

## Supplementary File 2

## PsycInfo Search String conducted 24.6.21

Date	PICO Term	Search Strategy	Limits
24.6.21	<b>P – Population</b>	all(MJMainsubject.EXACT("Emerging Adulthood")  OR  "young people" OR adolescen* OR youth OR teen* OR teenager OR "young adult" OR "young adulthood" OR "young adults" OR "emerging adult" OR "emerging adulthood" OR "emerging adults" OR student* OR child* OR youth)	Limited to articles available in English, peer reviewed articles and those published after January 1995.
	<b>AND</b>		
	<b>I - Intervention</b>	all(MJMainsubject.EXACT("Telepsychology") OR Mainsubject.EXACT("Text Messaging") OR MJMainsubject.EXACT("Online Therapy") OR "online therapy" OR synchronous OR chat OR "web-based intervention" OR "synchronous chat" OR "chat support" OR 'text-based' OR SMS OR "single session counselling" OR "online counselling" OR "online counseling" OR "e-Therapy" OR Telehealth OR eCBT OR iCBT OR "dialogue system" OR "distance counselling" OR "distance counseling")	
<b>AND</b>			
<b>O - Outcome</b>	all(MJMainsubject.EXACT("Adolescent Psychology") OR (MJMainsubject.EXACT("Well Being") OR MJMainsubject.EXACT("Mental Health") OR Mainsubject.EXACT("Mental Disorders") OR Mainsubject.EXACT("Suicide") OR Mainsubject.EXACT("Psychological Stress") OR "mental health" OR wellbeing OR "well-being" OR "well being" OR "mental health disorder" OR "mental health issues" OR "psychological issues" OR "psychological disorder" OR "psychological wellbeing" OR "emotional wellbeing" OR suicid* OR "mental illness" OR "quality of life" OR "resilience"))		

### Medline Search String Conducted 24.6.21

Date	PICO Term	Search Strategy	Limits
24.6.21	<b>P – Population</b>	(((MJMESH.EXACT("Adolescent") OR MJMESH.EXACT("Young Adult"))  <b>OR</b>  "young people" OR adolescen* OR youth OR teen* OR teenager OR "young adult" OR ("emerging adult" OR "emerging adulthood" OR "emerging adults") OR student* OR child* OR youth)	Limited to articles available in English, peer reviewed articles and those published after January 1995.
		<b>AND</b>	
	<b>I - Intervention</b>	(MESH.EXACT ("Telemedicine") OR MESH.EXACT("Text Messaging") OR MJMESH.EXACT("Distance Counseling"))  <b>OR</b>  "Online Therapy" OR synchronous OR chat OR "Web-based intervention" OR "chat support" OR 'text-based' OR SMS OR "single session counselling" OR "online counselling" OR "online counseling" OR "e-Therapy" OR Telehealth OR eCBT OR iCBT OR "dialogue system" OR "distance counselling" OR "distance counseling")	
	<b>AND</b>		
<b>O - Outcome</b>	(MJMESH.EXACT("Mental Health") OR MJMESH.EXACT("Adolescent Health") OR MESH.EXACT("Stress, Psychological") OR MESH.EXACT("Mental Disorders") OR MESH.EXACT("Resilience, Psychological"))  <b>OR</b>  "mental health" OR wellbeing OR "well-being" OR "well being" OR "mental health disorder" OR "mental health issues" OR "psychological issues" OR "psychological disorder" OR "psychological wellbeing" OR "emotional wellbeing" OR suicid* OR "Mental Illness" OR "quality of life" OR resilience)		

## CINAHL Search String Conducted 24.6.21

Date	PICO Term	Search Strategy	Limits
24.6.21	<b>P – Population</b>	(MM "Adolescence") OR (MM "Young Adult")  <b>OR</b>  "young people" OR adolescen* OR youth OR teen* OR teenager OR "young adult*" OR "emerging adult*" OR student* OR child* OR youth	Limited to articles available in English, peer reviewed articles and those published after January 1995.
		<b>AND</b>	
	<b>I - Intervention</b>	(MM "Telehealth") OR (MM "Internet-Based Intervention") OR (MH "Text Messaging") OR (MM "Telepsychiatry")  <b>OR</b>  "online therapy" OR synchronous OR chat OR "web-based intervention" OR "chat support" OR 'text-based' OR SMS OR "single session counselling" OR "online counselling" OR "online counseling" OR "e-Therapy" OR Telehealth OR eCBT OR iCBT OR "dialogue system" OR "distance counselling" OR "distance counseling")	
		<b>AND</b>	
<b>O - Outcome</b>	(MM "Mental Health") OR (MM "Psychological Well-Being") OR (MH "Suicide")  <b>OR</b>  "mental health" OR wellbeing OR "well-being" OR "well being" OR "mental health disorder" OR "mental health issues" OR "psychological issues" OR "psychological disorder" OR "psychological wellbeing" OR "emotional wellbeing" OR suicid* OR "mental illness" OR "quality of life" OR "resilience")		

## Web of Science Search String Conducted 24.6.21

Date	PICO Term	Search Strategy	Limits
24.6.21	<b>P – Population</b>	(ALL=("young people" OR adolescen* OR youth OR teen* OR teenager OR "emerging adult*" OR student* OR child* OR youth OR "young adult"))	Limited to articles available in English, peer reviewed articles and those published after January 1995.
		<b>AND</b>	
	<b>I - Intervention</b>	ALL=(synchronous OR chat OR "synchronous chat" OR "Web-based intervention" OR "chat support" OR 'text-based' OR SMS OR "single session counselling" OR "online counselling" OR "online counseling" OR "e-Therapy" OR Telehealth OR eCBT OR "dialogue system")	
		<b>AND</b>	
<b>O - Outcome</b>	ALL=("mental health" OR wellbeing OR "well-being" OR "well being" OR "mental health disorder" OR "mental health issues" OR "psychological issues" OR "psychological disorder" OR "psychological wellbeing" OR "emotional wellbeing" OR suicid* OR "Mental Illness" OR "quality of life" OR "resilience"))		

