#### Appendix 1

# Department of Obstetrics & Gynaecology, AIIMS, Bathinda <u>Project title: Effect of restrictions imposed due to COVID-19 pandemic on the antenatal care and pregnancy outcomes- a prospective observational study from rural North India.</u>

## A. Socio-Demographic Characteristics

| 1.  | District   |  |  |
|-----|--|--|--|
| 2.  | Name of Interviewer:                             |  |  |
| 3.  | Date of interview:                               |  |  |
| 4.  | UID:   |  |  |
| 5.  | Name of the respondent (आपका नाम):               |  |  |
| 6.  | Husband Name(पति का नाम):                        |  |  |
| 7.  | Age of the client                                | 1. 15-20 years 2. 21-30 years                              |  |
|     | आपकी उम्र कितनी है?                              | 3. 31-40 years 4. >40 years                                |  |
| 8.  | Age of the spouse                                | 1. 15-20 years 2. 21-30 years                              |  |
|     | आपके पति की उम्र कितनी है ?                      | 3. 31-40 years 4. >40 years                                |  |
| 9.  | Address (आपका पता) क्या है?):                    |  |  |
| 10. | Locality of the Area:                            | 1. Urban 2. Slum 3. Rural                                  |  |
| 11. | Phone Number (Relation with client) (फोन नंबर, म | हिला से संबंध)   |  |
|     |  | 3  |  |
|     | (Self /खुद का) (Spouse/पति)                      | (Other specify/ अन्य)                                      |  |
| 12. | Up to what level have you studied?               | 1. MA Pass or higher education (MA पास या उच्च शिक्षा)     |  |
|     | आपने कहाँ तक पढाई की है?                         | 2. Graduate (स्नातक/ बी. ए.)                               |  |
|     |  | 3. Intermediate or post-high school diploma (12वीं या      |  |
|     |  | कोईऔर कोर्स)   |  |
|     |  | 4. High school certificate(दस पास)                         |  |
|     |  | 5. Middle school certificate (आठवीं पास)                   |  |
|     |  | 6. Primary school certificate(पाँचवी पास)                  |  |
|     |  |  |  |
|     |  | 7. Less than Primary school certificate(पाँचवी पास से कम)  |  |
|     |  | 8. Illiterate (अनपढ़)                                      |  |
| 13. | Up to what level has your husband studied?       | 1. MA Pass or higher education (MA पास या उच्च शिक्षा)     |  |
|     | आपके पति ने कहाँ तक पढाई की है?                  | 2. Graduate (स्नातक/ बी. ए.)                               |  |
|     |  | 3. Intermediate or post-high school diploma (12 वीं या कोई |  |
|     |  | और कोर्स)  |  |
|     |  | 4. High school certificate(दस पास)                         |  |
|     |  | 5. Middle school certificate (आठवीं पास)                   |  |
|     |  | 6. Primary school certificate(पाँचवी पास)                  |  |
|     |  | 7. Less than Primary school certificate(पाँचवी पास से कम)  |  |
|     |  | 8. Illiterate (अनपढ़)                                      |  |
| 14. | What do you do?                                  | o. initerate (जनवर्ष)                                      |  |
| 14. | आप क्या काम करते हो?                             |  |  |
| 15. | If you were working, were you earning during     |  |  |
| 15. | the lockdown                                     |  |  |
| 16. | What is your husband doing?                      |  |  |

|     | आपके पति क्या काम करते है?  |  |
|-----|---|--|
| 17. | Was he earning during the lockdown  |  |
| 18. | What type of family do you have?<br>आपका परिवार किस तरह का है?  | 1. Nuclear (एकल परिवार) 2. Joint (संयुक्त) |
| 19. | How many family members are there in your family?<br>आपके परिवार में कितने सदस्य हैं?   |  |
| 20. | What is total monthly income of your family?<br>आपके परिवार की महीने की आमदनी कितनी है?   | Approx                                     |
| 21. | What is the per capita monthly family income?<br>( <u>Not to be Asked)(</u> आपके परिवार की प्रति व्यक्ति<br>मासिक आमदनी कितनी है? |  |
| 22. | Do you have below poverty line card (BPL card)?<br>क्या आपके पास ग़रीबी रेखा के नीचे काकार्ड(पीला<br>कार्ड)है                     | 1. Yes (हॉं) 2. No (नही)                   |

## **B.** Obstetrics and Clinical History

| 23. | How many children are ever born by you?<br>अब तक आपके कितने बच्चे पैदा हुए है?                |         |              |   |     |
|-----|---|---------|--------------|---|-----|
| 24. | How many living children do you have?<br>आपके कितने बच्चे  है?                                |         |              |   |     |
| 25. | How many living male children do you have?<br>आपके कितने लड़के है?                            |         |              |   |     |
| 26. | How many living female children do you have?<br>आपके कितनी लड़किया है?                        |         |              |   |     |
| 27. | What is the age of the youngest child (in months)?<br>आपके सबसे छोटे बच्चे की उम्र कितनी हैं? |         |              |   |     |
| 28. | Obstetric history   | G       | P L          | A |     |
| 29. | Are you currently pregnant  | 1. Yes  | 2. No        |   |     |
| 30. | If yes, Was this pregnancy  | Planned | 2. Unplanned |   |     |
| 31. | If unplanned, did you continue this pregnancy?  | 1.Yes   | 2.No         |   |     |
| 32. | If yes, reason for continuation of unplanned pregnancy?                                       |         |              |   |     |
| 33. |   | LMP     | EDD          |   | POG |

| C. Effect of Lockdown on Ante-natal care and delivery |  |       |      |
|---|--|-------|------|
|   | ANTENATAL CARE   |       |      |
| 34.   | Did you face any difficulties in accessing healthcare services during this lockdown? | 1.Yes | 2.No |
| 35.   | At what period of gestation, did you first visit the hospital?                       |       |      |

| 36. | How many times did you visit hospital during the lockdown?                    | 0/1/2/3/4/5/>5 times   |  |
|-----|---|--|--|
| 37. | What type of difficulty did you face?   | 1.transport.2.healthcare provider3.Nutrition4.supplements.5.investigations.6.USG |  |
| 38. | Did you face any difficulty in immunization against tetanus?                  | 1.Yes 2.No   |  |
| 39. | Did you have any problem in getting antenatal investigations due to lockdown? | 1.Yes 2.No   |  |
|     | How many times were you tested for  |  |  |
| 40. | Weight gain   | 0/1/2/3/4/5/>5 times   |  |
| 41. | BP  | 0/1/2/3/4/5/>5 times   |  |
| 42. | Hemoglobin  | 0/1/2/3/4/5/>5 times   |  |
| 43. | Blood sugar   | 0/1/2/3/4/5/>5 times   |  |
| 44. | Urine for sugar and proteins  | 0/1/2/3/4/5/>5 times   |  |
| 45. | Blood group   | Yes No   |  |
| 46. | VDRL  | Yes No   |  |
| 47. | Нер-В   | Yes No   |  |
| 48. | HIV   | Yes No   |  |
| 49. | HCV   |  |  |
| 50. | USG for fetal well being  | 0/1 /2 /3 / >3 times   |  |
| 51. | USG at which period of gestation?   | 1.Dating(T1) 2.Level II USG(T2) 3.Growth scan(T3)                                |  |
| 52. | Did you face any difficulty in getting USG done?                              |  |  |
| 53. | Did Asha worker visit you at home during the lockdown?                        | Yes No   |  |
| 54. | Were there any pregnancy related complications                                | Yes No   |  |
| 55. | Anemia  |  |  |
| 56. | Hyperemesis gravidarum  |  |  |
| 57. | HTN   | Yes No   |  |
| 58. | DM  |  |  |
| 59. | Antepartum hemorrhage   |  |  |
| 60. | Preterm labor   |  |  |
| 61. | Premature rupture of membranes  |  |  |

|     | At the time of Delivery                          |                           |
|-----|--|---------------------------|
| 62. | Where did u plan your delivery                   | Govt hospital             |
|     |  | 2. Private hospital       |
|     |  | 3. Did not plan           |
| 63. | where did you finally deliver                    | 4. At your planned place  |
|     |  | 5. Some other hospital    |
|     |  | 6. At home                |
| 64. | If you deliver at some other place, what was the | 7. Were you referred, y/n |
|     | reason   | 8. If yes, reason         |

| Was there any need of blood transfusion during delivery?? What was the total duration of hospital stay during | 1.Yes 2.No   |
|---|--|
|   |  |
| what was the total duration of hospital stay during   | 1. within one hour   |
| delivery?   | 2. after one day   |
| डिलीवरी के बाद अस्पताल मे कितने दिन रुके थे?  | 3. after two days  |
|   | 4. after three days  |
|   | 5. after 4 days  |
|   | 6. after 6 days  |
|   | 7. Currently in hospital after delivery.   |
|   | (डिलीवरी के बाद अभी भी आप अस्पताल में है)  |
|   |  |
| What was the outcome of the pregnancy   | 1. Live birth  |
|   | 2. Still birth   |
| If any to the question 62 is a live hinth   | 3. Abortion  |
| _   | 1.377  |
| Mode of birth   | 1. NVD   |
| Danied of acetation -4 hinds  | 2. LSCS 3. Instrumental(Forceps/ventouse)  |
| renod of gestation at dirth   | 1. full term 2. pre-term   |
|   | 2. pre-term 3. post-term   |
| Was the haby attended by a pediatrician at the time   | 5. post-term   |
| of birth  |  |
|   |  |
|   |  |
|   |  |
| ,   |  |
| kangaroo mother care practices.   |  |
| Was the birth registered within 14 days for birth certificate   | 1.Yes 2.No   |
| If the baby was preterm, did the baby need NICU admission?  | Yes No   |
| Did you face any difficulty with NICU admission?  |  |
| If it was an abortion   | 1. Induced   |
|   | 2. Spontaneous   |
| Did you visit the hospital for the same?  |  |
|   |  |
|   |  |
|   | E (C1  |
|   | Eventful uneventful  |
| · · ·   | 1.Yes 2.No   |
|   | 1. genital 3. Breast, 3. Systemic 4. Wound   |
| •   | 1.Yes 2.No   |
| •   | 1. specialist. 2. Medical officer. 3.Nurse, 4. ANM, 5. ASHA 5. Others  |
| How was it attended   | 1. OPD basis   |
|   | 2. Hospitalization 3. Teleconsultation   |
| Did any health worker visit you at home in the post-natal period?   | 1.Yes 2.No   |
|   | Outcome of the pregnancy What was the outcome of the pregnancy  If ans. to the question 63 is a live birth Mode of birth  Period of gestation at birth  Was the baby attended by a pediatrician at the time of birth Was breastfeeding initiated within half hour of NVD and 6 hrs of LSCS Was colostrum given to baby Were you taught about breastfeeding, latching, and kangaroo mother care practices. Was the birth registered within 14 days for birth certificate  If the baby was preterm, did the baby need NICU admission?  Did you face any difficulty with NICU admission?  If it was an abortion  Did you visit the hospital for the same? Did u face any difficulty to access healthcare facility?  POST PARTUM PERIOD  How was your post-partum period Did you face any complication  If yes, what were they Were they attended Who attended to those complications How was it attended Did any health worker visit you at home in the |

| 88. | Were you told about the danger signs of the newborn and the post-partum period. | 1.Yes 2.No 3. NA                        |
|-----|---|---|
| 89. | Did you plan any family planning services.                                      | 1.Yes 2.No                              |
| 90. | If yes, what was the method?  | 1. temporary 2. permanent               |
| 91. | If temporary  | 1. POP 2. Barriers, 3. IUCD 4.ANY OTHER |
| 92. | Did you adopt those methods   | 1. yes 2. NO                            |
| 93. | Were you told about their benefits and side-effects                             |   |
| 94. | If permanent  | 1. tubectomy 2. vasectomy               |
| 95. | Did you face any difficulty?  | 1.Yes 2.No                              |
| 96. | If yes, what type of difficulty did you face?                                   |   |
| 97. | Was the new-born vaccinated as per UIP (Universal Immunization Program)         |   |
| 98. | If yes, where was the vaccination done  | 9. Government set-up 10. Private        |
| 99. | What was your experience of delivery during lockdown?                           |   |

| S. no | Questions related to satisfaction                           |                       |
|-------|---|-----------------------|
| 100.  | Do you know what is teleconsultation?                       |                       |
| 101.  | Did you have accessibility to smart phone?                  |                       |
| 102.  | Did you take teleconsultation?                              |                       |
| 103.  | From where did you take it?                                 |                       |
| 104.  | Did you face any difficulty in taking teleconsultation      |                       |
| 105.  | What was the mode of teleconsultation                       | Audio/visual/bo<br>th |
| 106.  | Do you know how to email?                                   | Yes                   |
| 107.  | Ease of seeking appointment                                 |                       |
| 108.  | The voice/video quality of the service                      |                       |
| 109.  | How much did the doctor show concern towards your problems? |                       |
| 110.  | The explanation of your problem by the doctor               |                       |
| 111.  | The explanation of the treatment                            |                       |
| 112.  | The advice for follow up                                    |                       |

| 113. | Were you relieved of your problems?   |  |
|------|---|--|
| 114. | Did the doctor ever say that you need to come to hospital for definite diagnosis and treatment? |  |
| 115. | Benefits of tele-consultation   |  |
| 116. | Shortcomings of tele-consultation services  |  |
| 117. | the clarity of the prescription provided to you   |  |
| 118. | Did you face any difficulty in getting medicines with the help of that prescription slip?       |  |
| 119. | Would you like to use telemedicine again?   |  |
| 120. | Overall, how satisfied were you with last telemedicine session?                                 |  |
| 121. | Do you think your telemedicine session was as good as an ordinary in-<br>person visit?          |  |
| 122. | Would you recommend this service to your knowns   |  |

## A. Knowledge and perceptions about pregnancy and COVID 19

| 123. | Do u know what is coronavirus?  | 1.Yes 2. No  |
|------|---|--|
| 124. | Are you aware about the symptoms of coronavirus infection? If no, skip question no. 38. | 1.Yes 2.No If yes, specify   |
| 125. | What are the symptoms of this infection?  | 1.cough 2.fever. 3.sore throat.<br>4.sneezing. 5.malaise. 6. diarrhoea   |
| 126. | Do u know about the modes of transmission?  | 1.Yes 2.No   |
| 127. | Do u know about the preventive measures? If no, skip question no. 41.                   | 1.Yes 2.No   |
| 128. | Which preventive measures do u practice?  | 1.face mask 2.frequent hand washing. 3.sanitisation. 4.social distancing |
| 129. | Were you apprehensive about the situation of lockdown?                                  | 1.Yes 2.No   |
| 130. | Are you afraid of catching this infection?  | 1.Yes 2.No   |
| 131. | Are you afraid of your fetus getting this infection?                                    | 1.Yes 2.No   |

## B. COVID testing of pregnant women before and during delivery

| 132. | Did u have coronavirus infection?  | 1.Yes 2.No                              |
|------|--|---|
| 133. | If yes, at what period of gestation?                                       |   |
| 134. | What were the symptoms?  |   |
| 135. | Were you tested for COVID-19 at the time of delivery.                      | 1.Yes 2.No                              |
| 136. | What was the result of the test  | 11. Positive 2. Negative. 3. Don't know |
| 137. | If positive, were you quarantined  | 1.Yes 2.No                              |
| 138. | Was you baby also tested   | 1.Yes 2.No                              |
| 139. | What was the result of the test  | Positive 2. Negative. 3. Don't know     |
| 140. | Did the behavior of the staff changed because of the positive test results | 1.Yes 2.No                              |
| 141. | If yes, do you believe that your pregnancy was not handled properly?       | 1.Yes 2.No                              |
| 142. | If you were tested positive, were you referred to other centre?            |   |
| 143. | If yes, where  |   |
| 144. | Did you face any problem in transport                                      |   |
| 145. | Did you face any problem in getting admission                              |   |

| 146. | Do you think your diet was affected during the lockdown       | 1.Yes | 2.No |  |
|------|---|-------|------|--|
| 147. | If yes, do you think you were undernourished during lock down | 1.Yes | 2.No |  |
| 148. | If yes, the diet was deficient in                             |       |      |  |
| 149. | Fruits  |       |      |  |
| 150. | vegetables  |       |      |  |
| 151. | Dairy products  |       |      |  |
| 152. | Oil and ghee  |       |      |  |
| 153. | Pulses (dals)   |       |      |  |
| 154. | cereals   |       |      |  |
| 155. | Nuts  |       |      |  |
| 156. | Did you have to spend extra to procure these items            |       |      |  |

| 157. | Did you face any difficulty in receiving        | 1.Yes | 2.No          |
|------|---|-------|---------------|
|      | iron/calcium?                                   |       |               |
| 158. | Did you maintain the dose that was initially    | 1.Yes | 2.No. 3. NA   |
|      | prescribed to you?                              |       |               |
| 159. | Did you ever skip your iron/Ca because you had  | 1.Yes | 2.No          |
|      | fear that you may not get them again            |       |               |
| 160. | Did you ever purchased your supplements.        | 1.Yes | 2.No          |
| 161. | Were you registered in anganwadi during         | 1.Yes | 2.No          |
|      | pregnancy for mid-day meal/dietary supplements? |       |               |
| 162. | If yes, did you get your meals during lockdown  | 1.Yes | 2.No          |
| 163. | If no, did you get any help                     | Govt  | NGO any other |