

Authors	Razdanet al. 1988	Annoml et.al 1990	Garcia, J 1994	Jaillard, 1995	Jha et. al 2002	Niaz et al. 2003	Mahajan et. al 2004	Faeh et.al 2009	Ezzati et.al 2011	Dhiman et. al 2018	Khattar et.al 2019	Lu et.al 2020	Burtscher et. al 2021	Ortiz et.al 2021	Liu et.al 2021
Did the review address a clearly focused question?	YES	YES	YES	YES	YES	YES	NO	YES	NO	YES	YES	YES	YES	YES	YES
Did the authors look for the right type of papers?	CT	NO	CT	CT	YES	CT	CT	YES	CT	YES	YES	YES	YES	YES	YES
Do you think all the important, relevant studies were included?	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable
Did the review's authors do enough to assess quality of the included studies?	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable
If the results of the review have been combined, was it reasonable to do so?	CT	YES	YES	NO	CT	CT	NO	CT	NO	CT	CT	CT	CT	CT	CT

What are the overall results of the review?	YES	NO	YES	CT	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
How precise are the results?	NO	NO	NO	NO	YES	NO	NO	NO	NO	YES	YES	YES	YES	YES	YES
Can the results be applied to the local population ?	YES	NO	NO	YES	YES	YES	YES	YES	CT	YES	YES	YES	YES	YES	YES
Were all important outcomes considered ?	YES	CT	NO	YES	YES	YES	YES	NO	YES	YES	YES	YES	YES	YES	YES
Are the benefits worth the harms and costs?	CT	NO	CT	CT	YES	YES	CT	CT	CT	YES	YES	YES	YES	YES	YES

Supplementary Table 1 CASP analysis of the selected literature