## CASP quality assessment of included papers

Authors (year)	Clear statement of research aims?	Qualitative methodology appropriate?	Is it worth continuing?	Research design appropriate to address aims?	Recruitment strategy appropriate for aims?	Did data collection address research issue?	Relationship between researcher and participants considered?	Ethical issues considered?	Rigorous data analysis?	Clear statement of findings?	Research is valuable?	Assessment of methodological concerns
Beanlands et al. (2020)	Yes	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes	Very valuable	No concerns
Chuang et al. (2010)	Yes	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes	Very valuable	No concerns
Clarke et al. (2010)	Yes	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes	Low	No concerns
Corbin (2009)	Yes	Yes	Yes	Yes	Yes	Yes	Can't tell	No	Yes	Yes	Valuable	Minor concerns, researcher reflexivity not reported.
Crowley- Matoka (2004)	Yes	Yes	Yes	Yes	Can't tell	Yes	No	No	Can't tell	No	Very valuable	Minor concerns, researcher reflexivity and bias in reporting
Evans (2003)	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Unclear	Yes	Valuable	Minor concerns, PhD no methods chapter.
Fatani (2008)	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Valuable	No concerns
Hollingsworth (2006)	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Very valuable	No concerns

Kazmerski et al. (2017)	Yes	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes	Very valuable	No concerns
Kerklaan et al. (2020)	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Very valuable	No concerns
Kurz (2018)	Yes	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes	Very valuable	No concerns
Lippe et al. (2015)	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Low	No concerns
Nazario et al. (2007)	Yes	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes	Valuable	No concerns
Phuti et al. (2019)	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Valuable	No concerns
Schipper et al. (2016)	Can't tell	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes	Valuable	No concerns
Thomas (2003)	Yes	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes	Valuable	No concerns
Tong et al. (2015)	Yes	Yes	Yes	Yes	Yes	Yes	Can't tell	No	Yes	Yes	Very valuable	No concerns
Wiles et al. (2015)	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Valuable	No concerns