

Can seaweed supplementation reduce CVD risk?

CONSENT FORM

All volunteers

NOTE: This consent form will remain with the Monash University researcher for their records

Project: Can seaweed supplementation reduce CVD risk?

Chief Investigator: Dr Maxine Bonham

I have been asked to take part in the Monash University research project specified above. I have read and understood the Explanatory Statement, which I keep for my records, and I hereby consent to participate in this project.

	Yes	No
I agree to provide blood via a finger prick	<input type="checkbox"/>	<input type="checkbox"/>
I agree to having my weight, height, body composition and blood pressure measured	<input type="checkbox"/>	<input type="checkbox"/>
I agree to complete food and physical activity questionnaires and a questionnaire about intolerance symptoms	<input type="checkbox"/>	<input type="checkbox"/>
I agree to consume a seaweed supplement or placebo daily for 12 weeks	<input type="checkbox"/>	<input type="checkbox"/>
I agree to providing venous blood samples	<input type="checkbox"/>	<input type="checkbox"/>
I agree to participate in the cognitive part of this research and complete surveys and computerised tests in relation to my mood and cognitive function	<input type="checkbox"/>	<input type="checkbox"/>
I agree to be contacted for participation in future research	<input type="checkbox"/>	<input type="checkbox"/>
I agree for my blood samples to be used in future studies pending ethical approval	<input type="checkbox"/>	<input type="checkbox"/>

Name of Participant _____

Participant Signature _____ Date _____