

**Table S5. Multivariable Model for the Intervention Effect on the NSI Incidence**

<b>Main Effects</b>	<b>Contrast</b>	<b>Adj. Incidence Rate Ratio</b>	<b>Adj. 95% CI</b>	<b>P-value</b>
Period	Post-Training vs. Pre-Training	0.24*	(0.05, 1.19)*	0.081*
Gender	Male vs. Female	0.31*	(0.07, 1.32)*	0.113*
Ever sustained an NSI prior to the beginning of the study	Yes vs. No	6.97	(3.54, 13.70)	<0.001
Years of experience	Per one year	0.95	(0.91, 0.99)	0.012
Period*Gender	NA	NA	NA	0.014
<b>Simple Effects</b>				
Among females	Post-Training vs. Pre-Training	0.31	(0.07, 1.32)	0.113
Among males	Post-Training vs. Pre-Training	3.00	(0.61, 14.8)	0.177

\*Not interpretable directly due to a significant interaction between period and gender; See Simple Effects for interpretation of the interaction.