

### **Appendix 3. Sample Data Extraction Form.**

#### **Bibliographic Information**

<b>Study ID:</b>	<b>Date of extraction:</b>	<b>Extracted by:</b>	<b>Checked by:</b>
<b>Year published:</b>	<b>Country:</b>		
<b>Title:</b>			
<b>Author(s):</b>			

#### **Study Characteristics**

<b>Aims/purpose:</b>
<b>Study design:</b>
<b>Analytical methods deployed:</b>
<b>Study procedures:</b>

#### **Participants Characteristics**

<b>Age:</b>	<b>Gender:</b>	<b>Sample size:</b>
<b>Any disease characteristics:</b>		<b>Handicap/Average score:</b>

#### **Intervention**

<b>Intervention Type:</b>
<b>Comparator:</b>
<b>Setting:</b>

<b>Duration:</b>	
<b>Modifiers:</b>	
Sex	
Hills	
Golf Carts/Pulling/Carrying Clubs	
Age	
Other	

## Outcomes

<b>METS</b>	
<b>Energy expenditure</b>	
<b>O<sub>2</sub> intake</b>	
<b>Heart rate</b>	
<b>Steps taken</b>	
<b>Distance covered</b>	
<b>Strength</b>	
<b>Flexibility</b>	
<b>Balance</b>	
<b>Sedentary Behaviour</b>	
<b>Outcome Measures:</b>	

## Results

<b>Key findings:</b>
<b>Limitations:</b>

