**Supplementary file 1** – National Health Service Prescription Fee exemption Criteria [1]

## Medical Grounds:

- Forms of hypoadrenalism (including Addison's disease) for which specific substitution therapy is essential
- Diabetes insipidus or other forms of hypopituitarism
- Diabetes mellitus (except where treatment is by diet alone)
- Hypoparathyroidism
- Myasthenia gravis
- Myxodoema (hypothyroidism requiring thyroid hormone replacement)
- Epilepsy requiring continuous anti-convulsive therapy
- A permanent fistula, requiring an appliance or continuous surgical dressing
- Continuing physical disability which prevents the patient from leaving their residence without the help of another person
- Cancer (added in 2009) including any prescriptions for current or previous cancer treatment

Pregnant or had a baby in the previous 12 months (these are included with the medical exemptions)

Contraceptives (these are included with the medical exemptions) Age:

- Under 16 years
- 16-18 years and in full time education
- Over 60 years

## Financial situation:

 Those receiving Income Support, Income-Based Job Seeker's Allowance, Income-related Employment and Support Allowance, Pension Credit Guarantee Credit, Universal Credit and people who qualify for full help under the NHS Low Income Scheme are exempt.

## References

1 NHS Choices. Get help with prescription costs. London. Gov.uk, 2017. Website: <a href="https://www.nhs.uk/nhsengland/Healthcosts/pages/Prescriptioncosts.aspx">https://www.nhs.uk/nhsengland/Healthcosts/pages/Prescriptioncosts.aspx</a> (accessed 26 June 2018)