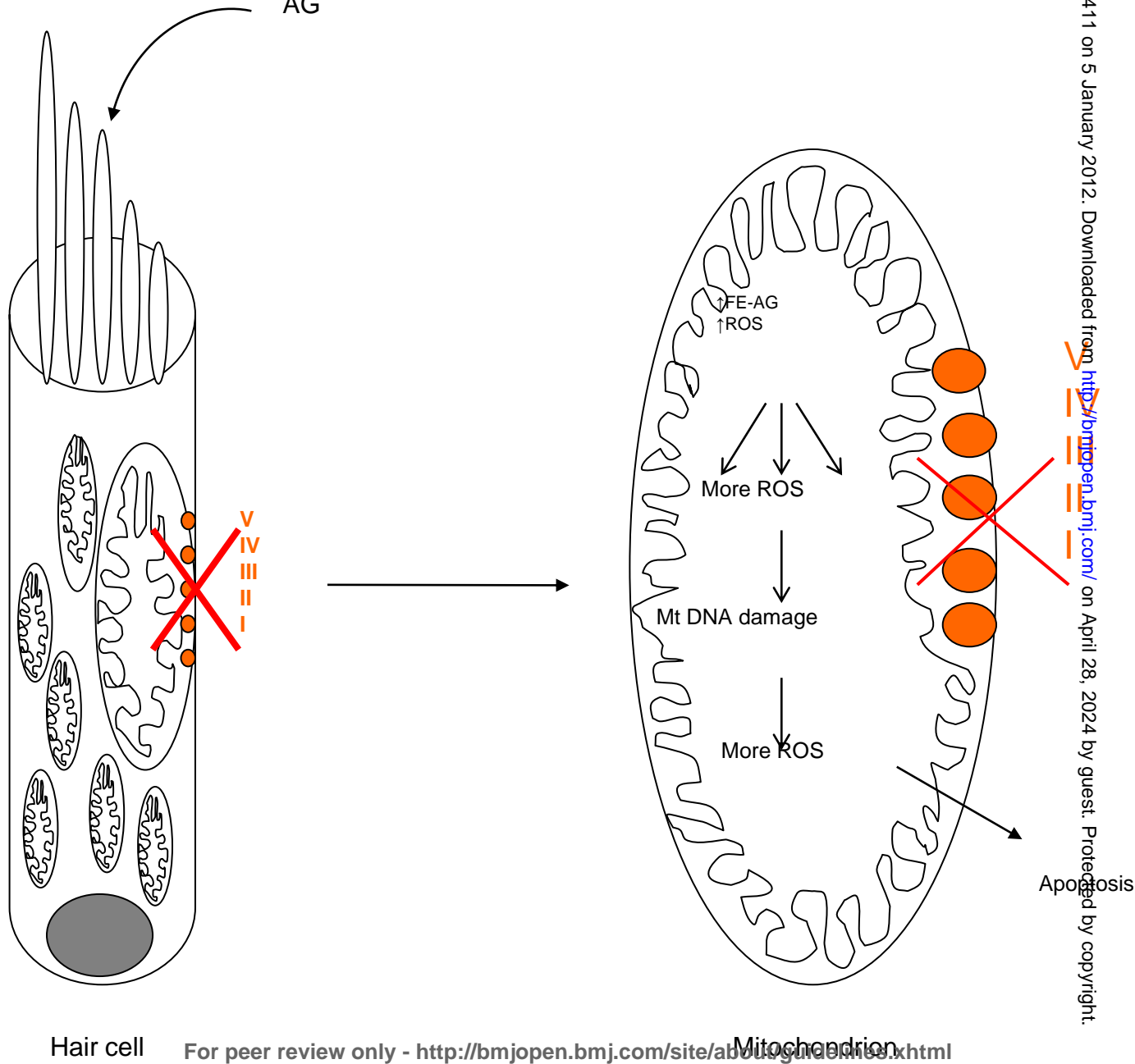
Figure 1
b)



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Figure 1
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Resequence Analysis RCRS mtDNA base position	Revised Cambridge Reference Sequence RCRS Reference sequence	Case 1 M240_01_rehyb	Case 2 M240_02_rehyb	Case 3 M240_03_rehyb	Case 4 M240_04_rehyb	Case 5 M240_05_rehyb	Case 6 M240_06_rehyb	Case 7 M240_07_rehyb	Case 8 M240_08_rehyb	Case 9 M240_09_rehyb	Case 10 M240_10_rehyb	Case 11 M240_11_rehyb	Case 12 M240_12_rehyb	Case 13 M240_13_rehyb	Case 14 M240_14_rehyb	Case 15 M240_15_rehyb	Case 16 M240_16_rehyb	Case 17 M240_17_rehyb	Case 18 M240_18_rehyb	Case 19 M240_19_rehyb
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