

## Appendix A

**Table 1.** Search strategies for each database.

Database	Search Strategy
Ovid	1. exp Activities of Daily Living/
MEDLINE	2. exp Self Care/ 3. exp Leisure Activities/ 4. (“daily life” or “daily living” or instrument* or extended or leisure) adj3 activit*).tw,kf 5. (ADL* or BADL* or IADL* or EADL*).tw,kf 6. exp Functional Status/ 7. (function* adj3 (capacity or independen* or status or assess* or abilit*).tw,kf 8. exp Bipolar Disorder/ 9. exp Cyclothymic Disorder/ 10. (bipolar adj3 (symptom* or diagnos* or disorder*).tw,kf 11. manic adj2 depress*.tw,kf 12. 1 or 2 or 3 or 4 or 5 or 6 or 7 13. 8 or 9 or 10 or 11 14. 12 and 13
Embase	1. exp Activities of Daily Living/ 2. exp ADL disability/ 3. exp Daily life activity/ 4. exp Leisure/ 5. (“daily life” or “daily living” or instrument* or leisure or extended) adj3 activit*).tw,kw 6. (ADL* or BADL* or IADL* or EADL*).tw,kw 7. exp Functional Status/ 8. exp Functional Assessment/ 9. (function* adj3 (capacity or independen* or status or assess* or abilit*).tw,kw

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10. exp Bipolar Disorder/
  11. exp Cyclothymic Disorder/
  12. (bipolar adj3 (symptom\* or diagnos\* or disorder\*)).tw,kw
  13. manic adj2 depress\*.tw,kw
  14. 1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9
  15. 10 or 11 or 12 or 13
  16. 14 and 15
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| APA      | 1. exp Activities of Daily Living/   |
| PsycINFO | 2. exp Self-Care/  |
|          | 3. exp Leisure Time/   |
|          | 4. (“daily life” or “daily living” or instrument* or extended or leisure) adj3<br>activit*).ti,ab,id |
|          | 5. (ADL* or BADL* or IADL* or EADL*).ti,ab,id  |
|          | 6. exp Functional Status/  |
|          | 7. (function* adj3 (capacity or independen* or status or assess* or<br>abilit*).ti,ab,id             |
|          | 8. (bipolar adj3 (symptom* or diagnos* or disorder*)).ti,ab,id                                       |
|          | 9. exp Bipolar Disorder/   |
|          | 10. exp Cyclothymic Disorder/  |
|          | 11. manic adj2 depress*.ti,ab,id   |
|          | 12. 1 or 2 or 3 or 4 or 5 or 6   |
|          | 13. 7 or 8 or 9  |
|          | 14. 12 and 13  |
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|--------|---|
| CINAHL | 1. MH “Activities of Daily Living”  |
|        | 2. MH “Self Care”   |
|        | 3. MH “Leisure Activities”  |
|        | 4. TI (“daily life” or “daily living” or instrument* or extended or leisure) N2<br>activit*) or AB (“daily life” or “daily living” or instrument* or extended or<br>leisure) N2 activit*) |
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5. TI (self N2 care) OR AB (self N2 care)
  6. TI (BADL\* or IADL\* or EADL\*) OR AB (BADL\* or IADL\* or EADL\*)
  7. MH “Functional Status”
  8. MH “Functional Assessment”
  9. TI (function\* N2 (capacity or independen\* or status or assess\* or abilit\*)) OR AB (function\* N2 (capacity or independen\* or status or assess\* or abilit\*))
  10. MH “Bipolar Disorder” or MH “Cyclothymic Disorder”
  11. TI (bipolar N2 (symptom\* or diagnos\* or disorder\*)) OR AB (bipolar N2 (symptom\* or diagnos\* or disorder\*))
  12. TI (manic N2 depress\*) OR AB (manic N2 depress\*)
  13. 1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9
  14. 10 or 11 or 12
  15. 13 or 14
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