

**Supplementary Table 1.** Commonly used cardio-protective medications and their maximum dose

		Max dose
<b>Beta-blockers</b>	Bisoprolol	10mg
	Nebivolol	10mg
	Metoprolol succinate	200mg
	Metoprolol tartrate	180mg
	Carvedilol	100mg
	Atenolol	100mg
	Sotalol	320mg
	Propranolol	320mg
	Labetalol	2400mg
	Oxprenolol	320mg
<b>ACEI/ARB</b>	Pindolol	60mg
	Ramipril	10mg
	perindopril	16mg
	Lisinopril	40mg
	Irbesartan	300mg
	Valsartan	320mg
	Telmisartan	80mg
	Losartan	100mg
<b>Statins</b>	Candesartan	32mg
	Simvastatin	80mg
	Atorvastatin	80mg
	Rosuvastatin	40mg
	Fluvastatin	80mg
	Lovastatin	80mg
	Pitavastatin	4mg
Pravastatin	80mg	