



**UNIKLINIK
KÖLN**

Zentrum für
Palliativmedizin



**UNIKLINIK
KÖLN**

Klinik und Poliklinik
für Neurologie

Cost booklet the study „**Communication, Coordination and Security** for people with **Multiple Sclerosis (COCOS-MS)**“

Please enter (*if known*):

EDSS score: _____ **MS progression:** _____

Severely disabled: yes no

If yes, since when? _____

If yes, degree of disability: _____

Care level: yes no

If yes, which one: 1 2 3 4 5

OUTPATIENT TREATMENT / EXAMINATION / CONSULTATION

APPOINTMENTS (in the past three months)

Did the patient see physicians / therapists of different disciplines?

yes no

If yes, please checkmark and provide date:

| | Date | Date | Date |
|--|------|------|------|
| A) Physicians of different disciplines | | | |
| <input type="radio"/> General physician | | | |
| <input type="radio"/> Internal physician, specify, if applicable: <input type="radio"/> Gastroenterologist <input type="radio"/> Cardiologist <input type="radio"/> Hamatologist <input type="radio"/> Oncologist | | | |
| <input type="radio"/> Neurologist | | | |

| | | | |
|--|--|--|--|
| <input type="radio"/> MS special outpatient clinic | | | |
| <input type="radio"/> Psychiatrist | | | |
| <input type="radio"/> Urologist | | | |
| <input type="radio"/> Gynecologist | | | |
| <input type="radio"/> Ophthalmologist | | | |
| <input type="radio"/> Orthopaedist | | | |
| <input type="radio"/> Dermatologist | | | |
| <input type="radio"/> Pain physician | | | |
| <input type="radio"/> Palliative care physician | | | |
| B) Therapists | | | |
| <input type="radio"/> Occupational therapist | | | |
| <input type="radio"/> Speech therapist | | | |
| <input type="radio"/> Physiotherapist | | | |
| <input type="radio"/> Psychotherapist | | | |
| <input type="radio"/> Alternative practitioner | | | |
| <input type="radio"/> Osteopath | | | |
| C) Other medical services (e.g. opticians) | | | |
| <input type="radio"/> _____ | | | |

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| <p>_____</p> <p>_____</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| INPATIENT TREATMENT (in the past three months) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>A) Was an inpatient stay necessary?</p> <p><input type="radio"/> yes <input type="radio"/> no</p> <p><i>If yes, please checkmark and provide length of stay:</i></p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | Hospital ward | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <input type="radio"/> Hospital | | <input type="radio"/> General ward <input type="radio"/> ICU <i>Reason for ICU:</i> _____ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p><i>If yes, from</i></p> <table style="width: 100%; border: none;"> <tr> <td style="text-align: center;"> <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> </td> <td style="text-align: center;">-</td> <td style="text-align: center;"> <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> </td> <td style="text-align: center;">-</td> <td style="text-align: center;"> <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> </td> </tr> <tr> <td style="text-align: center;">D D</td> <td></td> <td style="text-align: center;">M M</td> <td></td> <td style="text-align: center;">Y Y Y Y</td> </tr> </table> | | <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> | | | - | <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> | | | - | <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> | | | | | D D | | M M | | Y Y Y Y | <p><i>to</i></p> <table style="width: 100%; border: none;"> <tr> <td style="text-align: center;"> <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> </td> <td style="text-align: center;">-</td> <td style="text-align: center;"> <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> </td> <td style="text-align: center;">-</td> <td style="text-align: center;"> <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> </td> </tr> <tr> <td style="text-align: center;">D D</td> <td></td> <td style="text-align: center;">M M</td> <td></td> <td style="text-align: center;">Y Y Y Y</td> </tr> </table> | | <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> | | | - | <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> | | | - | <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> | | | | | D D | | M M | | Y Y Y Y |
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| <p>Co-payment: _____</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p><input type="radio"/> Rehabilitation facility</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p><i>If yes, from</i></p> <table style="width: 100%; border: none;"> <tr> <td style="text-align: center;"> <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> </td> <td style="text-align: center;">-</td> <td style="text-align: center;"> <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> </td> <td style="text-align: center;">-</td> <td style="text-align: center;"> <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> </td> </tr> <tr> <td style="text-align: center;">D D</td> <td></td> <td style="text-align: center;">M M</td> <td></td> <td style="text-align: center;">Y Y Y Y</td> </tr> </table> | | <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> | | | - | <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> | | | - | <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> | | | | | D D | | M M | | Y Y Y Y | <p><i>to</i></p> <table style="width: 100%; border: none;"> <tr> <td style="text-align: center;"> <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> </td> <td style="text-align: center;">-</td> <td style="text-align: center;"> <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> </td> <td style="text-align: center;">-</td> <td style="text-align: center;"> <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> </td> </tr> <tr> <td style="text-align: center;">D D</td> <td></td> <td style="text-align: center;">M M</td> <td></td> <td style="text-align: center;">Y Y Y Y</td> </tr> </table> | | <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> | | | - | <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> | | | - | <table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td></tr> </table> | | | | | D D | | M M | | Y Y Y Y |
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| <p>Co-payment: _____</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

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| <p>from</p> <p style="text-align: center;"> <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> </p> <p style="text-align: center;">D D M M Y Y Y Y</p> <p>Co-payment: _____</p> | <p>to</p> <p style="text-align: center;"> <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> </p> <p style="text-align: center;">D D M M Y Y Y Y</p> |
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| <p><input type="radio"/> Nursing home</p> <p style="margin-left: 20px;"><i>If yes:</i> <input type="radio"/> full institutional care <input type="radio"/> short-term nursing care</p> | |
| <p><i>If yes, from</i></p> <p style="text-align: center;"> <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> </p> <p style="text-align: center;">D D M M Y Y Y Y</p> <p>Co-payment: _____</p> | <p>to</p> <p style="text-align: center;"> <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> </p> <p style="text-align: center;">D D M M Y Y Y Y</p> |
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| <p><input type="radio"/> Similar accomodation: _____</p> | |
| <p><i>If yes, from</i></p> <p style="text-align: center;"> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> </p> <p style="text-align: center;">D D M M Y Y Y Y</p> <p>Co-payment: _____</p> | <p>to</p> <p style="text-align: center;"> <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> </p> <p style="text-align: center;">D D M M Y Y Y Y</p> |

from --
D D M M Y Y Y Y

to --
D D M M Y Y Y Y

Co-payment: _____

B) Was a stay in a day clinic necessary?

yes no

If yes, please checkmark and provide length of stay:

from --
D D M M Y Y Y Y

to --
D D M M Y Y Y Y

Co-payment: _____

from --
D D M M Y Y Y Y

to --
D D M M Y Y Y Y

Co-payment: _____

from --
D D M M Y Y Y Y

to --
D D M M Y Y Y Y

Co-payment: _____

(DIAGNOSTIC) EXAMINIATIONS (in the past three months)

Were diagnostic examinations necessary?

yes no

If yes, please checkmark and provide date:

| | Date | Date | Date |
|---------------------------|------|------|------|
| <input type="radio"/> ECG | | | |
| <input type="radio"/> EEG | | | |

| | | | |
|--|--|--|--|
| <input type="radio"/> Diagnostic X-ray | | | |
| <input type="radio"/> Electrophysiological examinations (EMG; NCS) | | | |
| <input type="radio"/> Magnetic resonance imaging (MRI) | | | |
| <input type="radio"/> Computer tomography (CT) | | | |
| <input type="radio"/> Lumbar puncture | | | |
| <input type="radio"/> Ultrasound scan | | | |
| <input type="radio"/> Other: _____ _____ | | | |

PATIENT'S CURRENT MEDICATION LIST

| | Medication (active ingredient) | Daily dose [mg] | Administration *1;2;3;4;5 | Start of medication | | | End of medication | |
|----|--------------------------------|-----------------|---------------------------|--------------------------|--------------------------------------|---------------------------|-------------------|--------------------------|
| | | | | Prior to study | During the study (date) (DD/MM/YYYY) | See previous assessment** | Date (DD/MM/YYYY) | or ongoing |
| 1 | Glatiramer acetate | | | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> |
| 2 | Interferon-β 1a | | | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> |
| 3 | Interferon-β 1b | | | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> |
| 4 | Alemtuzumab | | | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> |
| 5 | Natalizumab | | | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> |
| 6 | Fingolimod | | | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> |
| 7 | Siponimod | | | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> |
| 8 | Ozanimod | | | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> |
| 9 | Ocrelizumab | | | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> |
| 10 | Rituximab | | | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> |
| 11 | Ofatumumab | | | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> |
| 12 | Cladribine | | | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> |

| | | | | | | | | |
|----|---------------------|--|--|--------------------------|---------------|--------------------------|---------------|--------------------------|
| 13 | Dimethyl fumarate | | | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> |
| 14 | Teriflunomide | | | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> |
| 15 | Mitoxantrone | | | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> |
| 16 | High-dose cortisone | | | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> | ___/___/_____ | <input type="checkbox"/> |
| | Other: | | | | | | | |
| | _____ | | | | | | | |
| | _____ | | | | | | | |

* 1 = p.o. (oral administration, by mouth)

2 = s.c. (subcutaneous administration)

3 = i.v. (intravenous administration, into the vein)

4 = i.m. (intramuscular administration, into the muscle)

5 = other

** if date already entered there

| OTHERE MEDICATION (in the past three months) | | | | |
|---|-------------|------------------------|---------------------|--------------------------|
| Were other drugs (e.g., antihypertensive agents, lipid-lowering drugs), for example to alleviate symptoms, prescribed or purchased? | | | | |
| <input type="radio"/> yes <input type="radio"/> no | | | | |
| If yes, please checkmark and specify: | | | | |
| Reason | Name | Dose / quantity | Package size | Self (co-)payment |
| <input type="radio"/> Spasticity | | | | |
| <input type="radio"/> Pain | | | | |
| <input type="radio"/> Cognition | | | | |
| <input type="radio"/> Urological complaints | | | | |
| <input type="radio"/> Fatigue / exhaustion | | | | |
| <input type="radio"/> Insomnia | | | | |
| <input type="radio"/> Depression | | | | |
| <input type="radio"/> Other: _____ _____ _____ | | | | |

| MEDICAL AIDS AND ADJUSTMENTS AT HOME (in the past three months) | | | |
|--|--------------------|-------------------|-------------------|
| Are medical aids necessary? | | | |
| <input type="radio"/> yes <input type="radio"/> no | | | |
| Are adjustments made at home and / or regarding the means of transportation? | | | |
| <input type="radio"/> yes <input type="radio"/> no | | | |
| If yes, please checkmark and describe: | | | |
| | Description | Price in € | Co-payment |
| <input type="radio"/> Walking aids | | | |
| <input type="radio"/> Visual aids | | | |
| <input type="radio"/> Wheelchair (manual) | | | |
| <input type="radio"/> Wheelchair (electric) | | | |
| <input type="radio"/> Adjustments at home | | | |
| <input type="radio"/> Adjustments in the car | | | |
| <input type="radio"/> Other: _____ | | | |
| <input type="radio"/> _____ | | | |

| CARE, ASSISTANCE AND TRANSPORT (in the past three months) | | | |
|--|---|---|---|
| Is care or assistance required for daily activities and transport (for example to treatment facilities)? | | | |
| <input type="radio"/> yes <input type="radio"/> no | | | |
| If yes, please checkmark and describe in accordance with specifications: | | | |
| | Explanation <i>(Exact description, distance in km from relative to patient)</i> | Hours per day <i>(for care)</i> | Price in € <i>(for professional service co-payment from insurance, if applicable)</i> |
| CARE | | | |
| <input type="radio"/> Help from family / relative | | | |
| <input type="radio"/> Professional nursing care | | | |
| <input type="radio"/> Other: _____ | | | |
| TRANSPORT TO USE HEALTH CARE SERVICES (in the past three months) | | | |
| | Distance <i>in km from caregiver to treatment facility</i> | Hours | Price in € |
| <input type="radio"/> Taxi | | | |
| <input type="radio"/> Care taxi | | | |
| <input type="radio"/> Transport by caregiver | | | |
| <input type="radio"/> Patient transport | | | |

| EMERGENCY SERVICES (in the past three months) | | | |
|--|-------------|-------------|-------------|
| Did an emergency service have to be called? | | | |
| <input type="radio"/> yes <input type="radio"/> no | | | |
| If yes, please checkmark and provide date: | | | |
| | Date | Date | Date |
| <input type="radio"/> Ambulance | | | |
| <input type="radio"/> Medical emergency service | | | |
| <input type="radio"/> Emergency practice | | | |
| <input type="radio"/> Emergency department | | | |

WORK ABSCENCES (in the past three months)

Current or (previous) occupation: _____

employed self-employed

Is the patient still able to work?

yes no

If yes, then continue to table A); if no, then continue to table B)

A)

Does the illness lead to missing working hours?

yes no

If yes, please checkmark in the table below and quantify:

| | Hours missed per day | Explanation or exact reason |
|---|----------------------|-----------------------------|
| <input type="radio"/> short-term | | |
| <input type="radio"/> long-term <i>(starting from 6 weeks)</i> | | |

B)

Please checkmark the appropriate status:

1) incapacitated * unemployable **

Since when: _____

2) fully retired reduction in earning capacity

Since when: _____

* **previous** occupation can no longer be pursued

** **neither previous occupation nor any other profession can be pursued**