

Supplementary file 1**Reporting checklist for protocol of a systematic review and meta-analysis**

	Reporting Item	Page Number
Title		
Identification	#1a Identify the report as a protocol of a systematic review	1
Update	#1b If the protocol is for an update of a previous systematic review, identify as such	N/A
Registration		
	#2 If registered, provide the name of the registry (such as PROSPERO) and registration number	2
Authors		
Contact	#3a Provide name, institutional affiliation, e-mail address of all protocol authors; provide physical mailing address of corresponding author	1
Contribution	#3b Describe contributions of protocol authors and identify the guarantor of the review	11
Amendments		
	#4 If the protocol represents an amendment of a previously completed or published protocol, identify as such and list changes; otherwise, state plan for documenting important protocol amendments	N/A
Support		
Sources	#5a Indicate sources of financial or other support for the review	N/A
Sponsor	#5b Provide name for the review funder and / or sponsor	N/A
Role of sponsor or funder	#5c Describe roles of funder(s), sponsor(s), and / or institution(s), if any, in developing the protocol	N/A
Introduction		
Rationale	#6 Describe the rationale for the review in the context of what is already known	5
Objectives	#7 Provide an explicit statement of the question(s) the review will address with reference to participants, interventions, comparators, and outcomes (PICO)	5,6