

Qualitative interview: Informal carers (Second interview): v.1.1

Qualitative interview: Informal carers: Interview 2	
Topic	Questions
Deprescribing: Process	In our last interview we discussed the appointment your friend/relative had with the healthcare professional where one (or more) medicine(s) was (were) stopped. In these six (to eight) weeks since this appointment, did your friend/relative experience any issues as a result of stopping this (these) medicine(s)? Can you talk a little bit about your experiences? What strategies did you use to help your relative/friend overcome these difficulties? What were your concerns?
Follow-up and on-going monitoring	Did you seek professional (formal) help at any point? (e.g. GP, practice pharmacist or community pharmacist) If so, can you tell me how it happened? What steps were taken by the healthcare professional to provide you with support? What was the outcome (has it been resolved? How?)
	If (or when) you needed to contact a healthcare professional to discuss your condition and medicines in relation to the medicine(s) that was (were) stopped, were you provided with any contacts you could use? Alternatively: Did you know who to contact if you needed help?
	Were you contacted by the healthcare professional(s) at any point after your relative/friend's medicine(s) was (were) stopped? If so, who contacted you? Why? How many times? If not, how important would it have been for your healthcare professional to contact you?
	Did you feel you and your relative/friend received enough support after the medicine(s) was (were) stopped, or if you did not feel you needed it, do you feel you would have received adequate support if you needed? Who would you contact in the first instance if you needed to ask questions or raise concerns? Why? What was missing?
Attitudes and behaviours towards deprescribing	Six (to eight) weeks after your relative/friend had the medicine(s) stopped, how do you feel? Probes: What would you have done differently? What changed in your opinion comparing to when you stopped this (these) medicine(s)?
	What do you think was, or would have been crucial for succeeding in stopping medicines (what went well and what could have gone better)? What happened that ensured the success? Is there anything else that might need to happen but did not which may have increased the chances of success? Is there anything you would have liked to happen between you, your relative/friend and his/her healthcare professional during this time?
Final thoughts and considerations	Is there any other information, thought or concern you would like to share with me before we end this interview?
THANK YOU FOR TAKING PART IN THIS STUDY	