No	Item	Guide questions/description		Page
Domain 1: Research team and reflexivity				
Personal Characteristics				
1.	Interviewer/facilitator	Which author/s conducted the interview or focus group?	MKDH	5
2.	Credentials	What were the researcher's credentials? <i>E.g. PhD</i> , <i>MD</i>	MPH, BSc	1
3.	Occupation	What was their occupation at the time of the study?	Research assistant	1
4.	Gender	Was the researcher male or female?	F	5
5.	Experience and training	What experience or training did the researcher have?	Training in qualitative research and previous experience in health related communication	5
Relationship with participants				
6.	Relationship	Was a relationship	No	5

Consolidated criteria for reporting qualitative studies (COREQ): 32-item checklist

No	Item	Guide questions/description		Pag
	established	established prior to study commencement?		
7.	Participant knowledge of the interviewer	What did the participants know about the researcher? e.g. personal goals, reasons for doing the research	Participants were informed that MKDH was a university researcher conducting a study	5
8.	Interviewer characteristics	What characteristics were reported about the interviewer/facilitator? e.g. <i>Bias, assumptions,</i> <i>reasons and interests in</i> <i>the research topic</i>	Informed MKDH was interested in improving NHS Health Checks	5
Domain 2: study design				
Theoretical framework				
9.	Methodological orientation and Theory	What methodological orientation was stated to underpin the study? <i>e.g.</i> grounded theory, discourse analysis, ethnography, phenomenology, content analysis	Inductive thematic analysis with coding of transcripts according to latent and manifest content and developing a thematic framework.	6
Participant selection				

No	Item	Guide questions/description		Page
10.	Sampling	How were participants selected? <i>e.g. purposive</i> , <i>convenience</i> , <i>consecutive</i> , <i>snowball</i>	Purposive maximum diversity sample	5
11.	Method of approach	How were participants approached? e.g. face- to-face, telephone, mail, email	Mail and face to face	5
12.	Sample size	How many participants were in the study?	18	6
13.	Non-participation	How many people refused to participate or dropped out? Reasons?	None	6
Setting				
14.	Setting of data collection	Where was the data collected? e.g. home, clinic, workplace	General practice clinic	5
15.	Presence of non- participants	Was anyone else present besides the participants and researchers?	No one	5
16.	Description of sample	What are the important characteristics of the sample? <i>e.g. demographic data, date</i>	Demographic	7
Data collection				
17.	Interview guide	Were questions, prompts, guides provided by the authors? Was it pilot tested?	Pilot tested The topic guide [box 1] was piloted, used open questions	5/6
1/.	Interview guide		open questions	

No	Item	Guide questions/description		Page
			and probes to gather more detail, and was adapted as new themes emerged.	
18.	Repeat interviews	Were repeat interviews carried out? If yes, how many?	No	5
19.	Audio/visual recording	Did the research use audio or visual recording to collect the data?	Yes audio recording	5
20.	Field notes	Were field notes made during and/or after the interview or focus group?	Yes	5
21.	Duration	What was the duration of the interviews or focus group?	10-40 minutes	5
22.	Data saturation	Was data saturation discussed?	Yes	5
23.	Transcripts returned	Were transcripts returned to participants for comment and/or correction?	No	5
Domain 3: analysis and findingsz				
Data analysis				
24.	Number of data	How many data coders	2	6

No	Item	Guide questions/description		Page
	coders	coded the data?		
25.	Description of the coding tree	Did authors provide a description of the coding tree?	No	6
26.	Derivation of themes	Were themes identified in advance or derived from the data?	Derived from data	6
27.	Software	What software, if applicable, was used to manage the data?	NVIVO 10	6
28.	Participant checking	Did participants provide feedback on the findings?	No	6
Reporting				
29.	Quotations presented	Were participant quotations presented to illustrate the themes / findings? Was each quotation identified? e.g. participant number	Yes; each participant is identified	7-11
30.	Data and findings consistent	Was there consistency between the data presented and the findings?	Yes	7-11
31.	Clarity of major themes	Were major themes clearly presented in the findings?	Yes	7
32.	Clarity of minor themes	Is there a description of diverse cases or discussion of minor themes?	Yes	11

Supplementary material