

**Appendix 4. Health Literacy Questionnaire scales.**

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<b>HLQ scale 1<sup>st</sup> part of the questionnaire</b>		
Response options from 1 -strongly disagree- to 4 -strongly agree-		
<b>HLQ 1</b>	<b>Feeling understood and supported by healthcare professionals</b>	4 items
<b>HLQ 2</b>	<b>Having sufficient information to manage my health</b>	4 items
<b>HLQ 3</b>	<b>Actively managing my health</b>	5 items
<b>HLQ 4</b>	<b>Social support for health</b>	5 items
<b>HLQ 5</b>	<b>Appraisal of health information</b>	5 items

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<b>HLQ scale 2<sup>nd</sup> part of the questionnaire</b>		
Response options from 1-cannot do or always difficult- to 5 -always		
<b>HLQ 6</b>	<b>Ability to actively engage with healthcare professionals</b>	5 items
<b>HLQ 7</b>	<b>Navigating the healthcare system</b>	6 items
<b>HLQ 8</b>	<b>Ability to find good health information</b>	5 items
<b>HLQ 9</b>	<b>Understand health information enough to know what to do</b>	5 items

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