Risk of Bias within included studies

Study	Random Sequence Generation	Allocation Concealment	Blinding of Participants and Personnel	Blinding of Outcome Assessment	Incomplete Outcome Data	Selective Outcome Reporting
	_		High	High	Low	Low
Aliyu; 2016	Low	Unclear				
Dryden- Peterson; 2015	Unclear	Low	High	High	High	Low
Ezeanolue;			High	Unclear	High	Low
2015	Low	Low				
Geelhoed;			Unclear	Unclear	High	High
2013	Unclear	Unclear				
Kieffer;			High	Unclear	High	Unclear
2011	Low	Unclear				
Killam;			High	Unclear	High	Unclear
2010	Unclear	High				
Mwapasa;	_	** 1	High	Unclear	High	Low
2017	Low	Unclear				
Odeny;			High	Unclear	Low	Unclear
2014	Low	Low	xx: 1	XX 1	XX' 1	TT 1
Oyeledun; 2017	Law	I Im aloom	High	Unclear	High	Unclear
2017	Low	Unclear	TT: -1-	T	T	T
Phiri; 2017	Unclear	High	High	Low	Low	Low
Reynolds;	Officieal	Tiigii	High	High	High	Unclear
2010	Unclear	Unclear	nigii	nigii	nigii	Ulicieal
Richter;	Officical	Officical	High	High	High	Low
2014	Unclear	High	Ingn	Ingn	Tiigii	Low
Rotheram-	Chereur	Ingii	High	High	Unclear	Low
Borus; 2014	Unclear	Unclear	mgn	ingn	Chelear	Low
Rustagi;			Unclear	Unclear	Unclear	Low
2016	Low	Unclear				20
Tomlinson;			High	Low	Low	Low
2014	Low	Unclear	6			
			High	High	High	Low
Turan; 2015	Low	High				
			Unclear			High
Weiss; 2014	Unclear	Unclear		Unclear	Unclear	
Yotebieng;			High	High	High	High
2016	Low	Unclear				